

Prem Bani Radhasoami

(P o e t r y)

OF

**PARAM PURUSH PURAN DHANI
HUZUR MAHARAJ**

Part I

Translated into English Prose

by

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PREFACE

Huzur Maharaj's poetical compositions in Hindi are contained in four volumes entitled "Prem Bani Radhasoami". Prem means love and Bani means verses composed by Sants, Sadhs and Mahatmas. "Prem Bani Radhasoami" contains the discourses and precepts of the Supreme Father Radhasoami Dayal in the form of verses surcharged with Divine Love.

"Prem Bani Radhasoami" is comprised of 42 Bachans or Chapters containing in all 1160 Shabds or hymns. In 1970, the undersigned brought out English translations of 160 Shabds or hymns selected from the four volumes of "Prem Bani Radhasoami". Now that the English translation of the entire literature on the Radhasoami Faith has been completed with the lone exception of "Prem Bani Radhasoami", it was felt that complete English translation of all the four volumes should also be brought out. Many Satsangis abroad, who have learnt Hindi, have also expressed this desire.

The Shabds of "Prem Bani Radhasoami" are chiefly meant for singing and chanting in appropriate tune, as set by Huzur Maharaj Himself or approved by Him. Recitation by those who are trained and practised is highly elevating. The state of ecstatic bliss and love produced by the chanting of Shabds is to be experienced; it cannot be described. Satsangis experience an upward tug on their mind and Surat, and are filled

with love and affection for the Supreme Father Radhasoami Dayal and the Sant Sat Guru.

Every line, phrase or word of Prem Bani Radhasoami is Prem or Love spiritual. In most of the Shabds, सुरत Surat (spirit-entité) is addressed as सुरतिया Suratiá, which is an expression of endearment as indeed Surat is most dear to the Supreme Father Radhasoami Dayal. In like manner, Satsangis and Satsangins are addressed as dear brothers and sisters and friends. "Prem Bani Radhasoami" is truly Prem and nothing but Prem (Love).

Huzur Maharaj's style conforms to a beautiful standard of simplicity, sometimes almost childlike, but never superficial.

नहीं बनते मुझसे जो पाप और कसूर ।
छिमा की तेरी होती फिर क्या जरूर ॥

If I had not committed sins and faults,
how would have Your pardon
got an occasion to move ?

The words are simple, but evocative, rousing feelings of love and devotion for the Supreme Father Radhasoami Dayal and the Sant Sat Guru. As one listens to them, one experiences a shower of Love; one's Surat and mind are dyed in the colour of Love.

It is hoped this English translation will satisfy the craving of Satsangis abroad to know what an inestimable

treasure of Prem (Love) are Prem Bānís. They will be prompted to learn Hindi so that they can chant Shabds from the original in Hindi and experience spiritual uplift.

Radhasoami Satsang

Soami Bagh

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ASARH BADI 1 (Pariwa)

103 Radhasoami

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S. Omaheshwari

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TRANSLATION

of

PREM BANI RADHASOAMI

(Poetry)

of

HUZUR MAHARAJ

PART I

MANGLACHARAN

परम पुरुष पूरन धनी । राधास्वामी नाम ॥
तिनके चरन पदम पर । कोटि कोटि परनाम ॥

O Being the Supreme and Lord the Perfect,
RADHASOAMI is the Name Thine.
At Thy Lotus Feet, with humble respect,
Myriads and myriads of obeisance mine. (1)

Seeing Jivas in great distress, Radhasoami was
moved to pity. He made His advent in the
world as a Sant. (2)

The Supreme Being, the Giver of all gifts, the
Ocean of compassion has come here as Guru.
He preaches Surat Shabd Yoga and gives out
the mysteries of the Nij Ghar (Original Abode). (3)

Blessed are those Jivas who have taken Saran of
His holy feet, and, discarding observances and
delusions, have engendered love for and faith
in Him in their hearts. (4)

They enthusiastically engage themselves in
Guru's Sewá (service of the Spiritual Guide)
and become happy and elated by attending
Satsang. They offer their body and mind as
Bhet, and receive the gift of love from Him. (5)

Enshrining the image of Guru in their hearts, they
daily witness His graceful acts. They have

annihilated all worldly desires and will find
abode in the Holy Feet. (6)

They rapturously sing RADHASOAMI RADHASOAMI... all day and night. Their Surat is linked to the Holy Feet. They have withdrawn their attention from all other activities. (7)

They are delighted on singing the Ārtī (hymn of praises) of Guru, and enhance their love every moment. They have turned their mind away from the world, and have applied their Surat to Shabd. (8)

Radhasoami Dayal, in His grace, has accepted them all as His own. He has taken them on the ship of Shabd, which He has steered across. (9)

Unfathomably deep and ominous is the ocean of worldly existence. But the perfect Guru is the master of the ship. A brave one who contemplates the Holy Feet of Radhasoami, will reach the Nij Ghar. (10)

Again and again I pray to Radhasoami and pay obeisance to Him. He is the perfect Sant and my Beloved. Every moment I sacrifice myself to Him. (11)

Bachan 1

CHITAONI (ADMONITION)

Shabd 1

सुरत क्यों भूल रही ।
अब चेत चलो स्वामी पास ॥१॥

- O Surat ! Why are you getting oblivious and forgetful of Soami ? Wake up now, and come to Soami. (1)
- O mind ! You have been my constant companion. Give up all worldly hopes and desires. (2)
- O Indriyas (senses) ! You are mad after pleasures. Why are you getting entrapped in the noose of Kal ? (3)
- Turn the outward and downward tendencies inward. You will then witness wonderful sports and pastimes. (4)
- Make spiritual endeavours as best as you can, with reliance on the Holy Feet. (5)
- Rest assured, Radhasoami is merciful to the humble. He will grant you abode in the unattainable region. (6)
- You will then live happily in your original Home and will not come back to this physical body. (7)
-

Shabd 2

चेत री पिया प्यारी सहेली ।
गुरु चरनन चित लाओ री ॥१॥

O darling of the Beloved ! Wake up and apply
your attention to the Guru's Holy Feet. (1)

Gaze at His countenance with love and yearning.
You will not get such an opportunity again. (2)

Enhance your love and faith every day. Sing the
Guru's praises every moment. (3)

Why are you hesitating ? Engender firm faith in
Guru. (4)

Let His image ever dwell in your eyes. Perform
the Dhyān (contemplation) of Radhasoami. (5)

Your understanding and attention will be pure
and steady thereby, and you will then elevate
your mind and Surat. (6)

Pierce the Nabh (Sahas Dal Kanwal), enter Trikuti,
and bathe in the Mān-sarovar Lake. (7)

Open the window of Bhanwarguphá and enter
Sat Lok. (8)

After having the Darshan of Alakh and Agam,
merge in the Holy Feet of Radhasoami. (9)

Shabd 3

निज रूप का जो तू प्रेमी है ।
कर जुगत जगत से हो न्यारा ॥

बिन मेहर गुरु नहीं काज सरे ।
सतगुरु का हो जा निज प्यारा ॥१॥

If you are a lover of Nij Rúp (Shabd form of the Supreme Being), take measures to get detached from the world and become a special favourite of Sat Guru. Nothing can be accomplished without the grace and mercy of Guru. (1)

Guru will do true good to you every moment, remove the burden of Karams from your head and shower His grace upon you every instant. He will steer you across the ocean of life, and elevate your Surat. (2)

You will then see beautiful landscapes and flowers of five colours in full bloom within you. Dazzling flame will be visible, and sounds of bell and conch will be audible. (3)

Catching hold of the Sukhmana current, you will enter Banknál (the crooked tunnel), and then attain Guru Pad (region of Guru) in Trikuti and merge yourself in the Dhun of Onkár. That region resounds with great thunder of clouds. (4)

You will proceed post-haste further and merge in the Dhun (Shabd) of Rárang Kár. There, nectar is raining on all sides and you will join Hansas frolicking there. (5)

You will cross Mahá-Sunn, ascend to Bhanwar-guphá, hear the Dhun of Sohng, play on flute, go to Sat Lok and be one with Sat Shabd and hear the, melodious बीन Bín (harp). (6)

Your Surat will proceed further still, see Alakh Lok and Agam Lok, and then unite with the Holy Feet of Radhasoami, her Darling and Beloved.

(7)

Shabd 4

सखीरी तोहि लाज न आवे ।
मन संग रही गठियाय ॥१॥

O friend ! You are not ashamed of remaining tied up with the mind.

(1)

You have forgotten the Supreme Being, Beloved Radhasoami.

(2)

As an emanation from that Supreme Being, you have come from the highest region, but you remain entangled in the Triloki (the three worlds).

(3)

Receive initiation in Surat Shabd Yog from Guru, and reversing your course, rush towards your true abode.

(4)

Mounting the steps of Shabd one after another, finally merge in the holy feet of Radhasoami.

(5)

Shabd 5

सखीरी क्यों देर लगाई ।
चटक चढ़ो नभ द्वार ॥१॥

O Sakhi (friend) ! Why are you making delay ?
Ascend quickly to the gateway of Nabh
(heavenly regions). (1)

This city (body) is full of darkness, illusion and
delusion. (2)

Seek the light within. Leave the body of nine
apertures. (3)

Ascending to Sahas-dal-kanwal, rush to Trikuti
and then proceed to Bhanwargupha and Sat
Lok. (4)

Proceed beyond Alakh and Agam and then take
the shelter of the Holy Feet of Radhasoami. (5)

Shabd 6

क्या सोवे जग में नींद भरी ।
उठ जागो जल्दी भोर भई ॥१॥

Why are you fast asleep in this world ? Wake up
forthwith. The day has broken. (1)

All the way-farers have got up and are on their
way. But you have forgotten your destination. (2)

O my dear ! Seek the Sat Guru and proceed with
Him majestically on your way to the Supreme
Being. (3)

Very deep is the ocean of worldly existence and
none can get across without the help and
guidance of Guru, (4)

Listen, O dear, to the way of Bhakti (devotion).
Engender true love for the Holy Feet of Guru. (5)

Give up doubts and misgivings and reduce all
traditional activities and observances to ashes,
Then only will your Surat be able to proceed
on the way to the Original Abode. (6)

Sacrifice body and mind, and ascend to Gagan
Shikhar. Hear the melodious Bín (harp) in Sat
Lok. (7)

Then proceed on and meet Alakh and Agam.
Offer yourself to the Holy Feet of Rádhasoami. (8)

Shabd 7

मेरी प्यारी सुहागिन नार ।
पिया रस चाखो री ॥१॥

O my dear, loving woman ! Enjoy the bliss of
the Beloved's company. (1)

Come up to the high mansion. No one is going
to stop you. (2)

The Beloved is giving you a call within. Why
are you asleep ? (3)

Embellish yourself and meet the Sat Guru. That
will please the Beloved. (4)

The melodious tunes of many musical instruments
are resounding in the Beloved's court. Pick
out each one of them separately. (5)

Shabds have blossomed forth there like flowers.
Embellish your bed-stead with them. (6)

Go and lie down there with the Beloved, and
then you will be happy. (7)

Radhasoami Dayal has granted all accoutre-
ments. Sing His praises. (8)

Shabd 8

हे मेरे प्यारे सज्जन ।
जग भूल निकारो ॥१॥
सतगुरु को खोजो जल्दी ।
स त ना म स म्हा रो ॥२॥

O my dear, good friend ! Cast away worldly
delusions, seek the Sat Guru at the earliest,
and adopt Sat Nam (True Name). (1-2)

None is your friend or companion, not even your
kith and kin. Reduce all your wealth and
property to ashes. (3)

Surat will go alone, getting separated from all. (4)

This region is not your home. Think of your
Real Home. (5)

Now, engender love for Sat Guru, and surrender
your body, mind and wealth to Him. (6)

Apply your Surat to the Holy Feet. Cast aside
pride, attachment and desire, (7)

Guru, who is omnipotent and merciful, will then affectionately bestow His gifts on you. (8)

Your Surat will ascend to higher regions, and you will drink अमीरस amí-ras (nectar) (9)

Detaching yourself from the body and the mind, sing the praises of Radhasoami constantly. (10)

Shabd 9

सतगुरु आय दिया जग हेला ।
जागो रे मेरे प्यारे जागो ॥१॥

Sat Guru has come to the world and is addressing the Jivas. Awake, my dear, awake ! (1)

Kal, the hunter, is waiting in ambush on the way. Run away, my dear, run away. (2)

Guru Swarúp (Form or Image of Guru) is within you. Peep inside, my dear, peep inside. (3)

Give up pride and egotism, and apply yourself to Guru's holy feet. My dear, apply yourself to His Holy Feet. (4)

Give up attachment to the world and the desire for worldly pleasures. My dear, O, do give them up. (5)

The lotus eyes of Guru constitute the path to the Beloved. Gaze at them, my dear, do gaze at them. (6)

Have firm faith and trust in the beloved Guru.
My dear, have firm faith and trust in Him. (7)

Utter RADHASOAMI RADHASOAMI with
your heart and soul. My dear, do utter
RADHASOAMI RADHASOAMI every
moment. (8)

Shabd 10

सखीरी मेरे मन बिच अचरज होय ।
अचरज अचरज अचरज होय ॥१॥
साँचा मारग सुरत शब्द का ।
सो नहीं माने कोय ॥२॥

O friend ! It is surprising to me that no one is
prepared to accept the true path (religion) of
Surat Shabd Yoga. Alas ! It is surprising,
surprising and yet surprising. (1-2)

Radhasoami Dayal has manifested Himself as the
all-powerful Sat Guru who is ever merciful to-
wards the humble and the lowly, but people
do not engender love for and faith in His Holy
Feet, and remain in delusion and oblivion. (3-4)

All are undergoing pain and suffering of recurrent
births and deaths in the cycle of Chaurási. (5)

Mad under the sway of Karam and Bharam (delus-
ion), they are wasting their lives in vain. (6)

Enshrine the holy feet of Radhasoami Dayal in
your heart, and then only will your task be
accomplished. (7)

Shabd 11

मेरे गुरु दयाल उदार की ।
 गत मत नहीं कोई जानता ॥
 कासे कहूँ यह भेद मैं ।
 चित से नहीं कोई मानता ॥१॥

No one has an inkling of the supremely high status and position of my merciful Guru. To whom should I disclose this truth ? No one is ready to accept it. (1)

It is pitch dark in this world and Maya is creating a great tumult. Kal and Karam are exerting their maximum force in beguiling Jivas under the sway of delusions. (2)

Jivas are entangled in pilgrimage and fast, and also in the worship of idols in temples. They search for the Supreme Truth in books, but no one gets its secrets there. (3)

Some observe silence. Some engage in जप Japa (muttering of prayers). Some indulge in self-mortification by standing amidst five fires. Some are busy in recitation of religious scriptures, fire-worship and sacrificial ceremonies. Some give discourses on Brahm-gyán (knowledge concerning Brahm). (4)

Some sing praises of gods and goddesses. Some meditate on Ram and Krishna. Some propitiate ghosts, goblins and spirits. Some have ablution in the Gangá and the Jamna. (5)

Some advocate and practise alms-giving. Some feed Brahmans (people of the priestly class)

and Bhekhs (anchorites). Some recite sacred hymns for others. Some engage in contemplation (meditation). (6)

All these practices of olden times are the snares of Kal and Karam. Caught in them, Jivas are helpless and in a state of delusion. (7)

If you are keen about your salvation, seek the true Guru. Engender love for and faith in Him and take the Saran of His holy feet. (8)

Adopt RADHASOAMI Nám. Enshrine the image of Guru in your heart. Get initiated in Surat Shabd Yoga. Sing the praises of Guru day and night. (9)

Attend Satsang with care and attention. Engender love for Guru in your heart. Pulverise, i.e., subdue Kal and mind. Apply Surat to Shabd. (10)

Guru showers His grace and mercy on you and vouchsafes His protection to you every moment. He turns your mind and sets it right. It then rushes to Gagan (sky, heavenly region). (11)

Behold Jyoti (flame) in Nabh (Sahas-Dal-Kanwal), touch Guru's feet in Trikuti, hear the melodious fiddle in Sunn and bathe in the Triveni. (12)

Proceeding further from there, your Surat will hear the sounds of Sohang and the flute. It will then reach and merge in the holy feet of Sat Purush and hear the Sár Shabd (13)

Nicely arrange the platter of the mind, and pre-

pare the wick of Surat. Then, after lighting the flame of Shabd, sing Ārtī with intense love. (14)

Adorning yourself with the garments of firm love, preparing Bhog (victuals) of faith and devotion, and obeying the behests of the beloved Sat Guru, win His pleasure. (15)

Then rush to Alakh and Agam. Thereafter, reaching that Home which is the beginning and end of all, merge in the holy feet of Radhasoami. That is the Highest Region where Sants abide. (16)

How can you sing adequately the praises of Guru who has enabled you to receive the grace and mercy of Radhasoami Dayal and attain Nij Desh (Original Region)? You can only thank your own great good luck. (17)

Shabd 12

स ज नी चे तो री ।
तेरे घट में पुकारे यार ॥१॥

O Sajni (friend) ! Wake up. Within you the Beloved is calling. (1)

You are getting lost in this world. Engender love for Sat Guru. (2)

Why are you spending your time uselessly in this world? You should rather make efforts to have the Lord's Darshan within. (3)

Why are you engrossed in Karam (rites and rituals) and Dharam (religious observances) ?
You are needlessly burdening yourself. (4)

You did not engender love for the True Beloved.
You are debasing yourself in the company of
your kith and kin. (5)

Giving up pride and arrogance, entrench yourself within and listen to the reverberations of
Sár Shabd. (6)

Clasping the holy feet of Radhasoami Dayal,
reach your Original Home. (7)

Shabd 13

त्याग रे मन जग की आसा ।
छोड़ रे मन भोग बिलासा ॥१॥

O mind ! Give up worldly hopes and desires and
shun all sensual pleasures and enjoyments. (1)

Why do you let Kal's noose be tied round your
neck ? Why do you suffer the pain and
agony of disease and the fear of Jam ? (2)

You will have to be born again and again and
remain Maya's slave for ever. (3)

Now, be indifferent to the world and abide in the
Holy Feet of Sat Guru. (4)

Great is the glory of the Sat Guru. He will
redeem you in a moment. (5)

Attend His Satsang regularly and perform the repetition of NAM, applying your mind and attention to IT. (6)

Guru will initiate you in Sahaj Yoga (Surat Shabd Yoga) and will enable you to hear Shabd within. (7)

This path leads to the True Abode, which only a loving Surat has realised. (8)

I thank my great good fortune that my Guru has made me His own. (9)

He, in His mercy, has revealed the True Essence to me and has applied my mind and Surat to Shabd. (10)

I shall now sing His Arti and enhance my love for His holy feet. (11)

I shall receive His grace and Prasad, and shall contemplate RADHASOAMI Nam. (12)

Shabd 14.

सुरत भ्रम रही औघट घाट ।
सतगुरु मिलें तो पावे बाट ॥१॥

Surat is wandering in the evil centres of the Pind. It will find the true path if only it meets Sat Guru. (1)

It will then become purified and ascend to the sky (higher regions) and, on going there, will behold pure light. (2)

My good luck has awakened and I have met
Sat Guru who, in His mercy, has made me
His own. (3)

Love and faith have been aroused in my heart,
and my Surat has developed attachment for
His holy feet. (4)

All delusions and illusions have vanished from
my mind, and I have given up all sensual
pleasures and enjoyments. (5)

Slowly and gradually, I have been able to enjoy
the bliss of Satsang. I offer my body and
mind in Guru's Sewa. (6)

I have Guru's Darshan with love and affection,
and I enshrine in my heart His incomparable
form. (7)

Imbued with love, I sing His Arti, and perform
the repetition of RADHASOAMI Nam. (8)

Shabd 15

अरे मन सोच समझ गुरु बैन ।
जगत में नहि पावे सुख चैन ॥१॥

O mind ! Ponder over and understand Guru's
instructions. You will not get any peace and
happiness in this world. (1)

Puffed up with pride, and goaded by desires for
worldly pleasures, you wander day and night
in the company of the senses. (2)

You are repeatedly going through pain and pleasure.
Now, understand and accept Guru's instructions which alone are true. (3)

Attend Satsang now with love and affection and reduce to ashes pride, arrogance, Karam and Bharam (doubts and delusions). (4)

Perform the repetition of Nam all the time and keep the image of Guru enshrined in your heart every moment. (5)

Your task will be accomplished by Guru's grace and your Surat and mind will acquire unique embellishment. (6)

Ascending the Gagan, you will hear the reverberations of Shabd, and on going to Trikuti, you will be the ruler of a kingdom. (7)

From there, you will proceed to the region of Sat Guru, where your Surat will assume the form of a Hans. (8)

Imbued with love, you will constantly perform Arti and you will merge in the Holy Feet of Radhasoami. (9)

Shabd 16

तन नगरी में खेले मनुआँ ।
गुरु मिलें चढ़े गहि धनुआँ ॥१॥

The mind frolics in the city of the body. If it meets Guru, it will ascend to higher regions catching hold of Shabd. (1)

There is no peace and happiness in this city.
One should keep one's gaze fixed on the Guru's
holy feet in one's heart. (2)

The mind and the senses are beguiling the Jiva
all the time and, without Shabd, he cannot find
the true path. (3)

Kal and Karam are constant sources of pain and
suffering. There is no happiness without
Guru's grace and mercy. (4)

My own powers are of no avail in this matter.
Only Guru's mercy can save me. (5)

Maya has laid the trap. Who but Guru can
protect me ? (6)

This world is a source of great pain and suffer-
ing. My mind, sense and intelligence have all
become unavailing. (7)

Shelter of Guru's holy feet will rescue you.
Adopting Radhasoami Nám, prepare your
raft which will enable you to get across the
ocean of worldly existence and you will be
rid of recurrent births and deaths. (8-9)

Guru has now bestowed great mercy on me. He
has made me join His Satsang. (10)

He, in His grace, delivers discourses which dispel
the darkness prevailing within me. (11)

He constantly enhances my love and faith and
elevates my mind and Surat to Adhar (the sky,
higher regions). (12)

I am firmly convinced in my mind that He will
redeem me one day. (13)

I know of none other than Radhasoami, and I do
not accept any other method than Surat Shabd
Yoga. (14)

I worship the Holy Feet of Soami, and I sacrifice
my body, mind and wealth before Him. (15)

I arouse zeal and enthusiasm within me for per-
forming His Arti, and bring all the necessary
paraphernalia. (16)

I place them before Guru and sing His Arti in the
company of Hansas. (17)

Radhasoami Dayal has showered His grace and
mercy on me ; He has made a debased Jiva
like me His own. (18)

Shabd 17

भूल भ्रम जग में अति भारी ।

सतसंग महिमा कोई न बिचारी ॥१॥

Great is the sway of delusion and illusion in this
world. Nobody is alive to the greatness of
Satsang. (1)

The unsteady and wavering mind makes the Jiva
dance to its tune, and again and again beguiles
him into the enjoyment of sensual pleasures. (2)

He reposes his hope and trust in Maya, and

remains oblivious and elated in his body. (3)

He is entirely unmindful of his last moment.
Seeing the glamour of Maya, he gets highly
exhilarated. (4)

He does not develop faith in Sat Guru, nor has he
any inkling of His high status and teachings. (5)

I am extremely humble, subservient and ignorant.
I remain engrossed in Maya and her objects. (6)

Unattainable and infinite is the status of Sants.
Surat Shabd Yoga is the essence of essences. (7)

Radhasoami Dayal, in His grace, cast His benign
glance on me. He drew me to His holy feet
somehow or other. (8)

He made me join Satsang and, by granting me
His Darshan, enhanced love for Him within
me. (9)

Faith grew and zeal and enthusiasm were awaken-
ed in my heart. My Surat developed attach-
ment for His holy feet. (10)

My mind-gardener constantly waters the sapling
of Bhakti planted within me by my Guru. (11)

I select and bring flowers of different colours and,
making a garland with them, offer it to my
Guru. (12)

I make preparation for Guru's Arti with zeal and
enthusiasm. Reverberations of the sounds of
the bell and the conch break forth, (13)

Beds of lotus burst into bloom within me.
 Ascending to Gagan Shikhar, the top of
 pinnacle of Gagan, i.e., Trikuti, I behold the
 moon. (14)

In Bhanwarguphá, I listen to Sohang and the
 flute and, in Sat Lok, I hear the melodious
 note of the बीन Bín (harp). (15)

After seeing the expanse of Alakh Lok and Agam
 Lok, I behold Radhasoami Dhám (Abode of
 Radhasoami). (16)

I get the Saran (refuge) of the Holy Feet of
 Radhasoami. I awaken my great good luck. (17)

I now forget all worldly hopes and desires, and
 enshrine Radhasoami Nam in my heart. (18)

Shabd 18

सतगुरु संत महा उपकारी ।
 जगत उबारन दया बिचारी ॥१॥

Sant Sat Guru is a great benefactor. He, in His
 mercy, decided to redeem the world. (1)

He has come from Sat Lok and given out the
 secrets of His Nij Ghar (Original Abode). (2)

O unfortunate Jivas ! Accept Him as your spirit-
 ual Guide and His instructions. Radhasoami
 will make you blessed and fortunate. (3)

Maya has cast her net far and wide, Kal, the
 hunter, is on your head, (4)

- No one escapes. Kal kills all. Therefore, I now
tender you this advice. (5)
- Hurry up, run up to Sat Guru and fall at His
holy feet. Adopt His Saran anyhow. (6)
- Come along, and take His refuge. Wake up and
proceed towards Him. Forsake the world
which is unreal like a dream. (7)
- Entertain no doubts and delusions in your mind.
Generate love for and faith in the Holy Feet. (8)
- You will not get this opportunity again. Comp-
lete your task somehow or the other now. (9)
- Pilgrimage, idol-worship, muttering of prayers,
penance and fasts are all delusions and they
all lead you astray. (10)
- If you meet Sat Guru, He will give out the sec-
rets of the Lord and show within you the path
leading to your True Home. (11)
- Give up rituals, superstitions and hypocritical
practices. Elevate your Surat and penetrate
Brahmánd. (12)
- Attend Satsang and perform the Sewa of Sat Guru.
Look intently into His eyes. (13)
- Utter the Holy Name RADHASOAMI and offer
your mind and Surat to the Holy Feet. (14)
- Ascending to Sahas-Dal-Kanwal, hear the ringing
of bell. You will have the Darshan of Jyoti
and Niranjan there. (15)

Proceeding through Banknál (crooked tunnel),
rush to Trikuti and behold the red morning
sun. (16)

Be delighted on entering Guru's region. You
will hear the beating of drum and the roar of
thunder. (17)

Bathe in the lake in Sunn and make friends with
Hansas there. (18)

Break the barrier of Mahá-sunn and hear the
melodious note of the flute in Bhanwarguphá
where you will behold the resplendent light of
the white mid-day sun. Beyond that, you
will find Sat Pur. (19-20)

Sat Nam Sat Purush is Apár (infinite). In His
region, Bín (harp) is playing, giving out a note
which is the True Essence. (21)

Get across Alakh Lok and Agam Lok and behold
the majestic Radhasoami Dham. (22)

Delightful activities charged with love and devo-
tion are witnessed there in abundance and
songs of thankfulness to Radhasoami are
sung day and night. (23)

The entire region is the seat of constant display
of pomp and grandeur. Songs of blissful
rejoicing are being sung in ever-increasing
ecstasy and joy. (24)

How can I describe the glory of that Dhám
(region)? It is wonderful. It is marvellous.
It is magnificent. (25)

The beauty and elegance of that region are indescribable. I sacrifice myself before the majestic form of Radhasoami. (26)

Such is the purely spiritual region which Radhasoami, in His grace, has brought into being. He lets His special devotees abide there in peace and happiness. (27)

Shabd 19

यह जग बीता जाय री ।
सोचो समझो सयानी ॥१॥

O sagacious woman (Surat) ! Just think and try to understand that your life-span in this world is fast dwindling. (1)

It is only a few days' play here. Why are you puffed up with pride ? (2)

There have been innumerable great personalities in this region in the past, but no trace of them is to be found now. (3)

All these Maya's objects, e.g., wealth and property, will not accompany you. Why do you remain a victim of delusion ? (4)

Come to your senses right now, and seek the Sat Guru, O wise woman ! (5)

Give up all desires for worldly pleasures, and join and identify yourself with Satsang. (6)

Ascertain the secrets of Shabd with love and

affection, and apply yourself to its reverberation. (7)

There can be no redemption without Shabd.
Know this for certain. (8)

Strengthen your Saran for Guru's holy feet.
Then only will you reach your destination. (9)

Sing RADHASOAMI Nam. Then, no harm can
be done to you. (10)

Shabd 20

कोई समझे न गुरु की बात को ।
ऐसा जगत अनाड़ी ॥१॥

None understands Guru's instructions. So pig-headed and uncouth is this world. (1)

In the company of the wanton mind, all Jivas remain engrossed in sensual pleasures. (2)

No one heeds Sat Guru's words. All have ceased to have any fear for and faith in Him. (3)

None remains alert and awake in Satsang. Maya, and her objects are dear to everyone. (4)

Radhasoami Dayal, in His grace and mercy, is vouchsafing His protection to Jivas. (5)

Cutting asunder their net of Karmas, He is taking them across the ocean of worldly existence. (6)

Jivas are repairing to Sat Lok through the path of

Surat Shabd Yoga. (7)

On reaching the undying and undecaying abode,
they are enjoying immense happiness. (8)

Radhasoami Dayal has awakened their great good
luck. They have offered their body, mind and
wealth to Him. (9)

The Jiva should make obeisance to Him again
and again, and sacrifice himself before Him
every moment. (10)

Shabd 21

भूल हुई या जग में भारी ।
सुद्ध निज घर की तज डारी ॥१॥

Jivas are making a blunder in this world. They
have lost memory of their True Home. (1)

Day and night, they remain lost in the company
of their kith and kin, and do not listen with
care and attention to what Sant says. (2)

Kal has besieged all the three worlds. Nobody
seeks the merciful Sant. (3)

The Supreme Being Radhasoami Dayal has made
His advent in this world and, in His grace and
mercy, has awakened Jivas. (4)

I was degraded, fallen and worthless. He, in His
mercy, has made me His own. (5)

He has graciously revealed to me the whereabouts
of the True Abode, and initiated me in Surat
Shabd Yoga. (6)

I shall join my Surat and mind with Shabd. The
colour of Satsang blooms and dazzles in my
heart. (7)

Cherish in your mind faith in Guru's holy feet,
and adopt sincerely the way of Bhakti. (8)

Protect yourself against the onslaughts of Kal by
keeping your Surat merged in Holy Feet day
and night. (9)

What shall I say ? My mind is good for nothing.
It does not come to its senses and proceed
with Guru. (10)

It constantly gets lost in the enjoyment of worldly
pleasures and is tempted by the objects of
Maya. (11)

With folded hands, I pray to Radhasoami Dayal :
Forgive my errors and omissions now. (12)

Take me to Your Holy Feet and so ordain that I
may utter RADHASOAMI Nám all the time. (13)

Grant me the gift of firm faith and intense love in
Your Holy Feet. (14)

May I perform the Arti of Guru constantly and
with care, enshrining the Holy Feet of Radha-
soami Dayal in my heart. (15)

Bestow on me, O Radhasoami Dayal, Your
unbounded mercy. May I adopt the Saran of

Thy holy feet and remain the dust thereof. (16)

May I successfully perform Bhajan and Sumiran
and contemplate the form of Radhasoami all
the time. (17)

Shabd 22

राधास्वामी गुरु समरत्थ ।
चरनन लागो री ॥१॥

Radhasoami is the Omnipotent Guru. Cling to
His holy feet. (1)

This world is illusory. Forsake it forthwith. (2)

Indescribably majestic is the grandeur of Guru.
Keep gazing at His countenance. (3)

You are asleep, unmindful of your real interest.
Awake at once. (4)

Shabd is resounding within you. Get drenched
in the bliss of Shabd. (5)

Radhasoami is calling you. Listen to Shabd, and
run away from the world. (6)

Shabd 23

जगत संग मत भूलो भाई ।
संग नहि तुम्हरे कुछ जाई ॥१॥

O brother ! Don't be deluded by the world. No
worldly object will accompany you. (1)

Look at things with eyes wide open and ponder over the matter. You will then realize that worldly activities and achievements are worthless and without any reality. (2)

In spite of prolonged endeavours, Jivas have ultimately failed. None could get across the ocean of existence. All have remained on this side. (3)

They have adopted many gods and goddesses as their Isht. They derived no benefit and are repenting. (4)

Only he, who has engendered love for Sat Guru, has been able to get across. (5)

I have, therefore, thought over the matter and decided that I shall perform Bhakti of Guru, which will take me across. (6)

I shall constantly strengthen my love for His holy feet and enshrine the way of Bhakti in my heart. (7)

I regularly attend Satsang with care and attention, and after understanding the discourses delivered by Sat Guru, cherish their essence in my heart. (8)

I shall perform Guru's Sewa with love and affection and, with the help of Guru's strength, shall reduce Kal and Karma to ashes. (9)

Implanting Guru's holy feet in my heart, I shall behold His majestic form with a steadfast gaze. (10)

In Bhajan, I shall listen to the reverberations of
Shabd and shall get across by having glimpses
of Guru's majestic form. (11)

Guru has bestowed on me His special mercy. He
has acquainted me with the secrets of the Sat
Guru's region. (12)

I ever remain under the shelter of Nam. I drink
अमी रस Amí-ras (nectar) and remain alert and
careful. (13)

With heart drenched in the colour of Radhasoami,
I perform His Arti with zeal and enthusiasm. (14)

Radhasoami Dayal has fully accomplished my
task. He, in His grace, has enabled me to be-
hold His refulgence. (15)

Shabd 24

करो जुगत प्यारी घर के चलन की ॥टेक॥
जगत भाव तज शब्द सम्हालो ।
यह मारग है स्वामी मिलन की ॥१॥

O darling Surat ! Take measures for proceeding to
your True Home. Give up attachment for the
world and hold fast to Shabd. This will enable
you to meet the Lord. (1)

Fix your gaze on the Guru's form and turn and
withdraw your Surat. This alone is the way
to subdue Mana (mind) and Maya. (2)

He, who is engrossed in body, mind, wealth and woman, has adopted a way which will lead him to Chaurási (transmigratory cycle). (3)

How long are you going to be led astray under the sway of illusions and delusions ? Make efforts to get across the ocean of worldly existence. (4)

Keep your gaze fixed on the Holy Feet. Listen to and follow Guru's discourses. Make it a point to adopt the Saran of the Lord. (5)

I awaken love for Guru, enhance my zeal and enthusiasm, and perform the Ártí of my Beloved, heart and soul. (6)

I constantly sing his praises and thank my great good fortune. I am the Dási* of Radhasoami's holy feet. (7)

Shabd 25

आज ही लो नर जन्म सम्हार ।
खोज गुरु घर चरनन में प्यार ॥१॥

Make your human life fruitful this very day, by seeking the Guru and cherishing love for His holy feet. (1)

Think, O mind, life is passing. Learn from Guru the ways of Satsang. (2)

Forsake your past notions and beliefs. Remain alert and awake in Guru's Satsang. (3)

* Dasi—A feminine gender of Das. Female devotee.

Do not waste your time in vain. Utter RADHA-SOAMI Nam every moment. (4)

Shatter all the pride of the mind now, and join your Surat and mind with the Holy Feet. (5)

Run away from worldly people every moment and sing the praises of Guru with loving devotees. (6)

Engender firm faith in Guru's holy feet and cherish love for Him in your heart all the time. (7)

Salvation of your soul will then be effected easily. You will see the gateway of redemption within you. (8)

You will proceed within while listening to Shabd. In Nabh (Sahas-Dal-Kanwal), you will behold a dazzling flame. (9)

Ascending to Gagan (Trikuti), you will meet the Guru. There, the Mridang (drum) is beating all the time. (10)

Then, go to Sunn and rest there. Do this much now. (11)

With Radhasoami Dayal's mercy as your prop and support, sing Guru's Arti with ever-increasing love and enthusiasm. (12)

Shabd 26

सजनी चेतो री ।
क्यों खोये जनम बरबाद ॥१॥

O Sajni (friend) ! Wake up. Why are you wasting your life in vain ? (1)

This city (world) is Kal's abode. Seek the True and Original Region of Radhasoami Dayal. (2)

Without the help of the Sat Guru, your task will not be accomplished. Adore His holy feet constantly. (3)

He, in His grace and mercy, will acquaint you with inner secrets, and will remove the difficulties and troubles created by Kal. (4)

Proceed within, catching hold of the cord of Shabd. Train your mind and Surat. (5)

Imbued with love, ascend to Gaganpur (city of Gagan, i. e., Trikuti). Listen to Anhad Shabd there. (6)

Then, ascend to Sunn Shikhar (top of Sunn), behold Bhanwargupha, and then listen to Sat Shabd. (7)

Wonderful and unique are the status and glory of Radhasoami Dham. That is the Prime Origin of everything. (8)

Shabd 27

अरे मन भूल रहा जग माहि ।
पकड़ता क्यों नहि सतगुरु बाँह ॥१॥

O mind ! You are going astray in the world. Why

- do you not hold the arm of Sat Guru ? (1)
- Day and night, you are running after sensual pleasures. You are attached to name and fame, and wealth and woman. (2)
- You are being carried away by attachment to the world. You are steeped in greed, lust and desire. (3)
- You do not know the importance of the human body. O ignorant one ! You are behaving like a beast. (4)
- You entertain no fear of the Lord at heart. You have now been sold away to Jam (devil). (5)
- You forget that you will die one day. You take the world to be a reality. (6)
- A fool that you are, you do not pay heed to Guru's words. Under the influence of your impure intellect, you are diving into the ocean of existence. (7)
- You do not give up the crookedness of your mind. Your dealings with Guru are not straightforward but artful and dishonest. (8)
- Guru again and again impresses upon you the necessity of engendering love for Shabd. (9)
- Shabd is reverberating within you all the time. Listen to it by your Surat with steadfast attention. (10)
- This current of Shabd is coming from Sunn. It showers ambrosia day and night. (11)

Catching hold of it, ascend to Sunn (Das-wán-Dwár). From there, imbued with love, proceed to Sat Pad (region of Sat). (12)

In Sat Lok, behold the majestic form of Sat Purush and then, have Darshan of Alakh Purush, and of Agam Purush, the Sovereign of the entire creation. (13)

Beyond Agam Lok, have Darshan of Radhasoami Anami Purush. That is the Nij Dham (Real and Original Abode) of Sants. (14)

On reaching there, your task will be completed. Kal and Mahá-kál will remain pining in grief. (15)

The merciful Guru gives out these secrets and He, in His grace, will liberate you from here and take you to higher regions. (16)

But the unfortunate Jiva does not believe the words of the merciful Sat Guru. He remains lost in doubts and delusions. (17)

He is ensnared by Mana and Maya. His perverse sense and understanding have gnawed through his heart. (18)

He is a victim of pride and arrogance. He does not generate love for the devotees of Sat Guru. (19)

He is mean minded and never becomes truly humble before Sat Guru. At heart, he is full of pride and arrogance. (20)

Tell me, how can such Jivas be redeemed ? How can they meet the true Beloved Lord, without love ? (21)

Day and night, they receive beating and punishment at the hands of Kal, and remain afflicted with disease and grief. (22)

If only Radhasoami Dayal is merciful, He can put an end to the high-handedness of Kal and Karam. (23)

He will somehow or the other bring Jivas under His shelter, and then their Surat and mind will get the bliss of Dhun (Shabd). (24)

They will thus be able to accomplish their task one day, and be the recipients of the wonderful embellishment of love. (25)

Nothing can be achieved without the grace of Radhasoami Dayal. You should, therefore, apply your Surat to His holy feet. (26)

Always utter RADHASOAMI, the Name of the Merciful Supreme Being. Then only will mind and Kal become powerless against you. (27)

With calm and patience, perform Bhakti and Bhajan. Enshrine the image of Radhasoami in your heart. (28)

Constantly enhance your love for the Holy Feet, and strengthen your faith in Guru within. (29)

Attend Satsang whenever you get the opportunity, and perform Sewa by means of body and mind with zeal and enthusiasm. (30)

Your barge will then reach the shore and you will have the Darshan of Radhasoami Dayal. (31)

Now that you have got the human form, wake up and adopt the Saran of Radhasoami Dayal, heart and soul. (32)

Otherwise, you will have to wander in Chaurasi (the transmigratory cycle), and fall a prey to Jam's noose again and again. (33)

Give up forgetfulness and negligence now, and apply your mind to the Holy Feet of Radhasoami. (34)

This advice has been given in very clear terms. But only a highly fortunate Jiva will accept it. (35)

He will receive the grace and mercy of Radhasoami, and by performing the prescribed spiritual practices, will repair to the Original Home. (36)

This Nij Updesh (special teaching) is now complete. I rapturously sing RADHASOAMI Nam every moment. (37)

Shabd 28

जीव कुमत बस हुए बावरे ।
 परमारथ नहिं जान ॥
 करम धरम सँग भरमत डोलें ।
 लगे न ठौर ठिकान ॥
 हुआ अति परबल काल कराल ।
 बिछाया जग में माया जाल ॥१॥

Jivas have turned mad under the influence of their perverse understanding. They do not

know what true Parmarth is. In a state of delusion, they remain engrossed in Karam (rites and rituals) and Dharam (religious observances) but fail to reach any stable location or destination. The terrible Kal has become extremely powerful. He has cast Maya's net far and wide in this world. (1)

Some go astray visiting places of pilgrimage and undertaking fasts, about which they are very proud in their mind. Some are tied up in जप Jap (muttering of prayers), तप Tap (penance) and संजम Sanjam (abstinences), but achieve nothing. They are all under the subservience of Maya. None has made a search for the True Home. (2)

Some study scriptures and achieve name and fame. They engage in useless deliberations and discussions. Some perform Dhyan mentally but are unable to get Darshan of their Isht within. All waste their lives in vain. None tries to wash away the impurities of the body and the mind. (3)

Anyone who fixes his attention on the holy feet of Sant and engenders love for Guru, will reach his True Home by practising Surat Shabd Yoga. He will get Darshan of Radhasoami Dayal and will not come again to this world. (4)

Bachan 2

THE EVIL TENDENCIES OF THE MIND AND THE SENSES, THE JIVAS' PRAYER TO THE LORD, AND HIS COMMAND

Shabd 1

सखीरी मैं कैसी करूं ।
मेरा मन नहीं आवे हाथ ॥१॥

O Friend ! What can I do ? I cannot bring my
mind under control. (1)

It attends Satsang, but does not assimilate and
adopt Guru's discourses. It remains a victim
of doubts and delusions. (2)

If I practise Bhajan, my attention does not remain
steady, and my body and mind get very much
agitated. (3)

If I perform Sumiran, my mind goes on wandering
all the more in various thoughts and vagaries. (4)

If I perform Dhyan, I fail to keep Guru's form
steady before me, and I get no bliss at all. (5)

If I perform Sewa, I become puffed up with pride
and try to impose my own authority on Guru. (6)

I am arrogant towards, and jealous of brother
Satsangis. I cause pain to everybody. (7)

On listening to discourses delivered in Satsang, I
repent somewhat. (8)

But I again forget all about them and do not come
to my senses. Instead, I go astray under the
sway of delusions. (9)

Very strong are the currents of Kám (passion,
desire) and Krodh (anger), and I am carried
away by them all the time. (10)

In disease and grief, and whenever humiliated, I
forget Guru. (11)

What should I say ? There is nothing that I can
do. I am totally vanquished. (12)

Who but Radhasoami Dayal can save me now ? If
He graciously holds me by the arm, casts His
benign glance at me and grants me the gift of
Bhakti, then only will my task be accomplish-
ed, and all my troubles will be gone. (13-15)

Shabd 2

सखी री क्यों सोच करे ।
तोहि राधास्वामी मिल गये आय ॥१॥

O Sakhi (friend) ! Why do you worry ? You have
met Radhasoami. (1)

Attend His Satsang with love and enthusiasm.
Drink the nectar of His Bachans (discourses). (2)

Fix your gaze and attention on His eyes

constantly. Remain satiated with the bliss of His Darshan. (3)

Whenever by good luck, you get the opportunity, perform His Sewa with love and zeal. (4)

Intoxicated with the bliss of Sumiran, Dhyan and Bhajan, bathe in the current of अमी Ami (nectar) all the time. (5)

Enhancing your love and faith day by day, remain with your attention rivetted on the Lotus Feet. (6)

Cherish no other desire than that for Guru's holy feet. Try to win His pleasure daily. (7)

If you lead such a life, your Surat will be purified and merge in the Holy Feet. (8)

The bliss experienced by you will go on increasing day by day, and your love and enthusiasm will go on getting augmented all the time. (9)

The foolish mind will then become powerless, and Kal will be sad and morose. (10)

Radhasoami is supremely merciful. He will accomplish all your tasks. (11)

I am low, worthless and ignorant. But He, in His grace, has drawn me to His holy feet. (12)

Shabd 3

सखीरी मेरा मनुआ निपट अनाड़ी ।
गुरु बचन चित्त नहीं धारी ॥१॥

O Sakhi (friend) ! My mind is utterly uncouth.
It pays no heed to the words of Guru. (1)

Although it knows and understands, it forgets
again and again, and deviates from the path of
Bhakti. (2)

Many a time have I pledged but I am not ashamed
of breaking the pledges. (3)

I am so arrogant, impudent and given to sensual
pleasures that I have no feeling of awe and
reverence for the Guru. (4)

I am helpless and do not know what to do. Who,
save the merciful Guru, will take care of me ? (5)

Touching the Holy Feet, I now pray : O Radha-
soami ! Thou bringest me round. (6)

I am powerless, and have been vanquished by my
mind again and again. (7)

None but Thee is all-powerful. Thou vouchsafest
Thy protection to me. (8)

Adopting Thy Saran, I now perform Thy Arti,
arranging the platter of love. (9)

Meek and humble before Thy Holy Feet, I pray
for Thy grace and mercy. (10)

Grantest me now perfect love and faith and sever-
est the innumerable bondages of my mind. (11)

O Radhasoami, merciful to the humble and the
lowly ! Grantest me my prayer. (12)

Shabd 4

क्यों घबराओ प्राण पियारी ।
राधास्वामी जल्दी ले हैं उबारी ॥१॥

O my darling, dear as life ! Why do you get restless ? Radhasoami will soon grant you liberation. (1)

Firmly adopt the Saran of Guru's holy feet and link your Surat with them. (2)

Kal and Karam will then not be able to obstruct you. Nor will Mana (mind) and Maya lead you astray any longer. (3)

Sat Guru's grace and mercy will be constantly with you. Your love and ardour will go on increasing daily. (4)

Your mind and Surat will turn and rush to Nabh (higher regions), and will receive showers of grace and mercy. (5)

The supreme father Radhasoami Dayal loves you dearly. He will redeem you in a moment. (6)

Believe what I say is true. Know that Radhasoami is your True Beloved. (7)

His heart is overflowing with compassion for Jivas. He imparts them his own strength and redeems them. (8)

Have no anxiety or worry in your mind now. Utter RADHASOAMI RADHASOAMI..... every moment. (9)

Do not allow any doubts and misgivings to bother you. Have firm faith in, and reliance on RADHASOAMI. (10)

Radhasoami will accomplish all your tasks. Your Surat will become the dust of His holy feet. (11)

Shabd 5

मनुआँ अनाड़ी पीछे पड़ा ।
कस पिया घर जाऊँरी । सखी री कस० ॥१॥

The ignorant mind is after me. How shall I go to the Beloved's abode ? O Sakhi ! How, indeed, shall I go there ? (1)

Again and again, it misleads me by creating delusions, and I fail to find the way to His abode. O Sakhi ! It is a pity that I cannot find the way. (2)

The fire of doubts rages furiously within me every now and then, and I cannot engender love for the Beloved. O Sakhi ! I miserably fail to develop intense love for Him. (3)

I cannot give up fear and attachment for the world. How, then, can I awaken love for Him within me ? How, really, O Sakhi, can I at all develop love for Him ? (4)

I remain sad at heart all the time and cannot find a way out. O Sakhi ! I fail to find any such way. (5)

None understands my predicament. To whom
shall I tell about it ? To whom, O Sakhi ! Shall
I tell of my anguish and sorrow ? (6)

Who but Radhasoami can save me now ? I now
contemplate the Holy Feet, O Sakhi, I can now
only contemplate the Beloved's Holy Feet. (7)

Humbly and meekly, and with folded hands, I
narrate before Him my tale of woe. O Sakhi !
Before Him alone can I narrate my agony and
pain. (8)

If, mercifully, He enables me to have Darshan of
His majestic form, I shall elevate my Surat to
Gagan. O Sakhi ! Then only shall I be able to
elevate my Surat there. (9)

The mind and Kal will then pine and wither and I
shall listen to the reverberations of Shabd. O
Sakhi ! Then only shall I be able to listen to
them. (10)

O Radhasoami ! Vouchsafe unto me Your help and
protection. I shall call out at and pray to You
only. (11)

Performing Radhasoami Dayal's Arti, I shall earn
His pleasure, and adopt His Saran. O Sakhi !
It is His Saran that I shall firmly adopt. (12)

Shabd 6

मनुआ खिलाड़ी खेल खिलावे ।
रोक रहा नौ द्वार । सखीरी मोहिं ॥१॥

O Sakhi ! The mischievous and artful mind is making me engage in all kinds of worthless activities. It is keeping me confined to this body of nine apertures. O Sakhi ! It is keeping me confined there itself. (1)

Fond of worldly pleasures, it constantly wanders in the company of the senses. O Sakhi ! It is an outright pleasure-seeker wandering with the senses all the time. (2)

I suffer pain and sorrow and then repent. But I am again deluded by the world. O Sakhi ! I am again led astray by the world. (3)

I do not give up association of evil-minded Jivas. How can I, therefore, get across ? O Sakhi ! How, at all, can I then cross the ocean of existence ? (4)

I remain entangled in the world's net and burden myself with a heavy load of Karmas. O Sakhi ! It is a heavy burden of Karmas that I have to carry. (5)

Who but the Sat Guru, can come to my rescue ? He alone can save me. O Sakhi ! He alone can be my Saviour. (6)

The Supreme Being Radhasoami is all-powerful. I take the refuge of His holy feet. O Sakhi ! I now firmly adopt the Saran (refuge) of His holy feet. (7)

Shabd 7

अनाड़ी मनुआ कहा न माने [खिलाड़ी] ।
जगत भाव संग रहा भुलान ॥१॥

This uncouth mind does not heed my advice.
Mischievous that it is, it pays no heed to what
I say. Being attached to the world, it remains
oblivious. (1)

It never allows me to accept Guru's instructions
but keeps me entangled in Kal's net. (2)

I go on increasing desires for worldly pleasures,
and do not apply my Surat to Shabd. (3)

I do not develop love for Satsang but remain in
the company of worldly people. (4)

I do not discriminate as to who my true bene-
factor is but am constantly beguiled by the
deceit and deception of worldly people. (5)

I do not give up my cleverness and artfulness, and
do not come to receive Guru's mercy. (6)

If Radhasoami Dayal showers His special mercy,
then only will I find a stable location and reach
the destination, and then alone will this ignorant
mind of mine become wise. (7)

My love for Guru, enthusiasm and humility will
then increase, and being purified, I shall merge
in Guru's holy feet. And then this foolish mind
of mine will become wise. (8)

Bachan 3

SECRETS OF THE RADHASOAMI FAITH

Shabd 1

बुंद सिध तज पिंड में आया ।
पाँच तत्त्व गुन तीन बँधायी ॥१॥

Leaving the ocean of spirituality, the Jiva who is a drop from it came to the Pind, where he became tied up with five Tattwas (elements) and three Gunas (attributes). (1)

Jyoti and Niranjana have cast their net. They have got him strongly entangled in sensual pleasures. (2)

They have got him strongly attached to the five evil tendencies, and engrossed in the pleasures of the ten senses. They have made him repose his hope and trust in the world. They have terribly beguiled him under the influence of the thoughts and vagaries of the mind. (3-4)

How can he escape ? There is no remedy. Save Satsang, there is no other way. (5)

If the Sat Guru is met, He will disclose the inner secrets and, in His grace and mercy, will cut asunder Kal and Maya's net. (6)

He will enable the Jiva to recognize the path leading to the True Home and, turning his Surat from this side, will apply it to the other side. (7)

However, this is a very difficult proposition, for, the Jiva has lost memory of his True Home. (8)

He does not develop faith in Sat Guru, nor does he engender love for His holy feet. (9)

Under the sway of Maya, he has not been able to recognize his True Home, and remains a prey to pleasure and pain. (10)

He has adopted Kal's religion at heart and has been a victim of Karam (rites and rituals), Dharam (religious observances) and Bharam (false religious practices). (11)

Some are mad after pilgrimage, others after fasts. Some are proud of idol-worship, others of तप Tap (penance). (12)

Some perform जप Jap (muttering of prayers). Some practise ध्यान Dhyan (contemplation of the forms of various deities). Some give out to others their book-knowledge. (13)

All these persons have gone astray under the sway of delusions and illusions. They have been entangled in the net of Kal and Karam. (14)

None escapes recurrent births and deaths. Without the help of Sat Guru, all remain wandering in the cycle of Chaurasi. (15)

It is a matter of glory, indeed, that my great good

fortune has awakened. I have met Sat Guru
who has graciously given out the inner secrets
to me. (16)

He has explained to me the mode of Surat Shabd
Yoga and revealed to me the path leading to
the true Home. (17)

I attend Satsang regularly and remain in His holy
feet all the time. I sing His praises and remain
absorbed in bliss. (18)

I shall perform His Arti and enhance my love for
Him. I shall elevate my mind and Surat to
Gagan (Trikuti). (19)

Ascending to Sunn, I shall listen to the sound of
Rárang and, in Bhanwarguphá, I shall hear
the sound of flute. (20)

Then, after getting the Darshan of Sat Purush, I
shall merge in the Holy Feet of Radhasoami
Dayal. (21)

Shabd 2

जग में पड़ा घोर अंधियारा ।
करम भरम का बड़ा पसारा ॥१॥

Dense darkness prevails all over the world. Adhe-
rence to rituals and false religious observances
is gaining the upper hand everywhere. (1)

All Jivas are lost in delusion. Having acquired
worldly learning and knowledge, they pose as

wise and clever people. (2)

They are engaged in outward worship (idol worship). They are totally oblivious of their True Home. (3)

Nij Pad (Original Abode, Highest Region) is Radhasoami Dhám. Sat Lok is the abode of Sat Purush. (4)

When Sants make Their advent in this world, They give out these secrets. But Jivas, given to rituals and religious observances, do not believe Their words. (5)

Neither Brahm nor Maya, neither the Vedas nor the Purans, neither the five Tattwas (elements) nor the three Gunas (qualities), neither mind nor desire, nor the three kinds of bodies, were at all in existence then. The Supreme, Omnipotent, Indescribable, Infinite and Nameless Being Radhasoami alone then existed. (6-8)

There arose Mauj (wave), which brought into being the most elegant creations of Agam Lok, Alakh Lok and Sat Lok. (9)

In Agam Lok, Radhasoami assumed the form of Agam Purush and, in Sat Lok, He became Sat Purush. (10)

Two अंश Anshas emanated from there. They are called Brahm and Máýá. (11)

Those two Anshas (emanations) came down and mingled with five Tattwas and three Gunas. (12)

With the permission of Sat Purush, they created the three Loks (worlds). (13)

The Jiva-Ansh or the Surat (spirit entity) came from Sat Lok. Maya and Brahm had begged for it from Sat Purush and brought it with them. They got Jivas or Surats tied down to the body, mind and senses, and entangled in desires for sensual pleasures. (14-15)

Jivas could not get the secrets of the Supreme Being. They were led astray by कर्म Karam (rites and rituals) and धर्म Dharam (outward religious observances). (16)

All Jivas are thus wandering in the cycle of eighty-four. Jyoti and Niranjana have put the noose round their necks. (17)

Whoever accepts the teachings and instructions of Sants, will cut the noose and repair to his True Home. (18)

Therefore, practise Surat Shabd Yoga and cherish the hope of reaching Sat Lok. (19)

Attend Satsang. Engender faith. Cultivate love for the Holy Feet of Sant. (20)

Perform Dhyán (contemplation) of Sat Guru's form and Sumiran of RADHASOAMI Nám. (21)

Your mind and Surat will then become purified, and you will ascend higher and higher mounting the steps of Shabd one after another, (22)

Ascending in this manner, you will reach the region of Sat Guru and you will then be rid of the last vestiges of Kal and Karam. (23)

मन Mana (mind) and माया Máya will be left below, They will not go beyond the three worlds. (24)

प्रलय Pralay (dissolution) and महाप्रलय Mahá Pralay (great dissolution) have no access there. Kal and Mahá Kál, too, are left behind at their respective places. (25)

Sat Lok is an incomparably wonderful region. Surat attains the form and status of a Hans there. (26)

Surat is absorbed in the bliss of Darshan of Sat Purush. It feeds upon अमी Amí (ambrosia), smells the fragrance of sandal wood and hears the reverberations of Shabd. (27)

Experiencing such bliss and ecstasy, Surat proceeds to and finds abode in Nij Pad (Original Home). (28)

Nij Pad is Radhasoami. I bow down before His holy feet again and again. (29)

How can I adequately praise my good luck and sing the glory and greatness of Radhasoami ? (30)

I have now completed this Artí. I ever remain a slave to the Holy Feet of Radhasoami. (32)

Shabd 3

सुरत सिरोमन हेला लाई ।
सतगुरु पूरा खोजो भाई ॥१॥

- The Paragon-Surat has brought this message :
"Brethren ! Seek the perfect Guru." (1)
- Jyoti and Niranjana have cast the noose round
Jivas' neck. The Jivas are being carried away
in the current of Chaurasi. (2)
- All are led astray in Karam and Dharam. None
finds the whereabouts of the Original Abode, (3)
- I tell you again and again that without adopting
the Saran of Guru, none can escape. (4)
- Param Purush Sat Guru Radhasoami, the Omni-
potent, Infinite and Nameless Being, has made
His advent in this world as Sant Incarnate.
He saves Jivas from the snares of Kal. (5-6)
- He has given the command : Catch hold of
Shabd and repair to your Nij Desh (Original
Abode). (7)
- Cherish love and devotion at heart and, by making
grace and mercy of Radhasoami your prop
and support, get across the ocean of existence. (8)
- You should know that any religion not based on
Surat Shabd Yoga is a snare of Kal. (9)
- The followers of such religions perform outward
worship. Some meditate at the heart-centre. (10)

Some distinguish between बाच Bách (manifest) and लक्ष Laksh (unmanifest) forms of Brahm, and contemplate him as all-pervading spirituality. (11)

Some, after much deliberation, train the mind and, controlling the breath, try to gain समाधि Samádhi (state of self absorption). (12)

Some practise various kinds of जप Jap, तप Tap and संजम Sanjam (abstinences). They train their sight and behold various forms within. (13)

They see different kinds of light within, and aim at the Darshan of Atmá (realization of the soul). (14)

The spectacles which they witness are such that they are kept wandering within the regions of six Chakras (centres of Pind). (15)

One should know that all these are Kal's religions. They pertain to Maya's domain. (16)

After enjoying bliss and happiness for some time, such Jivas are again dragged down and caught in Kal's snare. (17)

No Jiva can escape. None goes beyond Kal's domain and jurisdiction. (18)

The entire Triloki (the three worlds) is Kal's creation, where the five Tattwas and the three Gunas hold their sway. (19)

Beyond Trikuti is Dayal Desh (Region of the Merciful Supreme Being, i.e., the purely

spiritual region), where Kal and Karam have
no access. (20)

Those who have faith in the words of Sants, would
know of the pre-eminent status of Dayal Desh. (21)

For this reason, I would say again and again that
unattainably high is the status of Sants. (22)

Engender deep love for the Holy Feet of Sat Guru.
Offer your body and mind to, and sacrifice
your Surat before Him. (23)

Strengthen your Saran of Sat Guru's holy feet.
Enshrine His incomparable form in your heart. (24)

Then only would you grasp some of the inner
secrets and mysteries, and experience some
bliss of Surat Shabd Yoga. (25)

In this way, your task will be accomplished and
you will be able to ward off Kal and Karam. (26)

At the fifth Chakra in the body is the seat of the
Jiva and at the sixth, that of Surat (the spirit
entity). (27)

From here commences the path of the religion of
Sants. It lies through the eyes. (28)

With the eyes of your Surat, peep through the
aperture (i. e., the third Til). You will then
easily proceed beyond the six Chakras of Pind. (29)

The seventh Kanwal or centre is called Sahas-Dal-
Kanwal. This is the seat of Jyoti and Niranjana. (30)

Sounds of bell and conch are heard at their door.
Numerous suns and moons are seen there. (31)

व्यापक चैतन्य Vyápak Chaitanya, the spirituality pervading the three worlds and Pind, is the diffused spirituality of Sahas-Dal-Kanwal. (32)

Gyánís become proud and conceited on acquiring the knowledge of this spirituality. (33)

They read religious treatises and indulge in tall talks But they have no inkling of Nij Chaitanya (Original Reservoir of spirituality). (34)

Nij Chaitanya is a boundless ocean of spirituality. He is in Dayal Desh. (35)

A drop came from the Ocean, and it is that drop which is known as Nirgun (pure) Brahm. (36)

The diffused spirituality of this drop came to Pind, and that has been described as the Vyápak Chaitanya (spirituality pervading Pind). (37)

Whoever adopts the Isht (goal) of Vyapak Chaitanya and adopts it as his goal, will never be redeemed but will remain wandering in Pind. (38)

Hence, leave the domain of Niranjan, and secure abode in the region of Sat Guru. (39)

Sat Guru's region is called Sat Lok. Jyoti and Niranjan have no access there. (40)

The three stages above Sahas-Dal-Kanwal are known as Trikuti, Sunn and Bhanwargupha. (41)

Beyond these, there is the Dham or Abode of Sat Nam, called Sat Lok, the region of Sat Guru. (42)

Above Sat Lok is Alakh Lok, beyond which is Agam Lok. (43)

Beyond Agam Lok is the Dhur Pad (Highest Region), known as "Radhasoami Dham" (the Abode of Radhasoami). (44)

Enshrine RADHASOAMI Nam in your heart.
Discard all other names. (45)

Cherish the hope of reaching the Holy Feet of Radhasoami. Then alone can you find abode in Sat Lok. (46)

Bring your body, mind and senses under control.
Elevate your Surat and return to your True Home. (47)

Associate with Sat Guru with your heart and soul. You will then receive Radhasoami's grace and mercy. (48)

Whoever makes spiritual endeavours in this manner, will get release from Kal's region and repair to Nij Ghar (Original Abode). (49)

He will find abode in Dayal Desh, and merge in the Holy Feet of Radhasoami. (50)

Now the Arti of this slave is over. May he live in close association with Guru with barriers and distances all removed. (51)

Shabd 4

भूल भटक में बहु दिन भरमा ।
कहीं न पाया घर का मरमा ॥१॥

For many a day have I wandered in illusions and delusions, and nowhere could I get the secrets of the True Home. (1)

There are many religions in this world, but none has any inkling of Nij Ghar (Real Home). (2)

Jivas have got stuck up in false worship, and all have been led astray by Karam (rites and rituals) and Dharam (false religious observances). (3)

Kal has promulgated all these religions. Maya, in association with the three Gunas, holds sway over all. (4)

She has cast her net far and wide in this world. Jivas have been led astray from the true path. (5)

They do not engender faith in Sat Guru. They wander again and again in Chaurasi (cycle of eightyfour). (6)

None has made a search for the inner secrets and, subservient to Kal, all have fallen a prey to deceit and deception. (7)

My good fortune has awakened that somehow or other, I have come to the august presence of Radhasoami. (8)

My mind and Surat were delighted on getting His Darshan. I clearly recognised the grace and mercy of Sat Guru. (9)

On attending Satsang, all my delusions vanished and I was rid of all doubts, diseases and grief. (10)

I developed love for and faith in the Holy Feet
and renewed enthusiasm was aroused in my
heart. (11)

My mind became completely absorbed and lost in
the Holy Feet and I cast aside all desires for
worldly pleasures. (12)

I removed from my mind all my attachment for
the world, and the rubbish of Karam (rituals)
and Dharam (observances) was cast aside by
me. (13)

My Guru enabled me to witness wondrous spec-
tacle and He was pleased to disclose to me the
whereabouts of Nij Ghar (True Abode). (14)

He showed me the path of Surat Shabd Yoga and,
by granting me the Saran of His holy feet, made
me His own. (15)

I remain absorbed in bliss all the time. I sing my
Guru's praises with ever increasing love and
enthusiasm. (16)

I always listen to Guru's words with rapt attention.
I behold His wondrous form with my inner
eyes. (17)

The intellectuals, the practitioners of rites and
rituals and the vainglorious men of the world,
all of them, are just driving the oil-mill of the
mind, i.e., blindly following the mind's dictates. (18)

If anybody tries to explain the truth to them and

acquaint them with the secrets given out by Sat Guru, they would not pay any heed to him but are ready to fight with him and, by calumniating Sat Guru, add greatly to their load of sins. (19-20)

They are unfortunate Jivas, entangled in worldly pleasures. They are all caught in Kal's snare. (21)

They do not know the greatness of Sat Guru, nor do they realize the efficacy of Surat Shabd Yoga. (22)

I thank my great good luck. My Sat Guru has made me specially His own. (23)

Day and night, I remain absorbed in bliss and sing His praises. I constantly apply my Surat to Shabd. (24)

Listening to Shabd, I reach Nabh Pur (city of Nabh or sky, Sahas-Dal-Kanwal). In Trikuti, I touch the holy feet of Guru. (25)

In the mansion of Sunn, the sound of the fiddle is heard. In Bhanwargupha, the melodious note of the flute resounds. (26)

Sat Lok is the Darbar (court) of Sat Guru. There, I feed upon अमी Ami (ambrosia) and listen to the reverberations of the sound of the बिन Bín (harp). (27)

Beyond Alakh Lok and Agam Lok is the destination, which is called "Rádhasoami Dham", the Nij Ghar, i. e., the Original Abode. (28)

I now perform His Arti and enhance my love for Him. I sing RADHASOAMI, RADHASOAMIevery moment. (29)

Shabd 5

प्रीत लगी अब सतगुरु चरना ।
मन और सुरत शब्द में धरना ॥१॥

I have now developed love for Sat Guru's holy feet. I apply my mind and Surat to Shabd. (1)

Great love and enthusiasm have now been aroused in my heart. I have arranged for the Arti of Sat Guru. (2)

It is a rare opportunity and occasion that I have been born a human being, for I have now got a chance for cultivating love for and devotion to Sat Guru. (3)

I have been blessed with the Darshan of Sat Guru very easily. He has disclosed to me the secrets of the Nij Ghar (Original Abode). (4)

The Nij Ghar is Radhasoami Dham. It is indescribable, infinite, boundless and nameless. (5)

It is beyond the regions of Alakh and Agam, below which, lies Sat Lok. (6)

Sat Lok is an incomparable region where Sat Purush, the Presiding Deity, has assumed a majestic form. (7)

It is a most blissful region, absolutely free from death and decay. Maya and Brahm came down from here. (8)

It is the source of the Triloki (the three worlds). No one can go there (Sat Lok) without the help and guidance of a Sant. (9)

Maya and Brahm descended from there and created the three worlds. (10)

They took their seat in Sahas-Dal-Kanwal and mingled with the five Tattwas and the three Gunas. (11)

The three Gunas came to be known as the three sons of Maya and Brahm, viz., Brahmá, Vishnu and Mahesh. (12)

The सुरत Surat (spirit-entity) came from Sat Lok and was tied down to the body. (13)

The Védas and Purans were produced and the net of Karam (rituals) and Bharam (false religious observances) was cast far and wide. (14)

All Jivas are entangled in them, and wander again and again in Chaurási (cycle of births and deaths). (15)

The Dhám or Abode of Sat Purush Radhasoami remained hidden from all. None has an inkling of IT. (16)

All have taken to the worship of false and man-made gods (i. e., temples and idols) and are totally oblivious of the Nij Ghar. (17)

For this reason, all Jivas remain unhappy. They do not get real happiness. They all become frustrated and exhausted. (18)

I thank my good luck, that Sat Guru has made me His own. (19)

He has initiated me in Surat Shabd Yoga, by means of which Surat can repair to Nij Ghar. (20)

All other methods are hollow and useless, none leading to the Original Home. (21)

Pandits, Bhekhs (anchorites) and Maulvis all hanker after wealth and name and fame. (22)

They are led astray by rituals and delusions and fail to get the whereabouts of Nij Ghar. (23)

Keep away from such Jivas if you are really keen on getting out of the cycle of recurrent births and deaths. (24)

Seek Sat Guru who is ever merciful towards the humble and the lowly. Then only will you be able to cut asunder the net of जम Jam. (25)

Acquaint yourself with the secrets and whereabouts of Nij Ghar from Sat Guru and apply your body and mind to Shabd. (26)

Attend His Satsang with care and attention. Behold His रूप Rúp (countenance) with love and affection. (27)

Your human life will then be fruitful. You will go straight to the imperishable region. (28)

This teaching is being imparted out of compassion for Jivas. Extremely fortunate are those who accept it. (29)

What and to whom can I tell of the glory and greatness of Sat Guru ? He who accepts His Saran will be saved from Jam. (30)

Day and night, I sing the praises of Radhasoami. I receive His Prashad and grace and mercy. (31)

Shabd 6

सतसँग महिमा सुन कर आया ।
राधास्वामी दर पर माथ नवाया ॥१॥

I have come to Satsang on hearing of its glory. I bow before the court of Radhasoami. (1)

It is a wonderful congregation, never heard of or seen before. I find a unique way of Bhakti here. (2)

The status and religion of Radhasoami are inaccessible, profoundly and infinitely great. I have adopted Surat Shabd Yoga. (3)

Darkness of my inner self has been dispelled on attending Satsang, and I now find the refulgence of Shabd within. (4)

I realize that the whole world is under Kal's sway, and Jivas are drifting in the current of Chaurasi, (5)

Some wander in temples, some in places of pilgrimage. Some perform जप Jap (muttering of prayers) and तप Tap (penance) in a forest or at home. (6)

Some have been bogged down in fasts and charity. Some are beguiled by learning and worldly knowledge. (7)

They recognize and accept the concept of Vyápak Chaitanya (the diffused and pervading spirituality). (8)

They do not accept the descent and ascent of spirituality. They are totally ignorant of the existence of the reservoir of spirituality at one place. (9)

The Vyápak Chaitanya is the diffused spirituality of Kal whose abode is Sahas-Dal-Kanwal. (10)

It is this diffused spirituality which is called Maya Brahm. Its seat is the seventh centre (from below). (11)

Brahm created the Vedas and other scriptures and he got Jivas tied down to Karam (rituals) and Dharam (religious observances). (12)

He, who preaches book-knowledge, remains absorbed in मन चैतन्य Man Chaitanya, (spirituality associated or mixed with the mind), the secrets beyond which are unknown to him. He will never be redeemed but will remain subject to recurrent births and deaths. (13-14)

He will never secure release from going through the fruits of Karmas, and he will again and again become Jam's victim in the cycle of eightyfour. (15)

Without the help and guidance of Sat Guru, none can find the true path and, without the practice of Surat Shabd Yoga, nobody can repair to the True Home. (16)

Therefore, I repeatedly declare it : Seek the shelter and protection of Shabd Guru. (17)

My great good luck has now awakened. Sat Guru has graciously brought about my reformation. (18)

He has acquainted me with the secrets and whereabouts of Nij Ghar (Original Home) and has given out to me that it lies beyond seven centres (starting from Sahas-Dal-Kanwal). (19)

That Nij Ghar is Radhasoami Dham (Abode of Radhasoami). I pay obeisance to His holy feet again and again. (20)

Humbly and meekly, I perform His Arti. I place my Surat at His holy feet every moment. (21)

I seek from Him the boon : O great Benefactor !
May my mind remain drenched in the colour of Surat Shabd Yoga. May I have firm faith in Your holy feet and may I utter RADHASOAMI RADHASOAMI day and night. (22-23)

Shabd 7

जगत में भूल भरम भारी ।
धार माया की नित जारी ॥१॥

- Great delusion and illusion prevail in the world.
Maya's current is flowing all the time. (1)
- All Jivas are drenched in Maya's colour and, all
the time they are giving rise to new desires. (2)
- Worldly pleasures are to the liking of everybody.
All cherish newer and newer objects of
pleasures. (3)
- Nothing can be done here without wealth. Hence,
all long for wealth. (4)
- They toil and moil for amassing wealth and, all
through their lives, they remain lost in making
efforts to this end. (5)
- If they get wealth, they are beside themselves with
joy ; otherwise, they feel very sad at heart. (6)
- They are not aware of the importance of the
human body. They ask for water, leaving aside
milk. (7)
- Little do they know whence the Jiva came, how he
has been led astray in the world, where he will
go after leaving this body, and where he will
then suffer pain and pleasure. (8-9)
- They observe natural phenomena and, by their
intelligence, try to guess how Nature works. (10)
- They cannot understand who the Creator is and

their intellectual powers ultimately fail them when they deliberate and ponder over this matter. (11)

All glory is of the Creator, but they have no idea about Him. (12)

They are not prepared to be convinced in their mind that there is some one who is the creator of the cosmos. (13)

This is why they remain steeped in doubts and, under the sway of delusion, drift in the current of Chaurasi. (14)

They are lost in just eating and drinking, and are puffed up with pride over their dresses and garments. (15)

Kam (passion, lust) and Krodh (anger) torment them all the time. Avarice and infatuation deceive their hearts. (16)

Pride and arrogance constantly beguile them. The fire of jealousy consumes their body all the time. (17)

They are tormented by disease and grief. How far can I describe their misfortune ? (18)

They again and again fall a victim to Chaurasi. Jam's noose round their neck is never cut. (19)

If somebody tries to explain the true state of affairs to them, they would not pay heed to his words, ignorant that they are, (20)

My great good-fortune has awakened that my mind has been attached to the Holy Feet of Radhasoami. (21)

I have been the recipient of His infinite mercy from the Highest Region. He has revealed to me secrets which constitute the essence of essences. (22)

He showed me the true nature of the world and also enabled me to recognize the net of Mana (mind) and Maya. (23)

He has purified my mind and Surat and has granted me the gift of Prem (love) and Bhakti (devotion). (24)

He, in His mercy, has inculcated faith within me. My love for His holy feet is ever increasing. (25)

He has implanted the greatness of Nám in my heart and by granting me His Saran, has made me His own. (26)

I shall sing praises of Radhasoami again and again and shall remain at His holy feet ever alert and vigilant. (27)

I shall discard all the evil tendencies of the mind and shall enshrine RADHASOAMI Nám in my heart. (28)

If worldly people tell me anything to mislead me, I shall not pay heed to their words. (29)

They do not know the secrets of Sant Mat (reli-

gion of Saints) nor do they accept the teachings and instructions of Guru. (30)

They have never attended Satsang. They remain foolish and ignorant in the world. (31)

My beloved Guru has bestowed His mercy on me. He has removed all my doubts and delusions. (32)

None can mislead me any more. My Guru has removed all my delusions and illusions. (33)

Every now and then I feel an urge that I may perform the Lord's Arti with all decorum and grandeur. (34)

Holding the platter of my Surat in my hand, I shall light the flame of Shabd at the same time. (35)

Withdrawing my Surat and fixing my gaze, I shall listen to the reverberations of अनहद शब्द Anhad Shabd within. (36)

The sounds of the bell and the conch are heard in Sahas-Dal-Kanwal and there is beating of Mridang (drum) in Gagan (Trikuti). (37)

Ascending to Sunn, I hear the sound of the fiddle and, in Bhanwargupha, I listen to the melodious note of the flute. (38)

In Sat Pur (i.e., Sat Lok), I get Darshan of Sat Purush and then, go and meet Alakh Purush and Agam Purush. (39)

Finally, I get Darshan of Radhasoami, His

holy feet have now become my prop and
support. (40)

I cannot adequately describe the mercy of Radha-
soami. He has taken me in His lap. (41)

He has cast His benign glance at me. My Surat
has become the darling of Radhasoami Dayal. (42)

Bachan 4

ON THE GREATNESS OF MEETING THE
SAT GURU, AND ON LOVE FOR
AND FAITH IN THE
HOLY FEET

Shabd 1

सखीरी मेरे भाग बड़े ।
मुझे राधास्वामी मिले हैं दयाल ॥१॥

O Sakhi (friend) ! My good luck blossomed
forth. I have met the merciful Radhasoami. (1)

Indeed, my great good luck has awakened, O
Sakhi ! Sat Guru has been merciful to me. (2)

Slothfulness and sleep no longer bother me. I
enjoy the bliss of His Darshan all the time. (3)

Sat Guru, by casting His benign glance at me, has
elevated my Surat and enriched it. (4)

Holding fast to His Holy Feet, I remain absorbed
in bliss all the time. (5)

I perform His Sewa and get His Darshan. I am
enraptured as I behold His refulgent form. (6)

The discourses delivered in Satsang are a source
of great pleasure to me. Mana (mind) and Kal
are rendered powerless. (7)

I turn round and withdraw the ten senses and
drink अमी रस Amí-ras (nectar) all the time. (8)

I do not associate with worldly people. All sensual pleasures are rubbish to me. (9)

May the holy feet of Radhasoami be firmly implanted in my heart—that is my only prayer and avowed object. (10)

None knows of the glory and greatness of Radhasoami. All are caught in Kal's net. (11)

He has Himself taken me in His shelter and removed all my pain and suffering (12)

Shabd 2

सखीरी राधास्वामी पै जाऊँ बलिहार ।
लिया मोहि जग से तुरत उबार ॥१॥

O Sakhi (friend) ! I sacrifice myself before Radhasoami. He has redeemed me from this world in no time. (1)

I have His Darshan every moment. I have developed intense love for His holy feet. (2)

He has initiated me in Surat Shabd Yoga and has cut asunder Jama's net. (3)

The cord of my Surat has been linked with His holy feet. I remain careful and vigilant day and night. (4)

Radhasoami, the all-powerful Benefactor, has become merciful towards me. (5)

Shabd 3

सखीरी मेरे प्यारे का कर दीदार ।
सखीरी उन चरणों का कर आधार ॥१॥

O Sakhi (friend) ! Have Darshan of my Beloved.
O friend ! Make His holy feet your prop and support. (1)

O friend ! Behold the grandeur and charm of my Beloved. O friend ! Look intently into His eyes. (2)

O friend ! I sacrifice myself before the majestic glory of His countenance. O friend ! I dedicate my body and mind to Him. (3)

O friend ! His greatness is unrivalled and boundless. O friend ! Why do you not engender love for Him ? (4)

O friend ! Leave now this wicked world. O friend ! Listen to His discourses attentively. (5)

O friend ! He alone will take you across. Sing His praises again and again. (6)

It is He who is the True Creator of all. Remain thankful to Him every moment. (7)

O friend ! Get detached from body and mind, and then will you behold wonderful spectacles within you. (8)

A garden of roses is abloom within you, and various musical instruments, like मृदंग Mridang

(a kind of drum), घंटा Ghantá (bell), सारंगी Sárangí (fiddle), वीन Bín (harp) and मुरली Murli (flute) are being played there. (9-10)

Hold fast to the Holy Feet of Radhasoami. By His grace, you will gain admittance to the Highest mansion. (11)

Shabd 4

देखोरी कोई सुरत रंगीली ।
चित्ता में रहे है अचित्त री ॥१॥

Behold ! This jovial Surat, i. e., loving devotee, though amidst worries and anxieties, remains carefree all the time. (1)

Though mixing with the crowd right from the morning, internally he keeps aloof from all. (2)

Tactfully shielding himself against the onslaughts of Mana and Maya, he always treads the path shown by the Guru. (3)

The cord of his Surat remains linked with the Holy Feet of the Beloved all day and night. (4)

Whosoever is attached to the Guru in this manner, will succeed in reaching the ultimate goal. (5)

Radhasoami will help and protect him, and will bestow the gift of firm devotion on him. (6)

He is low, base and uncouth, but Radhasoami, in His grace and mercy, has imparted to him the true secrets. (7)

Shabd 5

ऐसा को है अनोखा दास ।
जा पै सतगुरु हुए हैं दयाल री ॥ १ ॥

Who is that rare devotee towards whom Sat Guru
has been merciful and gracious ? (1)

Regular and firm in Sumiran, Dhyān and Bhajan,
he has conquered Mana and Kal. (2)

With great fervour and zeal, he performs Sewa,
holding fast to the Holy Feet every moment. (3)

Devoutly attached to the Guru, he is no longer
enamoured of wealth and property. (4)

Enhancing his love and devotion all the time, he
follows a unique way of living. (5)

Holding the sword of Nam and adopting the
shield of Saran (refuge under the Holy Feet),
he fights with the mind. (6)

Elevating his Surat, he gets Darshan of Guru and
drinks nectar all the time. (7)

Radhasoami has embraced him and enriched him
with His gifts of Prem and Bhakti. (8)

Shabd 6

सखीरी मेरे दिन प्रति आनन्द होय ॥ टेक ॥
पाये दरस राधास्वामी चरण के ।
दिन प्रति आनन्द होय ॥ १ ॥

- O friend ! Everyday I am in a state of hilarity. I get Darshan of the Holy Feet of Radhasoami. Yes, all day and night I am in a state of hilarity and hilarity. (1)
- Radhasoami is my most Beloved Lord. None other than Him comes to my mind. (2)
- At Sahas-dal-kanwal, Gagan and Mānsarovar, there are two Anshas (emanations) of Radhasoami. (3)
- In Satt Bhawan (True Mansion) beyond Bhanwar-gupha, Sat Purush holds His Darbar (court). (4)
- Unique and infinite is the mansion of Radhasoami. It is beyond the regions of Alakh and Agam. (5)
- Radhasoami is supremely merciful and generous. He showers His immense grace on Jivas. He is all powerful. (6)
- He has incarnated Himself in this world as Sat Guru. Both Kal and Karma now lament in utter despair. (7)
- He has openly given out the true path of salvation. Surat is now getting absorbed in Shabd with great love and zeal. (8)
- He has emancipated innumerable souls (Jivas). They have been washed clean of both virtue and vice. (9)
- This unworthy slave has been wandering aimlessly in this world. But Sat Guru, in His grace, gave him His Darshan. (10)

He has cut asunder this slave's ties with Karam
and Bharam and freed him from the sins of
innumerable lives. (11)

The acts of grace performed by Radhasoami have
never been witnessed in the past, nor would
they ever be, in future. (12)

I again and again pray to Him to grant me what
I cherish for. (13)

May I be blessed with Thy Darshan¹, Bachan²,
the nectar of Parshádi³, Charnámrit⁴ and
Mukhámrit⁵. (14)

May I be the recipient of the gifts of love, devotion
and the bliss of Thy constant company. (15)

May the boon be granted to this slave that he
may never be separated from Thy holy feet. (16)

O my Beloved Radhasoami ! Relieve me of all my
pains. Let there be no separation from Thee
any more. (17)

Shabd 7

सखी री मेरे राधास्वामी परम पियारे ॥ टेक ॥
अपने गुरु पै मैं बल बल जाऊँ ।
आप आय मोहि तारे ॥ १ ॥

O Sakhi (friend) ! Radhasoami is supremely dear

- (1) Glimpse of countenance (2) Discourses. (3) Sanctified food.
(4) Wash of the Holy Feet. (5) Ablution of the Holy Mouth.

- to me. I sacrifice myself again and again before my Guru. He Himself came and redeemed me. (1)
- Ignorant that I am, I was under the sway of delusion. He disclosed to me the true secrets. (2)
- He drove away Kal and Karam in a moment and had me detached from the world. (3)
- He initiated me in the modes and methods of Sahaj Yoga, i. e., Surat Shabd Yoga, and joined my Surat with Shabd. (4)
- My Surat ascended, rushed to Gagan (Trikuti) and had glimpses of Das-wán-dwár. (5)
- From there, it proceeded to अधर पद Adhar Pad (region which exists without any support) and reached Sat Darbar (court of Sat Purush). (6)
- I sacrifice myself every moment over the Saran (refuge) of the Holy Feet of Radhasoami. (7)

Shabd 8

गुरु मेरे प्रगटे जग में आय ।
आरती उनकी करूँ सजाय ॥ १ ॥

- My Guru has manifested Himself in the world. I shall perform His Arti with all decorum and grandeur. . . (1)
- Great zeal and enthusiasm have been aroused in my heart for constantly performing His Arti with love, (2)

As I behold His majestic form, I get wonderful
bliss. My eyes, heart and soul remain
captivated. (3)

There are showers of the colour of love on all
sides. My Surat and mind are completely
drenched in them. (4)

With zeal and love, I rush to Gagan (higher
regions) and remain absorbed in the Holy Feet
of Radhasoami. (5)

Niranjan and Jyoti feel ashamed and Kal and
Karam exhausted and worn out. (6)

What can I say of the bliss I enjoy? I cannot
adequately describe it. Love pervades every
pore and part of my body. (7)

How can I describe the mercy which Radhasoami
has bestowed on me? I do not have the power
to do so. (8)

Shabd 9

सखीरी मेरे राधास्वामी प्यारे री ।
वही मेरी आँखों के तारे री ॥१॥

O Sakhi (friend)! Radhasoami is my beloved.
(He is the apple of my eye. (1)

He alone is my light in this world. He is the sole
prop and support of my life. (2)

He has incarnated Himself here and is awakening Jivas. He has detached me from the world. (3)

He has mercifully redeemed me. Supremely generous is my Guru. (4)

His region is inaccessible and infinite. I sacrifice my body and mind before Him on beholding His charming countenance. (5)

My Soami is merciful to the humble and the lowly. He has taken me on His lap. (6)

Shabd 10

संत रूप औतार ।
राधास्वामी मेरे प्यारे री ॥१॥

My beloved Radhasoami has incarnated here as Sant. (1)

The Supreme Creator has made His advent to this world. He is my beloved Radhasoami. (2)

He has bestowed on me the gift of Bhakti. He is my beloved Radhasoami. (3)

He is redeeming the Jivas of the world. He is my beloved Radhasoami. (4)

He has promulgated Surat Shabd Yoga. He is my beloved Radhasoami. (5)

He has annihilated Kal and Karam. He is my beloved Radhasoami. (6)

He, my beloved Radhasoami, has drawn me to
His holy feet. He is my beloved Radhasoami. (7)

He has taken me on His lap. He is my beloved
Radhasoami. (8)

I shall surrender my body and mind to Him. He
is my beloved Radhasoami. (9)

I sacrifice myself every moment before Him. He
is my beloved Radhasoami. (10)

He is the prop and support of my body, mind and
Surat. He is my beloved Radhasoami. (11)

Shabd 11

गुरु महिमा जब मैं सुन पाई ।
अधिक उमंग हिये बिच छाई ॥१॥

When I heard of the glory of Guru, my heart was
filled with great love and emotion. (1)

From that very day, I have started uttering
RADHASOAMI Nám regularly, and my long-
ing for Guru's Darshan with love and affection
has increased. (2)

Finding me meek and humble, my Guru very
mercifully gave me His Darshan then and
there. (3)

He awakened wonderful luck in me. My mind
and Surat became His slaves, (4)

By His grace and mercy, I was drawn to His holy feet and could get His wondrous Darshan to my heart's fill. (5)

The discourses delivered in Satsang now appear pleasing to me. कर्म Karam, भ्रम Bharam (delusion) and संशय Sanshay (doubts) are now all gone. (6)

I shall perform Guru's Sewa and stay near Him. I shall all the time cherish the hope of being at His lotus feet. (7)

I shall constantly awaken ever-new love for Him. I shall apply my mind and Surat to Shabd. (8)

I shall listen to Guru's discourses and cherish them at heart. I shall sacrifice my body and mind before the Saran of His holy feet. (9)

Guru has disclosed to me unfathomably profound secrets. He has very kindly made me His own. (10)

Many religions have spread in this world. But I find that they are all under Kal's shadow. (11)

Radhasoami has revealed to me religion of the Merciful Supreme Being. He has enabled me to recognize His own region, which is the highest of all regions. (12)

The final destination is beyond Kal's jurisdiction; one has to proceed beyond Sat Lok also. (13)

Beyond these all, lies the निज धाम Nij Dhám (the

True Abode). It is eternal, without beginning and without any name. (14)

My Guru has initiated me in the methods of Surat Shabd Yoga. None has found the true path by any other method. (15)

Without the help and guidance of Sat Guru, none can get the true secrets, and without Surat Shabd Yoga, all will be led astray. (16)

O brother ! My great good luck has awakened that I have been able to get the Saran of the Holy Feet of Radhasoami. (17)

I have severed all connections with Kal's religions, and have joined, heart and soul, दयाल मत Dayál Mat (religion of the Merciful Supreme Being). (18)

Giving up all considerations of worldly shame and honour as well as family prestige, I have trained my mind to be at the Holy Feet. (19)

I have developed love and affection for Sat Guru and, by mercy, my Surat has been drenched in the bliss of धुन Dhun (reverberations of Shabd). (20)

From now on, I shall constantly sing this Arti, and shall perform the Dhyan of Radhasoami every instant and every moment. (21)

Shabd 12

कोई मोहिं कुछ आखो ।
मैं तो गुरु चरन की दास ॥ १ ॥

One may tell me anything, but on my part, I
remain a slave to my Guru's holy feet. (1)

All Jivas are lost in Karam and Bharam. They
have been caught in Kal's snare. (2)

They have no inkling of Sat Guru's glory and
greatness. They are all the slaves of Mana
(mind) and Maya. (3)

My good luck has awakened that Sat Guru graciously
gave me His Darshan and implanted in
me faith in Surat Shabd Yoga. (4)

He, in His mercy, revealed to me the inner secrets.
I shall repose faith and trust in His holy feet. (5)

Sat Guru is my beloved, my very dear One. I shall
enjoy the bliss of His company. (6)

I ascend to ਅਧਰ Adhar, that is, Sahas-dal-kanwal,
where I see a dazzling flame. (7)

On going to Trikuti, I have Darshan of Guru's
form, and then I find abode in the region of
the moon, i.e., Sunn. (8)

Then, passing through Bhanwargupha, I reach Sat
Pur (Sat Lok). I repose my faith and trust in
the holy feet of Sat Guru. (9)

Next, after seeing the refulgence of Alakh and
Agam, I proceed to the august presence of
Radhasoami. (10)

Standing before Him, I perform His Arti. I shall
get abode in His holy feet. (11)

My Radhasoami is दीन दयाल Dīn Dayál (ever merciful to the humble and the lowly). He will fulfil my cherished hopes. (12)

Shabd 13

नाम बिना उद्धार न होई ।
याते भजन करो सब कोई ॥ १ ॥

Without Nám, there can be no salvation. Hence all should perform Bhajan. (1)

The secret of Nam is with Sat Guru. Seek Him and be His slave. (2)

Attend His Satsang whole-heartedly and enhance your love for and faith in Him day by day. (3)

Getting initiated by Him in the secrets of Nam, perform Surat Shabd Yoga. (4)

Give up desires for worldly pleasures. Enhance your love for the Holy Feet of Radhasoami. (5)

When your mind is sufficiently purified, you will soar to higher regions and a wonderful panorama will unfold within you. (6)

Hearing one Shabd after another, you will proceed to Sat Lok and abide there. (7)

Then only will you realize the glory and eminence of Sat Guru, and the importance of the human body. (8)

You will then escape the cycle of recurrent births and deaths, and you will not have to come again to this wretched world. (9)

All praise to my great good luck that I have been able to join Radhasoami Satsang so easily. (10)

I constantly arouse enthusiasm and yearning, and enshrine the Holy Feet of Radhasoami in my heart. (11)

I sing the Arti of Guru with love and affection, and receive Radhasoami Dayal's mercy and Prashad. (12)

Bachan 5

YEARNING AND SEARCH FOR SAT GURU

Shabd 1

सखीरी मोहि क्यों रोको ।
मैं तो जाऊँगी सतगुरु पास ॥१॥

- O Sakhi (friend) ! Why do you stop me ? I will
go to my Sat Guru's presence. (1)
- My Sat Guru abides in the Highest Region which
is the abode of Sants. (2)
- That region is beyond Pind, And and Brahmánd.
Sat Guru resides in Sat Lok, Alakh Lok and
Agam Lok. (3)
- Supremely charming and handsome is my Belov-
ed's countenance. Wonderfully illuminated is
His mansion. (4)
- Jivas of the world have gone mad. They do not
engender faith in the Holy Feet. (5)
- They hanker after wealth, honour and worldly
pleasures. They are all caught in Kal's
snare. (6)
- I shall never associate with them and shall remain
detached from the world. (7)
- My Sat Guru is dear to me as my life itself. I
shall frolic and gambol at His holy feet and
enjoy the bliss thereof. (8)

His lotus feet are the prop and support of my life.

They are enshrined in my heart.

(9)

Radhasoami, my Lord, will fulfil my hope and aspiration.

(10)

Shabd 2

बिन सतगुरु दीदार । तड़प रही मन में ॥

बेकल बिरह सताय । रही मेरे तन में ॥१॥

Without Darshan of Sat Guru, my mind writhes in pain and agony, and my body aches with intense pangs of separation.

(1)

Waves of yearning and emotion surge forth from within me all the time as I remember my Beloved. To whom can I explain the pain and anguish of my heart?

(2)

May my Beloved Radhasoami, who is ever merciful to the humble and the lowly, implant His holy feet in my heart. May He grant me His Nij Darshan (special Darshan) and remove my attachment to the world.

(3)

How can I adequately describe His glory? He is the Immortal Lord. I sacrifice my body and mind before Him. I have become His slave.

(4)

With heart imbued with faith and devotion, I come to the presence of my Guru and, after casting off the hypocrisy and trickery of the mind, tell Him of my woeful condition.

(5)

Radhasoami is pleased with me. He, in His grace, gives out to me remedial measures. He admits me to His Satsang and reveals to me the hidden mysteries and secrets of the path. (6)

My joy and delight go on increasing day by day. I never forget my Guru's majestic form. I perform the Sumiran (repetition) of RADHA-SOAMI Nám, and live under the shelter of the holy feet of my Guru. (7)

Shabd 3

दरस गुरु उठत विरह भारी ।
तजत मन करनी संसारी ॥१॥

Intense yearning for my Guru's Darshan is surging forth within me. My mind has given up all worldly activities (1)

Worldly pleasures appear to me like disease. I whole-heartedly adopt the Yoga of Guru Bhakti (devotion to Guru). (2)

Seeing the dirty colour of Maya, my mind seeks the current of Satsang to wash it away. (3)

Fresh love and affection for the Guru's holy feet is growing in me. I have given up all worldly hopes and desires. (4)

Day and night, I feel worried at heart, thinking how to remain in the Holy Feet all the time. (5)

Food and drink are distasteful to me. My mind rushes to the Holy Feet every moment. (6)

Association with worldly people is not to my liking. The longing for Guru's Darshan is increasing in my mind. (7)

I remain indifferent at heart towards the world. Every moment I long for abiding in Guru's holy feet. (8)

Observing the evil tendencies of the mind and the senses and the net spread by Kal, Karam and Bharam, I pray to Radhasoami Dayal all the time "Save me, O Lord, by granting me Thy own strength." (9-10)

Radhasoami is my beloved, my father and my mother. I cannot adequately sing His glory. (11)

He vouchsafes His protection to me on His own, without my asking for it and grants me His Saran (refuge) affectionately. (12)

He implants His holy feet in my heart and, in His mercy, removes all my evil inclinations. (13)

I am unable to perform Bhajan and Bhakti properly. I am totally unmindful of Dhyān and Sumiran. (14)

I have full faith in the Holy Feet that my Guru will fulfil my hope and aspiration. (15)

One may try as hard as one can, but, without grace and mercy, one's task will never be accomplished even in a dream. (16)

One's Surat and mind may go on struggling for hearing the sounds of higher regions, but, without mercy, one will never be dyed in the colour of the Guru. (17)

It is only when love for Guru dawns on one's mind that one's Surat and mind will be able to contact Shabd. (18)

When the Guru, in His mercy, draws my Surat, I get Darshan of His majestic form at heart. (19)

I then hear the sounds of the bell and the conch in Gagan (sky, Sahas-dal-kanwal) and, on ascending further through Bank Nál (the crooked tunnel), I listen to the beating of Mridang (drum) and the roar of thunder. (20)

Ascending to Sunn, I bathe in Mán-sarovar and, in Bhanwarguphá, I listen to the melodious note of the flute. (21)

Thereafter, I find abode in Sat Pur (Sat Lok) where the Bín (harp) plays day and night. (22)

I then behold the magnificent forms of Alakh Purush and Agam Purush and touch the holy feet of the Sovereign of the entire creation. (23)

Finally, I get Darshan of the Supreme Being Radhasoami Dayal. I sacrifice myself before Him. (24)

Implanting the Holy Feet of Radhasoami in my heart, I sing His Ártí (hymns of praise) with love and affection. (25)

Shabd 4

(1) गुरु के चरन बसे मेरा चित्त ।
 (2) विरह दरशन की साले नित्त ॥१॥

Guru's Holy Feet are implanted in my heart.
 Yearning for His Darshan torments me all the
 time. (1)

How can I describe the condition of my mind ?
 I am in fetters. (2)

Sense of worldly honour and shame has cast its
 spell on me. Who is going to cut asunder this
 vicious net ? (3)

My body writhes in pain and agony day and night
 as I wonder as to how I can be blessed with
 the Guru's association. (4)

Every day, I suffer grief and sorrow. Restless and
 helpless, I remain quiet in my mind. (5)

None knows of my pain and sorrow. Nobody
 realizes the wretched condition of my mind. (6)

To whom shall I describe my condition ? Without
 Guru's Darshan, I experience great burning
 within. (7)

My Guru has been bestowing on me infinite
 mercy. He has been granting me His Darshan
 again and again. (8)

He has been consoling me every moment. He
 alone is my protector and my companion. (9)

O my Guru ! Be merciful enough towards me to

call me to Your presence and grant me Your Darshan. (10)

Let me recognize the bliss of true Satsang and listen to Your discourses which are like the current of ambrosia. (11)

Then only shall I experience perfect peace within and there will be no doubt or misgiving in my mind. (12)

May I not be affected by worldly pain or pleasure and may my mind be rid of the three kinds of affliction. (13)

Feeble Jivas have become identified with pain and suffering. They unwarily fall into the well dug by Maya. (14)

They do not associate with Sádhs and do not pay any heed to Guru's discourses. (15)

They do not give up the wrong notions they have formed and that is why they remain unhappy. (16)

I fervently pray to my Guru : Grant right understanding to these Jivas. (17)

Then only will they be happy and intense love will be awakened in their hearts. (18)

They will then perform Guru's Sewa whole-heartedly and practise Bhajan and Sumiran with rapt attention. (19)

They will also cherish firm faith in their minds and will adopt the Saran of Guru in a manner unheard of, (20)

Their task will then be complete and they will give up fear of the world and sense of worldly shame. (21)

It is the fervent hope of my mind that Guru will bestow His mercy on, and vouchsafe His protection to me. (22)

When the Jiva is imbued at heart with a feeling of humility, he will rush for the Saran of Radhasoami Dayal. (23)

The Guru, who is ever merciful to the humble and the lowly, will then be pleased and He will instantly grant the Jiva the gift of love for the Holy Feet. (24)

O beloved Radhasoami ! Bestow Your mercy on Jivas now and grant them the gift of faith and devotion. (25)

“ Shabd 5 ”

प्रीतम प्यारे से प्रीत लगी ।
मेरा दरशन को जियरा तरसे ॥१॥

I am deeply in love with my Beloved, my dear One. My heart yearns and pines for His Darshan. (1)

Restless at heart, I am mad with pangs of separation from Him. Nothing is pleasing to my mind, (2)

I constantly remain sad and morose and tremble
because of fear of Kal. (3)

When I ascend to Gagan after turning and reversing
my mind and Surat, then only I touch the
Holy Feet of my beloved Lord. (4)

I become happy only when I am able to partake
of the bliss of His Darshan. I then experience
ever-new joy and happiness day by day. (5)

Radhasoami Dayal has vouchsafed His help and
protection to me. He has extricated me from
the abode of Jama. (6)

Clouds of grace and mercy have spread all round.
They are sending down showers of love and
yearning in which the jovial Surat is now
getting drenched. It partakes of the bliss of
the Beloved from the अघर घर Adhar Ghar
(Abode which rests on no support). (7-8)

It has made Radhasoami Dayal's holy feet its sole
prop and support and has thus removed all its
blemishes (stains) and impurities from their
very roots. (9)

Shabd 6

दरस दे आज बँधाओ धीर ।
सहृत् रहूँ निस दिन विरहा पीर ॥१॥

Granting me Thy Darshan, put me at ease this
very day. All the time, I suffer pangs of

- separation from Thee. (1)
- My mind is uneasy and restless for Thy Darshan day and night. Without Thy Darshan, it cannot have peace and tranquillity. (2)
- Whenever I recollect the image of the Merciful, tears of love flow from my eyes. (3)
- The three kinds of affliction torture me all the time and I am filled with fear of death every moment. (4)
- My mind finds no peace by any means. Tell me, how can I have Darshan of the refulgent countenance of My Guru ? (5)
- All the time I pray "O Guru ! Be pleased to grant me Thy special Darshan." (6)
- Without grace and mercy, my longing to abide in the Holy Feet of Radhasoami cannot be fulfilled. (7)
-

Bachan 6

PRAYER, SUPPLICATION AND CALLING OUT AT SAT GURU'S HOLY FEET

Shabd 1

आओ मेरे सतगुरु हे मेरी जान ।
नैना दरस को तरस रहे ॥१॥

Come, O my Sat Guru, my life ! My eyes are
pining for Thy Darshan. (1)

Come, O beloved Radhasoami, my very life !
Jivas, restless in Thy absence, are writhing in
pain and anguish. (2)

Come, O my Sat Guru, the most generous and
gracious Giver ! Enrich me by granting me
Thy Darshan. (3)

Come, O my Sat Guru, my Redeemer ! Crush the
forces of Kal and Karam. (4)

Come, O my most gracious and benign Sat Guru !
Emancipate all Jivas now. (5)

Come, O my Sat Guru ! Why so much delay ?
Kal has encircled all Jivas. (6)

Now shower the colour of love, and make my
Surat soar higher and higher like a kite. (7)

O my Sat Guru ! Hear my prayer. Drench me
with the colour of Thy love. (8)

Come, O beloved Radhasoami ! Cut asunder the
net of Kal and Maya. Enrich me by granting
me the Saran (shelter) of Thy Holy Feet. (9)

Shabd 2

क्या मुख ले मैं करूं आरती ।
बचन गुरु नहिं हिये में धारती ॥१॥

With what face shall I perform Guru's Arti ? I do
not pay any heed to His words. (1)

I wander endlessly under the influence of thoughts
and vagaries of the mind, giving rise to worldly
craving and desires all the more. (2)

The five evil tendencies have spread their net and
have tied down the Jiva with the mind and the
senses. (3)

How can I be freed from them ? There is nothing
that I can do. There is no way save Guru's
grace and mercy. (4)

O Sat Guru ! Listen to my humble prayer. Bring
round this worthless Jiva like me. (5)

You are समरथ Samrath (all powerful) and अंतरजामी
Antarjāmī (knower of the innermost recesses
of all). O Sat Guru, My Lord ! Grant me Your
grace and mercy. (6)

How long can I bear the burning in my heart ?
My own strength is of no avail at all, (7)

Being vanquished again and again, I have now
come under Your shelter. Who but You can
save me now ? (8)

I had no fear and regard for You. Ignorant that
I am, I committed many a sin. (9)

Now, ashamed of myself, I am praying to You :
O Merciful and all-powerful Sant ! Mind not
my evil tendencies but, in Your own grace and
mercy, take me across. (10-11)

There is none to protect me save You. Save me
somehow or the other. (12)

Rid me of Kal and Karam, and grant me love for
and faith in the Holy Feet. (13)

Purify my Surat and mind and elevate them.
Enable me to listen to the reverberations of
Shabd which are like the current of ambrosia. (14)

My mind and Surat will ascend to higher regions
only on getting Your Darshan, and then alone
will true faith be engendered in my heart. (15)

Then only shall I be really and completely rid of
attachment to the world, and the heads of Kal
and Karam will be broken. (16)

On going to Sunn, I shall bathe in Triveni. My
Surat will experience the bliss of Shabd then. (17)

Proceeding from there, I shall reach Sat Pur (Sat
Lok), and shall get Sat Guru's Darshan in अक्षर
Adhar (Region which does not rest on any
support). (18)

I then go to the ocean of love and merge in it.
I shall now say "Glory, all glory to Radha-soami." (19)

I shall sing Arti with ever-increasing love and enthusiasm. I shall perform the Dhyan of Radhasoami all the time. (20)

All my tasks are complete now. I place my head at the Holy Feet of Radhasoami. (21)

Shabd 3

मेरे प्यारे रंगीले सतगुरु ।
मेरी सुरत चुनरिया रंग दो ॥१॥

O my dear, loving Sat Guru ! Dye the scarf of my Surat with the colour of Your love. (1)

You are an infinite and unfathomable ocean of love. Make me intoxicated with Your love. (2)

An Ocean of love that You are, shower the colour of love and love only on me and fill up the pitcher of my mind with it. (3)

Heart captivating is Your Nij Rúp (True Form). Let that be reflected in the mirror of my heart. (4)

Detaching and saving me from Mana and Maya, grant me abode in the Highest Region which is free from death and decay. (5)

It is a long time that I have been calling out at You. Fulfil my hope and aspiration. (6)

Kal and Karam have been constantly beguiling me. Capture the five thieves pestering me. (7)

In whichever direction I turn, Kal is there to deceive and lead me astray. Therefore, O my Sat Guru ! Fix my heart and mind firmly to Your holy feet. (8)

You are the giver of all gifts. Why are You delaying ? Accede to my prayer soon. (9)

How much shall I say ? I really do not know how to put my prayer properly. Graciously grant me the boon of what I wish for. (10)

O my beloved Radhasoami, my dear One ! Grant me the boon of Your company all the time. (11)

Shabd 4

मेरे दाता दयाल गुसाईं ।
मोहि नीच अधम को तारो ॥१॥

O my Merciful and Gracious Lord ! I am mean and lowly. Redeem me. (1)

From head to foot, I am full of evil tendencies. But be moved by Your own benign trait. (2)

I have committed innumerable sins. I have been defeated again and again fighting against my mind and senses. (3)

I have pleaded with the mind a lot but it would not pay any heed to my words. (4)

Again and again, on coming to its senses, it
repents but, thereafter, it again deludes and
beguiles me. (5)

Without any fear, it indulges in worldly pleasures.
It has no love for and faith in Sat Guru and is
not at all afraid of Him. (6)

At times, it argues that what it does is in accord-
ance with the Lord's will and purpose. At
other times, it seeks to point to Guru's Mauj
as the justification of its conduct. (7)

It tries to deceive me by resorting to trickery and
force. It does not at all ponder over the Bani
recited in Satsang. (8)

It pays absolutely no heed to Guru's discourses
and it even disobeys His commands. (9)

Unable to distinguish between its own gain and
loss, it is again and again led astray, running
after worldly pleasures. (10)

So mean and perverse is this mind that it becomes
angry when chastened. (11)

It finds faults with Sadhs and Guru and is totally
unmindful of Bhajan, Sewa and Satsang. (12)

My own strength is of no avail at all. Therefore,
O Sat Guru, who but You can liberate me ? (13)

And so I pray to the Holy Feet that You may
graciously emancipate me somehow or the
other. (14)

Constantly afraid of pain and suffering, I call out
to You "Save me, please do save me." (15)

O my merciful Lord ! Pardon my faults and
blemishes and, taking me under the shelter of
Your holy feet, grant me help and protection. (16)

There is none all-powerful like You. What can the
poor, feeble Jivas do ? (17)

Kal and Karam are sworn enemies of the Jiva.
They go on trampling him till he is down and
out. (18)

Without the grace and mercy of the perfect Sat
Guru, none can escape from their jurisdiction. (19)

Therefore, I pray to You again and again. I am a
great sinner and guilty. Pardon me. Have
mercy on me. And take me across by granting
the support of the Holy Feet. (20-21)

Much harm has already been done due to delay.
Now liberate me soon. (22)

O my gracious and merciful Radhasoami ! Cast
Your benign glance at me now. (23)

O most generous Giver of gifts ! Grant me the gift
of love. Set me right forthwith by making me
Your own. (24)

Link my Surat to the Holy Feet. Reduce Kal
and Karam to ashes in a moment. (25)

Elevate me beyond Pind and Brahmand. May I
find abode in Sat Lok. (26)

And finally, may I merge in the Holy Feet of
Radhasoami, beyond Alakh Lok and Agam
Lok. (27)

Shabd 5

बिनती कहूँ पुकार पुकारी ।
तीन ताप में जीव दुखारी ॥१॥

I pray crying aloud again and again : I suffer the
three kinds of affliction. (1)

My wanton mind constantly leads me astray a lot.
Kal and Karam torment me all the time. (2)

This mind strays in the company of Kam (passion,
desire) and Krodh (anger). It does not allow
the knot of Jarh (inert matter) and Chetan
(spirit) to be untied. (3)

It seeks worldly pleasures. It does not peep
through the gateway to Shabd. (4)

I have tried many methods to mend and curb it,
but my own strength has been of no avail. (5)

This mind is an agent of the wicked Kal. It
creates ever-new troubles and difficulties for
me all the time. (6)

I have been struggling against Kal and the mind
for a long time. But my mind is not under
my control nor have I been able to curb my
senses. (7)

You are my all-powerful and beloved Sat Guru.
Please annihilate Kal and save me. (8)

I am Your child. You are my father. Bring me
round soon. (9)

You have come from अधर धाम Adhar Dhám, the
Highest Region or Abode, which rests on no
support. Your heart overflows with mercy
and compassion for Jivas. (10)

I am very low, good for nothing and worthless.
But I have held fast to the Holy Feet of Your
Graciousness. (11)

Why do You delay so much now? Every
moment, my life is being cut short. (12)

Humbly and meekly, I pray to You my Sat Guru,
the Giver of all things : Forgive me for the
wrongs I have done and the omissions I have
made. Shower on me Your grace and mercy
now. (13-14)

Purify my mind and Surat and elevate them to
higher regions. Give me the gift of Prem (love)
and link my Surat with Your Holy Feet. (15)

Grant me Your निज दर्शन Nij Darshan (special
Darshan) within. Then will my mind and
Surat be drenched in the colour of Prem (love). (16)

Ignorant that I am, I know not how and what to
pray. Bestow on me any gift Your Gracious-
ness chooses. (17)

Hear this prayer of mine, O Radhasoami ! Extend

Your grace and mercy to me now. (18)

Shabd 6

मेरे प्यारे गुरु दातार ।
मँगता द्वारे खड़ा ॥१॥

O my dear, munificent Guru ! This beggar is standing at Your door. (1)

I have been calling out at You again and again.
Please cast one benign look at me. (2)

Grant me the gift of Bhakti. Kal has tormented me much. (3)

My heart is longing and yearning for Your Darshan. (4)

Let showers of love come down from the clouds of Your unbounded grace and mercy and let currents of that love flow in torrents. My Surat will then be drenched in the current of nectar and my body and mind will be elated. (5-6)

Thus will my life be fruitful and I shall ever sing Your praises. (7)

I am mean, lowly and worthless. I am lying at Your door. (8)

Lend Your ear to my prayer with love and affection. Be gracious and merciful to me. (9)

My Father, Rādhasoami, soon took me across. (10)

Shabd 7

करूं बेनती राधास्वामी आगे ।
गहरी प्रीत चरन में लागे ॥१॥

- O Radhasoami ! I pray to Thee that may I develop deep love for Thy holy feet. (1)
- Make my wanton mind calm and steady and grant me firm faith in Thy Holy Feet. (2)
- May I be rid of desires for worldly pleasures. May all Karam, Bharam and doubts, to which I am subject, disappear. (3)
- May my mind be humble and Surat withdrawn so that I may remain a slave to Guru's Holy Feet all the time. (4)
- May ever-new love constantly dawn on my heart. May I get bliss in Sewa and Bhajan. (5)
- May I always long for Satsang, and, merrily and merrily sing Thy praise. (6)
- Protect me against Kal and Karam so that I can engage in the practice of Surat Shabd Yoga. (7)
- Lend Thy ear to this prayer of mine. Be kind enough to grant me Thy gift. (8)
- O Radhasoami, Benevolent and Merciful to the humble and the lowly ! Enrich me in Thy own grace and mercy. (9)
- Power and merit have I none. I hold fast to Thy Holy Feet. (10)

I live under Thy shelter day and night and, from the core of my heart, sing RADHASOAMI RADHASOAMI..... (11)

Radhasoami is my mother, my father and my husband (lord). I feel immense bliss in the Holy Feet of Radhasoami. (12)

None can be saved without the help of Radhasoami. Radhasoami is the true Sat Guru. (13)

Only he, on whom Radhasoami showers His mercy, is saved by hearing the reverberations of Shabd. (14)

Every moment I sacrifice myself before Radhasoami who is ever merciful to the humble and the lowly and is Jiva's true benefactor. (15)

Shabd 8

बिनती गावे दास अनोखा ।
चरन सरन में चित को पोखा ॥१॥

This unique slave offers his prayer to the Lord. Saran of the Holy Feet has been his heart's nourishment. (1)

When unhappy or in pain or restless at heart, he feels greatly relieved by applying himself to Guru's holy feet. (2)

The fire of yearning consumes him all the time, and he feels restless trepidations at heart. (3)

He seeks the Darshan of Radhasoami every moment. He sacrifices himself again and again over His benign glance. (4)

He persistently cries out at Guru : Make me happy by granting me the gift of love. (5)

Inaccessible and infinite is Your secret. You have, out of kindness, revealed it completely to me. (6)

O my benevolent and kind-hearted Guru ! Bestow on me now Your mercy so that my Surat may ascend to higher regions and witness wondrous spectacles within. (7)

Without experiencing bliss within, I find no peace or comfort and remain restless and upset like a thirsty person. (8)

I am convinced in my mind that nothing can be done without grace and mercy. (9)

Again and again I pray "O Radhasoami ! Grant me Your help and protection." (10)

May my task be completed so that I may attain my original abode and be rid of the burning caused within me by Kal and Karam. (11)

How long can I struggle against the mind ? My own strength has been of no avail at all. (12)

I am a beggar calling at Your door. Eradicate my Karams and redeem me. (13)

Therefore, do I pray for Your special grace and

mercy. I sing RADHASOAMI, RADHASOAMI.....every moment. (14)

I pray like this all the time. My beloved Radhasoami extended His help and protection to me. (15)

Shabd 9

राधास्वामी मेरी सुनो पुकारा ।
घट प्रीत बढ़ाओ सारा ॥१॥

O Radhasoami ! Hear my prayer. Enhance my love for You. (1)

Grant me the gift of firm faith in Your holy feet. Graciously accept me as Your own. (2)

I am unable to perform Bhajan and Bhakti. I am totally deluded by greed and infatuation. (3)

My own strength is entirely unavailing. Pride and jealousy torment me all the time. (4)

This inimical mind constantly misleads me. It does not develop right understanding and goes astray. (5)

One moment it is dry, next moment it is insipid. It is lulled into forgetfulness under Maya's sway. (6)

I try my best to awaken it, but it does not respond. It does not know the glory and greatness of Prem and Bhakti (love and devotion). (7)

- It is always slack and lazy in performing Sewa.
It again and again falls a prey to worldly pleasures and diseases. (8)
- It constantly wanders in delusions. It does not grasp the discourses delivered in Satsang. (9)
- This mind is under the sway of perverse understanding. Who, but Guru, can set it right ? (10)
- Therefore, I again and again pray : O Radhasoami ! Do extend a helping hand to me. (11)
- Meek and humble, I am lying at Your door. Who, but You, can bring me round now ? (12)
- Like the crow on a ship, there is no place where I can halt and rest except Your holy feet. (13)
- I have no prop or support other than Your holy feet. I sing RADHASOAMI, RADHASOAMI day and night. (14)
- The protection of my honour is now Your concern. I am a slave of Your holy feet. I have taken shelter under You. (15)
- O merciful Radhasoami ! You are my husband and father. Enrich me with Your grace and mercy. (16)

Shabd 10

कैसे करूं चरन में बिनती ।
मेरे औगुन जायें नहिं गिनती ॥१॥

- How can I pray at the Holy Feet ? My faults and blemishes are innumerable. (1)
- I am extremely unmindful and negligent. I do not pay heed to Guru's words. (2)
- I am dyed in the colour of Maya. I relish the pleasures of the mind and senses. (3)
- I am overjoyed with body, mind and riches and have strayed from the path leading to the Holy Feet of Guru. (4)
- My whole life has been wasted wandering in the wilderness of the world. (5)
- I never cared to remember the abode of Sat Guru, and remained subservient to Maya. (6)
- I am carried away by pride, arrogance and infatuation. I constantly act impetuously under the influence of lust, greed and anger. (7)
- I am always drifting with waves of greed and avarice. I suffer pain and sorrow in the company of worldly Jivas. (8)
- I am ignorant of the ways of Bhakti. I do not accept and follow the teachings of Sat Guru. (9)
- My merciful Guru gives out the secrets of higher regions. He delivers discourses in Sat-sang everyday. (10)
- But the wayward and shameless mind does not wake up. It is wasting itself by resorting to deception. (11)

It has no fear for, and faith in Guru. It hankers
after worldly honour and pleasures. (12)

What can I do ? I am helpless. How can I cut the
snare of the mind ? (13)

My Guru Radhasoami is merciful. He will remove
the shadow which the mind has cast on me. (14)

By granting the protection of His holy feet, He
will save me and make me His own. (15)

I find none other than Radhasoami who can free
me from the clutches of the mind and Jama. (16)

Again and again I pray to Him. I know none
except Radhasoami. (17)

O Father ! Shower Your unbounded mercy and
make me the dust of Your holy feet. (18)

Enable me to give up my addiction to the pleasures
of the mind, so that I can hold on to Your holy
feet heart and soul. (19)

Remove the evil tendencies of the body and the
mind. You are munificent. Make no delay. (20)

I have suffered much all this time. I always
remain sad and dejected. (21)

How far can I go on relating my pitiable plight ?
O Radhasoami ! Help me. (22)

Draw my mind and Surat to Your holy feet, and
take this lowly Jiva across now, (23)

I have committed many a sin. Pardon me and
grant me salvation. (24)

Take not my faults and blemishes into account.
Kindly emancipate me. (25)

O Radhasoami, my merciful Father ! Enrich me
by granting Your Darshan. (26)

I am detached from body and mind. I apply my
Surat to Your holy feet. (27)

Enhance my love. Show me Your Nij Rúp (True
Form). (28)

Then only will my life be fruitful. I am a slave
at the door of Radhasoami. (29)

Shower Prem within me, so that my mind and Surat
may be drenched in the benign colour of Guru. (30)

I am low, ignorant and raw. I have taken shelter
under Your holy feet. (31)

Hear my cry of prayer. Bestow your mercy on
me now. (32)

O Radhasoami ! You are supremely generous.
Shower Your unbounded grace and mercy on
me. (33)

This Jiva is weak and ignorant. He does not know
that Guru is his protector. (34)

O Radhasoami ! Keeping in view Your own
pledge to redeem all Jivas, ferry me across the
ocean of worldly existence. (35)

Shabd 11

बार बार कहूं बीनती ।
 राधा स्वामी आगे ॥
 दया करो दाता मेरे ।
 चित चरन लागे ॥१॥

Again and again I pray to Radhasoami : O Giver of gifts ! Have mercy upon me. May my mind apply itself to Your Holy Feet. (1)

For innumerable lives have I been in a state of delusion. I did not get Your whereabouts. I have been undergoing untold suffering, caught in the snare of Kal and Karam. (2)

Worldly people remain wandering in the four categories of existence. Gyanis and Yogis are getting pressed in the oil-mill of the mind. (3)

My Ádi-Bhág (great good fortune for repairing to the Original Abode) has awakened. I have met Sat Guru. He has, in His grace, given out to me the secrets and mysteries of Radhasoami Dham (Abode). (4)

That Abode stands on no support and is the highest of all regions. Without the grace and mercy of a Sant, no one can get the secrets of Surat Shabd Yoga. (5)

Sat Guru has explained to me the glory and eminence of RADHASOAMI Nam. I shall now repair to my Original Home by awakening love and yearning. (6)

By associating with Sadhs, I enjoy true bliss to my heart's content. I have developed intense love for my Guru's Holy Feet. I find no peace without His Darshan. (7)

I remain worried and restless as to how I can repair to the Beloved's abode. May I daily have Darshan of my Sat Guru, so that my mind be calm and steady. (8)

May my Surat soar higher and higher enjoying the bliss of Shabd and beholding the spectacles of various celestial regions on the way and, in the end, find abode in Nij Ghar (Original Home). (9)

I fondly cherish this wish. Till it is fulfilled, I shall remain sad and morose. O Lord ! Listen to my prayer. Grant me abode in Your Holy Feet. (10)

There is none all-powerful like You from whom I can beg for any gift. Shower love in torrents. Open the treasure house of अमृत Amrit (nectar). (11)

O my all-powerful Lord ! You are merciful to the humble. Bestow on me Your grace and mercy. May I ever remain thankful to You and sing RADHASOAMI. (12)

Shabd 12

गुरु मोहि लेओ आज अपनाई ॥टेक॥
जब से तन मन संग बँधाना ।
निज घर गया भुलाई ॥१॥

O Guru ! Make me Your own this very day. From
the time that I was tied down to the body and
the mind, I have remained oblivious of my
Original Home. (1)

Maya has created many kinds of worldly pleasures.
I remained engrossed in them. (2)

The ignorant mind became thick and thin with
the world. It did not believe Guru's words. (3)

It did not apply itself to Surat Shabd Yoga in
which it was initiated. (4)

Without grace and mercy, it will never come under
control. How, then, can it be reversed within ? (5)

O merciful Guru ! Bestow Your mercy on me. Let
the current of love flow freely. (6)

I keep trembling out of fear for Kal. Remove my
fear and elevate my Surat to higher regions. (7)

O Merciful Radhasoami, the great Benefactor of
Jivas ! Accomplish their task soon. (8)

Shabd 13

सुन प्यारे मैं कहूँ बुझाई ॥ टेक ॥
सत्संग करो चित्त दे गुरु का ।
हिरदे बच न समाई ॥ १ ॥

O dear darling ! Listen to my advice. Attend
Guru's Satsang with care and attention.

- Implant the gist of His discourses in your heart. (1)
- Know this world to be an alien region, and mould your conduct accordingly. (2)
- Apply your mind and attention to Guru's Holy Feet. Enhance your love for Him day by day. (3)
- Repose your faith and trust in Radhasoami's Holy Feet. Cultivate Bhakti day and night. (4)
- Receive initiation in Surat Shabd Yoga from Guru and perform Abhyas regularly. (5)
- Win Guru's pleasure by performing His Sewa with body, mind and wealth. (6)
- Take Charnamrit (sanctified water) and Prashad and thereby purify your heart. (7)
- Give up fear and regard for the world. Cast aside all sense of worldly honour and shame. (8)
- In this way, cultivate devotion to Guru with zeal and enthusiasm and awaken ever-new love for Him. (9)
- The Supreme Being Radhasoami Dayal will then make you His own. (10)
- Eradicating your Karmas, He will elevate your Surat to higher regions and strike down Kal. (11)
- He will fully accomplish your task and will merge your Surat in the Holy Feet. (12)
- Radhasoami bestows this kind of mercy on all who

come under His shelter. (13)

Hence, O darling, pay heed to what I say. Hold
fast to His Holy Feet (14)

Shabd 14

दरस मोहिं दीजे स्वामी महाराज ।

करम से पाया अवसर आज ॥ १ ॥

O Sovereign Lord ! Grant me Your Darshan. My
burden of Karmas has become light today. (1)

My mind is restless all the time, longing to hold
fast to Guru's holy feet if I can meet Him. (2)

I am extremely sad at heart. To whom shall I
relate my pitiable condition ? I am helpless. (3)

Who, but You, can help and protect me ? Without
Your Darshan, how can my pain and agony be
removed ? (4)

Your Nij Rúp (True Form) is incomparable and
infinite. May I have glimpses of it again and
again absorbed in bliss. (5)

May my Surat ascend on the path to higher regions
and behold Nabh (Sahas-dal-kanwal), Trikuti
and Sunn. (6)

May then the window to Bhanwargupha be open-
ed, after which, I may hear the voice of Sat
Purush. (7)

May I be intoxicated on hearing the melodious note of Bīn (harp), and then meet Alakh Purush and Agam Purush and realize their pre-eminence. (8)

I shall, thereafter, rush to the Holy Feet of beloved Radhasoami and get His Darshan. (9)

After having accomplished my task, I shall rest free from all worry and anxiety. Beloved Radhasoami's holy feet will be my only prop and support. (10)

O dear Father ! Grant me Your grace and mercy now. May I remain absorbed in the bliss of Your Darshan every moment. (11)

Shabd 15

छिन छिन मैं तुम्हरे आधारी ।
 पल पल तुम्हरी याद सम्हारी ॥
 चरन तुम्हार हिये में धारी ।
 अंग अंग से करूं पुकारी ॥
 हे राधास्वामी पिता दयार ।
 लीजे मुझको आज उबार ॥१॥

Every moment, I depend on Your support. Every instant, I remember You. I enshrine Your holy feet in my heart. I call out at You from each and every pore of my body. O Radhasoami, my Merciful Father ! Emancipate me this very day. (1)

I have been wandering aimlessly in this world. It is after meeting You that I have now found a

stable location. I now hold fast to Your arm. Keep me under the shelter of Your holy feet, O Radhasoami, Inaccessible and Infinite ! Grant me Darshan of Your True Form. (2)

My mind used to be full of evil tendencies. I suffered a lot due to my body all the time. Realizing Your mercy on me I became happy and remain absorbed in bliss. O supremely generous Radhasoami ! Unbounded is Your grace and mercy. (3)

I used to have faith in Brahm and other deities previously and, for a long time, performed their Sewa. I then became acquainted with the secret of the Highest Region. O Radhasoami ! You most mercifully gave out to me the secret of Your Original Abode. (4)

I am extremely mean, good for nothing and worthless. From head to foot, I am full of evil tendencies. You, by granting me Your Darshan, saved me. You are the sole protector of my body and mind. O supremely munificent Radhasoami ! You set right a Jiva like me who had no virtues in him. (5)

How can I adequately describe Your glory ? As I try to do so, I feel ashamed of failing to do justice to Your greatness. You very mercifully made me Your own and granted me Saran of Your holy feet. O Radhasoami, the creator of all ! You are the prop and support of the entire creation. (6)

All glory to You, O my perfect Sat Guru ! All praise to You. O the all-powerful Master ! Your form is an ocean of the refulgence of Sat. May I always remain at Your holy feet. O Radha-soami ! Have mercy on me, and let me abide in Your holy feet.

(7)

Shabd 16

लाज मेरी राखो गुरु महाराज ।
काल अंग मन से काढ़ो आज ॥१॥

O Guru Maharaj ! Protect my honour. Remove from my mind the tendencies of Kal.

(1)

It has been wandering in this world enjoying sensual pleasures. I am now fed up with this ignorant mind.

(2)

It drifts shame-facedly with waves of desire. It does not pay heed to my advice and hence, suffers pain and sorrow.

(3)

It always allows itself to be carried away by desires and remains drenched in the colour of Maya every moment.

(4)

It regularly listens to Guru's discourses but, under the sway of delusion, does not pay any heed to them at all.

(5)

Again and again, it falls a prey to worldly pleasures, because it does not recollect the teachings of Guru.

(6)

- It repents afterwards, but it slips again and again
at the right moment. (7)
- O merciful Radhasoami ! Grant me now Your
unbounded grace and mercy. Cut asunder
Jama's net soon. (8)
- Save Radhasoami, there is none who can come to
my rescue. He alone, in His mercy, can grant
me shelter under His holy feet. (9)
- If Radhasoami lends me a helping hand at all
times, He can forthwith remove evil tendencies
of Kal from me. (10)
- O Radhasoami ! Be kind enough to cast Your
benign glance at me. Remove the sway and
hold of Kal and Karam from me. (11)
- O dear Father ! I have taken refuge under You.
I feel ashamed of dancing to the tune of mind. (12)
- I am very much surprised to think how is it that
my Guru does not come to my help. (13)
- O Guru ! I have no idea of your ways and wisdom.
I err and wander under the influence of the
mind's perverted intelligence. (14)
- O munificent Guru ! Do listen to my prayer.
Emancipate me soon. (15)
- O Radhasoami, the Perfect Guru and Treasure-
house of grace and mercy ! Graciously admit
me into the Prime (Original) Home. (16)

May I remain absorbed in bliss day and night by
merging in Thy holy feet. Cast away all my
fears and worries.

(17)

Bachan 7

ARAT BANI (HYMNS OF PRAISE)

FIRST PART

Shabd 1

आरत गाऊँ राधास्वामी आज ।
तन मन लीजे कीजे काज ॥१॥

O Radhasoami ! I shall sing Your Árti (hymn of praise) today. I offer to You my body and mind which, graciously accept, and accomplish my task. (1)

May I remain detached and care-free in the world and may my mind and Surat abide naturally and easily in Your holy feet. (2)

May I be dyed in the colour of the Beloved with love and affection and may my mind be delighted on performing Guru's Sewa. (3)

Heart-captivating is Sat Guru's form. Seeing its imposing elegance, both Kal and Karam are frightened. (4)

How can I adequately describe Sat Guru's grace and mercy ? He has made me His own. (5)

His religion is sublime and His region charming.
And extremely pleasant is the Sahaj (easy)

Yoga, viz., Surat Shabd Yoga, in which He has initiated me. (6)

By attending Satsang, internally as well as externally, and by touching my Guru's holy feet, I shall reach my Original Home. (7)

Wonderful is Guru's region and marvellous is His Bání. May my Surat remain merged in the Holy Feet of Radhasoami. (8)

Shabd 2

आरत गावे दास दयाला ।
संशय भरम सब दूर निकाला ॥१॥

This slave sings the Arti of the merciful Lord. He has thereby cast away all his doubts and delusions. (1)

He has enhanced his love for Sat Guru's holy feet. Kal and mind are crest-fallen and remain sad and morose. (2)

This slave constantly arouses ever-new yearning and love. He is filled with delight on seeing Guru's splendour. (3)

Arranging the platter of love and faith, kindling the flame of Surat Shabd Yoga and using a wide range of paraphernalia, he sings the Arti of Guru with love and zeal. (4-5)

The atmosphere created is such that the mind is

filled with great delight and joy. Bliss and
benignancy pervade all round. (6)

Surat, full of love and enthusiasm, ascends to Das-
wán-Dwár and proceeds beyond the three
worlds. (7)

Further ahead, it beholds Sat Guru's abode and
then merges in the Holy Feet of Radhasoami. (8)

Shabd 3

आज मेरे आनंद आनंद भारी ।
मिले मोहि सतगुरु पुरुष अपारी ॥१॥

It is a day of great rejoicing for me, as I have met
Sat Guru, the incomparable Purush (Being). (1)

In His grace and mercy, He has blessed me with
His Darshan. The sight of His countenance
captivates my mind every moment. (2)

As I listen to His discourses my love is enhanced.
The reverberations of Shabd have illumined
my inner self. (3)

The world now appears to be a dream to me.
Guru's mercy has removed my inner burning
and distress. (4)

Love is surging up in my heart. I have resolved to
perform a grand Ártí of such a Guru of mine. (5)

I arrange the platter of devotion and kindle
the dazzling flame of Shabd, (6)

- My Guru has graciously put on a wonderful dress.
I behold His matchless splendour imbued with
love. (7)
- I sing a unique Arti with Hansas (celestial
beings), and have Darshan of Guru with care
and attention. (8)
- My Surat is experiencing wonderful elation and
rapture. Guru has bestowed great mercy on me
today. (9)
- Leaving Pind, I ascend to the terrace of Gagan.
In Mán-sarovar, I hear the Dhun of Akshar
Purush. (10)
- Passing through Mahá-sunn, I proceed to sat Lok
and there I behold the incomparably majestic
form of Sat Purush. (11)
- I then go to Alakh and Agam and finally, become
the darling of the Holy Feet of Radhasoami. (12)

Shabd 5

उमंगत धूमत मन अति भारी ।
राधास्वामी आरत करूं सिंगारी ॥१॥

- My mind is bubbling with enthusiasm and filled
with tumultous joy at the prospect of perform-
ing the Arti of Radhasoami with my Surat
beautifully embellished. (1)
- Every part of my body is spinning and reeling

with love and emotion. The colour of spring seems to be welling up from within me and bursting into bloom like a bud. (2)

It is by a great good fortune that I have now got the opportunity for performing Radhasoami Dayal's Arti, for which, I brought all the necessary paraphernalia. (3)

I have collected dresses for Him from various places. It is dazzle and splendour all around. (4)

I prepare the platter of reverence and the wick of love, and kindle the flame of the bliss of the current of ambrosia. (5)

Then, with ever-increasing enthusiasm, I sing Arti and let the bliss of the current of love flow freely and unabated. (6)

I come before Sat Guru as one intoxicated. I cannot hide my love and emotion however much I try. (7)

I pray for Sat Guru's grace and mercy and penetrate into Gagan, i.e., Trikuti, after opening its gateway. (8)

I enhance my luck on having Darshan of Guru there. Thereafter, I elevate my Surat higher still. (9)

I lift the barrier of Das-wán-dwár and reach Triveni, the great place of pilgrimage. (10)

I let a thousand currents of ambrosia come down in showers and I increase my friendship with Hansas (celestial beings). (11)

In Bhanwargupha, I listen to the melodious sound
of the flute and behold the refulgence of the
white sun. (12)

Ascending to Sat Lok, I bow my head before Sat
Purush and receive His mercy and Prashad. (13)

Then, after getting the Darshan of Alakh and
Agam, I merge completely in the Holy Feet of
Radhasoami. (14)

I now complete this Arti of mine. I shall ever
remain at the Holy Feet of Radhasoami. (15)

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Shabd 5

आज मैं गुरु की करूंगी आरती ।

तन मन धन सब चरन वारती ॥१॥

I shall perform my Guru's Arti today. I offer my
body, mind and riches, nay, everything at His
holy feet. (1)

I kindle the flame of yearning and love and bring
the platter of my heart before Him. (2)

Delighted and elated, I offer Him a flower-garland
and with mounting zeal and enthusiasm, get
Him dressed. (3)

I ring the bell, blow the conch and have the
Mridang (drum) beating. (4)

I sing newer Rāgas and Rāginīs (modes of sing-

ing). The atmosphere so created beggars description. (5)

I offer wonderful victuals for His Bhog and bring for Him water from the reservoir of nectar. (6)

I enhance love for Guru in every pore of my body. I win Radhasoami's pleasure by performing His Sewa. (7)

I engender firm faith in my heart, and contemplate RADHASOAMI Nám all the time. (8)

I cannot adequately describe the glory and greatness of Radhasoami. I receive His grace and mercy as Prashad. (9)

Only one hope and aspiration do I cherish : May I remain absorbed in the bliss of the Holy Feet. (10)

My association with Radhasoami has enabled me to leave my family and caste-fellows. My Surat is deeply dyed in the colour of the Holy Feet of Radhasoami. (11)

Shabd 6

सुरत पिरैमन आरत लाई ।
उमँग उमँग गुरु सन्मुख आई ॥१॥

The pargon^a Surat has brought the necessary paraphernalia for Arti. With ever-increasing love and enthusiasm, she comes to the Guru's presence, (1)

She has arranged the platter of love and affection
and has kindled the flame of countless suns. (2)

She is delighted to see the splendour of Guru
whose countenance surpasses the refulgence of
crores of moons. (3)

She places her head at Guru's holy feet and makes
an offering of body, mind and wealth, indeed,
everything. (4)

In the region of Gagan, she listens to the rever-
berations of the Nád or Shabd of Tirkuti. The
moonfaced Surat causes ambrosia to come
down in showers. (5)

In Bhanwargupha, she is delighted to hear the
melodious note of the flule played by Sohang
Purush. In Sat Lok, she listens to the sound of
Bín (harp). (6)

She ascends beyond the regions of Alakh and Agam
and gets Darshan of Radhasoami. (7)

Going there, she sings Arti and pleases the beloved
Sat Guru. (8)

She now develops firm adherence to the Saran of
the Holy Feet. The grace and mercy which
Sat Guru showers on her cannot be adequately
described. (9)

Her good luck has awakened. Guru takes her in
His lap. Radhasoami grants her Darshan of
His wondrous form. (10)

What can I say of the grand spectacle ? It beggars
all description. O brother ! It is wonderful,
wonderful, wonderful. (11)

I cannot say anything further. My Surat remains
merged in the Holy Feet of Radhasoami. (12)

Shabd 7

सुरत रंगीली आरत धारी ।
जग सुख तज सतगुरु आधारी ॥ १ ॥

The jovial Surat performs Guru's Arti. Giving up
worldly happiness, she has made Sat Guru her
sole prop and support. (1)

She has prepared the platter of the lotus of her
heart-centre and kindled the flame of Dhun and
विवेक Vivek (conscience). (2)

The bell rings, the conch blows and the Mridang
(drum) beats. The current of ambrosia comes
down from Sunn. (3)

The flute gives out its melodious note in Bhanwar-
guphá. The sound of Bín (harp) is heard in
Sat Lok. (4)

Proceeding beyond Alakh and Agam, she gets
Darshan of Radhasoami. (5)

Kal and Karam created many obstacles. But by the
grace and mercy of Radhasoami she gets ferried
across. (6)

She engenders love and affection for the Holy Feet
and is drenched in the bliss of Radhasoami
Dayal's Darshan. (7)

How can I adequately sing the glory of Radha-
soami ? Again and again I sacrifice myself at
His holy feet. (8)

He has saved me from the world's net without my
asking for it and has made me His own by
granting me the Saran (refuge, shelter) of His
holy feet. (9)

He has graciously initiated me in Surat Shabd
Yoga and, by granting me His own strength,
has enabled me to ascend to higher regions. (10)

My Surat is now dyed in the colour of His love.
I shall sing Radhasoami's praise with zeal and
enthusiasm. (11)

Day and night, I shall remain intoxicated in the
bliss of the Holy Feet and shall play on the lap
of Radhasoami. (12)

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Shabd 8

धन धन धन मेरे सतगुरु प्यारे ।
करूं आरती नैन नि हा रे ॥१॥

Glory, more glory and still more glory to my
beloved Sat Guru. I perform His Arti, looking
intently into His eyes. (1)

I have prepared the platter of the sun (solar system)
and kindled the flame of the moon. (2)

I have been enriched on touching Guru's holy
feet. I constantly remain absorbed in bliss by
singing His praise. (3)

I perform His Sewá (service) heart and soul all
the time. I remain intoxicated in love for Sat
Guru. (4)

Kam (passion, desire) and Krodh (anger) no
longer come near me. Greed and infatuation
do not lead me astray any more. (5)

I long for Sat Guru's Darshan every moment.
Dashing Karam down, I shall ascend to Gagan
(higher regions). (6)

In Sahas-dal-kanwal, I shall kindle the flame and,
on going to Trikuti, shall listen to the beating
of the drum. (7)

Ascending to the region of Sunn, I shall have
nectar trickling down. In Bhanwargupha, I
shall listen to Sohang Shabd. (8)

Proceeding higher to Sat Lok, I shall hear the
sound of Bín (harp) and place my head at the
holy feet of Sat Guru. (9)

After touching the holy feet of Alakh Purush and
Agam Purush, I shall sacrifice myself again and
again before Radhasoami. (10)

How can I adequately sing His glory and greatness ?

With ever-increasing love and enthusiasm, I
shall mingle with His holy Feet. (11)

Shabd 9

आनंद हरख अधिक हिये छाया ।
दास प्रेम रंग आरत लाया ॥१॥

Immense bliss and joy pervade the heart of this
slave. Drenched in the colour of love, he has
brought the necessary paraphernalia for Arti. (1)

He has arranged the platter of love and kindled
the flame of faith in Shabd. (2)

He plays the melodious note of Anhad Shabd and
elevates the infirm mind to Adhar (sky, higher
regions). (3)

He places his head at Guru's holy feet and clears
the debt of Kal and Karam. (4)

Sat Guru's Sewá is extremely pleasing to him. He
brings 'water' from the reservoir of ambrosia
for Sat Guru. (5)

After ascending to Bhanwargupha, he rushes to Sat
Lok where Sat Purush graciously enables him
to listen to the sound of Bín (harp). (6)

He proceeds beyond Alakh and Agam and then
gets Darshan of Radhasoami. (7)

With ever increasing love and enthusiasm, he per-
forms Arti of Radhasoami and receives His
grace and mercy as Prashad. (8)

He engenders love for and faith in the Holy Feet
of Radhasoami. He gives up his attachment
to and the fear and shame of the world (9)

He casts aside disease, grief and doubts. The
lotus feet of Guru are now the sole prop and
support of his life. (10)

I shall sing the glory of Radhasoami all the time
and sacrifice myself repeatedly before His
lotus feet. (11)

This Arti of mine is now over. I shall remain
standing in attendance of Radhasoami Dayal's
holy feet. (12)

Shabd 10

उमंग उठी हिये में अति भारी ।
सतगुरु आरत करूं सम्हारी ॥१॥

Intense love and emotion are surging up in my
heart for performing the Arti of Sat Guru with
care and attention. (1)

I have left my native place and given up all
considerations of name and fame. I have come
under the shelter of Sat Guru's holy feet. (2)

I become overjoyed as I listen to His discourses
and, on acquainting myself with the inner
secrets, apply my Surat to the Holy Feet. (3)

Day by day, my love and faith increase. I attain purification as a result of performing Guru's Sewa (service). (4)

My good luck has awakened, and the blemishes caused by Kal are obliterated. My mind and Surat get dyed in the colour of love for Sat Guru. (5)

How can I sing adequately the glory of Radha-soami? I dedicate to Him my body, mind and wealth, indeed, everything. (6)

Enhancing my enthusiasm, I engender love for Him in my heart, and I arrange for His Arti with variegated paraphernalia. (7)

I pick and collect different kinds of articles for Arti, and prepare the platter of love and devotion. (8)

I kindle the flame of yearning and affection. I then perform Arti before Sat Guru. (9)

Elevating my Surat, I rush to Gagan (Trikuti) and, after touching Guru's holy feet there, I bathe in Mán-sarovar. (10)

In Bhanwarguphá, I listen to the melodious note of the flute and, in Sach-khand (region of Sat or Truth, that is, Sat Lok), I win the pleasure of Sat Purush. (11)

Next, proceeding beyond Alakh Lok and Agam Lok, I merge in the Holy Feet of Radhasoami. (12)

Shabd 11

आज सखी सब जुड़ मिल आओ ।
राधास्वामी की आरत गाओ ॥१॥

- O Sakhi (friends) ! Come, let us sing the Arti of Radhasoami. (1)
- Joy and bliss pervade all round. There are showers from clouds of love. (2)
- The body, mind and Surat are drenched through and through. Flower-beds of Bhakti (devotion) are in full bloom. (3)
- The heart is overflowing with love and enthusiasm to perform Arti at the holy feet of Sat Guru. (4)
- I arrange the platter of yearning and affection within and kindle the flame of love and attachment. (5)
- The sky echoes with peals of thunder and Shabd is resounding. The bell is ringing, the conch blowing and the drum beating. (6)
- My Surat awakens and takes its location in Das-wán-Dwar. It becomes absorbed in bliss on listening to the reverberations of Shabd. (7)
- There are showers of ambrosia all round. An incomparable form with the glorious refulgence of the moon becomes manifest. (8)
- I behold many other beautiful spectacles. Love and faith are enhanced in my heart. (9)

I recognize the grace and mercy of Radhasoami.
 I ascend above and peep through the window
 to Sat Lok. (10)

That is the gate-way of Sat Lok. On hearing the
 melodious note of the flute, my Surat merges
 in it. (11)

Proceeding further, I reached Sat Pur (Sat Lok).
 I heard the melodious sound of the harp echo-
 ing in the firmament of that region. (12)

After having Darshan of Alakh and Agam, I
 went further ahead and met Radhasoami,
 whose Holy Feet, I touched. (13)

With love and zeal, I perform His Arti. He
 showers great mercy on me. (14)

I am ignorant and unable to understand things.
 (2) O Guru ! Bestow on me, in Your own grace
 and mercy, Your priceless gift. (15)

I offer my mind and Surat at Your holy feet and,
 (2) like a child I play in Your lap. (16)

Radhasoami accomplished all my task. My Surat
 became the dust of His holy feet. (17)

(2)

Shabd 12

(2)

सुरत सुहागिन करत आरती ।
 तन मन धन गुरु चरन वारती ॥१॥

Loving Surat performs Arti of the Guru and sacrifices her body, mind and wealth at His feet. (1)

She arranges a platter of lotus-beds and lights a flame of resonance of Shabd. (2)

With high spirits she comes to the august presence of the Guru. She offers her mind which is overflowing with joy and bliss like a flower abloom. (3)

She is very much elated on having Darshan of Guru. She profusely adorns Him with ornaments and embellishes Him with elegant dresses. (4)

The mind is delighted to see Guru's splendour and grandeur. Enhancing her love and zeal, she proceeds to Gagan. (5)

The flower-bed of Sahas-dal-kanwal (thousand-petalled lotus) blossoms forth in all its glory. On ascending to Trikuti, Surat gets Darshan of Guru. (6)

In Sunn, Surat bursts into bloom like a jesmine-flower and, on going up to Bhanwargupha, she plays on the flute. (7)

She beholds the white sun-flower and, in Sat Lok, hears the melodious note of the harp. (8)

She proceeds beyond Alakh Lok and Agam Lok and is blessed with Darshan of the Supreme Being. (9)

She pleases Guru by performing His Arti, and gets the Prashad of His grace and mercy. (10)

She severs all her links with the body and mind, and merges in the holy feet of Radhasoami. (11)

Shabd 13

प्रेमी दूर देश से आया ।
सतगुरु दरशन कर हरखाया ॥१॥

The loving devotee (Surat) comes from a far off place and is elated on having Sat Guru's Darshan. (1)

Love increases all the more in her heart as she listens to Guru's discourses and, by practising Bhajan, she develops unflinching faith. (2)

She is enraptured by the beatitude of Guru's form, and with growing zeal and enthusiasm, she comes to the presence of Guru. (3)

Love, in an ever new form, surges within her and her mind and attention become rivetted to Guru's holy feet. (4)

The अनहद Anhad sound rings within her, and Guru's incomparable form is enshrined in her heart. (5)

Her great good luck has awakened that her mind and Surat have become Guru's servants. (6)

She performs Arti at the holy feet of Radhasoami,

She is blessed with His mercy and lives in tranquillity. (7)

Shabd 14

मेरे प्यारे गुरु किरपाल ।
च र न न लागूंगी ॥१॥

O my kind and compassionate Guru ! I shall apply myself to Your holy feet. (1)

The sight of Your charming countenance captivates my heart. I shall look intently at Your majestic form. (2)

Show me Your matchless image. I shall enshrine it in my heart. (3)

Sat Guru has bestowed His mercy on me. I shall dash Kal down. (4)

I always try to understand the true import of Guru's words. I shall in this manner cast aside all my doubts. (5)

I attend Satsang regularly and shall thereby reduce Karmas to ashes. (6)

Great enthusiasm has surged in my heart for performing Guru's Arti. (7)

I shall light the flame of Bhakti (devotion) in my heart. (8)

And then, standing before Guru, I shall perform His Arti. (9)

Elevating my Surat to Gagan (Trikuti), I shall be
blessed with Darshan of Guru. (10)

I shall behold the region of Radhasoami, whose
Saran I shall adopt. (11)

Shabd 15

सतगुरु संग आरत गाऊं ।

मन अंतर प्रेम बढ़ाऊं ॥१॥

I shall sing Arti with sat Guru and enhance love
in my heart. (1)

I shall prepare the platter of the mind and atten-
tion and kindle the flame of the contemplation
of the Holy Feet. (2)

Bursting into bloom like a bud, I shall come before
my beloved Sat Guru whom I shall please as
best as I can. (3)

I shall be blest with the benign glance of Sat Guru.
I shall elevate my mind and Surat to Gagan
(Trikuti). (4)

I shall bathe in Triveni and hear the sound of the
flute in Bhanwargupha. (5)

I shall awaken Sat Shabd in Sat Lok and then ele-
vate my Surat to Alakh Lok and Agam Lok. (6)

Radhasoami Dham is the highest of the highest.
None but a Param Sant has access there. (7)

Brahmá, Vishnu and Mahádev have all failed to reach that abode. The ten incarnations are confined to Kal's region. (8)

The six systems of Hindu philosophy and all gods and goddesses are all worshippers of Maya and Brahm. (9)

They are ignorant of the whereabouts of the region of Sants. Caught in Kal's net, they have remained in a state of delusion. (10)

My good luck has awakened. I have been the recipient of the Saran (refuge) of the Holy Feet of Radhasoami. (11)

I shall perform His Sewá (service) and enhance my luck. I shall sacrifice myself again and again over Darshan of Guru. (12)

I shall enshrine His incomparable form in my heart, and shall give up body, mind and wealth — nay everything. (13)

Radhasoami Dayal has showered great mercy on me now. He has liberated a worthless Jiva like me. (14)

Shabd 16

गुरुमुख प्यारे उमंग उठाई ।
सतगुरु आरत करूं बनाई ॥१॥

The loving Gurumukh Surat has aroused the

- eagerness and enthusiasm to perform Sat Guru's Arti in a befitting manner. (1)
- With love and affection, he brings all the necessary paraphernalia and places them before Sat Guru. (2)
- He prepares the platter of Achint Dwīp (Island called Achint, meaning freedom from care and anxiety) and kindles the flame of Sahaj Dwīp (Island called Sahaj meaning ease, softness). (3)
- He performs Arti with love and affection. His Surat announces its presence near Bhanwar-gupha. (4)
- He performs Arti, directing mind and Surat inward and upward. He is extremely elated as he sings Radhasoami Dayal's praise. (5)
- How can I adequately sing the glory of Sat Guru ?
I arouse yearning and longing in my heart for the Saran of the Holy Feet. (6)
- Merciful Sat Purush became pleased with me.
Graciously granting me His gift, He enriched me. (7)
- Remembrance of Sat Nam now dawns on me and
I apply my Surat to it day and night. (8)
- Proceeding beyond Alakh Lok and Agam Lok,
I behold the region of Radhasoami. (9)
- None has an inkling of its greatness and prominent position. It is only by grace and mercy that one can realize them. (10)

Radhasoami Dayal granted me the gift of नाम
Nám and अनाम A-Nám, the Prime Essence, and
has detached me from all. (11)

The glory of Radhasoami cannot be adequately
described. I fix my attention on His holy feet
with love and enthusiasm. (12)

What a great good luck has awakened for me
that day and night, I drink the bliss of the
nectar of Nám ! (13)

Radhasoami has extricated me from Kal's region
in no time. He has eradicated all my Karam
and Bharam. (14)

By granting me the Saran of His holy feet, He has
made me His own. He has cast away all the
desires of my mind. (15)

I cannot describe the greatness and eminence of
my Guru. I always remain with my attention
rivetted to His holy feet. (16)

He is merciful to the humble and the great Bene-
factor of Jivas. He has graciously ferried me
across the ocean of worldly existence. (17)

I sing the Beloved's praise every moment. I per-
form Dhyán of Radhasoami all the time. (18)

O Radhasoami ! I shall ever sing Your praise.
Glory, all glory, more glory and still more
glory to You, O my Beloved Radhasoami ! (19)

Shabd 17

सुरत रंगीली आरत लाई ।
धूम धाम धुन शब्द मचाई ॥१॥

- The jovial Surat brings the paraphernalia for Arti.
She creates a tumultuous symphony of the reverberations of Shabd. (1)
- The bell rings and the conch blows. The cymbals clang, the Mridang (drum) beats and the clouds roar. (2)
- In the region of moon-light —, the fiddle is being played, and in the region of sun-shine, the resonance of flute is being heard. (3)
- Each and every pore of the body of Sat Purush shows the refulgence of crores of suns and moons. (4)
- Day and night, Surat partakes of the bliss of the current of ambrosia. The Bin (harp) gives out a wonderfully melodious sound. (5)
- Surat prepares the platter of yearning and lights the flame of love and faith. (6)
- As she moves the platter of Arti, Sat Guru casts His benign glance at her. (7)
- Catching the five thieves, that is, Kám (passion, desire), Krodh (anger), Lobh (greed), Moh (infatuation), and Ahankár (egotism), she brings them before Sat Guru, under whose command, she ties them, (8)

The mind and Surat rush to adopt Sat Guru's
Saran. Kal and Karam feel sad and dejected. (9)

She arouses ever-new love all the time. She is un-
able to hide the zeal and emotion surging
within her. (10)

She is extremely delighted on having Guru's
Darshan. She enshrines Guru's image in her
heart. (11)

I shall water the sapling of Bhakti (devotion) day
and night, and shall make the flower of love
and affection burst into bloom. (12)

I pick and choose the most beautiful flower and
making a garland of them, put it round the
neck of Sat Guru with love and affection. (13)

My Guru, who is ever merciful to the humble, is
pleased. He enriches me by granting His gifts
to me. (14)

It is by sheer good luck that I have been blessed
with the grace and mercy of Radhasoami. My
Arti prayer is now over. (15)

Shabd 18

विरह अनुराग उठा हिये भारी ।
सतगुरु दरशन करूँ सुधारी ॥१॥

Intense love and yearning have been aroused in
my heart to get Darshan of Sat Guru. (1)

I was fortunate to get His Darshan while I was still a child. In His mercy, He attracted me to His holy feet. (2)

Ignorant that I was, I had no idea of His exalted position. It was when He showered His grace and mercy upon me that I could recognize His greatness to some extent. (3)

I enshrined His lotus Feet in my heart and cast away all Karams, doubts and delusions. (4)

By His Darshan, love was enhanced in my heart, and by His discourses my faith grew firm. (5)

Without the help of Sat Guru, all remain on this side. Without Shabd, none can get across. (6)

My great good luck was awakened that Sat Guru Himself took me under His care. (7)

I easily met the Supreme Being and Merciful Lord Radhasoami Himself who enriched me with His gifts. (8)

Through the grace and mercy of Guru, my Surat was elevated. My mind became elated on hearing Shabd. (9)

I left behind Jyoti and Niranjana. Guru graciously showed me the way to the mansion of Trikuti. (10)

Akshar Purush endeared me a great deal. I heard the reverberations of Rárang-kár Shabd. (11)

I bathed in the pure current of Mán-sarovar and got rid of Kal and Maya. (12)

Ascending to Bhanwarguphá, I rushed to Sat Lok
where I had Darshan of Sat Purush. (13)

Merciful Sat Purush was pleased with me. He
enabled me to behold the refulgence of Alakh
and Agam. (14)

I had Darshan of Radhasoami by His grace and
mercy. I sang His Arti with great ardour and
zeal. (15)

How can I describe the glory of Radhasoami ? I
again and again dedicate myself to His Holy
Feet. (16)

He alone, on whom Radhasoami showers His
grace, will get admittance to His Nij Dham
(Real and Original Abode). (17)

Shabd 19

विरह अनुराग दास घट आया ।
सतगुरु सन्मुख आरत लाया ॥१॥

Love and yearning have dawned on this slave.
He has brought the paraphernalia for Arti be-
fore Sat Guru. (1)

Making a garland of the choicest flowers, he has
put it round the neck of Shabd-Guru. (2)

He has prepared the platter of Sahas-dal-kanwal
for the Arti and kindled the flame of Dhun
(Shabd) of Bank Nál. (3)

With ardour and zeal, he sings Guru's Arti. He listens to the sounds of the bell, the conch and the Mridang (a kind of drum). (4)

Surat wakes up on reaching Das-wán-dwár, and then goes beyond the three worlds. (5)

She ascends to Mahá-sunn and opens the window to Bhanwargupha where the flute of Sohang Purush is playing. (6)

Proceeding from there, she reaches Sat Pur (Sat Lok). She gets Darshan of Sat Guru in Adhar (the region not resting on any support). (7)

She feeds upon nectar, participates in ever-new pastimes, enjoys the sweet fragrance of sandal-wood and listens to melodious sound of Bín (harp). (8)

She beholds wonderful spectacles whose charm and beauty beggar description. One fails to sing adequately in praise of Sat Guru's grandeur and splendour. (9)

Proceeding further, she gets Darshan of Alakh Purush and, higher up, that of Agam Purush. (10)

She then has Darshan of the wonderful Abode of Radhasoami, which has been described as अकह Akah (indescribable) अपार Apár (infinite) and अनाम Anám (nameless). (11)

I cannot sing adequately of the glory and greatness of Radhasoami. Day and night, I rush to the shelter of His holy feet. (12)

I had wasted my time on ज्ञानमत Gyán Mat (Vedant philosophy), from which I got no happiness and had to come back empty-handed. (13)

Hearing the greatness of Radhasoami, I made search for Him, and ultimately, came to His august presence. (14)

Radhasoami cast His benign glance at me. He initiated me in Surat Shabd Yoga. (15)

He attracted me to His Satsang and removed my all adherence to past beliefs and rites and rituals. (16)

He enhanced my love and faith day by day and, dissociating me from the world, made me His own. (17)

Ignorant that I was, I had no inkling of His exalted position. He, in His own grace and mercy, granted me His precious gift. (18)

My good luck was awakened, and I was able to realize the grandeur of Guru's image. My Surat merged in the Holy Feet of Radhasoami. (19)

He granted me His Saran, and bestowed great mercy on me. I sacrifice myself before Radhasoami. (20)

This Arti of mine is now over. My Surat merges in the Holy Feet of Radhasoami. (21)

Shabd 20

प्रीत प्रतीत हिये भई भारी ।
दास आरती करन बिचारी ॥१॥

Intense love and faith have been aroused in the heart of this slave. He has decided to perform the Arti of Radhasoami. (1)

He takes in his hand the platter of शब्द Shabd (sound) and विवेक Vivek (discrimination) and kindles the flame of the धुन Dhun or sound of अमी धार Amí Dhár or current of ambrosia. (2)

By attending Satsang, all his doubts and delusions have been dispelled and his Surat ascends to the sky (higher regions). (3)

In Sahas-dal-Kanwal, he listens to the sound of the bell and kindles a dazzling flame. (4)

Penetrating through Bank Nál (crooked tunnel), he reaches Trikuti and becomes enraptured on having Darshan of Guru. (5)

He bathes in Mán-sarovar and mixes with Hansas. (6)

He catches the sound of Bhanwargupha and then rushes to Sat Lok. (7)

Then, after passing through the regions of Alakh and Agam, he merges in the Holy Feet of Radhasoami. (8)

None can adequately describe the greatness of Radhasoami. Even the Vedas and various scriptures are put to shame. (9)

My good luck has awakened. I contemplate the
Holy Feet of Radhasoami. (10)

I get His grace and mercy as Prasád. I thankfully
offer myself to the Saran of His holy feet. (11)

Shabd 21

सतगुरु की अब आरत गाऊँ ।
करम भरम तज चरन धियाऊँ ॥१॥

I shall now sing the Arti of Sat Guru. Giving up
Karam and Bharam, I shall contemplate His
holy feet. (1)

I shall arrange the platter of love in my heart and
shall kindle the flame of firm faith. (2)

Forsaking my relations and family-home, I have
come to the august presence of Guru who, in
His mercy, has enhanced my love for Him. (3)

I am extremely delighted on performing His
Sewá (service). I repose my hope and aspira-
tions in the Holy Feet of Sat Guru. (4)

I have cast aside the malady of doubts and
misgivings and I have witnessed the refulgence
of Surat and Shabd. (5)

I arouse ever-new love in my heart all the time
and, day and night, rush to the shelter of the
Holy Feet. (6)

Humility and submissiveness have pervaded my heart. By performing Guru's Arti, I win His pleasure. (7)

By His mercy, my Surat proceeds to Nabh (Sahasdal-Kanwal) and then, ascending to Trikuti, hears the roar of thunder. (8)

I bring water from Mán-sarovar, and taking it in a Karmandal,* I offer it to my Guru for drinking. (9)

I listen to the melodious note of flute in Bhanwar-guphá, and in Sat Lok, hear the sound of the Bín (harp). (10)

I ascend beyond Alakh and Agam and, finally, merge in the Holy Feet of Radhasoami. (11)

Shabd 22

दास सूर मन सरधा लाया ।
सतसंग कर घट प्रेम बढ़ाया ॥१॥

The heroic mind of this slave has developed reliance upon Guru. He has enhanced love for Him by attending Satsang. (1)

I have engendered faith. Great love and zeal have been aroused within me. I have decided to perform the Arti of Radhasoami. (2)

I prepare the platter of yearning and kindle the

(* A vessel with a spout.

- flame of love. I wash away my blemishes as
I sing the praise of Radhasoami. (3)
- I sing the Arti of Radhasoami regularly and with
love and affection. Full of love and enthusiasm,
I fix my attention on the Holy Feet. (4)
- Guru mercifully makes me His own, and enables
me to hear the reverberations of Shabd within. (5)
- Getting purified, my Surat proceeds onward and
listens to the sound of the bell in Sahas-dal-
Kanwal. (6)
- Ascending to Trikuti, I am blessed with
Darshan of Guru. Going to Sunn, I bathe in
the Mán-sarovar. (7)
- I open the door of Bhanwargupha. In Sat Lok,
the sound of Sat Purush reverberates. (8)
- I feel happy on having Darshan of Alakh and
Agam. Thereafter, I go and touch the Holy
Feet of Radhasoami. (9)
- My good luck is awakened. There is illumination
within. I adopt heart and soul the Saran of
the Holy Feet of Radhasoami. (10)
- I shall sing the glory of Radhasoami all the time,
and shall never be tired of doing so. (11)
- I shall beg of Him the boon : O Thou munificent
One ! May my head be ever at Thy Holy Feet. (12)
-

Shabd 23

विरहिन सुरत सोच मन भारी ।

कस जागे घट प्रीत करारी ॥१॥

The yearning Surat is very much worried as to how intense love and faith can be aroused in her heart and, on being blessed with Darshan of Guru, she can merge in His holy feet. (1-2)

She longs to remain lost heart and soul in the Holy Feet, and drink the nectar of the bliss of Shabd day and night. (3)

She attends Satsang regularly with love and affection and enshrines the image of Radhasoami in her heart. (4)

Every now and then, doubts and misgivings torment her. She experiences great anguish and restlessness. (5)

All the time, I pray, O Radhasoami ! vouchsafe unto me Your help and protection. (6)

I shall perform Your Arti with love and zeal and, discarding Karam (rites and rituals) and Bharam (false beliefs), make an offering of my body and mind to You. (7)

I long for Your grace and mercy as Prashad. I shall rush to the shelter of Your holy feet with a firm determination. (8)

Radhasoami Dayal is pleased with me. He mercifully cuts asunder my entanglements. (9)

Granting me the Saran of His holy feet, He graciously makes me His own, and elevates my mind and Surat to Gagan (higher regions). (10)

Passing through Sahas-dal-Kanwal, I reach Trikuti. Then beyond Sunn, I behold Bhanwargupha. (11)

Thereafter, I have Darshan of the Holy feet of Sat Purush, and then, proceed beyond Alakh Lok and Agam Lok. (12)

Going further from there, the darling Surat reaches अधर Adhar (the region not resting on any support), where she is blessed with Darshan of Radhasoami. (13)

How can I praise my great good luck now ? I shall utter RADHASOAMI, RADHASOAMI day and night. (14)

This Arti is now over. Surat has become the dust of the Holy Feet. (15)

Shabd 24

खेल रही सुरत मतवारी ।
गुरु चरनन में प्रीत करारी ॥१॥

The jovial Surat carried away with intense love for the holy feet of Guru, is engaged in merry-making. (1)

She arranges for embellishments of lotus-beds and flowers. Surat-gardener waters the tender sapling of Bhakti, (2)

- Each and every bud blossoms forth into a flower of Shabd. The reverberations of Dhuñ (Shabd) shower ambrosia. (3)
- She prepares a platter of eight-petalled lotus and kindles the flame of the refulgence of Shabd. (4)
- In Guru Dwará (Abode of Guru, i.e., Trikuti), the sun-flower is a-bloom. In Sunn, she beholds the white, mellow light of the moon. (5)
- In Bhanwargupha, buds of Champá (the tree *Michelia Kisopa*) blossom forth. White lilies dazzle in Sat Lok. (6)
- Everywhere, flowers are in full bloom. Unique is the splendour of the lotuses. (7)
- Many large water-reservoirs and majestic trees are seen. Their beauty cannot be adequately described. (8)
- The trees bear fruits which are like crores of suns and moons. Surat, amazed and absorbed in bliss, keeps looking at them. (9)
- There is heavy down-pour of the current of ambrosia. Sat Purush assumes an amazingly magnificent form. (10)
- Surat is extremely delighted on having His Darshan. Indescribably exalted is the status and position of Sat Guru. (11)
- Proceeding from Sat Lok, she rushes to अघर Adhar. Sat Purush tells her of the where-abouts of Alakh and Agam. (12)

Further ahead is the region of Anámí, which has no form, no colour, no line of demarcation. (13)

This is the true and original region of Sants. Its name is Radhasoami Dhám. (14)

The Yogi and the Gyani (sophist, Vedantist) fail to reach there. They remain puffed up with pride and arrogance. (15)

They have no idea of the greatness of the Saran of Sants. They do not believe or accept the words of Sants. (16)

Sant advises them a lot, but they, given to the dictates of the mind, pay no heed to His words. (17)

They talk of the बाच Bách manifest (lower) and लक्ष Laksh unmanifest (higher) forms of Brahm and adopt the Isht of his Laksh form. (18)

They regard the Laksh form of Brahm as all-pervading. They have no idea of Surat Chaitanya, the spirituality of Surat. (19)

They ultimately merge in मन चेतन Man Chaitan (spirituality associated with the pure form of mind or matter). They think that it is this मन चेतन Man Chaitan which is the Laksh form of Brahm. (20)

They, in their ignorance, remain confined to Kal's region and have no idea of Dayal Desh (the region of the merciful Supreme Being), (21)

And that is why they are never rid of recurrent births and deaths, and remain tormented again and again by Jam in the transmigratory cycle. (22)

I, however, praise my good luck that I have been able to seek the Saran (shelter) of the Holy Feet of Radhasoami. (23)

He, very kindly, has made me His own and has saved me from Kal's snare. (24)

By attending Satsang, my inner eye has opened and I have been able to realize the greatness of Sant Mat (religion of Saints). (25)

I sing this Arti with love and zeal and become the recipient of Radhasoami Dayal's mercy as Prashad. (26)

I constantly apply my Surat to Shabd and merge in the Holy Feet of Radhasoami easily and naturally. (27)

Shabd 25

मूल नाम को खोजो भाई ।
सतगुरु यों कहि कहि समझाई ॥१॥

Sat Guru repeatedly enjoins upon the Jiva to seek the मूल नाम Mool Nám, True and Original Nám. (1)

Without Shabd there can be no redemption and one can never be freed from the net of the world. (2)

Hence, cultivate love for Guru and apply your body and mind to Shabd. (3)

My good luck has awakened and I have been able to get Darshan of Guru's holy feet. By mercy, I have engendered love for Guru in me. (4)

I shall enhance my faith by attending Satsang. I long for Sat Guru's Darshan all the time (5)

Cutting asunder all worldly bondages, I have become free and unfettered. My love for Guru's holy feet has increased. (6)

I shall perform His Arti and behold illumination within. I shall derive the full benefit of adopting the Saran of His holy feet. (7)

I shall ever remain at the Holy Feet of the Param Purush (Supreme Being) Radhasoami, my Beloved. (8)

Shabd 26

विरह अनुराग रहा घट छाई।
उमंग उमंग गुरु सन्मुख आई ॥१॥

Love and yearning pervade my inner being. With greater and greater zeal, I come to the august presence of Guru. (1)

As I have His Darshan, I become oblivious of my body. On listening to His discourses, I get the fruit prime and original, i. e., the secret of the Original Region. (2)

The current of faith and devotion is overflowing within me. Day and night, it is spreading in all directions and permeating through each and every pore of my body. (3)

My faith in Guru has increased. I listen with love and affection Guru-Mantra, i e., the secret of the Supreme Name RADHASOAMI given out by Guru. (4)

How can I adequately praise my great good luck ? Guru has been merciful towards me and the world appears to me, to be only a dream. (5)

Worldly pleasures and enjoyments are not to my liking at all. The cravings and desires of the mind no longer lead me astray. (6)

I long for Guru's Darshan every moment. I sacrifice myself before His heart-captivating countenance. (7)

Kal and Karma create many obstacles for me and keep me away from Satsang. (8)

Day and night, I remain restless. No effort of mine proves of any avail. (9)

I pray again and again : O Sat Guru ! Do save and protect me. (10)

May I have Darshan of Your Holy Feet even while I am away from You. May I enshrine Your most wonderful countenance in my heart. (11)

May my mind and Surat enjoy the bliss of Shabd,

and easily merge in the shelter of Your Holy Feet. (12)

May all the obstacles put up by Kal be removed.
May I have Your Darshan every now and then. (13)

Do accede to this prayer of mine. Grant me unflinching faith in Your holy feet. (14)

I perform this Arti with joy and delight. I enshrine the Holy Feet of Radhasoami in my heart. (15)

Shabd 27

आरत गावे सेवक प्यारा ।
सतगुरु चरनन प्रीत सम्हारा ॥१॥

This dear slave, imbued with love for the holy feet of Sat Guru, sings His Arti. (1)

I have Sat Guru's Darshan regularly with love and affection and, after paying obeisance to Him, take His Prashád. (2)

Full of ardour and zeal, I rush for performing Guru's Sewa. I sing RADHASOAMI, RADHASOAMI every moment. (3)

I obey my Guru's command with love and affection. I do not regard anybody else equal to my Guru. (4)

I enhance love for Radhasoami's Holy Feet and please Him by performing His Arti. (5)

Day and night, I frolic near my Guru. Save His
holy feet, I aspire for nothing else. (6)

Guru has bestowed on me immense grace and
mercy. I, on my part, dedicate myself to His
holy feet. (7)

Full of love and bliss, I constantly behold newer
and newer acts of grace and remain humble
and meek at heart. (8)

Guru's mercy pervades my inner being. My
attention remains riveted to His holy feet all
the time. (9)

Day and night, I drink the nectar of the bliss of
Nam. I listen to the sounds of the bell, the
conch and the Bin (harp). (10)

I hear the beating of Drum like continuous roars
of thunder. I also listen to the melodious notes
of the fiddle and the flute. (11)

I catch the sounds of Alakh and Agam and con-
template the Holy Feet of Radhasoami. (12)

My good luck has awakened and I have been
blessed with Guru's association. I easily got
Darshan of His incomparable form. (13)

I cannot describe the grace and mercy showered
on me. I have got the special Saran of His
holy feet. (14)

How far can I describe the greatness of Radha-
soami ? I can only say : Glory, all glory, more
glory and still more glory to Radhsoami. (15)

Shabd 28

सतगुरु पूरे परम उदारा ।
दया दृष्टि से मोहि निहारा ॥१॥

Supremely generous is my perfect Sat Guru. He
has cast His benign glance at me. (1)

I have come from a far off place. I am extremely
delighted on having His Darshan. (2)

On listening to His discourses, faith has been
aroused in my heart. My Surat is drenched
in the bliss of the Saran of His holy feet. (3)

My Karam, Bharam and doubts and misgivings
are now all gone and my love for the Holy
Feet of Radhasoami has increased. (4)

My Guru has given out to me the secret of Surat
Shabd Yoga which I practise with love and
yearning. (5)

Guru has enabled me to give up my attachment to
kith and kin and to keep my mind calm and
steady in Satsang. (6)

Sumiran and Bhajan are now pleasing to me. My
dormant mind has awakened on listening to
Shabd. (7)

By mercy, my Surat rushes to Nabh (Sahas-dal-
kanwal) and, on going to Trikuti, gets linked
with Guru's holy feet. (8)

In Sunn, I behold a wonderful spectacle. I can now
catch the melodious sound of the flute. (9)

Thereafter, I reach the Darbár (court) of Sat Guru. I then have Darshan of Alakh Purush and Agam Purush on going to their regions. (10)

From there, too, I proceed to Adhar (the region not resting on any support) and meet Radhasoami, the Infinite and Supreme Being. (11)

Going there, I sing Radhasoami Dayal's Arti. This slave becomes the recipient of perfect mercy. (12)

Shabd 29

गुरु प्रेम बढ़ा अब मन में ।

सुर्त लगी जाय चरनन में ॥१॥

My love for Guru is now greatly enhanced. My Surat gets linked up with His holy feet. (1)

Day and night, I remain preoccupied with the thought of pleasing my Guru by performing His Sewa. (2)

How can I describe His grace and mercy ? He has granted me faith in His holy feet. (3)

He has detached me from the world and has imparted to me the secrets of the Holy Feet. (4)

My mind and Surat remain lost in Guru's holy feet. I recognize none other than my Guru. (5)

My Sat Guru is supremely generous. In His grace and mercy, He redeems Jivas. (6)

What sacrifice shall I make at Your feet, O Guru ?
 My body, mind and wealth look too trivial.
 My Surat, which is Your own essence and
 dear to You, is now entirely offered to You. (7-8)

Grant me Your help and protection in any way
 You deem fit and proper. May I ever remain
 at Your holy feet. (9)

O my generous Giver, ever merciful to the
 humble ! Enrich me by Your Darshan. (10)

O my Beloved ! Open my inner eye so that I may
 behold Your exalted Nij Rúp (True Form). (11)

Shower the colour of love in which my body, mind
 and Surat may all remain drenched. (12)

I feel delighted when I get Your Darshan. I sing
 Your praises and contemplate Your holy feet. (13)

Be kind enough to grant this prayer of mine : Let
 me have Your Darshan soon. (14)

O Radhasoami, the supremely merciful and infinite
 Being ! Your Holy Feet are my sole prop and
 support. (15)

Your glory and eminence are beyond description.
 I sacrifice myself at Your holy feet. (16)

I now arrange for Guru's Arti with love and
 affection and recieve His grace and mercy as
 Prashad. (17)

Radhasoami is the Being great. In His holy feet
 lies my emancipation. (18)

Shabd 30

आरत करे पिरेमन नार ।
दीन दिल चित्त लगाई ॥१॥

- The loving devotee, humble at heart, performs
Guru's Arti with rapt attention. (1)
- She dedicates herself to Guru's holy feet. Her
heart overflows with love. (2)
- Getting initiated in Surat Shabd Yoga, she regular-
ly peeps at the inner centres. (3)
- By getting Darshan of Guru's true form, her mind
becomes absorbed in bliss and her love for
Guru is enhanced. (4)
- She shuns worldly pleasures considering them to
be a disease, and applies her mind and Surat
to the Holy Feet. (5)
- Hearing the reverberations of Anhad Shabd, she
becomes delighted at heart and sings Guru's
praises. (6)
- She witnesses wonderful and pure spectacles
within. Flowers of Shabd are in full bloom all
round. (7)
- She sacrifices her body and mind before Radha-
soami, and becomes the recipient of perfect
Saran. (8)
-

Shabd 31

सखीरी मेरे भाग जगे ।
मैंने सतगुरु पाए री ॥१॥

- O Sakhi (friend) ! My good luck has awakened. I have met Sat Guru. (1)
- All My Karam, Bharam and doubts have been eradicated. My Guru has drawn me to His holy feet. (2)
- My beloved Radhasoami is the very embodiment of love. How can I sing His glory ? (3)
- By granting me the Saran of His holy feet, He has made me His own, and has enhanced my love for Him. (4)
- All Jivas of the world are caught in Kal's net. They constantly accumulate the burden of Karmas. (5)
- They have got entangled into blind adherence to traditional religions. (6)
- How can I praise my good luck ? Sat Guru, in His mercy, has saved me. (7)
- He has very kindly enabled me to recognize the true path of Surat Shabd Yoga. (8)
- By having Darshan of Guru's form within, I enhance my love for and faith in Him. (9)
- My mind and Surat rush upward by catching hold of the cord of Shabd with love and zeal. (10)

Taking the platter of attention and lighting the flame of Dhyan (contemplation), I have arranged for the Arti of Guru with love and affection. (11)

With greater and greater zeal, I come before Him and win His pleasure. (12)

I receive His grace and mercy as Prashad. I have now awakened my good fortune. (13)

The eminence of Radhasoami cannot be described. The entire creation fails to do so. (14)

I am powerless and have no merit. Radhasoami has graciously made me His own. (15)

Shabd 32

(८) सेवक प्यारा उमंगत आया ।
सतगुरु चरनन आरत लाया ॥१॥

This loving slave of Sat Guru comes to His august presence and performs Arti at His holy feet. (1)

I prepare the platter of pure and unalloyed mind and attention and kindle the flame of a soft and tender voice. (2)

I feel very much delighted on having Darshan of Guru. I enhance my love for the Holy Feet of Radhasoami. (3)

I listen to the resounding of Nam with yearning

- and love. I sing RADHASOAMI, RADHASOAMI from the core of my heart. (4)
- I have cast aside all Karam and Bharam and have rendered both Maya and Kal ineffective. (5)
- Blessed with Guru's mercy, I have enriched my luck. Love and faith now pervade my heart. (6)
- I frolic and bloom like a flower in the company of Guru. My mind and Surat abide in His holy feet. (7)
- What Sewa of Guru am I at all fit to perform ?
By Sat Guru's grace, all my maladies have been removed. (8)
- I sing the glory of Radhasoami all the time and enhance love in my heart by performing His Arti. (9)
- The gate-way of the city of love has been thrown open to me. I get unique Darshan of Radhasoami Dayal. (10)
- I have now completed this Arti of mine. I remain near Radhasoami, allowing no distance to intervene in between. (11)

Shabd 33

मेरे सतगुरू जग में आये ।
भौसागर जीव चिताये ।
मैं तो उमंग उमंग गुन गाता री ॥१॥

- My Sat Guru has made His advent here and has awakened Jivas of the world. I sing His praises with ardour and zeal. (1)
- By attending His Satsang, I have awakened my प्रीत Preet (affection) and by performing His Sewá, have enhanced प्रेम Prem (love) for Him. I constantly contemplate His holy feet. (2)
- My Karams and Bharams have all been eradicated, and the moment this happened, I licked गुरु चरन Guru's Charan. Kal no longer torments me. (3)
- I worship my Guru within, all the time, and place my Surat at His lotus feet. I listen to Shabds resounding in Gagan (higher regions). (4)
- I arouse zeal and enthusiasm for performing His Arti and bring all the necessary paraphernalia. I then sing His Arti before Him. (5)
- Guru now casts His benign glance at me and my Surat becomes absorbed in bliss. I become drenched in the colour of love. (6)
- Jivas, given to rites and rituals, are all blind. They are caught in Kal's net. Save Sat Guru, who else can save them ? (7)
- If you seek your own redemption, engender love for Guru's Holy Feet. This is what I proclaim before wordly people. (8)
- Those Jivas, who love Guru and make His holy feet their sole prop and support, are dear to me, and I increase my affection for them. (9)

I sacrifice myself over Darshan of Guru. How
can I sing His splendour and grandeur ? I have
made an offering of my body and mind to
Him. (10)

Guru has now bestowed great mercy on me and
my Surat reaches Sahas-dal-Kanwal. It listens
to the sounds of the bell and the conch. (11)

Surat advances from there and reaches Guru's
Darbár (Trikuti) where it listens to the beating
of drum and the roar of thunder. (12)

Going to Sunn, it bathes there and, in Bhanwar-
gupha, it listens to the sound of the flute. It
then hears the melodious note of the Bín (harp)
in Sat Pur (Sat Lok). (13)

Thereafter, it beholds the regions of Alakh and
Agam and then reaches the Original Abode
which has no beginning. It merges in the Holy
Feet of Radhasoami. (14)

Radhasoami, the Being great, has graciously
redeemed an humble and lowly Jiva like me.
I sing His glory every moment. (15)

Love and zeal well up from within me day and
night. My Surat is constantly drenched in the
love for the Holy Feet. I call myself a slave
of Radhasoami Dayal. (16)

Shabd 34

सखीरी क्या भाग सराहे री ॥टेक॥
 चरन कैवल गुरु दीन दयाला ।
 घर मे रे आ ये री ।

- O Sakhi (friend) ! How am I to praise my great good fortune ? The lotus feet of the merciful Guru, have graced my home. (1)
- In His grace, He has sought me out and drawn me to His holy feet. (2)
- My Sat Guru is supremely generous. How can I sing His glory ? (3)
- By performing His Sewa and having His Darshan, I awaken my good luck. (4)
- The path of Surat Shabd Yoga is absolutely perfect and He has been pleased to acquaint me with the secrets thereof. (5)
- Love and faith have increased in my heart. I contemplate His Holy Feet. (6)
- I now arouse great ardour and zeal within me to perform Sat Guru's Arti with all necessary paraphernalia. (7)
- I have prepared the platter of Surat and kindled the flame of Nirat. (8)
- I bring variegated articles of Arti and place them before Guru. (9)
- With yearning and love, I come before Him and sing His Arti. (10)

He bestows His mercy on me and Anhad Shabd starts resounding within me. I hear the sound of the bell. (11)

I now ascend further and reach the fort of Trikuti, where I get Darshan of Guru. (12)

Then, ascending to Sunn and, thereafter, passing through Bhanwargupha, I listen to the sound of the Bín (harp) in Sat Pur (Sat Lok). (13)

Finally, after beholding Alakh Lok and Agam Lok, I get Darshan of Radhasoami. (14)

Radhasoami bestows immense mercy on me and graciously makes me His own. (15)

Shabd 35

सखीरी क्या महिमा गाऊँ री ॥टेक॥
 सतगुरु मेरे परम सनेही ।
 आ ए ध र औ ता र ॥१॥

O Sakhi (friend) ! How am I to sing Sat Guru's praises ? He is extremely affectionate towards me. He has incarnated Himself here. (1)

He has enhanced my luck by granting me the shelter of His holy feet, and has done great good to my soul. (2)

He has mercifully brought out my purification, and affectionately entrusted His special Sewa to me, (3)

He has removed innumerable obstacles in my way
and cast aside my Karam and Bharam. (4)

He has graciously delivered discourses and enhanced my love and faith. (5)

Ignorant that I am, I had no idea of His eminence
and status. He Himself gave out His true secrets. (6)

Such is the all-powerful Radhasoami whom I was
fortunate to meet. I dedicate my body and mind to Him. (7)

How far can I describe my happiness and joy ?
I have forgotten the world. (8)

By His grace, I elevated my Surat to Gagan
(Trikuti) and reached Guru's Darbar (court). (9)

Having taken bath at Mán-sarovar, my Surat went
to Sat Lok. (10)

Going beyond Alakh and Agam, Surat merged in
the Holy Feet of Radhasoami. (11)

By performing His Arti, I enhance my luck.
Radhasoami is pleased to bestow His mercy
on me. (12)

Shabd 36

गुरु दरशन सहजहि पाई ।
गगना में बजत बधाई ॥
मैं तो हरख २ गुन गाऊँगी ॥१॥

It was with consummate ease that I could get Darshan of Guru. Music of congratulation (thanks-giving) is playing in Gagan (higher regions). I shall sing Guru's praises with joy and delight. (1)

My Sat Guru is supremely dear to me. He has liberated me in a moment. I shall sacrifice myself at His holy feet. (2)

How can I sing the glory of Satsang ? I become happy on hearing Guru's discourses. I shall sing His praises. (3)

Sat Guru's countenance is very fascinating. I keep my gaze fixed on it. I shall implant His image in my heart. (4)

How am I to sing of the beauty and splendour of Guru ? Crores of suns and moons are put to shame in comparison. With my Surat I shall contemplate His holy feet. (5)

Guru has given out to me the inaccessible secret, and I have been able to recognize the Surat Shabd Yoga. I shall elevate my mind and Surat to higher regions. (6)

In Sahasr-al-Kanwal, I light the flame. In Trikuti, I behold Guru's form. Proceeding to Sunn, I listen to the Shabd of that region. (7)

In Bhanwargupha, I listen to the sound of Sohag, and in Sat Lok, I hear the melodious note of the Bin (harp). Ascending higher, I meet Alakh Purush and Agam Purush, (8)

Radhasoami is my beloved Sat Guru. In His mercy, He has detached me from all. I shall rush for the shelter of His holy feet. (9)

Worldly Jivas are the victims of Karam. They waste the human body under the sway of delusion. I shall hide the secrets of Radhsoami Mat from them. (10)

I enhance my love for Guru. I sacrifice my body, mind and wealth before Him. I shall daily sing this Arti. (11)

Love has now increased immensely within me. I have become the darling of Radhasoami. I shall awaken ever-new love and yearning in my heart. (12)

Shabd 37

प्रेम रंग बरसत घट भारी ।
दास आरती नई सम्हारी ॥१॥

There is a down-pour of the colour of love within me. This slave has decided to perform a new (fresh) Arti. (1)

I have prepared the platter of my heart and the wick of love. I constantly kindle the flame of the current of Shabd. (2)

Lost in bliss, I come before Guru and sing His Arti with love and affection. (3)

I become delighted at heart on having His Darshan. I smile softly as I see His splendour. (4)

In my mind, I think of performing Guru's Arti in various ways and with variegated paraphernalia. (5)

The thought which comes uppermost to my mind is how to win His pleasure. (6)

By His mercy, I enhance my luck. I remain at His holy feet. (7)

Radhasoami has now cast His benign glance at me. He has granted me firm Saran of His holy feet. (8)

Shabd 38

आरत गावे दास रंगीला ।
चरन सरन में खेलत सीला ॥१॥

This jovial slave sings Sat Guru's Arti. Full of peace and tranquillity, he frolics under the shelter of Guru's holy feet. (1)

I listen to Guru's discourses with love and affection (attention). I card the mind like cotton again and again. (2)

Love and yearning well up in my heart as Shabd reverberates with a loud note. Surat rushes with Nirat to Nabh or Sahas-dal-Kanwal where it listens to the sound of the bell and gets Darshan of the form of Jyoti (flame). (3-4)

At the middle of the black-and-white region and through the third Til, I witness Banknāl (the crooked tunnel). (5)

I heard the blowing of conch and the sound of Omkár. I was blessed with Darshan of Guru on ascending to Trikuti. (6)

There, I saw the red morning sun, and heard the beating of Mridang (drum) and the roar of thunder. (7)

Ascending further, I opened the gate-way of Daswán-dwár, and saw the mellow light of moon and a huge raised platform. (8)

I bathed in the current of Triveni. My Surat merged in the sound of Rárang-kár. (9)

Passing through Mahá-sunn, I rushed higher up. I could then hear the sound of the flute in Bhanwargupha. (10)

I saw a white sun shining there. The congregation of Hansas (celestial beings) was very pleasing to me. (11)

I next opened the gate-way to Sat Lok. Sat Purush then graciously spoke to me. (12)

My Surat was absorbed in bliss on getting His Darshan, as if it had merged in an ocean of love. (13)

Then, after witnessing the regions of Alakh and Agam, it merged in the Holy Feet of Radhasoami. (14)

Going there, I sang the Arti of Radhasoami. I was the recipient of His special grace and mercy. (15)

This region is the essence of essences. It is eternal,
endless, undivided and infinite. (16)

The Yogi and Gyani (sophist, Vedantist) know
not its secret. They remain lost in the three
worlds. Except Sants, none, not even gods,
goddesses and incarnations, can proceed
beyond. (17-18)

My luck for repairing to the highest region has
now awakened. I have become the chosen slave
of Sat Guru. (19)

He has been pleased to draw me to the shelter of
His holy feet and cast aside all my Karam and
Bharam. (20)

Great is the glory of Radhasoami Dayal. I sacri-
fice my Surat at His holy feet. (21)



Shabd 39

सतगुरु प्यारा आरत लाया ।
चरन सरन में धावत आया ॥१॥

This loving devotee of Sat Guru has brought the
necessary paraphernalia for His Arti. He comes
rushing to the shelter of Sat Guru's holy feet. (1)

He frolics and blossoms forth like a bud at the
Holy Feet. He is filled with joy and bliss on
having Darshan of Sat Guru. (2)

- He enhances his love and affection for his brother-Satsangis. Every moment, he tries to win Sat Guru's pleasure. (3)
- On listening to Sat Guru's discourses, he enhances love for Him at heart and, by performing His Sewa, awakens his good luck. (4)
- He enshrines the majestic form of Radhasoami in his heart, and his Surat, by catching hold of the current of Shabd, ascends to higher regions. (5)
- Penetrating into the region of Gagan, he earns the epithet of the slave of Guru and, in Mán-sarovar in Sunn, he makes nectar trickle down. (6)
- In Bhanwargupha, he listens to the sound of the flute and in Sat Lok, the melodious note of the Bín (harp). (7)
- Both Alakh Purush and Agam Purush showered Their grace on him. Radhasoami Dayal took him on His lap. (8)
- He feels delighted on witnessing ever-new acts of grace. Who, but Radhasoami, can bestow such immense mercy ? (9)
- It is due to his great good luck that he becomes the recipient of Radhasoami Dayal's grace; he offers his mind and body to Him. (10)
- Inaccessibly great is the status and eminence of Radhasoami. Salutation to His holy feet again and again. (11)
-

Shabd 40

सखी री मेरा धुर का भाग जगा री ।
जगत मोहिं लागा ज्यों सुपना री ॥१॥

O Sakhi (friend) ! My luck for repairing to the Highest Region has awakened. The world appears to me like a dream. (1)

By grace, my inner burning and suffering have gone. I have no longer to remain entangled and lost in the net of infatuation. (2)

I shall now perform the repetition of RADHA-SOAMI Nam every moment, and receive spiritual nourishment at the Holy Feet of Sat Guru. (3)

I shall look intently into the eyes of my Guru each instant, and shall never dose while performing His Dhyān. (4)

I now listen to Guru's discourses attentively. I shall no longer remain lost in Karam and Dharam (false religious beliefs). (5)

I shall quickly do away with egotism and infatuation. I have now engendered love for Guru's holy feet. (6)

My Guru is the most Benevolent and Supreme Being. I sing His Nám from the core of my heart all the time. (7)

I shall no longer be consumed by the fire of worldly cravings and desires. I shall constantly

- trample down Kam (passion, lust) and Krodh (anger). (8)
- Catching hold of the current of Shabd, I shall constantly soar higher and higher. I shall be nurtured on the lap of Sat Guru. (9)
- Like a parrot caught in a cage, are the Jivas entangled in the world. They suffer and are consumed in hell. (10)
- Without the help of Guru, how can one get across ? Without His aid, one will never escape from the cycle of recurrent births and deaths. (11)
- Enshrine the holy feet of Guru in your heart. Firmly adopt His Saran (refuge). (12)
- Constantly fill your heart with love for Guru. Do only this, leaving aside everything else. (13)
- You will then not have to be afraid of Kal at all and you will get across the ocean of existence easily. (14)
- Perform Arti at the Holy Feet of Guru and elevate your Surat to the region or abode of Sat Guru. (15)
- Then, fall at the Holy Feet of Radhasoami. Thereafter, remain in the company of the Beloved at all times. (16)
- Constantly sing the glory of Guru and be the recipient of the grace of Radhasoami every moment. (17)
-

Shabd 41

गुरु के पइयाँ लागूंगी ।
चरन गुरु हिरदे धारूंगी ॥१॥

I shall apply myself to Guru's holy feet, which I
shall ever enshrine in my heart. (1)

I shall frolic in the company of Guru. Beholding
His charming countenance, I shall sacrifice my
body and mind. (2)

I shall enhance love for Him in my heart, and
create a stir and tumult in this world with my
love and enthusiasm. (3)

I shall scatter Karam and Bharam to the wind and
make Jivas apply to Guru's holy feet. (4)

I shall teach them the ways of Bhakti and make
them strengthen their faith in Guru. (5)

Holding the platter of faith and lighting the flame
of love, I shall sing the Arti of Sat Guru and
shall elevate my mind and Surat to अघर Adhar
(higher regions). (6-7)

I shall proceed beyond Sahas-dal-kanwal and have
Guru's Darshan in Gagan (Trikuti). (8)

In Sunn, I shall listen to the Shabd of that region.
In Bhanwargupha, I shall focus my attention
on the Shabd thereof. (9)

I shall bathe in सत सर Sat Sar (lake of Sat Lok)
and shall get Darshan of Sat Purush. (10)

I shall sing the praises of Alakh Purush and Agam Purush and then merge in the Holy Feet of Radhasoami. (11)

Shabd 42

गावे आरती सेवक पूरा ।
छिन छिन पल पल मन को चूरा ॥१॥

The confirmed slave of Sat Guru sings His Arti. Every moment and every instant, he keeps pulverising his mind. (1)

He applies his Surat to the Holy Feet every moment and feels satiated with the bliss of Guru's Darshan. (2)

By attending Satsang, he constantly makes his Karmas go to sleep. By performing Guru's Sewa, he awakens his good luck. (3)

He holds fast to गुरु मत Guru Mat (religion of Guru) and cherishes सुमत Sumat (good understanding) at heart. He rejects मन मत Man Mat (the dictates of mind) and reduces to ashes कुमत Kummat (baser understanding). (4)

He utters aloud the Name RADHA RADHA and, from the core of his heart, sings SOAMI SOAMI. (5)

He casts aside the blemishes and pain and suffering caused by Kal and, by merging in Shabd,

his Surat rushes towards Nabh, i. e., Sahas-dal-
kanwal. (6)

He is delighted at heart on witnessing the dazzling
flame and, on penetrating through the Bank-
Nál (crooked tunnel), listens to the Shabd of
Guru in Trikuti. (7)

Going to Sunn, he bathes in Mán-sarovar and
listens to the loud notes of the violin and the
fiddle. (8)

He then rushes above Mahá-sunn and listens to
Rágas (musical modes) to the accompaniment
of the playing of the flute. (9)

Going to Sat Lok, he hears the sound of the Bín
(harp) and gets Darshan of Sat Purush. (10)

He then elevates his Surat beyond Alakh Lok and
Agam Lok, and adores the Holy Feet of
Radhasoami. (11)

Radhasoami Dayal becomes pleased. He endears
and enriches the loving devotee. (12)

Shabd 43

सुरत पियारी उमगत आई ।
गुरु दरशन कर अति हरखाई ॥१॥

The darling Surat comes filled with love and zeal.
She is extremely delighted on having Guru's
Darshan, (1)

- She listens to Guru's discourses with love and affection. Every moment, she discards the attributes of Mana and Maya. (2)
- She engenders deep love for Guru. Both Surat and Nirat become the slaves of Guru's holy feet. (3)
- An intense longing arises in her heart for performing Sat Guru's Arti with decorum. (4)
- She brings the platter of अनुराग Anurág (fondness) in her heart and kindles the flame of विरह Virah (yearning) and प्रेम Prem (love). (5)
- She puts on the beautiful dress of प्रीति Preet (affection). Her heart is filled with fresh enthusiasm. (6)
- She arranges the victuals of nectar in the platter, and then, with mounting joy and delight, she sings Guru's Arti. (7)
- She experiences intense love and faith in her heart. Sat Guru is pleased to cast His benign glance at her. (8)
- Imparting to her the secrets of the Holy Feet, He elevates her Surat. All her Karam and Bharam are set aside. (9)
- By grace, she awakens her good luck and gets Guru's Darshan within. (10)
- When her inner eye opened, she could clearly discern the predicament of the Jivas of the world, (11)

Some have got tied down in idols and temples.
Some are led astray by pilgrimage, others by
ritualistic fasts. (12)

Many remain lost in gods, goddesses, stones
(pebbles) representing deities, holy waters
(rivers), Ram, Krishna, and so on. (13)

None could get the whereabouts of the True
Abode. Without Sat Guru, all became the
victims of deception. (14)

How can I praise my great good luck ? Sat Guru
has graciously made me His own. (15)

In His mercy, He seated me on His lap and
showed me the path of Surat Shabd Yoga. (16)

He enabled me to firmly adopt the Saran of His
holy feet and made my Surat mature and wise. (17)

He has enhanced my love and faith day by day,
and has now scattered to the wind all my
doubts and misgivings. (18)

Beloved Radhasoami, my Param Guru (Most
Excellent Master), has, in His own grace and
mercy, liberated me. (19)

Shabd 44

जगत में बहु दिन बीत सिराने ।
खोज नहि पाया रहे हैराने ॥१॥

- I passed innumerable days in this world, but
unable to get at the Truth, remained distracted
all the time. (1)
- I came searching, leaving my hearth and home and
was fortunate to gain admittance into the
Darbár (court, Satsang) of Guru, Radhasoami. (2)
- I acquainted myself with the secret of Sant Mat
from Him. My mind was absorbed in bliss on
witnessing acts of grace and mercy day and
night. (3)
- With love and care, I attend Satsang, which is the
true essence. I utter the sublime Name
RADHASOAMI all the time. (4)
- I contemplate Sat Guru's holy feet. Day and
night, I strengthen my Saran of Radhasoami. (5)
- I hear the loud reverberations of Shabd and shatter
my attachment to the world, root and branch. (6)
- I shall perform Arti of Sat Guru. All my Karam
and Bharam are now gone. (7)
- With humility at heart, I give up my evil under-
standing. My Surat applies tenaciously to the
Holy Feet. (8)
- I take in my hand the platter of love and yearning
and I kindle the incomparable flame of love. (9)
- I shall sing Guru's Arti in the company of Hansas
(celestial beings), and shall place my head at
the holy feet of Guru, (10)

The Beloved Radhasoami is pleased with me. He,
in His grace, has ferried me across. (11)

I shall sing His praises again and again. I am
fortunate to have come under the fold of Sant
Mat which is the True Essence. (12)

Shabd 45

आज आरती करूं सम्हाली ।
जगा भाग और हुई निहाली ॥१॥

I perform Guru's Arti with care and attention this
day. My good luck has awakened and I have
become a blessed one. (1)

I take the platter of Sewa and the wick of faith. I
constantly keep the flame of love lighted. (2)

With zeal and ardour, I sing Guru's Arti. I listen
to the sounds of the bell and the conch. (3)

Penetrating through Bank Nál, I come to Trikuti
where I hear the beating of Mridang (drum)
and the roar of thunder. (4)

I am extremely delighted to have Guru's Darshan
there. I also witness the red sun. (5)

I then proceed to Mán-sarovar and take my bath
in the Ghát (bathing place) of Triveni. (6)

Passing through Bhanwargupha, I come to Sat Pur
(Sat Lok) and, by the grace of Sat Purush, hear
the melodious note of the Bín (harp), (7)

I proceed beyond Alakh Lok and Agam Lok and have Darshan of Radhasoami Dhám. (8)

It is by good luck that I was blessed with Sat Guru's grace and mercy and could merge in the Holy Feet of Radhasoami. (9)

By attending Satsang, I purified my mind. I developed love for Guru and became the slave of His holy feet. (10)

Kal created all kinds of obstacles for me. By Sat Guru's grace and mercy, my coming to this world again and again has been put to an end. (11)

Sat Guru has graciously released my soul from the captivity of Karam and has strengthened my faith in Bhajan and Bhakti. (12)

Both my mind and Surat have awakened and have applied themselves to Guru's holy feet with love and enthusiasm. (13)

I have increased love in my heart by performing Guru's Sewa and have offered my body, mind and wealth, indeed, everything, to Him. (14)

My Surat remains absorbed day and night, and utters RADHASOAMI, RADHASOAMI every moment. (15)

Shabd 46

गुरुमुख सुरत प्रेम भरपूरी ।
सतगुरु चरनन सदा हुजूरी ॥१॥

- The Gurumukh Surat, full of love and affection,
remains in attendance on Sat Guru's holy feet
all the time. (1)
- I am always imbued with ever-new love and
yearning and embellish myself with love and
firm faith. (2)
- I offer my body, mind and wealth — nay, every-
thing, to Sat Guru, and cast aside all Karam
and Bharam. (3)
- I perform Guru's Sewa with love and affection and
fix my gaze on the third Til with the eye of
Surat. (4)
- It is by grace and mercy that I get this opportu-
nity. I sacrifice myself before Radhasoami
again and again. (5)
- I remain meek and humble at Guru's holy feet
and, with love and zeal, adopt His Saran. (6)
- The glory of Satsang beggars description. It has
enabled me to ascertain the inner secrets. (7)
- Radhasoami Mat is unfathomably deep. In the
holy feet of Radhasoami lies the liberation of
the Jiva. (8)
- Radhasoami's region is the highest of all. None
but a Sant has access there. (9)
- Extremely blessed is he who gets a chance to
attend Satsang and by engendering faith in Sat
Guru, rushes to adopt His Saran, (10)

The snare of Kal and Karam is cut asunder in his case, and his wanderings in the transmigratory cycle come to an end. (11)

By the grace of Radhasoami, my good luck has awakened. My attention has easily been fixed on His Holy Feet. (12)

He, in His own grace and mercy, made me His own. How can I sing His glory ? (13)

Great zeal and enthusiasm have now surged forth in my heart to perform Sat Guru's Arti with all due care. (14)

I shall prepare the platter of yearning and love, kindle the flame and hear the tinkling sound. (15)

I shall then sing the Arti of Sat Guru with zeal and ardour, and elevate my Surat with my gaze fixed on His countenance. (16)

Passing through Sahas-dal-kanwal, I shall rush to Trikuti and then behold Bhanwargupha, beyond Sunn. (17)

Going, next, to Sat Lok, I shall hear the sound of Bín (harp) and, thereafter, elevate my Surat beyond the regions of Alakh and Agam. (18)

Finally, I shall get the Darshan of beloved Radhasoami and merge in His holy feet. (19)

Shabd 47

सुरत सखी आज उमगत आई ।
दीन लीन चित आरत लाई ॥१॥

- The darling Surat comes with love and yearning
and with heart full of humility and lost in
Guru's love, brings with her the paraphernalia
for Arti. (1)
- I make the platter of yearning and affection and
kindle the flame of love and devotion. (2)
- I feel elated at the prospect of witnessing the glory
and grandeur of Guru's holy feet. (3)
- I constantly offer at my Guru's holy feet the
prayer : Open, in Your grace, the heavy
barriers within me, so that I may feel delighted
at heart on having Darshan of Your majestic
form and recognize within me the grace and
mercy of Radhasoami. (4-5)
- You are, O Lord, infinitely great and exalted,
while I am only an humble, meek and helpless
Jiva. (6)
- Be kind enough to grant me Your Darshan. May
my Surat remain drenched in the bliss of
nectar every moment. (7)
- Mind not my errors and omissions. You are my
munificent Lord and a supremely liberal
Being. (8)
- Kal and Karam have inflicted much pain and

suffering on me. Being helpless, I have now
come under Your shelter. (9)

O Munificent One ! You are my merciful father.
Vouchsafe unto me Your protection by grant-
ing me Saran (refuge) of Your holy feet. (10)

I sing this Arti with love and affection. Beloved
Radhasoami is pleased to extend His help to
me. (11)

Shabd 48

गुरु दरशन मोहि अति मन भाए ।
बचन सुनत हिय प्रीत बढ़ाए ॥१॥

Guru's Darshan is extremely pleasing to me. As
I listen to His discourses, I enhance love for
Him in my heart. (1)

I find His Satsang to be unique and quite distinct
from all others. His region is higher than
the highest of all. (2)

That region is called Radhasoami Dham (Abode
of Radhasoami). Jyoti and Niranjan have no
access there. (3)

Its unbounded greatness beggars description. At
the Holy Feet of Radhasoami lies Jiva's
redemption. (4)

Radhasoami has graciously given out सहज योग
Sahaj Yoga (easy Yoga), i.e., Surat Shabd

Yoga. He has enabled the Jiva to have
Darshan of Guru within. (5)

He has shown the path of Surat Shabd Yoga. The
Jiva should elevate his Surat with an attitude of
love. (6)

His mind and Surat will then awaken and will
apply themselves to Shabd Guru with love and
affection. (7)

It is through sheer good luck that I could embrace
Radhasoami Mat and, after wandering aim-
lessly all the while, was at last drawn to
Guru's holy feet. (8)

I repose my hope and trust in the holy feet of my
Guru and I dedicate to Him my body and
mind, indeed, my entire being. (9)

It is my firm belief that Guru, in His mercy, will
grant me abode in the inaccessible region. (10)

I know and care for none other than Radhasoami.
I perform His Arti with love and affection. (11)

Love has pervaded my inner being. I have received
Radhasoami Dayal's grace as Prashad. (12)

O Radhasoami ! Grant me the gifts of love and
faith and, detaching me from all else, make me
Your own. (13)

May I abide day and night under the shelter of
Your holy feet and may I sing RADHA-
SOAMI, RADHASOAMI every moment. (14)

Shabd 49

सरन गुरु हिये में ठान रही ॥टेक॥
 उमँग प्रेम की धारा भारी ।
 सो अब चरन बही ॥१॥

- I hold fast to Guru's Saran at heart. My overflowing currents of love and ardour are now rushing towards the Holy Feet. (1)
- Since my very childhood, I have been drifting away in the world. I remained foolish and ignorant all this time. (2)
- The merciful Guru came and met me and gave out the true secrets of the Holy Feet. (3)
- On attending Satsang, right understanding dawned on me, and I gave up the ways of the world. (4)
- I have now taken to the path of Surat Shabd Yoga and resolved to follow Sant Mat. (5)
- Love and yearning have increased in my heart and I have firmly adopted Saran of Radhasoami. (6)
- I apply myself to Sumiran, Dhyān and Bhajan. My mind enjoys inner bliss. (7)
- I now realize the importance of love and devotion. I cling to the holy feet of Sat Guru. (8)
- Without the help of Sat Guru, nobody can get the true secret. Without Shabd, all Jivas are drifting in the world. (9)
- I shall now tell all in unequivocal terms that none can be saved without the help of a Sant. (10)

- Therefore, adopt the Saran of Radhasoami and
fall at His holy feet, in any way you can. (11)
- His heart is full of compassion for Jivas. He will
save them from Jama in no time. (12)
- Kali Yug is the most difficult and terrible time.
None can successfully perform rites and rituals
and religious observances of the past. (13)
- Therefore, abandon the religious practices of yore
and direct your attention to the Holy Feet of
Guru. (14)
- Guru will easily extricate you from Kal's net, and
your mind and Surat will ascend to Gagan. (15)
- The glory and eminence of Radhasoami is beyond
description. He has graciously taken me in
His lap. (16)
- I sing the praises and contemplate the countenance
of my Guru Radhasoami, all the time. (17)
- I hear the sounds of the bell and the conch, and
behold the form of Guru. (18)
- Going to Sunn, I hear the melodious note of the
violin and make friends with Hansas. (19)
- After listening to the sound of the flute in Bhanwar-
gupha, I hear that of the Bín (harp) in Sat Lok. (20)
- Then, proceeding beyond Alakh Lok and Agam
Lok, I have Darshan of Radhasoami. (21)

Shabd 50

गुरु याद बढ़ी अब मन में ।
गुरु नाम जपू छिन छिन में ॥१॥

Now, remembrance of Guru has increased in my heart. I utter Guru's Name every moment. (1)

From the core of my heart, I long for Guru's Satsang. I sacrifice myself over His Darshan. (2)

I constantly frolic before Guru, and mix intimately with loving devotees. (3)

RADHASOAMI Nam is pleasing to me. I have applied my attention to IT's Sumiran. (4)

Radhasoami has been merciful to me. He has made this innocent child, His own. (5)

I shall sing the praises of Radhasoami all the time and shall contemplate His form. (6)

I have adopted Radhasoami's Saran. I remain under the shelter and protection of Radhasoami. (7)

Shabd 51

गुरु रूप लगा मोहि प्यारा ।
गुरु दरशन मोर अधारा ॥१॥

Guru's ^{form} ~~form~~ is very charming and dear to me. My only support is Darshan of Guru. (1)

I recite always the Name of Sat Guru. I fix my
attention on the holy feet of Guru. (2)

I follow all the time the behests of my Guru. I
enshrine in my heart the image of Guru. (3)

Loving devotees of Guru are dear to me. With
them I perform the Sewa of Guru. (4)

The only wish I cherish is that I may enjoy Guru's
company every day. (5)

Hear this prayer, O my Guru ! Fill my heart with
deep love. (6)

Take me under the shelter of Your holy feet. May
I ever repeat RADHASOAMI Nam. (7)

Shabd 52

दास दयाला आरत लाया ।
जग से भाग चरन में धाया ॥१॥

This दास Dás (slave) of the दयाल Dayál (the merci-
ful One) has brought the necessary parapher-
nalia for His Arti. Running away from the
world, he has rushed to Guru's holy feet. (1)

Piercing the internal barriers, I ascend to the gate-
way of Nabh (Sahas-dal-kanwal), and giving up
all pride and egotism, adopt Guru's Saran. (2)

By offering myself to Guru's holy feet in right
earnest, I become detached from everything

else. I cast aside the hold and sway of Karam
and Bharam from over me. (3)

As I implant in my heart the discourses delivered
by Guru in Satsang, Mana and Maya feel pur-
turbed and dejected. (4)

After turning and reversing, I peep into गुरु द्वारा
Guru Dwára (Guru's abode, i.e., Trikuti); the
sky thereof resounds with a loud note of Hú
Hú Hú Hú. (5)

Ascending swiftly like a fish, I reach Sunn and fill
the pitcher of my mind with nectar. (6)

Traversing, now, the path in the company of Sat
Guru, I easily ascend to and cross the region
of Mahá Sunn. (7)

I listen to the sound of the flute in Bhanwargupha.
My Surat is cleansed in the current of Sohāng
Shabd. (8)

I listen to the melodious sound of the Bín (harp) in
the Abode which rests on no support. In that
imperishable region, I meet Sat Purush, my
Guru. (9)

I embellish my Surat on going to Alakh Lok; I
then become the recipient of immense good in
Āgam Lok. (10)

I now witness the अधर धाम Adhar Dhām (The
highest region not resting on any support) of
Anami Purush, which is the true abode of
Sants. (11)

There, I get Darshan of Radhasoami and my Surat performs His Arti with all due decorum. (12)

I become absorbed in bliss on having Darshan of Radhasoami who bestows on me His unbounded mercy. (13)

My Surat clings to His holy feet like a fish beside itself with joy in water. (14)

I have Darshan of Radhasoami every moment. I offer my thanks to Him, crying out, "Glory, more glory and still more glory to Thee". (15)

Shabd 53

प्रेमी जन मस्त हुआ गुरु संग।
हुए सब संशय मन के भंगा ॥१॥

The loving devotee becomes beside himself with joy in the company of Guru. All the doubts and misgivings of his mind have been dispelled. (1)

On listening to Guru's discourses, love increases in each and every part of my being, and my mind and Surat get drenched in the colour of Guru. (2)

I learn the ways of Satsang after closely observing them and adopt Guru's shelter and protection on realizing their efficacy and importance. (3)

I have been initiated in the most excellent Surat Shabd Yoga. I shall ascend to Nabh (sky, higher region) with zeal and ardour, (4)

With the air-gun of RADHASOAMI Nam, I shall pierce Kal through and through. I am the stout and strong lion of Guru. (5)

Mana and Maya will then feel dejected and distracted. Ascending to Gagan, I shall bathe in the holy waters of the Ganges, i.e., the sublimely pure current of Shabd. (6)

I have been blessed with the association of Sat Guru Radhasoami. My wonderful and abiding luck has awakened. (7)

Shabd 54

राधास्वामी चरनन आइया ।
 जा मे मे रे भा ग ॥
 दरशन कर हिए हरखिया ।
 सतसंग में चित लाग ॥१॥

I have come to the Holy Feet of Radhasoami. My good luck has awakened. I am delighted by His Darshan and my mind has firmly applied itself to His Satsang. (1)

On listening to Guru's discourses, I become absorbed in bliss and my faith is strengthened. I sacrifice my body and mind at the Holy Feet of Radhasoami. (2)

Never had I heard of nor had I seen such a Satsang before. Adopting the strength of Radhasoami at heart, I shall break the back of Kal, (3)

I repeat the Holy Name and contemplate the image of Guru every moment. Enshrining Guru's majestic form in my heart, I live in peace all the time. (4)

I enhance my love for Guru. My mind remains rivetted to His holy feet. I perform His Sewá attentively, with my body and mind dedicated in a spirit of perfect humility. (5)

What can Maya do against me? Kal, too, cannot stop me. By grace and mercy, I have got linked with the Holy Feet of Radhasoami. (6)

I wandered and wandered all the time but never obtained a stable location, till I came to Radhasoami's holy feet and became His unconditional slave. (7)

There is no Sat Guru like Radhasoami nor any Nam as sublime as RADHASOAMI. There is no Yoga like Surat Shabd Yoga which enabled me to acquaint myself with the secret of the Nameless Supreme Being. (8)

Without Bhakti, no one can get across. Without Guru, no one can be redeemed. Without the help of Sat Guru, all Jivas get drowned in the current of worldly existence. (9)

Without love, none can get Darshan of Radhasoami. Therefore, cultivate Bhakti of Sat Guru; then only will you reach Nij Ghar (Original Home). (10)

I now prepare the platter of love and perform

Guru's Arti. I arouse zeal and enthusiasm in my heart and kindle the flame of yearning. (11)

Radhasoami is now pleased. He casts His benign glance at me. Granting me the gifts of love and faith, He makes me His own. (12)

Shabd 55

सरस धुन बाज रही ।
मेरे गुरु दरबार ॥१॥

Melodious Shabd is resounding in the Darbar (court) of my Guru. (1)

My Surat and mind are clinging to the Holy Feet of Guru. (2)

With heart imbued with love, I listen to the discourses of Guru. (3)

Overwhelmed by His grace and mercy, I dedicate my body and mind to Him. (4)

Throwing away the dust of worldly hopes and desires, I adopt the understanding imparted by Guru. (5)

I have now learnt the true secrets of Shabd. (6)

On understanding the true import of the teachings of Guru, I have given up Lobh (greed) and Kam (passion). (7)

My love in the Holy Feet has increased by Darshan of the majestic form of Guru. (8)

Kal now feels tired and exhausted. My Guru has become merciful to me. (9)

Faith in my Guru has increased at heart. Maya is now vanquished and powerless. (10)

Adherence to hypocritical activities, rites and rituals and illusions and delusions is gaining the upper hand all over the world. (11)

Very powerful is Kal. He has encircled all Jivas. (12)

Whoever adopts the saran of a Sant, crosses the ocean of worldly existence. (13)

By singing RADHASOAMI Nam, repair to your true and original Home. (14)

Shabd 56

सुरत पियारी सन्मुख आई ।
प्रेम प्रीत गुरु हिये बसाई ॥१॥

The darling Surat comes to the august presence of Guru. She implants in her heart love for and faith in Him. (1)

The discourses delivered in Satsang are a source of great pleasure to me. Worldly pursuits appear to me to be utterly trivial. (2)

I enhance my love for Parmarth. My mind rushes to Guru's holy feet every moment, (3)

Guru's Sewa is very pleasing to me. I offer my
body, mind and wealth to His holy feet. (4)

I remain gazing at Guru's majestic form, and feel
delighted on listening to His discourses. (5)

Guru very kindly has given out the secrets to me.
All my pain and suffering inflicted by Kal and
Karam are now gone. (6)

Drawing my Surat higher, Guru has enabled me
to listen to Shabd. He, in His grace, has
revealed to me the secrets of all Shabds
separately. (7)

After ascending to Sahas-dal-kanwal, I proceed to
Trikuti. I have seen the flame and now behold
Guru's form. (8)

Removing the barrier before Das-wán-dwár, I
behold the refulgence of the white moon. (9)

Passing through Bhanwargupha, I go to Sat Pur
(Sat Lok) and have Darshan of Sat Purush. (10)

I proceed beyond Alakh Lok and Agam Lok and
then get Darshan of Anami Purush. (11)

I get full benefit of performing the Arti of Radha-
soami, I become the dust of His Holy Feet. (12)

Shabd 57

भक्ती थाल सजाय कर ।
प्रेम की बाती लाय ॥

सुरत निरत दोड़ जोड़ कर ।
 शब्द की जोत जगाय ॥
 आरती राधास्वामी गाऊँगी ॥१॥

Preparing the platter of Bhakti (devotion), making the wick of Prem (love), and kindling the flame of Shabd by joining Surat and Nirat, I shall sing the Arti of Radhasoami. (1)

I shall behold within me the majestic form of Guru. I shall adopt with love and affection Guru's Mantra (esoteric formula), i. e., RADHASOAMI Nám, whose splendid reverberations I shall awaken within me. (2)

Proceeding to Sunn, I shall bathe in Triveni and shall make friends with Hansas. Ascending to the top of Sunn, I shall listen to the sound of the violin. (3)

With Guru's mercy, I cross Mahá-sunn and then listen carefully to the melodious note of the flute. Thereafter, I hear the sound of the Bín (harp) in Sat Pur (Sat Lok). (4)

After witnessing Alakh Lok, I go to Agam Purush, and then abide in the Holy Feet of Radhasoami. I shall constantly perform His Dhyán. (5)

Shabd 58

हंस हंसनी जुड़ मिल आए ।
 दरशन कर मन अति हरखाए ॥१॥

The Hansas and Hansanis came forward. They were extremely delighted to have Guru's Darshan. (1)

Together, they performed Guru's Arti, cherishing love and faith at heart. (2)

Defeated again and again, the mind now blooms with joy. Merrily and merrily the devotee merges in the feet of Guru. (3)

Arranging the platter of love and zeal and lighting the flame of yearning, they sing Guru's Arti together. (4)

The bell is ringing, the conch blowing, the cymbals clanging and the drum beating. Claps of thunder can be heard. (5)

Proceeding to the heart, that is, Trikuti, they get Darshan of Guru's form. Their mind and Surat engage in merrymaking going on there. (6)

In Sunn, they have Darshan of Akshar Purush and hear the melodious note of the fiddle. (7)

Proceeding in company with Sat Guru and catching the sound of the flute, they reach Bhanwar-gupha. (8)

They then get Darshan of Sat Purush and hear राग Rāgas to the accompaniment of the sound of harp. (9)

They feed on nectar and witness ever-new acts of grace. They adopt the Saran of Sat Guru in all humility. (10)

They sing the glory of Alakh and Agam, and
receiving grace and mercy, proceed onward. (11)

They are blessed with Darshan of Radhasoami
and merge in His holy feet with great love and
zeal. (12)

Joy and bliss pervade within. They praise their
great good fortune. (13)

The grace and mercy is beyond description. Perfect
love is being showered. (14)

Arti is complete today. Radhasoami has graciously
accomplished the task of all. (15)



Shabd 59

बिरह भाव घट भीतर आया ।
मन अंतर अनुराग समाया ॥१॥

A feeling of longing and yearning dawned within
me. Love pervaded my mind. (1)

I am yearning for Darshan. Immersed in joy, I
see the moon within. (2)

With love in my heart, I practise Surat Shabd Yog,
I have been initiated in. (3)

Kal has created all sorts of obstacles and keeps
me agitated by ailments and bereavements. (4)

But such is the mercy of Radhasoami Dayal that
I have been maintaining my faith in Him
intact. (5)

I adore the holy feet of Guru all the time in my mind. I enshrine His form in my heart. (6)

Thus alone Kal and Karma were vanquished, and I reached the Darbar of Guru. (7)

On getting His Darshan, I am now extremely delighted. I sacrifice my body, mind and wealth at His holy feet. (8)

I intensify Bhajan and enhance love and devotion and, by practising Surat Shabd Yoga, rush to Nabh (Sahas-dal-kanwal). (9)

Radhasoami Dayal bestows on me His special mercy, and I see a brilliant flame within. (10)

From there, I proceed to and merge in Trikuti, and after having touched the region of Guru, I bathe in the Mán-sarovar lake. (11)

Now, all alone and rid of body and mind, I frolic all the time in the company of Hansas. (12)

Proceeding further, I ascend beyond Mahá-sunn, listening to the sound of Sohng. (13)

After having seen the regions of Alakh and Agam, I have wondrous Darshan of Radhasoami. (14)

I sing His Arti with love and zeal. All desires and cravings of my mind have now been obliterated. (15)

My love has increased and I am now enamoured of Radhasoami Dayal's Darshan. Who can understand this indescribable state of affairs? (16)

How, at all, could I attain this reservoir of love ?
 Radhasoami Dayal Himself has vouchsafed
 His care and protection to me. (17)

Shabd 60

गुरु दरशन मोहिं लागे प्यारे ।
 बचन सुनत हिए हरख बढ़ा रे ॥१॥

Darshan of Guru is extremely pleasing to me. As
 I listen to His discourses, I become more and
 more delighted at heart. (1)

I have developed an intense longing for Satsang.
 If the Lord were to shower His mercy, I
 would attend Satsang all the time. (2)

I shall remain at His holy feet and awaken my
 love for Him. I shall apply my mind and
 Surat to Shabd. (3)

Without grace and mercy, nothing can be done.
 How can the feeble Jiva cultivate Bhakti ? (4)

It is only when Radhasoami is merciful that he
 can cast aside baser understanding from the
 mind. (5)

Then only will he cherish at heart भक्ति भाव Bhakti
 Bháo (devotion and love) all the time, and will
 rid his mind of all worldly hopes and aspira-
 tions. (6)

Love for the Holy Feet of Radhasoami will then

increase and he will firmly adopt faith in his heart. (7)

I remain detached and indifferent to world and constantly contemplate the Holy Feet. Every moment, I long for the mercy of Radhasoami. (8)

O Radhasoami ! I am very humble and lowly and have taken shelter under you. Remove all my troubles inflicted by Kal and Karam. (9)

Making me Your own, do set me right. I sacrifice myself at Your holy feet every moment. (10)

Enable me to hear the reverberations of Shabd within, and elevate my mind and Surat to higher regions. (11)

Witnessing Your acts of grace, may I remain absorbed in bliss, and may I have glimpses of Your majestic form through the third Til. (12)

May I hear Anhad Shabd in Gagan (Trikuti) and, on going to Sunn, may I train my mind and Surat ? (13)

After witnessing the refulgence of Bhanwargupha, may I touch the Holy Feet of Sat Purush ? (14)

I perform Arti of Radhasoami with love all the time. Running away from the world, I come to the Holy Feet of Radhasoami. (15)

Bachan 8

ARAT BANI (HYMNS OF PRAISE)

SECOND PART

Shabd 1

उमंग मेरे उठी हिये में आज ।
करूं अब आरत गुरु की साज ॥१॥

Today, my heart is filled with an intense longing
to perform a grand Arti of Guru. (1)

I hold the platter of humility and kindle the
wonderful flame of yearning. (2)

I shoot the arrow of Surat, and enshrine the Holy
Feet of Guru in my heart. (3)

My mind is restless day and night. I shall be at
ease only when I get Darshan of Guru. (4)

My beloved Guru is ever merciful to the humble
and the lowly. By granting me His Saran
(refuge), He has enriched me. (5)

He will fully accomplish my task. He is the pro-
tector of my body and mind. (6)

I pray to Him again and again, "O Merciful to
the humble ! Kindly pardon my sins." (7)

Kindly grant Your shelter and protection to my

- mind and Surat. I am drifting in the current
of Kal and Karam. (8)
- I sacrifice myself every moment at Your holy feet.
My beloved Guru is the Supreme Creator. (9)
- Mercifully throw open the gate of love, and
elevate my Surat beyond the nine apertures. (10)
- I shall then behold the Jyoti in Sahas-dal-kanwal
and, thereafter, witness Guru's Darbār (court). (11)
- I shall next ascend to Sunn and bathe in the Mán-
sarovar lake. In Bhanwarguphá, I shall listen
to the sound of the flute. (12)
- From there, I shall rush to Sat Lok and shall be
enraptured on getting Darshan of Sat Purush. (13)
- Proceeding beyond Alakh Lok and Agam Lok,
I shall sacrifice myself before Radhasoami. (14)
- I perform His Arti with love and am blessed with
His Darshan every moment. (15)
- By His grace and mercy, my task is accomplished.
My Surat has become the dust of His holy feet. (16)

Shabd 2

सखीरी मेरे मन बिच उठत तरंग ।
करूँ गुरु आरत रंगा रंग ॥१॥

- O Sakhi (friend) ! my mind has been seized with
an intense longing to perform Guru's Arti in
a most glorious manner. (1)

I shall hold in my hands the platter of love
embellished with rubies and pearls. (2)

I shall today kindle the flame of yearning and
decorate the surroundings with lotus-beds. (3)

I shall bring garments and clothes of variegated
colour and offer अमी Amí (nectar) as भोग Bhog
(victual) with love and emotion. (4)

After having thus arranged for Ārti with all the
paraphernalia, my Surat and mind sing and
dance in delight. (5)

Hansas are charmed to see these-delightful activities
and I get more and more elated at heart every
moment. (6)

The reverberations of Shabd go on ringing on all
sides. Surat, like a gay woman, gets drenched
in the incessant shower of nectar, while the
mind takes dives downward on this side. (7-8)

With a swift movement, Surat ascends after having
pierced the sky and, with a dazzle, comes to
the presence of Sat Guru. (9)

Surat, like a loving woman, gets drenched in the
colour of love. She gets fully embellished now. (10)

Guru, who is ever merciful to the humble and the
lowly, is highly pleased and graciously takes
me on His lap. (11)

My infinite and unsurpassed luck has awakened
today. I have met Radhasoami, my beloved. (12)

Shabd 3

काल ने जग में कीना जोर ।
डालिया माया भारी शोर ॥१॥

Kal is exercising his influence all over the world
and Maya is creating a great tumult. (1)

All Jivas are led astray by worldly pleasures and
enjoyments. None gets the secret of Nám. (2)

Under the sway of their Karams, they undergo
pains and pleasures. All have got themselves
sold away to Jam. (3)

Without the slightest sense of fear, they are indulg-
ing in worldly pleasures. They do not seek
Sat Guru. (4)

They do not care for the good of the soul. They
do not at all worry about what is going to
happen to them in future. (5)

If anybody gives them good advice, they do not
accept it, steeped in ignorance that they are. (6)

Pride and arrogance have misled them. They will
have to suffer severe pain at the hands of Jam. (7)

My great good luck has awakened. I have met the
supremely munificent Sat Guru. (8)

Feeble and powerless that I am, I did not make
any spiritual endeavour, but Sat Guru, out of
compassion, has taken me under the protection
of His holy feet. (9)

He has granted me the great gift of Prem (love),
and has rid me of Karam (rites and rituals)
and Bharam (illusions and delusions). (10)

In a spirit of thankfulness, I sing His praises every
day. I pray to Him to keep me away from
कुसंग Kusang (bad company). (11)

May I live near His holy feet and be in the
company of loving devotees. (12)

O Sat Guru ! Fulfil my aspirations. Nothing is
beyond the reach of Your command. (13)

You are known to be the great benefactor of Jivas.
Now shower Your unbounded grace and mercy
on me. (14)

O Param Guru Radhasoami, ever merciful to the
humble and lowly ! Enrich me by granting me
Your Darshan. (15)

Full of joy and delight, I day and night cherish the
desire to perform Arti of Guru in the
company of other loving devotees. (16)

I prepare the platter of Satsang and kindle the
flame of Guru's discourses. (17)

I look intently into His eyes, and sing His Arti
again and again. (18)

I am convinced in my mind that Guru will fulfil
my aspirations. (19)

My beloved Radhasoami is the sole prop and
support of my very life, I shall sacrifice my

- body and mind over His Darshan. (20)
- His charming face beggars description. My eyes,
body and mind are all fascinated. (21)
- Fortunate are the loving devotees who regularly
have His Darshan with their Surats drawn in
the ecstatic bliss thereof. (22)
- Please also awaken my luck and, calling me to
You, bless me with Your Darshan. (23)
- Day and night, I remain worried as to how is it
that I am kept away from You ? (24)
- Please remove all my shortcomings and blemishes,
and show me Your refulgence soon. (25)
- I pray to You with folded hands : O my beloved
Sat Guru Radhasoami ! Do hear me. (26)
- Bestow on me Your grace and mercy. Keep me
at Your Holy Feet under Your protection. (27)
- May I sing Your praises day and night in the
company of loving devotees. (28)
- May my Surat and mind ascend to Gagan and,
then, merrily reach Sunn. (29)
- May I then proceed to Bhanwargupha, Sat Lok,
Alakh Lok and Agam Lok. (30)
- May I then have Darshan of Anami Dham (Abode
of Anami or Nameless Being) and merge in
the Holy Feet of Radhasoami. (31)
-

Shabd 4

बढ़त मेरे हिये में अति अनुराग ।
चरन में सतगुरु के रहूँ लाग ॥१॥

- Love is increasing greatly in my heart. It is my ardent desire to remain clinging to Guru's holy feet. (1)
- Kal's religion is rapidly spreading far and wide. Jam has tied all Jivas, catching them by their hair. (2)
- Jivas are desperately in agony, undergoing pain and pleasure day and night. (3)
- Nobody is to be found happy anywhere in the world. He alone is saved who meets the Guru and takes His shelter. (4)
- I have been the recipient of unbounded mercy from the highest region. Sat Guru has very kindly met me. (5)
- He has been pleased to deliver me wonderful discourses. He has given me the secrets of human microcosm. (6)
- He, in His grace, has cast aside my Karam and Bharam and granted me love for His holy feet in the fullest measure. (7)
- My mind, absorbed in bliss, feels elated day and night. My debt of Kal and Karam has now been paid off. (8)
- I sing my Guru's praises again and again. He

has now graciously cast aside all the rubbish of my doubts and misgivings. (9)

My mind remains engaged in His Sewa day and night with ardour and zeal. My Surat does not part with Guru's company any more. (10)

I sing Guru's praises all the time and perform His Arti with love and all due embellishment. (11)

I offer Bhet of my body, mind and wealth to Guru and implant His holy feet in my heart. (12)

Shabd 5

सुरत मेरी गुरु चरनन लागी ।
हुआ मन जग से बैरागी ॥१॥

My Surat has now got attached to Guru's holy feet. My mind has become detached from the world. (1)

The current of love has awakened within me. सुमत Sumat (noble understanding) pervades my inner being. दुरमत Durmat (baser understanding) is now all gone. (2)

My Guru has granted me the gift of blessed union with Himself. What can I say ? I have been extremely fortunate. (3)

My love for Him is increasing day by day. I have now been rid of the evil company of crow-like mind. (4)

Kal and Karam are consumed in fire. I have
given up all desires for objects of Maya. (5)

My Surat is now drenched in the bliss of Shabd.
I shall regularly sing Guru's glory and praises
within me. (6)

How shall I describe the glory of Guru, my Lord ?
I have become His unconditional slave. (7)

He has implanted within me faith in Him and has
explained to me a wonderful mode of devo-
tion. (8)

I remained utterly foolish and ignorant in the
world. I was fortunate to meet Radhasoami,
the most wise Being. (9)

In His grace, He made me His own, all on His
own, and granted me His Darshan within. (10)

By showing me His refulgence within, He Himself
mended and corrected me completely. (11)

He graciously granted me love for His holy feet
and faith in His Saran. (12)

He has fulfilled my heart's desire. I shall go on
singing His praises day and night. (13)

All Jivas are tied up in Karams. Falling a victim
to Bharam, they have been wandering in the
transmigratory cycle. (14)

I tell them out of love and affection : "Adopt, ye,
Saran of Radhasoami," (15)

Do good to your soul. Otherwise, you will have
to repent in hell. (16)

Kali Yug is the most horrible time. There is no
safety without Sant. (17)

Enshrine RADHASOAMI Nam in your heart
and you will then get across the ocean of
worldly existence. (18)

Catch hold of the cord of Shabd. Place your head
at the Holy Feet of Radhasoami. (19)

I shall now perform the Arti of Radhasoami after
having kindled the unique flame of yearning. (20)

My Surat and mind ascend and rush to Gagan.
They then merge in the Holy Feet of Radha-
soami. (21)

Shabd 6

हुई मोहि गुरु चरनन परतीत ।
लगी मेरी छिन छिन उनसे प्रीत ॥१॥

I have developed faith in Guru's holy feet. I
cherish love for Him every moment. (1)

False are the ways of the world. I shall proceed
from here after having vanquished the forces
of Kal and Karam. (2)

Guru has bestowed unbounded mercy on me.
Granting me His Saran, He has given out to
me the most profound secrets. (3)

He graciously freed me from this unreal world and
took me on His lap. (4)

I draw my life's sustenance from Prashad which I
take regularly. I drink the nectar of His holy
feet to my heart's content. (5)

I shall perform His Sewa with ardour and zeal.
I shall ever remain at the Holy Feet of Radha-
soami. (6)

I shall enshrine in my Surat love for Shabd. Day
and night, I shall keep my attention fixed on
Shabds. (7)

The mind has cast its net in the world. The senses
are spoiling and ruining Jivas. (8)

Maya has created a tumult in the world. Many
Yogís and Munís (ascetics) tried their utmost
to resist Maya but failed and fell down before
her. (9)

None of them was blessed with Sat Guru's asso-
ciation. So, they were all sold away to Jam. (10)

How can I adequately praise my good fortune ?
Radhasoami graciously made me His own. (11)

He endowed me with the strength of His mercy
and gave in my hands the cudgel of RADHA-
SOAMI Nam, I shall pulverise my mind and
senses, with heart full of love for Guru. (12-13)

I shall cut asunder Kal's net from the very place
of its origin, I shall altogether destroy Maya. (14)

I shall enshrine Guru's holy feet in my heart and
shall constantly sacrifice myself over His Saran. (15)

Enthusiasm is mounting in my heart today for
arranging for a most glorious Arti of Guru. (16)

I shall prepare the wick of love and kindle the
flame of the reverberations of Shabd. (17)

With high spirits, I shall sing Guru's Arti today.
Radhasoami Dayal has blessed me with a
unique embellishment. (18)

I shall offer a platter-ful of nectar as Bhog (victual).
Radhasoami has been very merciful towards
me today. (19)

Shabd is resounding in the direction of Nabh. I
break open the barrier before Sahas-dal-kanwal. (20)

Shabd starts reverberating in Gagan. Surat
proceeds to Trikuti and becomes the lord of
the universe. (21)

In Sunn, a great reverberation is heard. I listen to
the sound of the fiddle. (22)

Ascending to Bhanwargupha, I hear the melodious
note of the flute. I then proceed to Sat Pur (Sat
Lok) where I hear the sound of the Bin (harp). (23)

Going further ahead, I witness Alakh Lok and
Agam Lok and, finally, I get Darshan of
Radhasoami. (24)

I now complete my Arti. I receive the mercy of
Radhasoami every moment. (25)

Shabd 7

चरन गुरु प्रेम बढ़ा भारी ।
सुरत हुई गुरु चरनन प्यारी ॥१॥

Love for the Holy Feet of Guru has been greatly
enhanced in my heart. My Surat has become
enamoured of Guru's holy feet. (1)

My mind has easily given up its unsteadiness. I
have shattered my infatuation for the world in
a moment. (2)

Worldly pleasures are now insipid and tasteless
to me. The objects of Maya are detestable. (3)

I strengthen my Saran of Guru's holy feet. I
daily fill my heart with love for Guru. (4)

I like to serve my Guru day and night. Mellow
moonlight pervades my heart. (5)

I have developed firm faith in Guru's holy feet and
have given up the ways of the world from the
bottom of my heart. (6)

How can I describe the glory and eminence of
Radhasoami ? The Omniscient Being has
graciously extricated me from worldly entangle-
ments. (7)

In His grace and mercy, He has drawn me to His
holy feet and made me His own. (8)

Otherwise, I would have been drifting in the
current of Karam and Bharam, undergoing

- pains and pleasures at the hands of Kal every day. (9)
- My great good fortune has awakened. My Surat mingles with the Holy Feet of Radhasoami. (10)
- How can I adequately describe the greatness of Guru's company ? It is a source of happiness in every way and keeps away agony and distress. (11)
- Your own mind is full of shortcomings and blemishes. Otherwise, Guru's company can never be the cause of pain or grief even in a dream. (12)
- If anybody remains in the company of Guru, his enemies and opponents will themselves be in distress and difficulty. They may try their utmost to oppose him but will themselves be caught like thieves. (13-14)
- Kal will have no control over him and Maya, feeling vanquished, will get away from his path. (15)
- I shall again and again sing the praises of my Guru who has been pleased to shower such immense grace and mercy on me. (16)
- He has cut asunder the net of the vile Kal and has removed the thorns of pain and suffering due to Karams. (17)
- My enthusiasm now goes on increasing day and night to serve my Guru in ever-new ways. (18)

I shall now sing His Arti with my Sakhís (friends)
placing my head at the Holy Feet of Radha-
soami. (19)

I shall prepare the platter of unflinching devotion
and kindle the flame of ardour and zeal. (20)

Radhasoami is pleased to cast His benign look at
me. All my doubts are removed and my love
for Him increases. (21)

My Surat ascends enthusiastically and hears the
sound of the conch and the roar of thunder
in Gagan. (22)

The sound of violin is heard in Sunn. In Bhanwar-
gupha, the melodious note of the flute is
resounding. (23)

In Sat Lok, I get Darshan of Sat Purush. I then
ascend to Alakh Lok and Agam Lok. (24)

I have Darshan of Radhasoami next. I sacrifice
myself before Him every moment. (25)

Radhasoami embraced me. I am enamoured of
His charming face. (26)

I sing praises of Radhasoami again and again. I
always remain in attendance on Him. (27)

Shabd 8

उमँग मेरे हिये अंदर जागी ।
हुआ मन गुरु चरनन रागी ॥१॥

- Love and yearning have been awakened in my heart. My mind has developed affection for Guru's holy feet. (1)
- On hearing His discourses, love has increased in my heart and my mind has engendered faith in Shabd. (2)
- I have Guru's Darshan with great care and attention and, absorbed in bliss, drink the current of nectar. (3)
- Devotion to Guru has become my sole prop and support. With care and attention, I traverse the path shown by Guru. (4)
- Guru has been pleased to grant me the gift of love. I shall sing His praises day and night. (5)
- O friends ! come with me. Let us hold Guru's hand with a firm grip. (6)
- Subduing your mind, attend Satsang. Cast aside all worldly desires. (7)
- Seek Shabd by your Surat. Direct your attention within and remain happy and gay. (8)
- Guru has revealed to me the most profound secret. I witness within me wondrous spectacles. (9)
- I praise my good luck every moment. My Guru has removed all my pain and suffering. (10)
- Worldly pleasures are now insipid to me. Both my mind and Maya feel harassed and distressed. (11)

I have paid off Kal's debts and have laid down all
my burden of Karmas. (12)

I have developed unflinching faith in Guru's holy
feet. I have adopted an attitude of humility.
My love for Guru has increased. (13)

My mind has given up worldly pursuits. All
pleasures of the world now appear to me as a
kind of disease. (14)

Without grace and mercy, how could I have
received this gift ? I would have remained
drifting in the world day and night. (15)

I would have never been the recipient of this kind
of bliss. Kal had laid many snares for me,
from which my Guru Himself extricated me.
He cut asunder all of Maya's nets. (16-17)

How can I adequately sing the greatness of
Satsang ? Without luck, how can one be the
recipient of this happiness ? (18)

I was lying in the world utterly foolish and igno-
rant. My Guru came and attracted me to His
association. (19)

How can I express my feeling of thankfulness to
Him ? It can neither be reduced to writing nor
expressed by words of mouth. (20)

My Surat and mind rush to Nabh (Sahas-dal-
kanwal) where they listen to the sounds of the
bell and the conch. (21)

A tumultuous sound is heard in Trikuti. The drum is beating there accompanied by claps of thunder. (22)

I then rush to Sunn, where I drink nectar. On going to Bhanwargupha, I listen to the sound of the flute. (23)

I hear the sound of the Bín (harp) in Sat Lok. Then, after having witnessed Alakh Lok, my Surat reaches Agam Lok. (24)

Finally, I get Darshan of Radhasoami. Love and yearning pervade my heart. (25)

Standing before Him, I perform His Arti. I implant the Holy Feet of Radhasoami in my heart. (26)

Radhasoami has been extremely merciful to me today. By granting me His Saran, He has made me feel enriched and exalted. (27)

(28)

Shabd 9

चरन गुरु बद्ध हिये अनुराग ।
बासना जग की दीन्ही त्याग ॥१॥

My heart is overflowing with love for the Holy Feet of Guru. I have given up all worldly desires. (1)

Guru has granted me inseparable union with Himself. My Surat remains absorbed in the

- bliss of Shabd all the time. (2)
- He has showered such grace on me unsolicited that
I get His Darshan internally day and night. (3)
- How can I sing the glory of Radhasoami ? He has
attracted my Surat to His holy feet. (4)
- I was lying helpless in this miserable world. Guru
showed me His wondrous form. (5)
- He elevated me beyond Sahas-dal-kanwal and
showed me wonderful spectacles within. (6)
- My mind and senses remained exhausted on
this side. I easily got Darshan of Guru. (7)
- He rid me of all the evil tendencies of my mind
and eradicated all my Karams. (8)
- How am I to describe His unbounded grace ? He
was pleased to take me in His lap. (9)
- I did not make any spiritual endeavour. Nor did
He take any Sewa from me. (10)
- I did not go to hear His discourses. Nor did I
have His Darshan face to face. (11)
- At home, I was engrossed in household affairs
with my relations. Nevertheless, He blessed
me with His grace there itself. (12)
- My Surat remains absorbed in bliss day and night.
I regularly get His Darshan internally. (13)
- My Surat constantly plays with Shabd and wit-
nesses amazing refulgence within. (14)

- My heart yearns again and again for attending
Satsang in Guru's Darbar. (15)
- I pray at His holy feet : Call me unto You and
grant me Your Darshan. (16)
- May I perform Your Arti in Your august presence
and, in a spirit of thankfulness, bow down my
head at Your holy feet. (17)
- Fulfil my aspiration that some day I may live with
You with no distance intervening in between. (18)
- May I enjoy the immense bliss of Satsang and
witness the refulgence of Shabd within. (19)
- May my Surat then soar swiftly to Gagan and,
after having witnessed Jyoti (the flame) in
Sahas-dal-kanwal, reach Guru Pad (the region
of Guru, i. e., Trikuti). (20)
- May my Surat bathe in Tribeni in Sunn and, on
ascending to Bhanwargupha, hear the melo-
dious note of the flute. (21)
- May it hear the sound of the Bín on proceeding
to Sat Pur (Sat Lok), and then get Darshan of
Alakh Purush and Agam Purush. (22)
- Then, after getting Darshan of Radhasoami,
may I remain under the shelter of His holy
feet all the time. (23)
- Without grace, this abode can never be attained.
Nor can one ascend there without catching hold
of the cord of Nij Nám (the True Name). (24)

Radhasoami, in His grace and mercy, has granted
me eternal rest. I shall now abide under His
Saran for all times. (25)

Shabd 10

दास गुरु देखत हुई निहाल ।
बचन गुरु सुनत हुई खुशहाल ॥१॥

As I had Darshan of my Guru, I felt enriched and
exalted. And as I listened to His discourses, I
became happy and elated. (1)

On hearing of His greatness, my love for Him
increased, and on seeing His Satsang, my desire
for attending it was enhanced. (2)

Love is now awakening within me. I have given
up all fear and regard for the world. (3)

My mind would not care about what others might
say. I have now firmly and irrevocably adopt-
ed the Saran of my Guru's holy feet. (4)

My mind constantly applies itself to Guru's Sewa
with zeal and enthusiasm. By Guru's mercy,
my good luck has awakened. (5)

Guru has revealed to me the secret : Apply your
Surat to Shabd every moment. (6)

Enshrine the image of Guru in your heart. Give
up Kam (passion, desire), Krodh (anger) and
Lobh (greed). (7)

- Implanting firm faith within, sing RADHA-SOAMI Nám heart and soul every moment. (8)
- Controlling your mind, attend Satsang regularly. Then only a link will be established between your Surat and Shabd. (9)
- I enshrine Guru's discourses in my heart and regularly practise Surat Shabd Yoga. (10)
- My inner being has now been dyed in the colour of love. How am I to sing the praise of Radhasoami ? (11)
- All Jivas are lost in Karam and Bharam. They remain engrossed in worldly pleasures in the company of Kal and Maya. (12)
- Who is going to explain to them all this ? Without Guru, they remain victims of deception. (13)
- Without Shabd, Surat cannot get across. Without Guru, one cannot have Darshan of Sat Purush. (14)
- Guru has awakened my luck. By granting me His Saran, He has made me His own. (15)
- I perform His Arti with love and affection. Love and yearning are constantly increasing in my heart. (16)
- My Surat ascends in the direction of Gagan. I constantly apply my Surat to Shabd. (17)
- Radhasoami has been merciful to me today. Shabd has awakened within me. I have now known the secrets, (18)

I go on singing the glory of Radhasoami day and
night. I shall merge in His holy feet. (19)

Shabd 11

चरन गुरु परसे हुई निहाल ।
दीन हुई सतगुरु हुए दयाल ॥१॥

As I touched Guru's holy feet, I felt enriched and
exalted. When I became humble, Sat Guru
became merciful to me. (1)

Leaving my family-home, I came to Guru's
Darbar (court). I was able to enjoy the pure
and unalloyed bliss of Satsang. (2)

My love for Guru's holy feet increases all the time.
By my body and mind, I mingle with the Holy
Feet. (3)

I have given up from my mind all attachment to
the world. My Surat is awakening within me
along with love. (4)

I have Darshan of Guru keeping my gaze fixed on
His eyes. Seeing His refulgence, my Surat and
mind become captivated. (5)

I constantly fix my attention on the cord of Shabd.
I drink nectar to my heart's content. (6)

I sing RADHASOAMI Nam all the time. I cling
to His holy feet with love and affection, (7)

How am I to sing the praise of my Guru's discourses? They have cast aside all my delusions. (8)

The five evil tendencies of the mind have become taut and constrained out of shame. All my perverse inclinations have become exhausted and powerless. (9)

For me, all sensual pleasures have met with their doom, and all my pride and egotism have been driven away. (10)

My mind has turned easily indifferent towards the world. I firmly repose my hope and aspiration in the Holy Feet of Guru. (11)

Love for Guru pervades my heart. Guru's image is pleasing to my mind. (12)

Enshrining Guru's holy feet in my heart all the time, I sacrifice my body and mind over His Saran. (13)

My Surat and mind ascend towards Nabh (Sahasdal-kanwal) and hear a deep and loud sound within. (14)

Picking up the sound of the bell, I rush upward. I then behold the form of Jyoti (flame). (15)

I next reach the region of Trikuti where the red morning sun can be seen. (16)

Ascending to Sunn, I bathe in the Mán-sarover lake and on going to Bhanwargupha, I listen to the sound of the flute. (17)

I proceed, next, to Sat Pur (Sat Lok). I then witness the refulgence of Alakh and Agam. (18)

Thereafter, I behold Nij Dham (True Abode). I get eternal rest in the region of Radhasoami. (19)

Coming there, I perform the Arti of Radhasoami. Love and yearning pervade my heart. (20)

Shabd 12

उमँग मेरे हिये उठती भारी ।
करुं गुरु आरत सम्हारी ॥१॥

Intense ardour and zeal are surging in my heart to perform Guru's Arti with care and attention. (1)

I nicely arrange the platter and hold it in my hands, and after preparing the wick, kindle a unique flame. (2)

I then sing Guru's Arti with love and enthusiasm. My mind is lost in bliss on seeing Guru's charming countenance. (3)

I arouse yearning in my heart, and constantly awaken ever-new love and affection. (4)

Implanting humility in my heart, I remain engaged in Guru's Sewa. (5)

I apply my Surat to Shabd and, imbued with love, enjoy the bliss of its reverberations. (6)

I contemplate the form of Guru and elevate my

- mind and Surat to Gagan (higher regions). (7)
- I behold the forms of Jyoti and Niranjana, and
listen to the sounds of the conch and the bell. (8)
- I next rush to the fort of Trikuti where I hear the
roar of thunder and have Darshan of Guru's
form. (9)
- Ascending further, I bathe in Tribeni where the
mellow light of moon shines. (10)
- I next see Mahá-sunn which is pitch dark. On
ascending to Bhanwarguphá, I witness white
refulgence. (11)
- In Sat Pur (Sat Lok), the melodious note of Bín
(harp) is resounding. There, I have Darshan
of the most wonderful and majestic Being. (12)
- Sat Purush is pleased to grant me telescopic
(spiritual) vision which enables me to have
Darshan of Alakh Purush. I then proceed
further. (13)
- From Alakh Lok, I go to the Darbar (court)
of Agam Purush. I have Darshan of the Sove-
reign of the entire creation, with my Surat
rivetted on His countenance. (14)
- Thereafter, I touch the Holy feet of Radha-
soami. On getting His Darshan, my Surat
and mind are exhilarated. (15)
- How can I sing the beatitude and splendour of the
Beloved? My Surat feels tired and ashamed
in doing so. (16)

Radhasoami has showered on me His unbounded
grace and mercy. I shall sing His praise again
and again. (17)

The boat of my life was drifting in mid-current.
Radhasoami graciously ferried me across. (18)

By granting me His Saran, He made me His own
and, in His grace, drew me to His holy feet. (19)

Love and enthusiasm now fill my inner being to
the brim. This slave has now completed His
Arti. (20)

I shall now live only by drinking the nectar of His
holy feet and I shall be constantly singing the
glory of Radhasoami. (21)

Shabd 13

गुरु से मेरी प्रीत लगी सारी ।
सुरत मन चरनन पर वारी ॥१॥

I am now all in love with Guru. I dedicate my
Surat and mind to His holy feet. (1)

How can I adequately describe the greatness of
Guru? He has removed from my mind attach-
ment for the world. (2)

On hearing His discourses, all my impurities have
been removed. On getting His Darshan, I
could see illumination within, (3)

My Guru very kindly explained to me the extremely subtle Yoga of Surat Shabd. (4)

He revealed to me the true significance and greatness of RADHASOAMI Nám, on listening to which my Surat and mind became full of joy and delight. (5)

He rid me of useless pursuits and activities and removed egotism of my mind. (6)

In His mercy, He gave me the gift of Bhakti (devotion) and taught me the ways of love and affection. (7)

He was pleased to grant me faith in His holy feet. I have adopted His Saran after getting the better of my illusion about the world. (8)

Radhasoami graciously eradicated all my Karams and He very kindly made me His own. (9)

I live by constantly singing the praise of my Guru, who, in His mercy, has saved me from Kal's snares. (10)

In His mercy, He has reformed my mind and has filled my Surat with love and yearning. (11)

My mind is seized with the desire to go on getting His Darshan with my gaze fixed on Him. (12)

I wish to serve Him day and night and earn the title of the slave of His slaves. (13)

May I constantly drink the nectar of Satsang and may I keep my attention riveted on His holy feet, (14)

May I perform His Arti with Sakhís (friends),
viz., the five senses of perception, all the time,
and may my head ever remain at His holy feet. (15)

May the current of love remain flowing unabated
and may my Surat be the darling of Sat Guru. (16)

May love and yearning go on increasing in my
heart all the time and may I ever abide under
the shelter and protection of Guru's holy feet. (17)

I pray aloud constantly : O Guru ! Grant me the
support of Your holy feet. (18)

May I be singing the glory and greatness of Radha
soami all the time and may my Surat merge in
Nij Pad (True Abode). (19)

Shabd 14

जगा मेरा अचरज भाग अपार ।
सरन राधास्वामी पाई सार ॥१॥

My wonderfully great good luck has awakened. I
have been the recipient of Radhasoami Dayal's
Saran. (1)

The darkness of Karam and Bharam has been
dispelled. I now aspire for the Holy Feet of
Radhasoami. (2)

He has Himself drawn me to His holy feet and
has granted me intense love and devotion. (3)

My love for His holy feet is constantly increasing
and my Surat is ascending to अग्र Adhar (sky)
in the company of Shabd. (4)

Worldly activities are of no interest to me. Who
can understand my inner condition ? (5)

All Jivas are lost in delusions. They remain
entangled in Karmas. (6)

They do not develop love for the Holy Feet nor
do they know the greatness of Sants. (7)

That is why they again and again go through the
transmigratory cycle. Who is going to cut the
noose which Jama has put round their necks ? (8)

Out of love I address them : Firmly adopt Radha-
Soami Dayal's Saran, and proceed along the
path of Surat Shabd Yoga. You will easily
get across the ocean of worldly existence. (9-10)

Radhasoami Dayal has bestowed great mercy on
me. I sacrifice myself at His holy feet again
and again. (11)

He Himself has brought about the reformation of
my mind by eradicating from it the craving for
worthless sensual pleasures. (12)

He has been pleased to grant me love for His holy
feet. I can now see the wonderful and unique
ways of love. (13)

I hold fast to the holy feet of Radhasoami. I live
with His holy feet as my prop and support. (14)

I perform His Arti with love and attention. Love
and yearning are ever increasing in my heart. (15)

I constantly long for Radhasoami Dayal's grace
and mercy, and His Darshan within me all the
time. (16)

May my mind and Surat remain absorbed in His
holy feet, and may love and humility go on
increasing within me. (17)

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Shabd 15

हुई गुरु सन्मुख सुत प्यारी ।
वहीं घट प्रीत जगो सारी ॥१॥

The moment Surat Pyári (darling Surat) came
before Guru, true love awakend within her. (1)

I have now developed firm faith in Guru. The
ways of love are pleasing to me. (2)

My love and yearning are enhanced day and night.
None appears to me to be like Guru. (3)

In a state of restlessness, I rush for Darshan of
Guru. My mind longs for performing His
Sewa with ardour and zeal. (4)

My mind is filled with an ardent desire to attend
Satsang. I get constantly dyed in the love for
Guru. (5)

By the grace and mercy of Guru, my luck has

- awakened. Love for Guru's holy feet has been implanted in my mind. (6)
- I utter the name of Guru with my whole being. I contemplate the form of Guru by my mind. (7)
- I have implanted in my Surat love for Shabd. I carefully practise Bhajan along with the other devotional practices. (8)
- Who can adequately describe the glory of the Radhasoami Faith ? The Vedas, Purans and Quran all fail. (9)
- Sants alone are in the know of the secrets. Except Sants, who else can acquaint us with the secrets of the regions beyond ? (10)
- None is aware of the whereabouts of the highest abode. All are lost in rituals and observances. (11)
- Out of compassion for Jivas, Radhasoami Dayal made His advent in this world, and revealed His own secrets. (12)
- But Jivas, under the sway of Karmas, do not accept His words. (13)
- They remain entangled in the region of Maya and suffer pain and agony inflicted by Kal. (14)
- How can I adequately sing the praise of Radhasoami, who, in His grace and mercy, made me His own ? (15)
- He rid me of useless rites and rituals and of delusion and illusion of every kind. (16)

He revealed to me the true secrets and enabled me
to witness great refulgence within. (17)

I perform His Arti with love and affection and,
after having His Darshan, enshrine His charm-
ing countenance in my heart. (18)

Radhasoami has showered immense grace and
mercy upon me. Granting me His Saran, He
has been pleased to take me in His lap. (19)

Shabd 16

बिमल चित्त गुरु चरनन लागा ।

दास घट बाढ़ा अनुरागा ॥१॥

With attention pure and unalloyed, I applied my-
self to Guru's holy feet. Love for Guru has
increased in the heart of this slave. (1)

I wandered a lot in this world, seeking and
searching. All Jivas are led astray from the
true path. (2)

They indulge in tall-talks but they have no self-
experience or realization without the company
of Guru. (3)

They remain ignorant of the greatness of Sants
and turn crazy by reading and reading religious
treatises. (4)

Seeking, I came to the presence of Radhasoami.

On getting His Darshan, my heart's delight
and joy knew no bounds. (5)

On listening to His discourses, faith dawned on
my mind, and I developed love for Guru's holy
feet. (6)

He was pleased to explain to me the secret and
significance of Satsang. My Surat merged
completely in Shabd. (7)

I was the recipient of immense mercy of Radha-
soami. He graciously awakened my dormant
luck. (8)

I now realize the greatness of Guru. I am enrapt-
ured on listening to the reverberations of
RADHASOAMI Nam. (9)

My Surat partakes of the bliss of Shabd day and
night and I constantly sing the glory of Radha-
soami. (10)

How can I sing the praise of Sants? I constantly
dedicate myself to Their holy feet. (11)

I get deeply attached to, and enamoured of, Shabd
when I adopt the shelter and support of Sat
Guru. (12)

My mind and senses remain exhausted on this
side. Kal and Karam are rendered powerless
and helpless. (13)

Guru graciously takes me by the arm and makes
me sit under the shelter of His holy feet. (14)

Darkness prevails in this world. Anchorites and Pandits remain on this side in a state of delusion. (15)

Jivas go astray in their company. Dyed in the colour of Maya, they have all become dirty. (16)

I now offer them the advice : Come and adopt, ye, the Saran of Sat Guru. (17)

Do good to your soul. Otherwise, you will be disgraced in hell. (18)

You will achieve nothing by going on pilgrimage. You should not apply your mind and attention to idol worship. (19)

Come and touch the Holy Feet of Radhasoami. Your Surat will then easily reach Nij Ghar (the True Abode). (20)

My mind is today filled with zeal and enthusiasm for performing the Arti of Radhasoami with all due embellishment. (21)

I sing the praises of Guru with love and affection. I receive the grace and mercy of Radhasoami every moment. (22)

I get Darshan of Jyoti (flame) in Nabh (Sahas-dal-kanwal), and on hearing the roar of thunder, I proceed to Gagan (Trikuti). (23)

In Sunn, I bathe in Tribeni, and on ascending to Bhanwargupha, I listen to the melodious note of the flute. (24)

Thereafter, beyond Sat Lok and the regions of Alakh and Agam, I touch the Holy Feet of Radhasoami. (25)

Shabd 17

चरन गुरु दिन दिन बढ़त उमंग ।
दिया मोहि किरपा कर निज संग ॥१॥

My love and yearning for Guru's holy feet are increasing day by day. He has very kindly granted me the benefit of His company. (1)

By showing me His charming countenance, He has captivated my mind and has implanted love for Him in my heart. (2)

Yearning for His Darshan is constantly agitating my heart. On listening to His discourses, my love and devotion are increasing. (3)

My mind was full of evil tendencies. Guru, in His Grace, granted me His protection. (4)

I now attend Satsang day and night, and arouse ever-new love and yearning for Him in my heart. (5)

I perform Guru's Sewa with zeal and enthusiasm, and I have been dyed in the colour of loving devotees. (6)

I shall tell him of the ways of Bhakti (devotion), who engenders love for my Guru. (7)

By constantly describing before him the greatness
of Guru, I enhance love for Him in his heart. (8)

I address all Jivas thus : Make your human life
fruitful now. (9)

Come under the shelter of Sat Guru and develop
love and devotion in His holy feet. (10)

Your redemption will then be effected soon. Guru,
in His mercy, will cut asunder Maya's net. (11)

But unfortunate Jivas do not pay any heed to my
advice. They waste their precious human life
in vain. (12)

My heart is now overflowing with love and I have
attuned my mind with Guru's image. (13)

I shall perform the Arti of Guru with care and
attention. Guru has now become merciful to-
wards me. (14)

He readily extricates me from the snare of the
mind and, by granting me His Saran, makes
me feel enriched and exalted. (15)

My great good luck has now awakened. All my
doubts and delusions have been dispelled. (16)

I adopt the Saran of Radhasoami heart and soul.
Sat Guru's holy feet have become my sole prop
and support. (17)

I listen to the ringing of the bell in Sahas-dal-
kanwal and, in Gagan (Trikuti), witness the
refulgent form of Guru, (18)

In Sunn, I sing Radhasoami Dayal's praise in the company of Hansas (celestial beings) and, in Bhanwargupha, I am pleased to hear the melodious sound of the flute. (19)

Higher up, Sat Purush is occupying the throne. Higher still, are the regions of Alakh and Agam. (20)

Beyond them all, is the Matchless and Nameless Region, which is the abode of Param Guru Radhasoami. (21)

Shabd 18

ध्यान गुरु धार रही मन में ।
नाम गुरु सुमिर रही छिन में ॥१॥

I contemplate the form of Guru. I utter His Name every moment. (1)

I feel enriched and exalted as I Have His Darshan. I become absorbed in bliss as I clasp His holy feet. (2)

On hearing His discourses, my enthusiasm is enhanced and devotion is awakened in my heart. I get dyed in His colour. (3)

As I listen to His praises, I become happy and delighted. His acts of grace are extremely pleasing to me. (4)

By attending Satsang, my longing for it increases,

and gazing at Guru's charming countenance,
my love is enhanced. (5)

The path of Surat-Shabd is extremely subtle. Guru
has graciously initiated me in it. (6)

I sing the Holy Name RADHASOAMI and I fix
my attention on the Holy Feet with love and
affection. (7)

I keep a constant vigil on the ways of the mind.
I proceed carefully, ever mindful of the net
cast by Maya. (8)

Relying upon the mercy of Radhasoami Dayal as
my guide and support, I fight with my mind
all the time. (9)

By implanting RADHASOAMI Nam in my heart,
I shall cast off all my evil tendencies. (10)

I shall enhance my love for, and implant faith in
Guru's holy feet. (11)

I am convinced in my mind that there is none
equal to Radhasoami. (12)

He alone is all-powerful and merciful towards the
humble and the lowly. And it is He who will
cut the net of Kal. (13)

On whomsoever He casts His benign glance, He
saves him by making him His own. (14)

My wonderful luck has now awakened. I keep
clinging to His holy feet. (15)

The Jivas of the world are all foolish. They are ignorant of the importance of Satsang. (16)

They, in their ignorance, calumniate the Guru, and do not care for Parmarth (spiritual welfare). (17)

Love and regard for the world are implanted in their mind. They are ignorant of the ways of Bhakti (devotion). (18)

I shall pay no heed to what they say. I shall surrender my body, mind and wealth to the Holy Feet. (19)

I shall prepare the platter of Arti with love, and move it before Guru, adopting His Saran sincerely. (20)

Radhasoami has cast His benign glance on me. My Surat becomes absorbed in His holy feet like fish in water. (21)

Shabd 19

हुई मैं मूल नाम दासी ।
मिले मोहि सतगुरु अबिनासी ॥१॥

I have become the slave of मूल नाम Múl Nám (the Prime or Original Name). I have met Sat Guru, the Imperishable Being. (1)

I remain restless without His Darshan and suffer

- pain and sorrow in the company of worldly people. (2)
- On getting up, I always go to have His Darshan.
On witnessing His charming countenance, I
get elated at heart. (3)
- On listening to His discourses, I become meek and
humble. On beholding His image, I recognize,
Him at heart. (4)
- My attachment to Satsang is ever increasing and
the enthusiasm of my mind is getting constantly
enhanced. (5)
- My Guru has graciously initiated me in the perfect
Yoga of Surat-Shabd and has thereby made a
hero of me. (6)
- I sacrifice myself at my Guru's holy feet. I am
deeply in love with Him. (7)
- I constantly long for His company. I develop
love and affection for my brother-Satsangis. (8)
- Selecting the choicest flowers, I make a garland
out of them, which I put round my Guru's
neck. (9)
- I perform Arti at Guru's holy feet after having
kindled the flame of true yearning. (10)
- Implanting the Saran of Radhasoami in my heart,
I perform Guru's Arti with love and affection. (11)
-

Shabd 20

चरन गुरु मनुआँ लागा री ।
मोह जग छिन में त्यागा री ॥१॥

My mind has applied itself to Guru's holy feet. I
have given up my attachment to the world in a
moment. (1)

When, in the course of my search, I came rushing,
I was blest with the company of the perfect
Guru. (2)

After listening to His discourses, I successfully
practised Bhajan and awakened RADHA-
SOAMI Nam in my heart. (3)

I enhanced my love for Guru's holy feet and
elevated my mind and Surat to higher regions. (4)

I drove away Kal and Karam and annihilated vice
and virtue. (5)

I kindled the flame in Sahas-dal-kanwal and, in
Gagan (Trikuti), heard the roar of thunder. (6)

On ascending to Sunn, I bathed in Tribeni and, on
going up to Bhanwargupha, I listened to the
sound of Sohng. (7)

I pleased Sat Purush in Sat Pur (Sat Lok) and
heard the melodious note of Bin (harp) in the
firmament thereof. (8)

I next rushed to the regions of Alakh and Agam
and, finally, got the Darshan of Radhasoami. (9)

- I earned the pleasure of Anámí Purush (the Nameless Supreme Being) by singing His Arti with love and affection. (10)
- None had access to this Dhám (Abode, Region). Kal beguiled the whole world. (11)
- He made Jivas worship gods of three Gunas (attributes). They all had to suffer pain and pleasure. (12)
- They remained ignorant of the whereabouts of Nij Ghar (the True Abode). Who, but a Sant, could enlighten them in this regard ? (13)
- I was blest with great good luck for I was able to come under the shelter of Radhasoami. (14)
- He very graciously revealed to me the secrets and, in His mercy, took me to the Highest Region. (15)
- How far can I sing His praise ? I have bowed down my head before His holy feet. (16)
- Guru's mercy has accomplished my task and enabled me to turn back from the world and contemplate the form of Radhasoami. (17)

Shabd 21

दरस गुरु जब मैं कीन्हा री ।
रूप रस हुआ मन भीना री ॥१॥

As soon as I had a look at the charming counte-

- nance of Guru, my mind became absorbed in
the bliss of His Darshan. (1)
- When the current of His eloquent discourses started
flowing, my Surat and mind got drenched in it. (2)
- When He cast a benign look at me, my mind
began to apply itself in Bhajan and Dhyān. (3)
- When He revealed to me the hidden secrets and
mysteries, my mind and intellect were capti-
vated. (4)
- When the current of love started flowing within,
my Surat began to catch hold of Shabd. (5)
- Zeal and enthusiasm have now been aroused within
me. My mind and Surat have imbibed the love
of Guru. (6)
- I rush for Darshan again and again. Love is now
increasing in my heart. (7)
- I enthusiastically serve my Guru, and enshrine
His holy feet in my heart with love and
affection. (8)
- My heart has been dyed in the colour of Guru.
New waves of urge to perform His Arti arise
within me. (9)
- I bring garments for Him with love and, with great
delight, make Him put them on. (10)
- I prepare victuals with nectar, arrange them in a
platter and place them before Him. (11)

Hansas sing Arti in chorus. They are intoxicated
with love and enthusiasm. (12)

Reverberations of Shabd are resounding incessantly. The bell and the conch are producing a
tumultuous sound. (13)

My Surat ascends to the fort of Gagan (Trikuti),
and hears the roar of thunder and the beating
of drum. (14)

In Sunn, the violin is resounding and, in Bhanwar-
gupha, the sound of the flute is heard. (15)

The Bín (harp) is giving out a melodious note in
Sat Lok where my Surat meets Sat Purush. (16)

Thereafter, I get the Darshan of Alakh Purush
and Agam Purush. (17)

I then witness the marvellous Dham of Radha-
soami. My Surat now attains everlasting rest
and peace. (18)

The mercy shown by Radhasoami cannot be ade-
quately described. My Surat remains singing
His praise every moment. (19)

Shabd 22

बसी मेरे घट में गुरु परतीत ।
प्रीत की परखी अचरज रीत ॥१॥

Faith in Guru has been implanted within me. I
have now realized the wonderful ways of love. (1)

The Name of Guru is very dear to me. I have adopted Surat Shabd Yoga. (2)

I shall constantly abide in Guru's company. My heart has been dyed in the colour of Guru's love. (3)

I have given up all worldly desires. Worldly pleasures appear to me to be mere dust. (4)

I have cast aside infatuation for material objects, and I have fixed my mind on the Holy Feet of Guru. (5)

As I listen to Guru's discourses, my mind becomes absorbed in bliss. All my Karam and Bharam wither away. (6)

Ever-new faith awakens in me. Deep love for Guru's holy feet increases within me all the time. (7)

The greatness of Satsang cannot be adequately described. Only an extremely fortunate person can get its benefit by the grace of Radhasoami. (8)

If anybody is lucky enough to get Guru's company, the colour of Maya in which he has been dyed before, starts getting erased every moment. (9)

All the internal thieves, viz., the evil tendencies of the mind, fight shy of him. And the powers of Kal and Karam become exhausted. (10)

But even if anybody attends Satsang regularly, he will not become purified without the grace and mercy of Radhasoami Dayal. (11)

My Guru has graciously awakened my luck. By
drawing me to His holy feet, He has made me
His own. (12)

Happy and delighted, I have His Darshan daily,
and lovingly fix my attention on His holy feet. (13)

With love and affection, I arrange for Guru's Arti
which I sing before Him. (14)

The reverberations of Shabd are resounding
loudly. My mind and Surat ascend within
very fast. (15)

Adopting the Saran of Radhasoami Dayal heart
and soul, I witness wondrous spectacles within
me all the time. (16)

Guru is pleased to cast His most benign glance at
me. I become the dust of the Holy Feet of
Radhasoami. (17)

Shabd 23

चरन गुरु बसे हिये में आय ।
सरन गुरु गही उमंग मन धाय ॥१॥

Guru's holy feet have been implanted in my heart.
My mind rushes with great enthusiasm and
adopts Guru's Saran. (1)

Darshan of Radhasoami is now very pleasing to
me. My inner being has now been illumined. (2)

As I listen to Guru's discourses, my heart is filled
with zeal and enthusiasm. Love and affection
grow within me all the more. (3)

Unflinching faith has dawned on my mind now.
I have implanted love for Shabd in my Surat. (4)

My great good fortune has now awakened, I have
been lucky to attend the true Satsang of Radha-
soami Dayal. (5)

Incomparable and infinitely profound is the secret
of Shabd, which Guru has very kindly imparted
to me. (6)

Guru has made my Surat blameless and pure,
ridding it of the dust-cloud of Karam and
Bharam. (7)

I shall not worship gods and goddesses, but get
drenched in the colour of love for Guru's holy
feet. (8)

I have given up fasts and pilgrimages and have
clasped Guru's holy feet with a firm grip. (9)

Pandits study the Vedas and Purans, but they get
no clue to the inner secrets and remain
ignorant. (10)

How can I sing of the unbounded mercy of Radha-
soami? By granting me His Saran, He has
done good to my soul. (11)

The whole world has been beguiled by the reli-
gions promulgated by Kal. My Guru extri-
cated me from them easily. (12)

He graciously implanted love for Him in my heart.
My Surat has been drenched in the colour of
His love. (13)

I listen to Shabd within by my Surat. I pick out
the sound of the bell by awakening my Nirat. (14)

I perform Arti internally all the time. On ascend-
ing to Gagan (Trikuti), I have Darshan of
Guru's image. (15)

Then, after ascending to Sunn, I rush to Bhanwar-
gupha. In Sat Lok, I sing Sat Guru's Arti. (16)

Next, on touching the Holy Feet of Alakh Purush
and Agam Purush, my Surat and mind become
greatly exhilarated. (17)

I then have Darshan of the Holy Feet of Radha-
soami. I shall sing a special Arti before Him. (18)

I fail to describe the great mercy bestowed on me
by Radhasoami Dayal. My Surat has become
absorbed in bliss. (19)

Shabd 24

सुरत मन फल रहे जग माहि ।
मिले मोहि राधास्वामी पाया ठाँव ॥१॥

My mind and Surat have been getting dissipated
in the world. When I met Radhasoami, they
attained stability. (1)

As soon as He cast His benign glance on me, my mind was rid of all its blemishes and impurities. (2)

When my mind indulges in worldly activities, I feel terribly disturbed and restless. I kindle the fire of yearning and direct my mind and Surat to the Holy Feet. (3-4)

As I listen to the sublime discourses delivered in Satsang, my greed and infatuation receive a sound beating and thrashing. (5)

Anger within me then collapses and shrinks and goes to sleep. Pride and ego are rendered ineffective because of my attachment for the Holy Feet. (6)

I get Guru's Darshan by fixing my gaze on Him. I have developed love for Sat Guru's utterances. (7)

As I perform Sumiran (repetition of Radhasoami Nam), remembrance of Guru is enhanced in my heart and I get glimpses of His image at the third Til. (8)

Love is constantly being enhanced in my heart, and I remain at Guru's holy feet with a loving heart. (9)

Noticing the astounding vast hold and sway of Maya, I run towards my True Home after having dashed my body and mind to the ground. (10)

I fight with Karam all the time. I proceed on the true path post-haste in the company of Shabd. (11)

I fight a pitched battle with Kal all the time, and I constantly sing the praise and eminence of my Guru. (12)

Becoming bold, I snub and chastise the thieves within, viz., the evil tendencies of my mind. I smile as I have my Guru's Darshan. (13)

My love for brother-Satsangis is now increasing. My mind, full of zeal and enthusiasm, engages in Guru's Sewa with care and attention. (14)

I become enraptured on witnessing Guru's captivating form. Absorbed in bliss, I make an offering of my body and mind to Him. (15)

I arouse in my mind a longing to perform Guru's Arti. I arrange and bring before Him the platter of love and affection. (16)

I kindle the flame of yearning in Gagan (Sahasdal-kanwal). I listen to the sounds of the bell and the conch. (17)

I hear the clanging of cymbals, the beating of drum and the melodious sound of the fiddle and, mingling with Hansas (celestial beings), I sing Guru's Arti. (18)

Ascending further, I listen to the sounds of the flute and the Bín (harp). I, finally, win the pleasure of Param Guru Radhasoami. (19)

Shabd 25

दया राधास्वामी हुई भारी ।
प्रेम की सींचूँ घट क्यारी ॥१॥

- Radhasoami has showered great mercy on me. I
now water the flower-beds of love within. (1)
- I carry water for Guru. I am never tired of filling
the vessel with ambrosia-like water. (2)
- I give water to Surat-cows to drink. I am very
fond of this act of Sewa. (3)
- How can I sing the glory of Soami ? He has been
pleased to give me a location in the temple of
Guru (Guru Darbar). (4)
- Very dear is that land where the flowerbeds of
Bhakti (devotion) are in full bloom. (5)
- My mind and Surat wake up as they get drenched
in the showers of love which are coming down. (6)
- Trees and their branches are in all their splendour.
The peacocks are crowing and frogs croaking. (7)
- Hansas are strolling in batches. They are delight-
ed to partake of the fruits of nectar. (8)
- Seeing the wonderful acts of grace in this temple
(Darbar) of Guru, Kal remains morose and
dejected all the time. (9)
- Wolves and wild boars (mischiev-mongers) also at
times visit Guru's Darbar, but I have recognised
them. (10)

- Radhasoami has mercifully instilled great courage
in my heart. (11)
- Alone in the forest, I cry out challengingly, and
remove all obstacles in a moment. (12)
- Enshrining RADHASOAMI Nam in my heart, I
have tied down anger and made it my slave. (13)
- I have struck terror and awe all round. My
Guru's Darbar is illuminated. (14)
- The bell is ringing and the conch blowing. Kam
(passion) and Lobh (avarice) have deserted this
region, the body. (15)
- I ascend to Bank-nál and then rush to Trikutí
where I get Guru's Darshan. (16)
- I perform Guru's Arti there, lighting the flame of
the moon. (17)
- The harp and the flute are giving out their melo-
dious notes and the Arti of Purush is going
on. (18)
- The Supreme Being Radhasoami has been merciful
to me. He has enriched me by granting me
His protection. (19)

Shabd 26

चरन उर धारो राधा प्यारी ।
निरख घट झांको उजियारी ॥१॥

- O Rádhá Pyáří (darling Surat-paragon) ! Enshrine the Holy Feet in your heart. Turning your gaze inside, have glimpses of the illumination therein. (1)
- Engender faith in the Supreme Being Radhasoami. Know it for certain that He pervades the innermost recesses of all. (2)
- He alone is omnipotent and all-merciful. He will ferry across all Jivas one day. (3)
- Contemplate His holy feet by means of your Surat. Adopt His shelter and protection with a firm determination. (4)
- Attend Satsang with steadfast attention and implant Guru's discourses in your heart. (5)
- Perform the Sumiran (repetition) of RADHA-SOAMI Nam all the time and listen to the reverberations of Shabd attentively. (6)
- Cherish love and affection for brother-Satsangis. Sing the glory of Guru. (7)
- Perform Guru's Sewa lovingly. Sing His Arti concentrating your mind and attention. (8)
- All Jivas have been caught in Kal's net. They remain all the time in a pitiable condition in Maya's company. (9)
- They daily worship the gods of three attributes, and are ignorant of the whereabouts of Nij Ghar (the True Home). (10)

None has any inkling of Sant Mat (religion of Sants). They are votaries of Maya and Brahm. (11)

They peruse the Vedas, the Shastras, the Smritis and the Puráns, but they do not get any clue to the inner secrets and remain ignorant. (12)

My great good fortune has awakened. Radhasoami has attracted me to His holy feet. (13)

I perform His Arti with zeal and enthusiasm. I enshrine love for Guru in the core of my heart. (14)

I constantly sing the glory of Radhasoami. He, in His grace and mercy, has done good to my soul. (15)

Shabd 27

करूँ मैं आरत राधास्वामी की ।
जताऊँ भाव प्रीत उर की ॥१॥

I perform the Arti of Radhasoami and give expression to the love and faith pervading my heart. (1)

I was going astray with Karam (rituals) and Dharam (observances). Soami, in His grace, drew me to Him. (2)

He enabled me to see and have an experience of the Satsang of Sants, which is the true essence,

and lovingly imparted to me His special instructions. (3)

He graciously explained to me the secrets of Surat Shabd Yoga and thereby removed my misery and unhappiness of innumerable lives. (4)

I had been drifting with the current of Kam (passion) and Krodh (anger), suffering the onslaughts of Moh (infatuation) and Lobh (avarice). (5)

I remained entangled with family and relations and was a constant victim of deception in the hands of worldly people. (6)

Guru, very kindly, attracted me to Him and granted me the protection of His holy feet. (7)

My mind is fully convinced that He, in His grace, will wash away all my vice and virtue. (8)

Arousing ardour and zeal in my mind, I shall perform His Arti and sing His glory every moment. (9)

He, in His grace, has taken me across. Kal and Karam remain sad and dejected. (10)

Love is ever increasing in my heart now, and my Surat soars higher and higher by catching hold of Shabd. (11)

The bell rings and the conch blows in Sahas-dal-kanwal. In Gagan (Trikuti), the drum beats incessantly. (12)

In Sunn, the sound of the violin is heard.
Bhanwargupha is resounding with the melodious note of the flute. (13)

Going beyond Sat Lok, Alakh Lok and Agam Lok, I touch the Holy Feet of Radhasoami. (14)

By mercy, my task is fully accomplished. I become the dust of the door of Radhasoami. (15)

Shabd 28

दरस गुरु करना सहित उमंग ।
चरन उर धरना प्रीत अभंग ॥१॥

I have Darshan of Guru with fervour and zeal. I enshrine unabated love for His holy feet in my heart. (1)

The bliss of His Darshan baffles description. Day and night, I drink the nectar of His discourses to my heart's content. (2)

When I adopted Guru's Saran in my mind, my Surat went across in a moment. (3)

My Guru is the all-powerful Supreme Being who has graciously incarnated Himself in this world. (4)

In His mercy, He has done good to Jivas' souls. He has quickly liberated innumerable Jivas. (5)

He has given out the True Name RADHASOAMI and, out of love, has granted the shelter and protection of His holy feet. (6)

I exhort Jivas of the world to rush and catch hold
of the Holy Feet of Radhasoami. (7)

Worship not gods and goddesses and know it for
certain that Gyan Mat (Vedant) is all hollow
and useless. (8)

Get initiated in Surat Shabd Yoga and thus pro-
ceed beyond Kal's region. (9)

By your Surat, listen to Shabd resounding within
you, and have Darshan of Guru's image at the
third Til. (10)

Your human life will then be fruitful. Otherwise,
you will be wasting and spoiling innumerable
lives. (11)

Associate with Guru with unflinching faith in Him
and enshrine the attitude of love and yearning
in your heart. (12)

Perform Guru's Sewa (service) with love, and
implant affection for and faith in Him in your
heart. (13)

Then only will your task be accomplished.
Lovingly accept this advice this very day. (14)

Radhasoami Dayal has awakened my good luck
and, in His mercy, has granted me love for His
holy feet. (15)

I shall perform His Arti and shall fill my heart
with love for Him. (16)

I shall sing the praise of the marvellous Radha-

soami Dham (Abode of Radhasoami) and shall constantly utter the wonderful Name RADHASOAMI. (17).

Shabd 29

आरती गाऊँ सतगुरु आज ।
प्रीत घट माहि बसाऊँ आज ॥१॥

Today I shall sing the Arti of Sat Guru, and implant love for Him in my heart. (1)

In His grace, He has attracted me to His Satsang. (2)

There, as I hear about His glory and eminence, my enthusiasm goes on increasing. (3)

I now realize the greatness of Sants. I resolve in my mind to firmly adopt their Saran (refuge). (4)

I now find the path of Surat Shabd Yoga and come to know of the secret of Nam from Sants. (5)

I utter the Holy Name RADHASOAMI mentally and perform Sewa of Guru with my body. (6)

I am convinced in my mind that none repairs to the True Home without the help and guidance of Sants. (7)

One may make great efforts, but one cannot be saved without adhering to Guru. (8)

Kal has laid his snare in the world. Caught in it, Jivas are undergoing pains and pleasures by

way of punishment. (9)

They remain engrossed in Karam and Bharam and constantly wander in the transmigratory cycle. (10)

They do not accept the teachings of Sants. Due to their perverse understanding, they again and again follow the dictates of their minds. (11)

They have no luck for Parmarth (spiritual welfare). They are entangled in कनक Kanak (wealth) and कामिनी Kámini (woman). (12)

But my good fortune has so wonderfully awakened that Radhasoami has granted me the gift of devotion. (13)

I daily perform His Arti. My love for the Holy Feet is increasing every moment. (14)

I regularly attend Satsang with love. I recite RADHASOAMI Nám all the time. (15)

Shabd 30

सरन राधास्वामी हिये धारी ।
शब्द सुन लागी घट प्यारी ॥१॥

I have adopted the Saran of Radhasoami in my heart. I have become fond of Shabd resounding within me. (1)

My mind, full of ardour and zeal, constantly

ascends within. My love for Guru's holy feet
increases day by day. (2)

Witnessing such acts of grace of Guru, and ex-
periencing the kindness shown by Him, my
mind and body feel delighted like a flower
bursting into bloom. (3)

I am fully convinced that I shall some day repair
to my True Home after having vanquished the
forces of Kal and Karam. (4)

How can I adequately sing the praises of Guru ? I
shall sacrifice myself at His holy feet. (5)

What can I say about the greatness of association
with Guru ? I constantly drink the nectar of
love in His company. (6)

Only some fortunate persons are blessed with His
company. They apply their mind to His holy
feet all the time. (7)

They are ever eager to perform His Sewa with
love and affection. Their Surat soars to higher
regions and experiences the bliss of Shabd. (8)

The snares of Kal and Karam are cut asunder for
them and they are rid of all illusions and
delusions. (9)

Their precious human life becomes fruitful. They
sincerely perform the Sewa of the Supreme
Being. (10)

When Guru, who is the knower of the innermost

recesses of all, is pleased He showers such
grace and mercy on Jivas. (11)

I pray to Radhasoami : Draw me to Your holy
feet. Call me to You and bless me with Your
company. And may I remain absorbed in the
bliss of singing Your praises all the time. (12-13)

On witnessing the acts of grace and mercy in the
company of loving devotees, my joy and happi-
ness go on increasing day by day. (14)

I regularly perform His Arti with love and affec-
tion and enshrine the Holy Feet of Radhasoami
in my heart. (15)

O Radhasoami ! Do fulfil the aspirations of this
slave of Your holy feet. Grant me such grace
and mercy that I may remain at the Holy Feet
all the time. (16-17)

Shabd 31

गुरु के सन्मुख आन खडो ।

सुरत करे आरत प्रेम भरी ॥१॥

I stand before Guru. My Surat, imbued with
love, performs His Arti. (1)

I arrange the platter of firm faith, and kindle the
flame of yearning and love. (2)

I sacrifice my body and mind at Guru's holy feet,
and cherish love and devotion at heart. (3)

**With a firm faith, I utter Guru's name. I keep
His holy feet enshrined in my heart all the
time.** (4)

**As I have Guru's Darshan, my mind is swayed
by love and emotion. As I perform His Sewa,
my body is elated and thrilled.** (5)

**A current of love surges within me, and I rush
to Satsang to listen to Guru's discourses.** (6)

**I practise the Sumiran (repetition) of Radhasoami
Nam all the time. I have nothing to do with
any other Nam.** (7)

**I worship none other than Radhasoami. I have
forgotten all gods and goddesses.** (8)

**I find nothing worthwhile in places of pilgrimage
and temples.** (9)

**At all those places, one finds only water and stone-
idols which are worshipped by foolish and
ignorant Jivas.** (10)

**They do not know of the greatness of Guru, nor
do they believe in Surat and Shabd.** (11)

**Their life-boat fails to reach the shore, they are
all caught in the net of Chaurasi (trans-
migratory cycle).** (12)

**I have been blessed with unbounded mercy from
the Highest Region. I have been fortunate to
have Radhasoami Himself as my merciful
Guru.** (13)

He has awakened my dormant fortune and, in His grace and mercy, has drawn me to His holy feet. (14)

He has explained to me the path of Shabd, and has changed the plane of location of my mind. (15)

He has, on His own, awakened my Surat, and has granted me the gift of Guru Bhakti (devotion to Guru). (16)

I sing the praises of Radhasoami every moment, and go on uttering Guru's name all the time. (17)

Shabd 32

हुआ मन मगन देख सतसंग ।
उठत नित हिये में नई उमंग ॥१॥

On seeing Satsang, I became beside myself with joy. Ever-new zeal and fervour are aroused in my heart all the time. (1)

I strengthen my Saran of Radhasoami and fix my attention on His holy feet with love and affection. (2)

On hearing of the glory and greatness of Radhasoami my mind lost all interest in this world. (3)

I have enshrined RADHASOAMI Nam in my heart and have cast aside all Karam and Bharam. (4)

- Worldly Parmarth is only a kind of invitation
extended by Kal to Jivas. (5)
- Only that Jiva repairs to his True Home who is
fortunate enough to meet the supremely munificent Sat Guru. (6)
- No matter what great efforts one may make, one
will not be saved without the help and guidance
of Saints. (7)
- My inner being has been dyed in Guru's colour.
He has taught me the ways of Bhakti. (8)
- Worldly pleasures have no longer any charm for
me. Nor do pride and egotism lead me astray
any more. (9)
- I have offered my body and mind to Guru. He
has broken the head of Maya, the serpent. (10)
- He has been pleased to grant me His own strength.
The evil tendencies of my mind are all harassed
and distressed. (11)
- Kal is unable to hinder my progress. My mind
and senses have become utterly helpless. (12)
- Radhasoami, in His grace, has granted me this
gift. I have not rendered any service to Him. (13)
- I perform His Arti with zeal and fervour. Inter-
nally, I remain in the company of Guru all the
time. (14)
- I take the platter of love in my hands and kindle

- the flame of yearning in my heart. (15)
- I surrender my Surat and mind to the Holy Feet,
and cast off all obstacles put up by Kal. (16)
- In Sahas-dal kanwal, I witness the flame and, in
Gagan (Trikuti), I am delighted on having
Darshan of Guru's image. (17)
- After listening to the Shabd resounding in Sunn,
I ascend higher to Bhanwargupha where the
Shabd of Sohang is heard. (18)
- In Sat Lok, I have Darshan of Sat Purush, after
which, I meet Alakh Purush and Agam
Purush. (19)
- Finally, I fix my gaze on the Holy Feet of Radha-
soami. My Surat becomes intoxicated in love
and bliss. (20)
- I am the recipient of the special grace of Radha-
soami. I now find the reservoir of love and
devotion. (21)

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Shabd 33

हुई मन राधास्वामी की परतीत ।
गही मन सुरत शब्द की रीत ॥१॥

Faith in Radhasoami has dawned on my mind. It
has adopted the modes and methods of Surat
Shabd Yoga. (1)

On listening to Guru's discourses, my mind has

found peace. I perceive within me the grandeur
of Shabd. (2)

My mind was full of doubts and misgivings and I
used to adhere to religious observances, rites
and rituals and family traditions. (3)

I judged the Radhasoami Faith by my intellect
but could understand nothing and got totally
frustrated. (4)

By good luck, I could get the benefit of Guru's
company. By His grace, my inner being became
dyed in His colour. (5)

All the doubts and misgivings of my mind were
dispelled, and I could experience the refulgence
of Radhasoami within. (6)

I gave up worldly Parmarth. My mind, full of
joy and happiness, applied itself to Surat Shabd
Yoga. (7)

I now regularly perform Abhyas (spiritual practi-
ces) with love and affection. I have engendered
faith in the Holy Feet of Radhasoami. (8)

Faith is growing within me. My Surat is awaken-
ing on associating with Shabd. (9)

My love for the Shabd form of Guru is increasing
all the time and troubles caused by Maya are
being constantly eradicated. (10)

The mind is putting up hard barriers and Maya is
showing ever-new glamorous activities. (11)

By the strength of Guru, I shall cut asunder the
mind's net and sever all entanglements caused
by Maya. (12)

My Guru is none other than the Supreme Being
Radhasoami, who is all-compassionate, all-
powerful and all-merciful. (13)

In His grace, He has made me His own and has
awakened my wonderful luck. (14)

By granting me His Saran, He has fully accompli-
shed my task. I sing RADHASOAMI Nam
all the time. (15)

My Surat now ascends in the company of Shabd.
In Sahas-dal-kanwal, I hear the sounds of the
bell and the conch. (16)

In Gagan (Trikuti), I listen to the beating of drum
and the roar of thunder. I then hear the sound
of Rarang coming out of violin. (17)

In Bhanwargupha, the flute is being played, and in
Sat Pur, i.e., Sat Lok, I listen to the sound of
the Bin (harp). (18)

After witnessing the region of Alakh, I go beyond
that of Agam, after which, I have Darshan of
Anámí Purush (the Nameless Being). (19)

I perform Arti there with love and affection. I
remain absorbed in the Darshan of the most
marvellous form. (20)

Radhasoami has bestowed immense grace and
mercy on me. I am enjoying ecstatic bliss and

Shabd is resounding within me. (21)

Radhasoami has granted me the support of Shabd.
I dedicate my body and mind to Him. (22)

In His grace, He has redeemed all my kith and
kin, so supremely munificent is my beloved
Guru. (23)

Unfathomably great and infinite is the glory of
Shabd. Without Shabd, there can be no redemp-
tion of Jivas. (24)

The Most Excellent Guru Radhasoami, the Name-
less Supreme Being, has been pleased to grant
me eternal rest at His holy feet. (25)

Shabd 34

चरन गुरु जागी नई परतीत ।
उमंगती घट में नई नई प्रीत ॥१॥

New faith has awakened within me for Guru's
holy feet. Ever-fresh love for Him is surging
in my heart. (1)

Dedicating my mind to Guru, I fix my attention
on His holy feet, and offering my body to
Him, I perform His Sewa with love and affec-
tion. (2)

My Surat remains lost in His holy feet with
fervour and zeal. My Nirat now awakens as
a result of recognizing Shabd resounding
within me, (3)

The current of love is surging in me. My Surat
and its companion, the mind, are partaking of
the bliss of Shabd. (4)

Seeing the wondrous spectacles within, the mind
becomes exhilarated, and it now leaves the
region of the body and the senses. (5)

I enshrine Guru's holy feet in my heart. I have
attained this high status. I thankfully sacrifice
my heart. (6)

Then only could I understand Guru's words and
have, internally, Darshan of the unseen form. (7)

How am I to describe the glory of Guru? He,
without my asking for it, has made me His
own. (8)

By imparting to me the entire secrets of Shabd,
He has obliterated all my pain and misery
inflicted by Kal and Karam. (9)

My mind now is giving up the poison-like pleasures
of the senses. I strengthen my Saran of the
Holy Feet. ! (10)

I firmly adopt the shelter and protection of Guru's
holy feet. My Surat has formed a link with
Shabd. (11)

I sacrifice my body, mind and wealth over the
grace and mercy bestowed on me. I enshrine
the Name of Guru in my heart every moment. (12)

My Guru is omnipotent and all-merciful, He is

the supremely beloved, unique and incomparable Radhasoami. (13)

Assuming the form of Guru, He has made His advent in this world and conferred salvation on all Hans Jivas (deserving souls). (14)

In Kág Jivas, i.e., Jivas of a lower category, He has sown the seed of salvation and has cut asunder the snare of the ruthless Kal. (15)

My luck has so wonderfully awakened that I have been able to apply myself to the Holy Feet of Radhasoami. (16)

I sing the Arti of Guru with love and affection. I constantly rush to the Holy Feet of Radhasoami. (17)

Shabd 35

दुखी रहें जग जीव तापन में ।
दास सुख पाया चरनन में ॥१॥

Worldly Jivas suffer pain and sorrow. This slave has found happiness and bliss in the Holy Feet of Guru. (1)

On hearing of Guru's greatness, love for Him has awakened within me, and I have decided to have His Darshan regularly. (2)

I have given up worldly pursuits, and have done away with my love and attachment for my relations, (3)

I go to and attend Guru's Satsang. I listen to
His discourses about the highest abode. (4)

My mind has developed detachment from the
world, and I have given up desires for the
objects of Maya. (5)

I perform Guru's Sewa with care and attention all
the time, and I receive His mercy every
moment. (6)

Firmly adopting the practice of Surat Shabd Yoga,
I sacrifice my body and mind at Guru's
Darbar (Court). (7)

How shall I describe the greatness of association
with Sadhs ? The mind begins to disintegrate. (8)

Kam (passion) and Krodh (anger) wither away,
and Lobh (avarice) and Moh (attachments) are
put to shame. (9)

Pride and ego have been pulverised. Karam and
Bharam (delusions) have all vanished. (10)

Listening to Guru's discourses, I implant them in
my heart, and I awaken ever-new love for His
holy feet. (11)

I perform Guru's Arti standing before Him face
to face. I enshrine RADHASOAMI Nam in
my heart. (12)

Shabd 36

सील घर रहती बाल समान ।
चरन गुरु धरती हिरदे ध्यान ॥१॥

I remain placid and care-free like a child. I contemplate Guru's holy feet at heart. (1)

I feel delighted on having Guru's Darshan and become absorbed in bliss like fish in water. (2)

My mind is seized with an intense longing to go to the presence of Guru with ardour and zeal. (3)

Seeing the delightful activities constantly going on in Satsang, joy and happiness are ever increasing in my heart. (4)

I perform Guru's Arti with love and affection. I dedicate myself to His holy feet every moment. (5)

Shabd is resounding loudly and all the thieves marauding within me, viz., all my evil tendencies, have started taking to their heels. (6)

I listen to the melodious sound of the bell. Maya, helpless and exhausted, is beating her own head. (7)

Ascending to Gagan (Trikuti), I come face to face with Guru. I lovingly sing His Árti.¹ (8)

The roar of thunder and the beating of the drum

1. Guru's seat is in Trikuti. Arti in Trikuti is the first Arti. The second Arti, that of Sat Guru Sat Purush, is in Sat Lok. And the third Arti, that of Param Guru Radhasoami, is in Radhasoami Dham.

have raised a tumult. The darkness within me
has been dispelled and the day has broken. (9)

In Sunn, the sound of the fiddle is resounding.
Ascending to Bhanwargupha, I hear the melo-
dious note of the flute. (10)

Ascending further, I get Darshan of Sat Purush
and perform the second Arti. (11)

There, the melodious sound of the Bīn (harp) is
heard and Surat lovingly embellishes herself. (12)

Proceeding to Alakh Pur (Alakh Lok), I have
Darshan of Alakh Purush and my Surat is
enraptured on witnessing His majestic form. (13)

Then, after ascending to Agam Lok, I proceed to
Radhasoami Dham (Abode of Radhasoami)
where I perform the third Arti. (14)

My Guru, who is ever merciful to the humble, was
pleased and, by granting His Saran, enriched
me. (15)

Shabd 37

विरह मेरे सतसंग की जागी ।
प्रीत मेरी गुरु-चरनन लागी ॥१॥

Intense yearning has awakened within me to attend
Satsang. I have developed love for Guru's
holy feet, (1)

- On listening to His discourses, I feel restless at heart for applying to His holy feet by fixing my Surat on them. (2)
- The mind has spread its net in the world and it makes Jivas engage in worldly pursuits right from the morning when they get up. (3)
- I pray to Soami : May I have the gift of Bhakti (devotion) and may love go on increasing in my heart. (4)
- May not worldly activities hinder my progress. Do keep my Surat merged in Your holy feet. (5)
- I have been calling out at You for many days. O Merciful Guru ! Do listen to my prayer. (6)
- Remove the internal barriers mercifully and take my mind and Surat under Your shelter and protection. (7)
- May compassion for Jivas sink in my mind. May I also be taken under the protection of Your holy feet. (8)
- Absorbed in bliss, I shall perform the Arti of Guru and shall lovingly surrender my Surat to the Holy Feet. (9)
- I shall constantly hear melodious Shabds within and, with joy and delight, witness the dazzling flame. (10)
- Ascending to Gagan (Trikuti), I shall listen to the loud beating of the drum. I shall then be dyed in the colour of Guru's holy feet, (11)

Going to Sunn, I shall bathe in Tribeni and, in
Bhanwargupha, shall listen to the sound of the
flute. (12)

I shall meet Sat Guru in Sat Pur (Sat Lok) and
shall cherish in my heart the melodious sound
of the Bín (harp) resounding there. (13)

Then, after having obtained Darshan of Alakh
Purush and Agam Purush, I shall perform the
Arti of Radhasoami with proper embellish-
ment. (14)

Radhasoami has bestowed immense mercy on me.
He has drawn me to His holy feet. (15)

Shabd 38

सरन गुरू पाई जागे भाग ।
सुरत मन चरनन में रहें लाग ॥१॥

I have obtained Saran of Guru. My good luck
has awakened. My mind and Surat remain
clinging to His holy feet. (1)

My mind is delighted on getting Guru's Darshan.
My body rushes to perform His Sewa. (2)

By associating with Sadhs, my faith has increased.
By mingling with Guru's holy feet, I witness
great illumination. (3)

As I listen to Guru's discourses, showers of nectar
appear to come down. By performing repeti-
tion of Guru's Nam, my love is enhanced. (4)

I sing the glory of Shabd day and night. My
mind and Surat partake of the bliss of Shabd
all the time. (5)

When Guru gave out to me the secret of Satsang,
my Surat woke up and my mind became
absorbed in bliss. (6)

I constantly hear Shabd resounding within me. I
listen to the sounds of the conch and the bell
all the time. (7)

I open the gate-way to Bank Nál (crooked tunnel)
and then quickly ascend to Trikuti. (8)

Going to Mán-sarovar lake, I take my bath. My
attention is then fixed on the sound of the flute. (9)

I am enraptured on getting Darshan of Sat
Purush. There are showers of nectar to the
accompaniment of the reverberations of Shabd. (10)

Thereafter, I proceed beyond the regions of Alakh
and Agam and meet the Supreme Being Radha
soami. (11)

I remain clinging to Guru's holy feet. I become
the recipient of the mercy of Radhasoami every
moment. (12)

Religion based on the Vedas (Vedant) is not in the
know of this secret. All Jīvas put up with pain
and suffering due to their Karmas. (13)

Who, but Sants, can do good to Jivas' souls ?
What, other than Shabd, can liberate them ? (14)

Whoever adopts the Saran of Radhasoami, gets
across the ocean of worldly existence and
repairs to his True Home. (15)

— — —
Shabd 39

चरन गुरु दीन हुआ मन मोर ।
शब्द धुन सुनता सूरत जोड़ ॥१॥

My mind has become meek and humble on touch-
ing Guru's holy feet. I listen to the reverbera-
tions of Shabd by concentrating my Surat on
them. (1)

Delusions dispelled, faith has dawned on my
heart. My Surat has caught hold of Shabd
with love. (2)

I have cast off Kam (passion) and Krodh (anger)
from my mind. At heart, I perform the repeti-
tion of RADHASOAMI Nam. (3)

I adopt Guru's Saran with love and affection. I
have engendered intense love for the Holy
Feet. (4)

On having Guru's Darshan, love awakens in my
mind. On hearing His discourses, I have given
up worldly desires. (5)

By associating with Sadhs, my task is getting
accomplished and, as a result of engaging in
Guru Bhakti (devotion to Guru), my mind has
become brave. (6)

By contemplating Guru's form, the thieves, i.e., evil tendencies of my mind have taken to their heels and I constantly hear the unending reverberation of Shabd within me. (7)

What can I say of the greatness of Shabd ? Through it, redemption of soul is effected easily. (8)

I have given up all Karam (rituals) and Dharam (observances). My mind and Surat are waking up by associating with Shabd. (9)

No one is in the know of the inner secrets. Under the sway of delusion, all endure pain and suffering caused by Karam. (10)

Kal has spread his net far and wide, He has entrapped all Jivas. (11)

Caught in that net, all wander in the cycle of Karmas undergoing pains and pleasures life after life. (12)

Whoever comes under the shelter and protection of Sat Guru, turns back and repairs to his True Abode. He gets rid of Maya and, by holding fast to the Holy Feet of Sants, gets across. (13-14)

How can I adequately praise my great good luck ? My mind has applied itself to the Holy Feet of Radhasoami. (15)

I sing His Arti with love and I sacrifice myself over His grace and mercy every moment. (16)

Enshrining the Saran of Radhasoami in my heart,

I remain all the time under the protection of
His holy feet. (17)

Shabd 40

चरन गुरु निज हियरे धारे ।
लगे मोहि प्रानन से प्यारे ॥१॥

I enshrine in my heart Guru's holy feet which are
dearer to me than my life. (1)

On seeing Satsang my mind becomes imbued with
love, and on listening to Guru's discourses,
my faith is enhanced. (2)

Implanting the greatness of Guru's company in my
heart, I perform His Sewa with care and atten-
tion. (3)

On witnessing the unending acts of grace, my
mind is delighted. I remain near Guru's holy
feet happily. (4)

Love increases within me day and night. The
greatness of Shabd and Guru baffles des-
cription. (5)

There can be no liberation without Guru and
Shabd. All Jivas wander in the company of
Maya. (6)

They find no location and go on suffering pains
and pleasures in the four categories of exist-
ence. (7)

- My original luck has awakened. My mind and
Surat have applied themselves to Guru's holy
feet. (8)
- I have come to know of the true secret of Shabd.
I constantly hear within me the ringing of
Shabd. (9)
- I hear the sounds of the bell and the conch in
Sahas-dal-kanwal. I then reach Trikuti, the
region of Guru. (10)
- In Sunn, I hear the Rárang Shabd. On ascending
to Bhanwargupha, I listen to the sound of the
flute. (11)
- In Sat Lok, I hear the sound of the Bín (harp)
which is the essence of essences and I have
Darshan of Sat Purush with rapt attention. (12)
- From there, I go to the Darbar (Court) of Alakh
Purush and then my Surat opens the gate-way
to the fort of Agam Lok. (13)
- Thereafter, I witness the abode of Sat Guru and
become the recipient of the wonderful RADHA-
SOAMI Nam. (14)
- Getting the Saran of Guru, I merge in His holy
feet. I sing the Nam of beloved Radhasoami
every moment. (15)
-

Shabd 41

चरन गुरू घट में धार रही ।
सरन गुरू निज उर सार लई ॥१॥

- I enshrine Guru's holy feet within me. I adopt
His Saran at heart. (1)
- Realising at heart false and illusory nature of
worldly attachment, I rush for the shelter
under Radhasoami Dayal. (2)
- Worldly Jivas are friendly towards one another
only for the sake of their own selfish interests.
Steeped in the enjoyment of worldly pleasures,
all drift in Maya's current. (3)
- From the bottom of my heart, I do not want
their company. I get peace and tranquillity
in Guru's holy feet. (4)
- Radhasoami has showered immense mercy on me.
He has drawn me to His holy feet. (5)
- He has delivered to me His sublime discourses
and apprised me of the most profound secret
of Shabd. (6)
- I shall constantly perform the repetition of
RADHASOAMI Nam. I listen to the rever-
berations of Shabd with love and affection. (7)
- What can I say of the greatness of Satsang ? Feel-
ings of love for Guru are increasing all the
time. (8)
- Love is enhanced in my heart day and night. I

engender newer and newer feelings of faith in
Shabd. (9)

Only some rare loving devotee attains this state
by sheer good luck. He awakens both his mind
and Surat. (10)

As I develop sincere detachment from the world
at heart, my love and attachment for Guru's
holy feet constantly increases. (11)

I have given up all cravings for sensual pleasures.
My mind is applying itself to the melodious
resounding of Shabd. (12)

Radhasoami has vouchsafed His help and protec-
tion today. He has awakened my luck also. (13)

Coming to the presence of Guru with love and
affection, I shall sing His Arti all the time. (14)

I am blessed with the mercy of Radhasoami every
moment. I remain clinging to His holy feet. (15)

Shabd 42

जगत संग मनुआ रहत उदास ।
बहत गुरु चरनन नित्त बिलास ॥१॥

With the world, my mind always remains fed up.
All the time, it cherishes to enjoy the bliss of
the Holy Feet of Guru. (1)

The ways of the world are detestable to me. My
mind always rushes to be in the company of

- Sadhs. It now gives up worldly activities and the darling Surat sings praises of Guru. (2-3)
- Kam (passion) and Krodh (anger) remain sad and dejected. I repose my hopes and aspirations in Guru's holy feet. (4)
- Lobh (avarice) and Moh (infatuation) have left me. I have fixed my attention on RADHASOAMI Nam. (5)
- I have reduced my egotism to ashes. My humility towards the Holy Feet has increased. (6)
- Love and yearning pervade my inner being. My mind and Surat remain mingled with Shabd. (7)
- Radhasoami has graciously granted me all this embellishment. How can I adequately sing His glory ? (8)
- Full of yearning, I apply myself to Guru's holy feet and remain beholding the wondrous Form. (9)
- The current of love overflows in a unique manner. Radhasoami has showered His unbounded grace on me. (10)
- I shall constantly sing the Arti of Radhasoami with all due embellishment. Radhasoami has been pleased to grant me a wonderful gift. (11)
- The Anhad Shabd is resounding in Gagan. I witnessed wonderful refulgence within. (12)
- After having reached the region of Guru, I proceeded to Sunn. Thereafter, I became absorbed

in the bliss of the melodious note of the flute. (13)

In Sat Pur (Sat Lok), I heard the sound of the Bín (harp). Then, after getting Darshan of Alakh Purush, I proceeded to Agam Lok, beyond which, I could see the Incomparable Abode. Going there, I touched the Holy Feet of Radhasoami. (14-15)

Shabd 43

प्रीत गुरु हिये अंतर बढ़ती ।
सुरत मन गुरु चरनन धरती ॥१॥

Love for Guru is growing in my heart. I place my
Surat and mind at Guru's holy feet. (1)

My mind has been dyed red in the colour of love.
I have cut asunder all my subtle bondages. (2)

On getting Guru's Darshan, my mind feels exhilarated. It sees near at hand things which are really far off. (3)

On knowing of the secret, I become oblivious of myself. Lotus-beds burst into bloom in my heart. (4)

My mind, absorbed in bliss, remains mingled with Shabd. It leaves the body and abides in Gagan. (5)

A garden of roses is now in full bloom within me. I witness Jyoti (flame) in Sahas-dal-kanwal. (6)

I then behold a wonderful spectacle of Guru's

region. Next, I listen to the sound of the violin in Sunn. (7)

Ascending to Bhanwargupha, I contemplate the form of Sohang Purush. In Sat Pur (Sat Lok), I listen to the melodious sound of the Bín (harp). (8)

After witnessing Alakh Lok and then, proceeding beyond Agam Lok, I have Darshan of Anami Purush (the Nameless Supreme Being). (9)

I get unique Saran of Radhasoami, at whose Holy Feet, I sacrifice myself. (10)

What can I say of the glory of the religion of Sants ? All other religions rank low. (11)

All remain sticking to Kal and are in a state of delusion in the company of Maya. (12)

Only a highly fortunate Jiva can get Guru's association. He ascends within, catching hold of the cord of Shabd. (13)

He fixes his attention on the Holy Feet of Radhasoami, by whose mercy, he repairs to his True Home. (14)

His heart overflows with joy and bliss. He becomes oblivious of the world and his own body. (15)

Shabd 44

टेक गुरु बाँधो स्वामी प्यारी ।
तजो अब करम भरम सारी ॥१॥

O Soami Pyari (darling of Soami) ! Adhere tenaciously to Guru. Give up all Karam and Bharam now. (1)

Worldly Jivas worship gods and goddesses. None performs Sat Guru's Sewa. (2)

All Jivas remain entangled in waters and stones, i. e., worship of rivers and idols. Under the sway of delusion, they wander amongst the four categories of existence. (3)

They fail to appreciate the secret and importance of Satsang. Under the influence of their Karmas, they wander in the transmigratory cycle. (4)

My luck for repairing to the highest region has now awakened. I have met the supremely merciful Sat Guru. (5)

He, in his mercy, has acquainted me with the most profound secrets and has given me instructions about the true Shabd. (6)

My Surat has been absorbed in the bliss of Shabd. My perverse sense and understanding is now gone and good sense has awakened within me. (7)

I have heard the supremely merciful RADHA-SOAMI Nam, My inner darkness has been

dispelled and there is now illumination within me. (8)

By touching Guru's holy feet, all my impurities have been removed and I now witness wonderful spectacles within. (9)

Who can sing the glory of Guru's holy feet ? Only an extremely fortunate Jiva can get them. (10)

Holding on to Sat Guru's holy feet, I have come under His shelter and protection. I have been relieved of the burden of umpteen bundles of Karam and Bharam. (11)

Love for Radhasoami has been enhanced in my heart. My attention has been rivetted on Shabd within. (12)

Holding the platter of my heart in my hands for Guru's Arti, I kindle the flame of true Shabd, and then stand before Guru face to face who showers immense mercy on me. (13-14)

By granting me His Saran, He has fully accomplished my task. I sing RADHASOAMI Nam every moment. (15)

Shabd 45

हरख मन सरन गही सतगुरु ।
प्रीत सँग धरे बचन निज उर ॥१॥

My mind is delighted on adopting the Saran of Sat

Guru. I enshrine His discourses in my heart
with love and affection. (1)

The splendour and greatness of the company of
Sadhs baffle description. By mingling with
Guru's holy feet, I awaken my good fortune. (2)

Faith in Guru has been engendered in my heart.
My mind has given up fear and regard for the
ways of the world. (3)

I go on listening to the glory of true Satsang and
witness within me the refulgence of RADHA-
SOAMI Nam. (4)

I long to have Guru's Darshan face to face. He, in
His mercy, has called me to His presence. (5)

I perform Guru's Arti with ardour and zeal. Guru
has graciously cast His most benign glance on
me. (6)

He has enhanced love in my heart and awakened
Shabd within. (7)

I have given up all Karam and Bharam. My love
for Guru's holy feet is constantly increasing. (8)

In Sahas-dal-kanwal, I listen to the blowing of the
conch, and on ascending to Gagan (Trikuti),
I reach Guru's Darbar. (9)

In Sunn, the Rárang Shabd is resounding. In
Bhanwarguphá, the flute is giving out its melo-
dious note. (10)

On going to the imperishable region, i.e., Sat Lok,

I listen to the sound of the Bin (harp) and get
the wonderful Darshan of Sat Purush. (11)

Enhancing my love, I reach Alakh Lok. I then
rush onward and have Darshan of Agam Lok. (12)

Higher up, I behold Radhasoami Dhám, where
my Surat finds everlasting rest and peace. (13)

How can I describe the splendour of that Highest
Region ? My Surat feels ashamed every
moment in trying to do so. (14)

I have been fortunate to meet Radhasoami, the
Nameless Supreme Being. Radhasoami has
graciously accomplished my task. (15)



Shabd 46

हिये में गुरु परतीत बसी ।
प्रीत संग सूरत शब्द रसी ॥१॥

Faith in Guru has been implanted in my heart. I
enjoy the bliss of Shabd with love. (1)

I have Guru's Darshan with my Surat properly
attuned. On listening to His discourses, love
is enhanced in my mind. (2)

I enshrine in my heart the discourses heard in Sat-
sang. I sacrifice my life and soul over Guru's
Saran. (3)

What can I say about the greatness of Sat Guru ?
He has awakened my wonderful luck. (4)

- He has made my love deep and unflinching at heart.
My mind has got lost in His holy feet. (5)
- I sing Guru's greatness regularly. I perform the
repetition of Guru's Nam with love and affection. (6)
- I practise Bhajan with undivided attention. My
Surat ascends to higher regions in the company of Shabd. (7)
- Love now constantly accumulates in my heart. On
witnessing Jyoti (flame), I perform Guru's
Arti. (8)
- Ascending to Gagan (Trikuti), I have Darshan of
Guru's form. Kal's trickery ends here. (9)
- In Sunn, I bathe in the waters of Tribeni and I
listen to Ráginí (musical modes) to the accompaniment of the sound of the violin. (10)
- I then proceed to Bhanwargupha, seeking the
Sohang Shabd. By the strength of Guru, Mahá
Kal is vanquished. (11)
- I get Darshan of Sat Purush in the imperishable
region, i.e., Sat Lok. I behold the refulgence
of Sat and listen to the sound of the Bín
(harp). (12)
- Ascending still higher I witness the expanse of
Alakh Lok and then reach Agam Lok with my
Surat properly attuned. (13)
- Beyond Agam Lok, I witness the region of Radha-
soami, My Surat assumes a wonderful form, (14)

I complete my Arti there and win the pleasure of
Param Guru Radhasoami. (15)

Shabd 47

चरन गुरु प्रीत बढ़ाय रही ।
नाम गुरु छिन छिन गाय रही ॥१॥

- I enhance my love for the Holy Feet of Guru. I
sing the Name of Guru every moment. (1)
- My mind is restless to have Guru's Darshan.
Yearning has created a tumult within. (2)
- I constantly pray at Guru's holy feet : Take me
across the ocean of worldly existence. (3)
- I have got stuck up in worldly pursuits. Without
Your Darshan, I remain sad and morose. (4)
- Be so kind to me that I can sing Your Arti, stand-
ing before You face to face. (5)
- Vouchsafe such care and protection to my Surat
and mind that they may take strolls within in
the company of Shabd. (6)
- Kal's agents torment me. Kindly do save me from
them quickly. (7)
- May my mind remain absorbed in the bliss of
Nam, and may it not be subservient to Maya. (8)
- May my remembrance of Guru's holy feet increase
day and night and may I experience the bliss

of love every moment.

(9)

May I enshrine faith in Guru in my heart, and
may I adopt the ways of Bhakti with love and
attention.

(10)

Kindly accomplish my task by granting me your
Saran. May RADHASOAMI Nam become
manifest within me.

(11)

May I constantly sing the praises of Radhasoami
and experience ever-new bliss in Bhajan all the
time.

(12)

Shabd 48

हुआ घट परघट आज विवेक ।
गुरु की धारी दृढ़ कर टेक ॥१॥

Discrimination and discernment have become
manifest within me today. I have adopted firm
adherence to Guru.

(1)

I have wandered for many days following the ways
of the anchorite, but I could not get at the
truth and remained repenting.

(2)

My luck for repairing to the highest region has
now awakened and I have come rushing to the
Holy Feet of Radhasoami.

(3)

When I listened to the unfathomably profound
discourses of Radhasoami, my Surat and mind
instantly became captivated.

(4)

- Understanding then dawned on me and I realized
that there is no one like Sat Guru in this world. (5)
- Adopting the Saran of Radhasoami in my heart,
I received initiation from Guru with great care
and attention. (6)
- I regularly practise Bhajan with my Surat properly
attuned. I get Darshan of Guru within
me. (7)
- I praise my good luck all the time that Guru has
graciously rid me of all burning and misery. (8)
- He has cast aside all my Karam and Bharam, and
awakened my Surat and mind in a jiffy. (9)
- He has rid me of the ways of the anchorite and
has awakened in me love for Shabd. (10)
- I have now given up all hypocritical activities and
contemplate Guru's holy feet by concentrating
my mind. (11)
- Worldly pleasures now appear to me like brackish
water, and I repose my mind's aspirations
in the Holy Feet of Guru. (12)
- Objects of Maya are no longer to my liking and I
now drink the nectar of Nam within. (13)
- Guru, in his mercy, has granted me this gift. I
cannot sing His glory adequately. (14)
- I perform His Arti with love and affection. My
mind has adopted the Saran of Radhasoami. (15)
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Shabd 49

धरी मन राधास्वामी की परतीत ।
गही मन सुरत शब्द की रीत ॥१॥

- My mind has engendered faith in Radhasoami and it has adopted the Surat Shabd Yoga. (1)
- I constantly sing RADHASOAMI Nam and contemplate the form of Radhasoami. (2)
- I enshrine the Holy Feet of Radhasoami in my heart and I constantly search for Shabd within. (3)
- With full faith in Guru, I engage in worldly activities only superficially as a routine. (4)
- With firm adherence to the Holy Feet of Radhasoami, I have cast aside all Karam and Bharam. (5)
- Worldly Jivas have got stuck up in Bharam (false notions). Under the sway of delusion, they go astray in the company of Maya. (6)
- I shall tell them of Guru's greatness. I shall acquaint all with the ways of love. (7)
- The unfortunate Jivas do not pay any heed to my words. They cannot give up fear and regard for the world. (8)
- Radhhasoami has showered His mercy on me from the highest region. He has granted me love and affection for His holy feet. (9)

He has endowed me with the indescribably noble understanding that liberation can be effected only through Guru and Shabd. (10)

Having adopted this understanding, I took shelter under Guru's holy feet, never again to associate with worldly people. (11)

I am constantly seized with a longing for attending Satsang, and yearning for having Guru's Darshan increases all the time. (12)

I pray aloud to my Guru only this : May I get Your Darshan again and again. (13)

May no obstacles stop me and may ever-new love constantly awaken in my heart. (14)

May I now perform Your Arti standing before You face to face and thereby redeem all my kith and kin. (15)

May I be the recipient of the mercy of Radhasoami every moment and may I be singing the praises of Radhasoami all the time. (16)

Brighten, in your mercy, the luck of worldly Jivas, May they adopt the Saran of Radhasoami. Dayal. (17)

Shabd 50

हिये में प्रीत नई जागी ।
चरन गुरु आरत नई साजी ॥१॥

- Fresh love for Guru has awakened in my heart.
I perform a new Arti before His holy feet. (1)
- I take the platter of love in my hands and kindle
the flame of the modes and methods of Surat
Shabd Yoga. (2)
- I perform Guru's Arti in the company of my rela-
tions and, with joy and delight, dedicate my
mind and attention to His holy feet. (3)
- I constantly cherish within me Guru's discourses
and awaken my love for Him day and night. (4)
- I sing the greatness of the religion of Sants all the
time. I remain absorbed in the bliss of the
practice of Surat Shabd Yoga. (5)
- Tamo-Guna pervades the world. All Jivas are
entangled in Maya's net. (6)
- They fail to know the secrets of Sant Mat (religion
of Sants) and, under the influence of their
Karmas, wander in the cycle of transmigration. (7)
- I have met Radhasoami, the Perfect Guru. I have
become the dust of His holy feet. (8)
- He, in His mercy, has saved me and has awaken-
ed within me love for His holy feet. (9)
- He has removed all my doubts and delusions and,
very mercifully, has granted me the Saran of
His holy feet. (10)
- My good luck has awakened and it is all illumi-
- 21

nation within me. Guru has dispelled my inner darkness. (11)

May I remain singing the praises of Radhasoami all the time, and may I live constantly singing RADHASOAMI, RADHASOAMI. (12)

Shabd 51

संत का परमार्थ भारी ।
सुरत और शब्द जुगत न्यारी ॥१॥

Sublime is the Parmarth prescribed by Sants. Unique is the mode of Surat Shabd Yoga. (1)

I have now recognized the grace and mercy of Radhasoami. I have become dependent on Him whole-heartedly. (2)

I am enhancing my love by hearing His discourses. I am awakening affection and yearning for Him in my heart. (3)

The longing to have His Darshan is constantly arising within me. I have now given up my adherences to gods and goddesses. (4)

Noticing the dirty colour of Maya, I have given up revelling in sensual pleasures. (5)

RADHASOAMI Nam has been deeply embedded in my heart. I have adopted Radhasoami Dham as my Isht (goal). (6)

The whole world is suffering from the three kinds

of afflictions. Under the influence of Karmas,
Jivas remain lost in the company of Maya. (7)

They fail to achieve anything. They undergo
troubles and miseries in the company of Maya. (8)

It was when I came to Guru's holy feet that I
could develop pure sense and right under-
standing. (9)

On hearing of the secrets and mysteries of Shabd,
I adopted Surat Shabd Yoga from the bottom
of my heart. (10)

I regularly practise Bhajan and Sumiran, and
contemplate the Holy Feet of Guru. (11)

My mind gets lost in the Holy Feet easily. I have
given up all worldly desires. (12)

I sing Guru's Arti with ardour and zeal. My
Surat proceeds to Gagan (Trikuti) in the com-
pany of Shabd. (13)

I constantly hear within me loud Anhad Shabd. I
have shattered the powers of Kal and Maya. (14)

Such is the mercy which Rádhasoami has been
pleased to bestow on me. Finding me humble
and meek, He has granted me His special
Saran. (15)

Shabd 52

हुई घट परमारथ की लाग ।
सरन गुरु आया जग से भाग ॥१॥

- I have developed an intense longing for Parmarth (spiritual welfare). Running away from the world, I have come under Guru's shelter and protection. (1)
- I was wandering in the world in sundry ways, but could not get any peace of mind at all. (2)
- I was undergoing pains and pleasures day and night. I got no solace and comfort in the company of worldly Jivas. (3)
- By sheer good luck, I heard about Radhasoami Satsang, and I came and joined it. (4)
- I was delighted on listening to the discourses of Radhasoami. I came to realize the secrets of Sant Mat. (5)
- I have reposed my hopes and aspirations in the Holy Feet of Radhasoami. My mind today has become fed up with the world. (6)
- How can I describe the eminence of Radhasoami, my Guru, and the efficacy of Shabd ? (7)
- There is no other method in this world by which salvation of the soul can be attained. (8)
- Hearing the Shabd incessantly resounding within, a beggar becomes a monarch. (9)

You can call Shabd a current of spirituality or a
a flood of light. (10)

If one ascends by catching hold of Shabd, one will
rise to अर्श Arsh (sky, heaven). (11)

But one cannot get these secrets without the Guru's
grace and mercy. Instead, one will remain a
victim of pain and sorrow due to Karmas. (12)

Radhasoami has showered unbounded grace on
me. He has extricated me from the world. (13)

He has drawn me to His holy feet and initiated
me in Shabd Yoga. (14)

I daily perform this Abhyas (practice). I shall get
location at the Holy Feet of Radhasoami. (15)

I daily perform this Arti and sing the Holy Name
RADHASOAMI every moment. (16)

Love for and faith in the Holy Feet increase
within me. I strengthen my Saran of Radha-
soami. (17)

Shabd 53

दरस गुरु मन में होत हुलास ।
चरन गुरु बढ़त नित्त विश्वास ॥१॥

On having Guru's Darshan, my mind feels elated.
My faith in Guru's holy feet is ever increasing. (1)

My heart is inebriated as I listen to Guru's dis-

courses. Guru's image is ^{extremely} ~~externally~~ pleasing to me. (2)

Though, physically I remain at a great distance from Guru, I enjoy the bliss of His Darshan by Surat. (3)

A most insignificant Jiva that I am, what can I say in praise of my Guru ? I constantly sacrifice myself at His holy feet. (4)

How can I describe the ways of His mercy ? He, on His own, attracted me to His holy feet. (5)

My mind and Surat remain drenched in the bliss of Shabd. They drink the nectar of Guru's holy feet. (6)

Surat so constantly ascends within that my attention remains rivetted on Shabd. (7)

I become oblivious of my body, and have forgotten the pleasures which Maya provides. (8)

I dedicate my body and mind to Guru, and I enshrine His Saran in my heart. (9)

I have nothing to do with the world any more, RADHASOAMI Nam has now been implanted in my mind. (10)

I have given up all Karam and Bharam, and have cut off all connections with the world. (11)

I daily enhance my love for Guru and perform His Arti in an attitude of love and affection. (12)

Taking the platter of Guru Bhakti (devotion to Guru) in my hands, I kindle the flame of yearning. (13)

I perform Guru's Arti in this manner all the time. My Surat remains lost in the bliss of love. (14)

Radhasoami has showered immense grace and mercy on me. He has mercifully granted me the Saran of His holy feet. (15)

Shabd 54

परम पुरुष राधास्वामी गुरु भारो ।
चरन पर चार लोक वारी ॥१॥

The Supreme Being Radhasoami is the Guru most exalted. I sacrifice all the four worlds at His holy feet. (1)

On listening to Guru's greatness, love surges within me and I remain worrying as to how I can have Darshan of His Darbar. (2)

I pray at His holy feet all the time. Love and devotion go on increasing in my heart. (3)

The supremely eminent Guru Radhasoami has blessed me with His mercy. He has turned my Surat away from the world and fixed it at His holy feet. (4)

I thus get a golden opportunity. He has graciously drawn me to His holy feet, (5)

When I had Darshan of Radhasoami, my mind
and Surat got absorbed in His holy feet. (6)

Developing love and affection for His holy feet, I
perform His Arti with care and attention all
the time. (7)

I hold the platter of love in my hand and light the
unique flame of devotion. (8)

With zeal and fervour, I sing the Arti of Radha-
soami. I thereby awaken my great good luck. (9)

I have cut off all connections with Kal. Guru's
holy feet have become my sole prop and
support. (10)

Adopting Radhasoami Dayal's Saran at heart, I
shall proceed to my original abode after
having vanquished Kal and Karam. (11)

I shall go on singing the praises of Radhasoami,
and shall utter RADHASOAMI Nam all the
time. (12)

Shabd 55

सहज में पाए गुरु दर्शन ।
निरख गुरु लीला हरखा मन ॥१॥

I got Guru's Darshan easily. I was delighted on
witnessing His acts of grace. (1)

Noticing wonderful love in Guru's Satsang, I have

adopted the ways of Bhakti in my heart. (2)

The modes and methods prescribed by Guru are very dear to me. I have lovingly adopted Surat Shabd Yoga. (3)

The conviction has grown in me that there is no friend like Guru in this world. (4)

Without Guru, Jivas of the world drift and drown in the ocean of existence, all being swept away by the current of the ocean. (5)

They read Guru Bani (poetical compositions of Guru) only as a routine but do not cherish within them love for Guru's holy feet. (6)

They are tied up in infatuation and ego. They waste their lives in vain. (7)

Guru has bestowed immense mercy on me. He has rid me of the tyranny of Kal and Karam. (8)

He, on His own, called me to His presence and, by granting me His shelter and protection, awakened my luck. (9)

How can I express my thankfulness to Guru ? He has been pleased to reveal to me the secret of the Highest Abode. (10)

Arranging the platter of yearning and kindling the flame of love, I perform His Arti standing before Him and bringing my body and mind under control. (11-12)

Implanting RADHASOAMI Nam in my heart, 1

remain enhancing my remembrance of Radhasoami every moment. (13)

Shabd 56

संत मत भेद सुनत मन जाग ।
चरन में राधास्वामी के रहा लाग ॥१॥

My mind awakens on listening to the secrets of Sant Mat, and it clings to the holy feet of Radhasoami. (1)

Everywhere in this world, delusion prevails, and all direct their attention to Karam and Bharam. (2)

All worship gods and goddesses. None has any inkling of the True Abode. (3)

No one is aware of the greatness of the company of Sadhs, everybody blindly adheres to past beliefs. (4)

All wander in places of pilgrimage and temples. None seeks the celestial abode. (5)

How shall I sing the glory of Radhasoami ? He, on His own, has called me to His presence. (6)

He has graciously given out the secret of Shabd to me. My mind and Surat are now absorbed in His holy feet. (7)

I sing the glory of Nam. Radhasoami has been pleased to acquaint me with the most profound inner secrets. (8)

I cherish Saran of Radhasoami in my heart. My
Karam and Bharam are thus eradicated. (9)

I sing the glory of Sants all the time. I implant
the Holy feet of Radhasoami in my heart. (10)

I recite always RADHASOAMI Nam, which is the
Name of the Sat Guru. No concern do I have
with any other kind of worship. (11)

I sing the Arti of Radhasoami with love all the
time. I always have my attention rivetted on
His holy feet. (12)

Radhasoami does real good to me. He will
graciously take me across. (13)

My love for His holy feet goes on increasing. My
Surat continues to ascend within all the time. (14)

I have developed in my heart the firm conviction
that I shall get across the ocean of worldly
existence and reach my original abode. (15)

Radhasoami has very graciously taken me by the
arm. I shall no longer part with His company. (16)

My great good luck has awakened. My mind is
drenched in bliss. I have fallen at the holy
feet of Radhasoami. (17)

Shabd 57

आज मेरा जागा भाग सही ।
उमंग मन राधास्वामी सरन गही ॥१॥

- My good luck has truly awakened today. My mind has adopted the Saran of Radhasoami with zeal and enthusiasm. (1)
- I have caught hold of the Holy Feet of Radhasoami. I have thus eradicated my Karmas of innumerable ages. (2)
- My mind, drenched in bliss, gets Darshan of Radhasoami. My body, beside itself with joy, sings the glory of Radhasoami. (3)
- Kal has cast a very wide net, encircling all Jivas. (4)
- Maya has created many objects of pleasure, by which, she has entrapped Jivas easily. (5)
- Radhasoami has been merciful to me. I have come to know of the whereabouts of my true abode. (6)
- Guru has explained to me the modes and methods of Surat Shabd Yoga. I apply my Surat to Shabd every moment. (7)
- Proceed with love in the company of Guru. You will then realize that the world is false and worthless. (8)
- Cut asunder Kal's snare in this manner. Apply your mind to the Holy Feet of Radhasoami. (9)
- With my mind enthusiastically adopting the prescribed methods, I proceed in the company of Guru, keeping a vigilant eye on the path. (10)
- By Guru's grace, I am rid of Lobh (avarice) and

Kam (passion). I shall one day reach Sat
Guru's abode. (11)

I shall constantly enhance my love for Guru's
Holy Feet and shall implant firm faith in my
heart. (12)

I shall perform Guru's Arti with due care and
attention and shall elevate my Surat along the
current of Shabd. (13)

In Sahas-dal-kanwal, I shall behold the dazzling
flame and shall carefully listen to the sounds
of the bell and the conch. (14)

From there, I shall rush to Trikuti and hear the
sound of Om to the accompaniment of the
beating of drum. (15)

In Sunn, I shall bathe in Mán-Sarovar lake, and
then, in Bhanwarguphá, I shall listen to the
sound of the flute. (16)

Next, after getting Darshan of Sat Purush in
the imperishable region viz., in Sat Lok, I
shall remain mingled with the Holy Feet of
Radhasoami. (17)

Shabd 58

चरन गुरु निश्चय धारा री ।
सरन पर तन मन वारा री ॥१॥

I have developed firm faith in the Holy Feet of

- Guru. I have sacrificed my body and mind
over the Saran He has granted me. (1)
- The Daya (grace, and kindness) of Guru has
embellished me. I have placed my head at
His holy feet. (2)
- Satsang is dear to me. On hearing Guru's dis-
courses, I cast off all my doubts and mis-
givings. (3)
- Guru's love takes care of me. Guru's Shabd sup-
ports and sustains me. (4)
- The grace and mercy of Guru have driven away
Kal. My inner darkness is gone and there
is illumination within me. (5)
- I have seen stars within and heard Shabd, coming
from higher regions. (6)
- I have witnessed Jyoti (flame) and heard the sound
of bell. (7)
- I ascended beyond Trikuti and frolicked with
Shabd. (8)
- I bathed in Tribeni in Sunn and heard the Rārang
Shabd. (9)
- In Bhanwargupha, I listened to the melodious
note of flute and, in Sat Lok, that of Bīn
(harp). (10)
- I sang the Arti of Sat Guru and rushed to the
Holy Feet of Radhasoami. (11)

By Guru's mercy, my task has been accomplished.
Soami Himself helped me. (12)

I have won the pleasure of Guru today and I
have now received His mercy in the fullest
measure. (13)

All the secrets of the Faith have been unfolded to
me. I shall now loudly proclaim the greatness
of Sant Mat. (14)

I call myself a Das (slave) of Radhasoami. I sing
the praises of Radhasoami all the time. (15)

Shabd 59

सरन गुरु आया बाल समान ।
रूप गुरु देखत देह भुलान ॥१॥

Like a child, I have come under the shelter and
protection of Guru. As I behold Guru's capti-
vating form, I become oblivious of my body. (1)

With rapt attention, I listen to a loud resonance.
I witness the dazzling flame. (2)

I play near Guru happily and merrily. As I stay
at His holy feet, my exhilaration knows no
bounds. (3)

The drum incessantly beats and the Shabd Om
resounds loudly accompanied by peels of
thunder. (4)

I behold the refulgence of the moon in Sunn and

- frolic with Shabds in the company of Hansas. (5)
- After ascending to the region of Maha-sunn, I
leave it quickly clinging to the Holy Feet of
Guru. (6)
- In Bhanwargupha, Sohang Shabd is resounding.
Enthusiasm fills my heart as I listen to the
sound of the flute. (7)
- In Sat Lok, the sound of the harp is heard. I
drink the nectar of Darshan of Sat Purush. (8)
- I then have Darshan of Alakh Purush and Agam
Purush. How am I to describe the conditions
prevailing in their regions ? (9)
- I next rush and cling to the Holy Feet of Radha-
soami, awakening my luck of innumerable ages. (10)
- Radhasoami has bestowed immense mercy on me.
I sacrifice myself at His holy feet. (11)

Shabd 60

दास गुरु चेतन संग चेतता ।
चरन राधास्वामी रस लेता ॥१॥

- This slave woke up on coming in contact with
Guru's spirituality. I now enjoy the bliss of
the Holy Feet of Radhasoami. (1)
- I do acts of Sewa for Satsang regularly. My heart
is filled with zeal and fervour as I listen to
Guru's discourses. (2)

- I have adopted the ways of Surat Shabd Yoga.
My mind engages in spiritual endeavour all the
time. (3)
- With ardour and zeal, I delve in the well within
and fill my pitcher with nectar-like water. (4)
- I partake of the bliss of ambrosia of Guru's holy
feet. The vessel of my Karams has become
empty. (5)
- My detachment from the world ever increases, and
I rush within imbued with love. (6)
- Jivas of the world wander in the company of
Maya. They do not know of the greatness of
association with Sants. (7)
- Guru has changed the course of my destiny. My
mind, which was asleep, has now awakened. (8)
- I now regularly attend Satsang with patience and
calm and go on separating milk from water. (9)
- I enshrine in my heart faith in Guru's holy feet.
I strengthen His Saran, dedicating my body
and mind to Him. (10)
- I shall regularly perform Arti at Guru's holy feet.
I shall instil love for Him in my heart. (11)
- May Radhasoami do good to my soul. May I
sing His praises again and again. (12)
-

Shabd 61

(1) सरन राधास्वामी जब आई ।
चरन गुरु प्रीत हिये छायी ॥१॥

(When I came under the shelter and protection of
Radhasoami, love for Guru's holy feet pervad-
ed my heart. (1)

I then started forgetting worldly dealings and gave
up all wrangling and struggle of Maya. (2)

(My mind, which was erstwhile drifting with the
world, now reversed its course and started
proceeding towards my real home in the com-
pany of Sant Sat Guru. (3)

I enshrine His instructions in my heart. The ways
of Bhakti are now dear to me. (4)

Guru's Satsang is very much to my liking. I rush
(within in the company of Shabd. (5)

When I heard about the glory of the region of Sat
Guru, all pain and suffering caused by Kal
were gone from within me. (6)

Enshrining the Parmarth prescribed by Sants in
my heart I shall proceed on the true path indi-
cated by Sat Guru. (7)

I have suffered a lot from diseases and grief and
used to be very unhappy with the world. (8)

I found no happiness here and passed my days
wandering aimlessly. (9)

But from the time that I was fortunate to get
Guru's company, I have been getting drenched
in the colour of Nam easily. (10)

I always praise my great good luck. I utter
RADHASOAMI Nam at heart. (11)

I perform Arti regularly before Guru. I abide in
His holy feet happily. (12)

I perform Guru's Sewa with love and affection. I
enshrine ever-new ardour and zeal in my heart. (13)

Relying upon the grace and mercy of Radhasoami,
I enthusiastically apply myself to Shabd. (14)

I remain fully convinced in my mind that Radha-
soami will effect my redemption. (15)

Shabd 62

पदम गुरु चरन हुआ मन दास ।
शब्द संग सुरत करत बिलास ॥१॥

My mind has become the slave of Guru's holy
feet. My Surat frolics in the company of
Shabd. (1)

My love for Guru's holy feet has greatly increased.
My mind has given up worldly pursuits. (2)

I have shun the company of my relations and
family members. My mind has been absorbed
in the Holy Feet. (3)

All glammers and pleasures of Maya now appear insipid to me. I have given up all cravings for worldly pleasures. (4)

The company of Radhasoami is pleasing to me. Leaving the world, I rush towards the Holy Feet. (5)

I listen to Guru's discourses day and night. Befriending the mind, I fight with Kal. (6)

Reverberations of Shabd within are dear to me. I have developed intense love for Guru's holy feet. (7)

I sacrifice my body and mind over Guru' Darshan and I witness wondrous spectacles within me. (8)

My Surat remains absorbed in Shabd day and night. My mind finds no peace without Bhajan. (9)

I shift internally towards Nabh (Sahas-dal-kanwal) every moment. The sound of the conch and the bell have created a tumult there. (10)

I witness a vast flickering flame. Penetrating through Bank Nál (crooked tunnel), I behold great illumination in Gagan (Trikuti). (11)

I see large gatherings of Hansas (celestial beings) in Sunn. I wash away all my blemishes and stains on the banks of Tribeni. (12)

Then ascending to the region of Mahá-sunn, I rush on. In Bhanwarguphá, I notice the refulgence of the white sun. (13)

In the imperishable city, i. e., in Sat Lok, I witness acts of grace by Sat Purush. I find abode in the Holy Feet of Guru. (14)

Sat Guru bestows on me unique mercy and reveals to me the secrets of the journey further ahead. (15)

I elevate my Surat along the current coming from above. I witness Alakh Lok and then reach the Darbár (court) of Agam Purush. (16)

I could now get the whereabouts of Radhasoami. I surrendered myself to His holy feet. (17)

What shall I say of the unbounded grace He showered on me ? Granting me His Saran, He, in His mercy, liberated me. (18)

How can I adequately praise my good fortune ? I contemplate the Holy Feet of Radhasoami all the time. (19)

Shabd 63

शब्द गुरु सुन्दर रूप निहार ।
दास घट अंतर जागा प्यार ॥१॥

Witnessing the captivating form of Shabd Guru, love has awakened in the heart of this slave. (1)

I have been wandering all round this world and, everywhere, suffered pain and sorrow inflicted by Karam. (2)

All Jivās remain engrossed in false religious observances. Without Sants, none can meet the Beloved. (3)

Seeking and searching, I ultimately came to Guru's Darbar and listened to the profound discourses of Radhasoami. (4)

As I hear of the greatness of His region, I become beside myself with joy, as if a flower-bed has burst into bloom within me. (5)

My heart overflows with love for Guru's holy feet. I cherish in my mind the aspiration of reaching Sat Pur (Sat Lok). (6)

Implanting the Holy Feet of Radhasoami in my heart, I remain uttering His Name and singing His praises. (7)

Receiving initiation in Shabd Yoga, which is the true essence, I elevate my mind along the current of Shabd. (8)

I contemplate the image of Guru in my heart. I fix as my target the Shabd of Nabh (Sahas-dalkanwal) and the flame. (9)

I constantly enjoy immense bliss in Guru's Satsang. My joy and delight are increasing every moment. (10)

Full of yearning, I sing His Arti. Fresh love for Guru's holy feet is awakened within me. (11)

I seek the grace and mercy of Radhasoami all the

time. I shall proceed to my True Home after
vanquishing Mana (mind) and Maya. (12)

Shabd 64

भक्ति गुरु जागी कर सतसंग ।
छोड़ दई मन ने सभी उचंग ॥१॥

On attending Satsang, Guru Bhakti (devotion to
Guru) has awakened in me. My mind has given
up all its wantonness. (1)

My faith in the Holy Feet of Guru increases all
the time and my heart is getting filled with
ever-new love. (2)

I ponder over the discourses delivered in Satsang.
I carefully untie the knot of Jarh (inert matter)
with spirit. (3)

I seek and pick out the treasure of RADHA-
SOAMI Nam again and again. I follow and
move in the company of Guru. (4)

Concentrating my mind and Surat, I contemplate
the Holy Feet of Sat Guru in my heart. (5)

By explaining true Parmarth to my kith and kin,
I make them take the Saran of Guru. (6)

The whole world takes dives under the sway of
delusions and drift with the current of Kal and
Karam. (7)

I have spent many days in the company of

- worldly Jivas. I gained nothing and remained empty-handed. (8)
- My luck for repairing to the Highest Region has now awakened. My mind applies itself to the Holy feet of Radhasoami. (9)
- I have now been blest with the grace and mercy of Radhasoami. I have engendered love for His holy feet. (10)
- The bliss of Nam is extremely sweet to me. It has removed the bitter taste in my mouth caused by Kal. (11)
- I have received initiation in Surat Shabd Yoga. I have now heard of the greatness of the region of Sat Guru. (12)
- I daily perform the Abhyas taught by Guru, with reliance on the Holy Feet of Radhasoami. (13)
- I place Bhog (food) of love and devotion before Guru and perform His Arti. (14)
- I enshrine the Holy Feet of Radhasoami in my heart and sacrifice my mind before His grace and mercy every moment. (15)

Shabd 65

खिली घट कँवलन की फुलवार ।
 सुनत रही सुरत धुन जनकार ॥१॥

Lotuses are in full bloom within me. My Surat
remains listening to the ringing of Shabd. (1)

I regularly water the flower-beds of love. The
reverberations of Shabd are like so many
flowers in bloom. (2)

I have raised fences of unflinching faith. Maya
has left the place and has been put to shame. (3)

I plant rows of saplings of Guru's discourses. I
take care of the flowers and fruits of goodness. (4)

My mind-gardener regularly performs this Sewa.
My attention remains fixed on the cord of
Shabd. (5)

My Surat-creeper has ascended to the sky and,
after piercing Sahas-dal-kanwal, taken location
higher up. (6)

In Gagan (Trikuti), the sun-flower is in full bloom.
All the thorns of Karam have been eradicated. (7)

In Sunn, there is a flood of mellow moon-light
and the Rárang Shabd is resounding. (8)

I proceed to Bhanwarguphá and carefully take
my seat there. I listen to the sound of the
flute accompanied by the resounding of Sohang
Shabd. (9)

In the imperishable city, i.e., Sat Lok, a most
marvellous sound is heard. Sat Guru Sat
Purush has become pleased. (10)

Imbued with love, I then reach Alakh Lok, In

Agam Lok, I witness the entire expanse of the
creation from one side to the other. (11)

I next reach the Holy Feet of Radhasoami. I
lovingly perform His Arti there. (12)

Getting His most wonderful Darshan, I become
absorbed in bliss and awaken my luck of
innumerable ages. (13)

He is all love and an ocean of nectar. My Surat
is blest with Darshan of a wondrous Form. (14)

How can I describe the glory of Radhasoami
Dham ? I sing RADHASOAMI Nam every
moment. (15)

Such is the mercy which Radhasoami has bestow-
ed on me that my Surat remains absorbed in
the Saran of His holy feet. (16)

Shabd 66

भाग मेरा अचरज जाग रहा ।
चरन गुरु मनुआ लाग रहा ॥१॥

My wonderful luck is awakening. My mind is
applying itself to Guru's holy feet. (1)

With heart full of humility, I come to His holy
feet and feel extremely delighted on hearing
His discourses. (2)

Witnessing the delightful activities constantly

going on at Guru's holy feet, joy and happiness are ever increasing in my heart. (3)

My attachment for the world has now started diminishing and my mind has begun to awaken in Satsang. (4)

All my Karam and Bharam are now gone. Anhad Shabd is resounding within me all the time. (5)

How can I sing the praise of Guru ? Adopting His Saran, I contemplate His holy feet. (6)

The world is full of delusion and illusion. All Jivas cherish desires for Maya's objects. (7)

They have forgotten their True Home. Without Sat Guru, how can they meet the true Beloved? (8)

I praise my good luck every moment that my burning and misery, which were due to association with Maya, are now all gone. (9)

Guru and Satsang are now pleasing to me. Worldly pleasures no longer lead me astray. (10)

My Surat remains attached to Shabd. I remain drenched in love for Guru's holy feet. (11)

There is none so dear as Guru. There is no संग Sang (association) like Satsang, i.e., association with Sat or Sat Guru. (12)

There is nothing like Shabd for bringing about union with the Beloved. There is nothing like yearning for awakening a Jiva, (13)

Only a highly fortunate Jiva can get Guru's company. Reverting from here, he easily ascends to his True Home. (14)

Guru has bestowed unbounded mercy on me. He has given me a gift of the merciful RADHASOAMI NAM. (15)

I remain thankful to Him all the time. With reliance on the grace and mercy of Radhasoami, I shall get across. (16)

By performing Arti at the Holy Feet of Radhasoami, I shall effect the redemption of all my kith and kin. (17)

Shabd 67

कौन विधि आरत गुरु धारुं ।
कौन विधि तन मन धन वारुं ॥१॥

In what way should I perform Arti of Guru ?
How should I sacrifice my body, mind and wealth ? (1)

In what way am I to convince the mind ? How
am I to please Guru ? (2)

How am I to keep my attention steady in Sat-
sang ? How should I have Darshan of Guru ? (3)

How will the mind become calm and steady and
the heart purified ? (4)

- In what way should I perform Dhyān and awaken Shabd ? (5)
- How can RADHASOAMI Nam be enshrined in my heart ? How am I to apply Surat to Shabd ? (6)
- How shall I vanquish the forces of Maya and rasp Kal's head ? (7)
- How to be rid of Karam (rituals) and Dharam (religious observances) and in what way can delusions be cast aside ? (8)
- The only way to do these things is to engender love for the Holy Feet of Radhasoami and adopt His Saran at heart. (9)
- When Radhasoami is pleased to shower His unbounded mercy, He will accomplish all of Jiva's task in a moment. (10)
- The mind and Surat then ascend to higher regions and one hears the loud reverberations of Shabd within. (11)
- One listens to the sounds of the bell and the conch in Sahas-dal-kanwal and the beating of the drum in Gagan or Trikuti. (12)
- Ascending to Sunn, one bathes in Tribeni and, in Bhanwargupha, one hears the Sohang Shabd. (13)
- One gets Darshan of Sat Purush in Sat Pur (Sat Lok) and then ascends to Alakh Lok and Agam Lok. (14)

Proceeding further Darshan can be had of the Holy Feet of Radhasoami. I perform His Arti and sacrifice myself before Him. (15)

Shabd 68

दरस गुरु जब से मैं कीना ।
हुआ मन प्रेम रंग भीना ॥१॥

Ever since I had Darshan of Guru, my mind became dyed in the colour of love. (1)

I am developing love for Guru's holy feet and my Surat is awakening in Satsang. (2)

My mind becomes absorbed in bliss in the company of Guru. I remain humble and meek at His holy feet. (3)

Jivas of the world are led astray by rites and rituals. They are lost in fast and pilgrimage. (4)

They worship gods and goddesses and have no inkling of Surat and Shabd. (5)

They are ignorant of the importance of Satsang. They do not accept the teachings of Sat Guru. (6)

Because of their Karmas, they are born again and again and, as victims of delusion, drift in the current of Chaurási. (7)

How can I sing the glory of Radhasoami ? He has drawn me to His holy feet. (8)

He has awakened my luck for repairing to the
Highest Region and has implanted love in my
heart. (9)

He has revealed to me all the secrets of Shabd,
reverberations of which have now begun to
resound within me. (10)

Performing His Arti in an attitude of love, I
remain day and night at His holy feet. (11)

I perform Dhyān of Guru looking intently into
His eyes. I all the time listen to His instructions
within me. (12)

I behold the beautiful flame and, on ascending to
Gagan (Trikuti), I narrate subtle Vedas which
originate from there. (13)

In Das-wān-Dwār, bright moon light shines and
the violin and the fiddle are giving out their
sounds. (14)

In Bhanwargupha, the melodious note of the flute
is resounding, and in Sat Pur (Sat Lok) the
sound of the Bīn (harp) is heard. (15)

Thereafter, I witness the regions of Alakh and
Agam, after which, I behold the Highest (origi-
nal) Region, that of Radhasoami. (16)

I shall sing the praise of Radhasoami again and
again. He has ferried me across the ocean of
worldly existence. (17)

Shabd 69

सुनत गुरु महिमा जागी प्रीत ।
छोड़ दई मन ने जग की रीत ॥१॥

On listening to Guru's glory, love awakened within me. My mind gave up the ways of the world. (1)

On singing Guru's Nam, I experienced immense bliss. On listening to Shabd revealed to me by Guru the snare of the world, in which I was caught, was cut asunder. (2)

I have passed many days wandering hither and thither, but could not get the substance and remained empty handed. (3)

The anchorite and the Pandit have spread their net. All Jivas have been ruined in the company of Maya. (4)

The anchorite and the Pandit are themselves in the dark, being stuck up under the spell of Kal and Karam. They make all worship water and stone (rivers and idols). Jivas fail to have any idea of the region of Sat. (5-6)

All remain wandering in Chaurási (cycle of transmigration). The noose which Jama has put round their necks is never cut. (7)

They have spoilt their luck in the company of the anchorite and the Pandit. They constantly suffer pain and misery due to their Karmas. (8)

I have been the recipient of wonderfully infinite

mercy. Radhasoami Himself has extricated me. (9)

He has explained to me the secrets of Nij Ghar (Original Abode) and has shown me the path of Shabd Yoga. (10)

He has given out to me the most sublime and profound discourses and has now rid me of all the pain and agony of body and mind. (11)

He has cast off all my Karam and Bharam and has implanted Guru Bhakti (devotion to Guru) in my heart. (12)

My love for the Holy Feet of Guru is increasing and I have adopted the ways of Bhakti (devotion) in my mind. (13)

My Surat and mind have stuck to Guru's holy feet. I sing the glory of Guru every moment. (14)

The Saran of Guru now appears dear to me. I have been relieved of the burden of umpteen bundles of Karam. (15)

I perform Guru's Arti with care and attention. I sacrifice myself at the Holy Feet of Radhasoami. (16)

The firm conviction has grown in my mind that Guru will fulfil my hopes and aspirations. (17)

He, in His mercy, has granted me abode in His holy feet. I shall ever engage in delightful activities in His company. (18)

Param Guru (the supremely eminent Guru) Radhasoami has very kindly ferried me across by granting me His Saran. (19)

I witness Jyoti (flame) in Sahas-dal-kanwal and have Darshan of Guru in Trikuti. (20)

I hear the sound of the violin in Sunn and, in Bhanwargupha, listen to the melodious note of the flute. (21)

I reach Sat Pur (Sat Lok) after having adopted the right and proper attitude, and then have Darshan of Sat Purush with all attention. (22)

I proceed to the regions of Alakh and Agam. Next, I meet Param Guru Radhasoami, who has no form and no name. (23)

I perform Arti at His holy feet and thereby make my life blessed. (24)

The mercy of Radhasoami baffles description. He has taken me across easily. (25)

Shabd 70

सुरत हुई मगन चरन रस पाय ।
ध्यान गुरु मूरत हिये बसाय ॥१॥

My Surat is enraptured on experiëncing the bliss of the Holy Feet. I implant Guru's image in my heart. (1)

How can I adequately describe the glory of that wondrous Form ? In Agam Lok, is seated the Sovereign of the entire creation. (2)

My beloved Father Radhasoami, who is merciful to the humble and the lowly, has enriched me by granting me His Darshan. (3)

He has graciously revealed to me the unfathomably profound secrets of Shabd. (4)

My mind has sacrificed itself at His holy feet. My Surat has been drenched in the colour of love. (5)

Guru cast such a benign glance on me that I could realize the transitory nature of the world. (6)

And such was the unbounded mercy which Guru bestowed on me that my mind became totally averse to sensual pleasures. (7)

My love for Guru constantly increases. There are unending showers of love. (8)

When I have Darshan of Guru, nectar seems to trickle down. My mind gets support and sustenance from Guru's discourses. (9)

With my heart full of humility, I sing Guru's greatness, and I thank Him from the bottom of my heart. (10)

I have met my merciful beloved Guru. He, in His mercy, has taken me in His lap. (11)

He has granted me refuge at His holy feet. My

mind has become subservient to Sat Guru's
Mauj (pleasure). (12)

My Surat has ascended to the sky in the company
of Shabd and has witnessed great refulgence in
Sahas-dal-kanwal. (13)

I become enraptured on hearing the ringing of the
bell. My Surat is attracted by the sound of
the conch. (14)

Thereafter, I hear the sound of Om. I develop
love for Guru's image. (15)

From there, I proceed to Sunn, where the violin
and the fiddle are being played. (16)

I next go to Mán-sarovar lake and bathe there.
My attention is now concentrated on the sound
of Sohang. (17)

Ascending to Bhanwargupha, I next go to the
imperishable city, i.e., Sat Lok, where I hear
the melodious sound of the harp. (18)

I then proceed to Alakh Lok, while performing the
Dhyan of Alakh Purush. Thereafter, in Agam
Lok, I get the treasure of Nam. (19)

I then have Darshan of Anami Purush, the Name-
less Supreme Being. Radhasoami has graciously
granted me everlasting rest and peace at His
holy feet. (20)

I perform a wonderful Arti of Radhasoami. I
please Him very much. (21)

By His grace, my task is accomplished. I, adopting His Saran, become the dust of His holy feet. (22)

Without the help and guidance of a Sant, one can never reach His abode. All remain slaves of Maya, the mischievous woman. (23)

The various religions which are prevalent in this world cannot take one beyond the dominion of Kal. (24)

None knows the secrets of Saints. All suffer the pain and misery inflicted by Kal and Karam. (25)

My luck for repairing to the Highest Region has awakened. I have come to know of the secrets of the Radhasoami Faith. (26)

I have been fortunate to get the Saran of Radhasoami easily. My Surat mingles with the Holy Feet of Radhasoami. (27)

Shabd 71

दरस गुरु पाया जागा भाग ।
बड़ा गुरु चरनन में अनुराग ॥१॥

As I get Darshan of Guru, my luck is awakened.
Love for Guru's holy feet is enhanced. (1)

On seeing Guru's acts of grace, my mind is overjoyed. On touching His holy feet, my body is thrilled. (2)

I frolic and gamble a lot before Guru. As I drink
the nectar of His holy feet, I experience peace
and tranquillity. (3)

The mischievous mind, which keeps wandering
and vacillating, becomes steady as soon as it
comes before Guru. (4)

How can I describe Guru's kindness ? Jivas start
getting redeemed when they adopt His Saran. (5)

Unfortunate Jivas do not come near Him. They
ever remain sad and morose in the company
of Jama. (6)

Under the influence of their Karam, they constantly
undergo pains and pleasures and wander
in Chaurasi again and again. (7)

How can I describe the greatness of my parents ?
They took me to Guru's holy feet. (8)

They removed all my troubles and misfortune.
Kal and Karam remain sad and dejected. (9)

Absorbed in bliss, I perform the Arti of Guru. I
enshrine RADHASOAMI Nam in my heart. (10)

I again and again pray to Guru : Grant me, in
Your mercy, the shelter and protection of Your
holy feet. (11)

May I utter RADHASOAMI Nam all the time
and enshrine the Holy Feet of Radhasoami in
my heart. (12)

Shabd 72

चरन गुरु हुआ हिये विश्वास ।
शब्द संग करता नित्त बिलास ॥१॥

I have engendered faith in Guru's holy feet. I constantly engage in delightful activities in the company of Shabd. (1)

I have come to Guru's Darbar from a great distance. Love for Guru's holy feet has arisen in my heart. (2)

After listening to Guru's discourses, I cherish them at heart and I remove Lobh (avarice) and Moh (infatuation) from my mind altogether. (3)

Implanting the greatness of Shabd-Guru (Guru in Shabd form) in my heart, I have cast off all my Kam (passion) and Krodh (anger). (4)

New faith has awakened in me. My love for Guru's holy feet is increasing day by day. (5)

I have now adopted the Radhasoami Faith. I dedicate my body and mind to Shabd-Guru. (6)

By following the methods of Surat Shabd Yoga, I hear the ringing of Shabds within me. (7)

On observing the ever-new ways of devotion, I enshrine the Holy Feet in my heart and get absorbed in bliss. (8)

As I listen to the glory of Radhasoami, I dedicate myself to His holy feet heart and soul. (9)

Who can sing the greatness of Guru's Saran ? Only
a highly fortunate Jiva can get it after sacrificing
his mind. (10)

My mind has become humble and subservient be-
fore Guru's holy feet. I have now recognized
the grace and mercy of Radhasoami. (11)

I constantly strengthen Guru's Saran, and give up
all Dharam (religious observances), Karam
(rites and rituals) and Bharam (delusions). (12)

My great good luck has awakened. I have caught
hold of Guru's holy feet and have acquired
calm and tranquillity. (13)

Catching hold of Shabd, my mind and Surat ascend
to higher regions and have Darshan of Guru's
image within. (14)

I perform a new kind of Arti within me. Radha-
soami, my Guru, has now become pleased
with me. (15)

My mind becomes beside itself with joy while
singing His glory with love. I become absorbed
in bliss like fish in water. (16)

I shall constantly sing the glory of Radhasoami,
my Guru, and shall sacrifice myself over His
grace and mercy every moment. (17)

Shabd 73

सुरत मेरी चरनन लाग रही ।
सरस धुन घट में बाज रही ॥१॥

My Surat is getting attached to the Holy Feet.
Melodious sounds are audible within me. (1)

My mind has become absorbed in the bliss of
Guru's Saran. I have begun to recognize
Mauj within me. (2)

My love for the Holy Feet is increasing day by
day. Guru's discourses and Darshan have
become my prop and support. (3)

I attend Satsang enthusiastically. I have discarded
all worldly desires from my mind. (4)

I wish that the current of love may ever remain
flowing. Sewa of Guru is very dear to me. (5)

I recite the unfathomable Name RADHASOAMI.
I sacrifice my body and mind over Darshan
of Guru. (6)

I join the thread of my Surat with the Holy Feet.
I constantly awaken my love for Guru. (7)

Infinitely great and sublime is the glory of Sant
Mat. None knows it. All remain on this
side. (8)

Because of their Karmas, all become entangled in
Kal's net. They are ruined in Maya's com-
pany. (9)

Radhasoami has bestowed wonderful grace and mercy on me. He has very kindly granted me the protection of His holy feet. (10)

He has awakened my dormant luck and has drawn me to His holy feet. (11)

He has granted me the support and sustenance of Guru Bhakti (devotion to Guru) and has imparted to me the secret of Shabd. (12)

How can I describe the importance of Saran ? Those who adopted Saran, got across the ocean of life. (13)

He, who seeks the salvation of his soul easily, should grasp the Holy Feet of Guru, and then will he get across. (14)

He should engender unflinching faith in Shabd-Guru and should cherish affection for Guru's holy feet all the time. (15)

Giving up all doubts, he should develop firm faith and repose his hopes and aspirations in Guru. Then only will he get the bliss of the Holy Feet within. (16)

Radhasoami has showered unbounded grace and mercy on me. I am drinking अमी रस Amí-ras (nectar) all the time. (17)

My Surat and mind ascend and penetrate आकाश Ākash (sky, Sahas-dal-kanwal). In Gagan (Trikuti), they behold the refulgence of Guru. (18)

I then go and meet Hansas in Sunn. All my strifes

with Kal and the three kinds of afflictions are
now gone. (19)

I cross Mahá-sunn in the company of Sat Guru.
I get intoxicated on hearing melodious sound
in Bhanwarguphá. (20)

I behold the refulgence of Sat Purush in Sat Lok.
I become brave on having Darshan of Alakh
and Agam. (21)

Beyond is the infinitely vast Abode of Radha-
soami. On witnessing it, I sacrifice myself at
His holy feet. (22)

Shabd 74

बढ़त मेरा दिन दिन गुरु अनुराग ।
सरन गह रहे सुरत मन जाग ॥१॥

My affection for Guru is increasing day by day.
By adopting Guru's Saran, my Surat and mind
are awakening. (1)

Faith in Guru has been strengthened in my mind.
I have recognized the wonderful ways of
Guru's grace and mercy. (2)

I perform Guru's Sewa with ardour and zeal.
Ever-new colour of love is constantly increasing
within me. (3)

My mind and Surat have become subservient to
the Holy Feet. They become absorbed in the

bliss of Gūru's form while performing His
Dhyan. (4)

My mind is delighted on hearing the reverbera-
tions of Shabd and my body is thrilled on
tasting Amí-ras (nectar). (5)

I shall sacrifice my body and mind at Guru's holy
feet, and shall have all my kith and kin re-
deemed. (6)

The grace and mercy of Guru cannot be adequately
described. I sing His praises all the time in
a spirit of thankfulness. (7)

A great tumult has been created in the city, that
is, in my body. I have cast off the last vestiges
of Kam (passion) and Krodh (anger). (8)

All my worldly desires (cravings) and Lobh
(avarice) have been driven away. Infatuation,
pride and ego no longer exist in me. (9)

Now, Gurumukhtá (obedience and subservience
to Guru) reigns supreme within me. Guru has
been pleased to grant me all this embellish-
ment. (10)

My Surat and mind are getting more and more
purified. I rush to Guru's holy feet to sing
His praises. (11)

On ascending to Nabh (Sahas-dal-kanwal), I listen
to the sound of the bell. I reach Gagan (Trikuti),
hearing the sound of Om. (12)

In Sunn, where the violin is being played, I bathe

in the Mán-sarovar lake and wash away all
my impurities. (13)

I then cross Mahá-sunn in the company of Guru.
Mahá-Kál remains helpless and exhausted on
the way. (14)

In Bhanwargupha, I listen to the sound of the
flute. In Sat Pur (Sat Lok) I have Darshan of
Sat Purush. (15)

I, thereafter, meet Alakh Purush, and Agam
Purush, and then, get Darshan of Radhasoami. (16)

My great good fortune has awakened. I place my
head at the Holy Feet of Radhasoami. (17)

I perform His Arti with zeal and enthusiasm. I
win the pleasure of Param Guru Radhasoami. (18)

Radhasoami has showered His unbounded grace
and mercy on me. He has granted me the sup-
port and sustenance of His holy feet. (19)

Highest of the highest is His region. None but a
Sant can abide and rest there. (20)

I was a lowly and worthless Jiva in the world.
Radhasoami, in His grace and mercy, liberated
me. (21)

Shabd 75

प्रीत नित बढ़ती गुरु चरनन ।
हरख मन करता गुरु दर्शन ॥१॥

My love for Guru's holy feet increases all the time.
My mind has Darshan of Guru with joy and
delight. (1)

I enshrine Guru's discourses in my heart. I regularly ponder over them, imbued with love. (2)

I have now come to understand the ways of Bhakti (devotion). I have engendered firm faith at heart. (3)

The yearning is now arising in my mind to sit under the shelter of Guru after having adopted His Saran. (4)

I met my Guru, Radhasoami. I sacrifice my body and mind at His holy feet. (5)

Without His mercy, nothing can be accomplished. I seek His grace day and night. (6)

None can proceed on the path without applying to Shabd, whose secret Sat Guru has been pleased to disclose to me. (7)

You should concentrate your Surat and mind within. Then only will you be rid of the way of Kal and Karam. (9)

O Radhasoami ! Do lend me a helping hand now. Granting me the gift of love, elevate my Surat. (9)

I remain sad and morose in the world all the time. I aspire for nothing other than Your holy feet. (10)

My Surat and mind pray to You that You may be

- pleased to grant me abode in Gagan (higher regions). (11)
- Drive away all the evil tendencies from within me and, in Your mercy, subdue my mind. (12)
- I shall then ascend and witness great refulgence within me, and proceeding to Sahas-dal-kanwal, abide there. (13)
- From there, I shall go and behold the region of Trikuti and rest at the Holy Feet of Guru. (14)
- In Sunn, I shall meet Hansas and realize (~~recognize~~) my own self. (15)
- Ascending to Bhanwargupha, I hear Sohang Shabd, which is the true essence. I engender love for the melodious note of the flute. (16)
- Going, thereafter, to Sat Pur (Sat Lok), I have Darshan of Sat Purush. I touch His holy feet. (17)
- Proceeding further on the path, I have Darshan of Alakh Purush and Agam Purush. (18)
- From there, I go to Radhasoami Dham and I mingle with the Holy Feet of Radhasoami. (19)
- I remain singing the praises of Radhasoami all the time. He has awakened my wonderful luck. (20)
- I perform Arti there with yearning and love. I constantly sing RADHASOAMI Nam. (21)
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Shabd 76

सरन गुरु महिमा चित्त बसाय ।

सुरत मन निस दिन चरनन घाय ॥१॥

I implant Guru's eminence in my heart. My Surat
and mind rush to His holy feet all the time. (1)

I cherish firm faith in Guru's holy feet. My love
for Him is increasing day by day. (2)

Reposing my hopes and aspirations in the Holy
Feet of Radhasoami, I live all the time with the
Holy Feet as my prop and support. (3)

I adopt the strength of Radhasoami in my heart.
Relying on His mercy, I shall reduce Kal and
Karam to ashes. (4)

With heart imbued with faith and trust in Radha-
soami, I shall always depend on His Mauj
(wish). (5)

With a vigilant eye on the ways of the mind I shall
proceed on my path and, watching carefully
all the time, shall cut asunder Maya's net. (6)

I shall easily cast aside Krodh (anger) and Kam
(passion), and always utter RADHASOAMI
Nam from my heart. (7)

I have forgotten Lobh (greed) and Moh
(infatuation). Giving up I-ness, I have also
shunned pride and arrogance. (8)

Relying upon the mercy of Radhasoami, I shall
crush the heads of Kal and the mind. (9)

- Exercising care and discrimination, I shall grasp the gist of Guru's discourses. I shall constantly shun the ways of Mana (mind) and Maya. (10)
- I shall always maintain an attitude of awe and reverence towards Guru and, steadying my attention, shall keep it fixed on Guru's holy feet. (11)
- I shall always obey Guru's commands. I shall constantly weigh Guru's discourses and act accordingly. (12)
- I shall sing Guru's glory day and night and shall perform His Sewa with body and mind. (13)
- I shall thank Guru from the bottom of my heart again and again, and shall constantly sacrifice myself at His holy feet. (14)
- I regularly perform Guru's Arti with zeal and enthusiasm, and fill my heart with love for Radhasoami. (15)
- I shall recite love-charged Shabds in the company of loving devotees. My affection for Guru is increasing day by day. (16)
- I receive the grace and mercy of Radhasoami every moment. I shall remain engrossed in the contemplation of Guru's holy feet. (17)
- Shabds are resounding in the direction of Nabh (Sahas-dal-kanwal). I ascend to Gagan

(Trikuti). The night has passed. The day has broken. (18)

In Sunn, moon-light shines in all its glory. As I ascend to Bhanwargupha, Kal's snare is cut asunder. (19)

On going to Sat Lok I hear the sound of Bīn (harp) and become lost in bliss on getting Darshan of Sat Purush. (20)

After ascending to Alakh Lok, I develop affection for Agam Purush. I then have Darshan of Anami Purush (the Nameless Supreme Being). (21)

I perceive the currents of Surat and Shabd. I perform Guru's Arti and dedicate myself to Him. (22)

Radhasoami has showered unbounded mercy on me. I become intoxicated on beholding His majestic form. (23)

The Vadas have no idea of His Abode. Yogis and Gyanis (sophists, Vedantists) all remain on this side. (24)

Radhasoami has graciously awakened my luck. I become beside myself with joy on reaching my True Home. (25)

Shabd. 77

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जगत का मैला देखा रंग ।
हुआ मन काल करम से तंग ॥१॥

- Seeing the dirty colour of the world, my mind
became sick of Kal and Karam. (1)
- I wandered many days in a state of utter delusion,
adhering to artificial and false gods. (2)
- I achieved no spiritual benefit and did not get the
fruits of my labour. (3)
- Ever since I heard of the greatness of Radhasoami
Mat, I held fast to Guru's holy feet heart and
soul. (4)
- Witnessing the wonderful splendour of Satsang, I
sacrificed my body and mind before Guru. (5)
- I was initiated in Surat Shabd Yoga. All my
Karam and Bharam were eradicated. (6)
- I now began to experience internal bliss. I adopted
Guru's Saran with love and affection. (7)
- How can I adequately describe the greatness of
RADHASOAMI Nam ? By performing
Sumiran regularly, my mind has developed
complete detachment. (8)
- I have given up all worldly desires. My affection
for Guru and Satsang is ever increasing. (9)
- I enjoy the true bliss of Satsang day and night. I
cannot adequately describe the greatness of
Guru's mercy. (10)
- I have engendered faith in the Holy Feet of Radha-
soami. I am sure He will fulfil my aspirations
one day. (11)

I cherish nothing other than the Holy Feet. I
contemplate RADHASOAMI Nam all the
time. (12)

I ascend within me, seeking the sound of Nabh
(Sahas-dal-kanwal). Kal and Karam are now
vanquished. (13)

Ascending to Gagan (Trikuti), I witness Guru's
splendour. The mind and Surat rule there. (14)

I bathe in Mán-sarovar lake in Sunn, washing
away all my impurities, and listen to the sounds
of the violin and the fiddle. (15)

I then ascend to the region of Mahá-sunn and
leave it quickly. I then hear the sound of flute
in Bhanwarguphá. (16)

I next reach the imperishable city, i.e., Sat Lok
and behold the infinitely great refulgence of Sat
Purush. (17)

Thereafter, I proceed beyond Alakh Lok and
Agam Lok, and remain absorbed in Darshan
of the Holy Feet of Radhasoami. (18)

By the grace of Guru, my great good luck has
awakened and I have been the recipient of the
special protection of Radhasoami. (19)

I perform the Arti of Radhasoami standing before
Him. I constantly remain under the shelter and
protection of the Holy Feet of Radhasoami. (20)

Shabd 78

आज हिये होत हरख भारी ।
आरती गुरु चरनन धारी ॥१॥

Today, my heart is filled with great joy and
delight as I perform Arti at the Holy Feet of
Guru. (1)

I prepare the platter of Guru Sewa (service) and
kindle the flame of His Dhyān (contemplation
of His form). (2)

I then sing His Arti with love and affection. I
pray for the grace and mercy of Radhasoami
all the time. (3)

I associate with Guru heart and soul. I listen to
His discourses from the very core of my heart. (4)

Radhasoami has graciously incarnated Himself
as Guru and has ferried across innumerable
Jivas. (5)

He has taken to Sat Lok any Jiva who had come
under the shelter of His holy feet with heart
full of humility. (6)

Radhasoami liberated the world in this manner.
Kal and Karam were totally vanquished. (7)

Such is the mercy which Radhasoami has been
pleased to bestow on me. I realize my great
good luck. (8)

He has granted me firm support of His holy feet

and has enabled me to cherish true faith in my heart. (9)

My love and affection for Guru are increasing.
How can I sing Guru's glory ? (10)

Guru's Sewa is now dear to me. I enshrine
RADHASOAMI Nam in my heart. (11)

I have pulverised my mind and have driven away
Kal and Karam. (12)

After a thorough search, I have adopted the True
Name RADHASOAMI. The Holy Feet of
Radhasoami are now my prop and support. (13)

Day and night, I roast Kam (passion) and Krodh
(anger) and, using Guru's strength, develop
the right understanding in my mind. (14)

I strengthen my affection for Guru day by day,
and implant faith in Him in my heart. (15)

I scrub the utensils of my desires free from
all dirt and impurities and have given up
weighing and attaching any value to worldly
interests. (16)

Implanting aspiration for Guru's holy feet in my
heart, I shall remain singing His praises day
and night. (17)

I sweep the court-yard of my heart, and get
Darshan of Radhasoami there itself. (18)

I regularly prepare Guru's Bhog (food) and
arranging the platter, I place it before Him. (19)

- I rush to perform different kinds of Sewa day and night. I thus win immense pleasure of Radhasoami. (20)
- My Guru, who is ever merciful towards the humble and the lowly, became pleased with me and, in His grace, enriched me. (21)
- By my Surat, I listen to the resounding of Shabd within. The sounds of the bell and the conch are heard in Sahas-dal-kanwal. (22)
- In Gagan (Trikuti), Guru enables me to listen to the beating of drum. On ascending to Sunn, I bathe in Tribeni. (23)
- I then reach Bhanwargupha with attention fixed and steady, and I hear Sohang Shabd and the sound of the flute. (24)
- In Sat Lok, I get Darshan of Sat Purush and, after having witnessed Alakh Lok, I rush to Agam Lok. (25)
- Beyond that, I have Darshan of the Abode of Param Guru Radhasoami, the Indescribable. Infinite and Nameless Supreme Being. (26)
- Radhasoami has fully accomplished my task. I remain singing His praises every moment. (27)

 Shabd 79

चरन राधास्वामी ध्याय रही ।
नित्त गुरु महिमा गाय रही ॥१॥

- I contemplate the Holy Feet of Radhasoami and sing the glory of Guru, all the time. (1)
- I witness the grace and mercy of RADHASOAMI Nam within me. By Guru's grace, I shall eradicate the three kinds of afflictions. (2)
- By performing Guru's Dhyan, my mind has become brave and my Karam and Bharam have all become pulverised. (3)
- Adopting the strength of Guru in my heart, I shall remove the sway of Kam (passion) and Krodh (anger). (4)
- With the weapon of RADHASOAMI Nam in my hands, I shall drive away the forces of Kal and Karam. (5)
- The grace and mercy of Radhasoami baffle description. My Surat and mind remain absorbed in His holy feet. (6)
- I regularly deliberate over the discourses delivered in Satsang. I have thus easily removed all my infatuation with the world. (7)
- I have been able to find the true path of Surat Shabd Yoga. My love for Shabd is now daily increasing. (8)
- My Surat and mind have now given up all worldly hopes and desires. They cherish to abide in Guru's holy feet. (9)
- Without Saran, one cannot escape from the world. I pray to Guru for the support of His Saran. (10)

I listen to the sound of the bell at the portal of Nabh (Sahas-dal-kanwal) and, in Gagan, I hear the loud peals of thunder issuing from dense clouds. (11)

In Sunn, the sound of the violin is audible. On ascending to Bhanwargupha, I hear the sound of the flute. (12)

In the imperishable city, i. e., Sat Lok, I carefully listen to the sound of the harp, and then engender love for Alakh Purush and Agam Purush. (13)

Next, on getting Darshan of the Holy Feet of Radhasoami, I dedicate my body and mind to Him. (14)

I lovingly sing His Arti. I sacrifice myself before Him. (15)

Shabd 80

प्रीत गुरु हिये में बसाय रही ।
नाम गुरु छिन छिन गाय रही ॥१॥

I implant love for Guru in my heart. I sing Guru's Name every moment. (1)

After listening to Guru's discourses, I ponder over them. Turning within, I perform spiritual practices. (2)

I could then get the secrets of Surat and Shabd.

- I contemplate Guru's form with love and affection. (3)
- Worldly dealings are all worthless. Anyone who gets entangled in them, will remain on this side. (4)
- On the other hand, anybody who has made a search for Sat Guru, cultivates Bhakti and gets absorbed in the Holy Feet. (5)
- That Jiva alone gets across the ocean of worldly existence and he receives the true mercy of Radhasoami. (6)
- My wonderful luck has awakened. I have developed affection for Guru's holy feet. (7)
- I was lying in the world utterly ignorant. Guru, by granting me the gift of love, drew me to His holy feet. (8)
- Since I started attending Guru's Satsang, I have become humble and meek on hearing His discourses. (9)
- I gave up love for the world from the bottom of my heart and broke away with infatuation and attachment. (10)
- Kal and Karam started tormenting and did not allow me to enjoy the bliss of Satsang. (11)
- Disease and grief make me sad and morose. Such obstacles make me wander endlessly. (12)
- Doubts and delusions lead me astray a great deal.

Kal's ways verily baffle description. (13)

I strengthen my Saran of Radhasoami. I develop
firm reliance on Him in my mind. (14)

I cannot do without His grace and mercy. I fix
my attention on the Holy Feet of Guru. (15)

May Radhasoami, in His grace, cut asunder the
net of Kal who has made me miserable. (16)

O Param Guru Radhasoami ! Do help me today.
Save me from pain and sorrow, soon. (17)

May I be blessed with Your Darshan and
discourses. May I sing Your praises again
and again. (18)

It is You who attracted me to Your holy feet. It
is for You to help me again. (19)

Listen to my prayer, O Dín Dayál (merciful to the
humble) ! Enrich me by granting me Your
Darshan. (20)

Bless me with unflinching faith in Shabd. May I
firmly fix my attention on Your holy feet. (21)

May I enshrine Guru's image in my heart in
Dhyan. May I sacrifice my soul over the bliss
of Your majestic form. (22)

Seeing wonderful spectacles within by my Surat,
I dedicate myself to Your holy feet. (23)

Holding the platter in my hands, I shall sing Your

Arti with love and affection and sacrifice my
body and mind. (24)

Param Guru Radhasoami became merciful
towards me. He, very kindly, accomplished
my task. (25)

Shabd 81

बचन गुरु सुनत हुआ आनंद ।
ध्यान गुरु धरत कटे मन फंद ॥१॥

I became happy on listening to the discourses of
Guru. On performing His Dhyān, the net
spread by the mind was cut asunder. (1)

I gave up Karam and Bharam. I applied myself
whole-heartedly to the Holy Feet. (2)

I came to have firm faith in Guru's discourses. I
adopted the way of Bhakti. (3)

Implanting firm reliance on Radhasoami in my
mind, I keep on uttering RADHASOAMI
Nam all the time. (4)

My mind was full of many evils. Radhasoami, in
His grace, saved me. (5)

I had committed many a sin. I could not get
any peace without grace and mercy. (6)

Because of my pride and egotism, I have erred
again and again. Without the help of Guru, I
could not recognize the true region. (7)

I have now come to know of the secret of the region of Radhasoami. All my pain and suffering due to Karam have now been obliterated. (8)

In all humility before Guru's holy feet, I pray to Him for His unbounded grace and mercy : Grant me Your Saran and take me across. May I utter Guru's Name all the time. (9-10)

May Kal no more lay any trap for me. Remove all troubles created by the mind. (11)

May I proceed with Your holy feet as my prop and support and may I always remain alert and vigilant keeping in view Your discourses. (12)

May my Surat and mind proceed freed from all impurities, and may I always nurture love for Guru in my heart. (13)

I wish to contemplate Guru's form day and night. Karam's game will then be up. (14)

Ascending to Gagan (Trikuti), I shall hear the roaring of dense clouds. The feeling of mine and thine will then be removed from my mind. (15)

Removing the barriers, I shall behold Das-wán-dwár and on going to Sat Lok, I shall hear the sound of Bín (harp). (16)

I shall then rush to the Holy Feet of Radhasoami and shall lovingly sing His Arti there. (17)

With heart full of humility, I shall grasp Guru's

holy feet and shall enshrine Guru's Saran in
my heart. (18)

I became the recipient of the special grace and
mercy of Radhasoami. I have now been
relieved of my burden of innumerable lives. (19)

No one can find this abode without the luck for
it, and without grace and mercy, none can get
the True Name. (20)

Radhasoami has bestowed infinite mercy on me.
He has granted me the support of His holy
feet. (21)

Shabd 82

सुरत मेरी हुई चरन गुरु लीन ।
लखी घट मूरत मन हुआ दीन ॥१॥

My Surat has become absorbed in Guru's holy
feet. My mind has become humble on having
Darshan of Guru's form within. (1)

I dedicate my body and mind to Guru's holy feet
and I enshrine His Saran in my mind. (2)

I have given up worldly Parmārth and have now
broken off all connections with Karam. (3)

Devotion to Guru is now very dear to me. I have
adopted Sant Mat with love and affection. (4)

By adopting in my heart the unique mode of Surat

Shabd Yoga, I listen to the loud resounding
of Shabd within. (5)

I drink the nectar of Nám day and night. I now
sing the praises of Guru every moment. (6)

For many a day have I rotted in pilgrimage and
ritualistic fasts. I remained duped in the
company of cheats. (7)

My human life has become fruitful today. I have
adopted the Saran of Radhasoami with heart
full of humility. (8)

By grace, my attention has been fixed on the
Holy Feet, and my affection for Guru is
increasing day by day. (9)

Enshrining in heart the discourses delivered in
Satsang, I give up the world unreal. (10)

I seek abode in Guru's holy feet where delightful
activities go on day and night. (11)

I contemplate the image of Guru in my heart and
enhance my love for Satsang. (12)

I carefully engage in these activities all the time
and thus cast aside all my doubts and
delusions. (13)

When Radhasoami, my Guru, is pleased, He, in
His mercy, cuts asunder all my bondages. (14)

Then only Surat ascends by catching hold of
Shabd and witnesses the gate-way to salvation
within. (15)

It then ascends to Gagan (Trikuti), bathes in Tribeni (in Sunn), witnesses Bhanwargupha and then has Darshan of Sat Pur (Sat Lok). (16)

It beholds the majestic forms of Alakh Purush and Agam Purush, and, finally, meets the Supreme Father Radhasoami, the Sovereign of the entire creation. (17)

I perform His Arti, standing before Him and sacrifice my body and mind at His holy feet. (18)

Shabd 83

खिले मेरे घट में भक्ती फूल ।
नाम हिये धारा गया जग भूल ॥१॥

Flowers of Bhakti (devotion) are abloom within me. As I enshrined RADHASOAMI Nam in my heart, I became clean oblivious of the world. (1)

My mind waters the flower-beds of love. I sacrifice my body, mind and wealth at Guru's holy feet. ‡ (2)

The fire of ¹earning is constantly raging within me. It has consumed the rubbish of worldly attachments. (3)

By carefully raising and maintaining the hedge of Satsang, I have driven away the five thieves, that is, the five evil tendencies. (4)

Flower gardens of love for Guru are in full bloom
in my heart. I pick out the choicest buds of
Sewa (service to Guru) therefrom. (5)

The flowers and fruits of Guru's mercy are now
within me in plenty. My luck of innumerable
ages has awakened. (6)

I have drunk to my fill the nectar of Shabd and
have enjoyed the wonderful bliss of Guru's
Darshan. (7)

My Surat and mind soar to higher regions. The
blowing of the conch and the beating of the
drum are producing a tumultuous sound. (8)

In Sunn, I hear the Rárang Shabd resounding.
My Surat then gets drenched in the bliss of the
Shabd of Bhanwargupha. (9)

I then find the melodious sound of the Bín (harp)
extremely pleasant to me, for which, I sacrifice
myself before Guru. (10)

Witnessing the delightful activities going on in Sat
Pur (Sat Lok), I sing the praises of Guru again
and again. (11)

I next go to Alakh Lok and then open the gate of
Agam Lok. (12)

How shall I describe the grandeur of the Darbar
of Agam Purush? On beholding His holy feet,
I become His slave. (13)

Thereafter, I have Darshan of Radhasoami Dhám.

Radhasoami graciously granted me rest in His
holy feet. (14)

I remain singing His Arti all the time. I receive
the mercy of Radhasoami every moment. (15)

Shabd 84

गुरु पै वार रही तन मन ।
होय रही चरन धूर सत जन ॥१॥

I sacrifice my body and mind before Guru. I
remain the dust of the feet of Satsangis. (1)

My love for Guru is increasing day by day. I
receive the mercy of Guru every moment. (2)

I have glimpses of Guru's image again and again.
I enshrine His discourses in my heart one by
one. (3)

I seek Guru's company again and again. I perform
His Sewa with love and affection. (4)

My mind remains restless without Guru's Darshan.
I am worried as to how I can have Darshan of
the captivating form of Radhasoami. (5)

Day and night, I remain perturbed as to how I am
to go to Guru and hold His holy feet by my
Surat. (6)

When I am fortunate to get Darshan of Radha-
soami, I lovingly cling to His holy feet. (7)

Absorbed in bliss, I dance before Guru. With
high spirits I abide in His holy feet. (8)

Beholding His captivating form, my mind becomes
beside itself with joy, and the delight and thrill
of my body know no bounds. (9)

How am I to describe the glory of Satsang ? Loving
devotees sit there in all splendour and glory. (10)

They keep the fire of yearning alive within
themselves. They are enchanted by the Darshan
of Guru. (11)

They water the flower-beds of love all the time.
Their Surat and mind are constantly drenched
in the bliss of Shabd. (12)

Discarding worldly pleasures, they have become
completely detached. Dedicating their body
and mind, they have become dear to Guru. (13)

How can I praise their great good luck ? I sacri-
fice myself over the grace and mercy bestowed
on them by Guru. (14)

I pray to Guru with folded hands: Draw my mind
to Your holy feet likewise. (15)

Though at a distance from You, may I enshrine
Your charming countenance in my heart and
may my attention always remain fixed on
Your holy feet. (16)

May I hear the reverberations of Shabd by my
Surat and have Darshan of Guru in Gagan
(Trikuti) with my gaze rivetted on Him. (17)

I shall behold Das-wán-dwár with great love and affection and on ascending to Bhanwargupha, shall catch the sound of the flute. (18)

I shall then reach Amar Pur (the imperishable city, viz., Sat Lok) and go to the presence of Sat Purush. I shall enjoy the sound of the Bín (harp) there. (19)

In Alakh Pur (Alakh Lok) I shall have Darshan of Alakh Purush. In Agam Pur (Agam Lok), I shall have my Surat embellished. (20)

I shall then rush to the Holy Feet of Radhasoami and, imbued with love, shall sing His Arti. (21)

Shabd 85

चरन में राधास्वामी जब आई।
प्रीत मेरे हिये अंतर छाई ॥१॥

When I came to the Holy Feet of Radhasoami, love pervaded my heart. (1)

On listening to Guru's discourses, faith dawned on my heart. I have now got a golden opportunity in this human body. I shall now cultivate perfect Guru Bhakti (devotion to Guru), and shall repair to my Prime Abode all victorious. (2-3)

Without mercy, what indeed, can I accomplish by myself? It is Radhasoami who helps me. (4)

He has imparted to me the inner secrets. Catching
hold of Shabd, I shall get across. (5)

He has cast His benign glance on me. I have be-
come the slave of His holy feet. (6)

My Surat and mind peep through portal of Nabh
(Sahas-dal-kanwal) and listen to the reverbera-
tion of Shabd with love and affection. (7)

I become beside myself with joy on beholding
Jyoti (flame). I have been rid of wicked Kám
(passion) and Krodh (anger). (8)

In Gagan (Trikuti), I have glimpses of Guru's
form and on ascending to Sunn, I bathe in the
current of Tribeni. (9)

I cross the region of Mahá-Sunn in the company
of Guru. I next find the sound of the flute
dear to me. (10)

Thereafter, I have Darshan of Sat Purush and
listen to the melodious sound of the Bín (harp),
which is the true essence. (11)

After ascending to Alakh Lok, I proceed beyond
Agam Lok and then meet the Supreme Being
Radhasoami. (12)

How can I describe the splendour of His Abode
where the very treasure-house of love has been
thrown open ? (13)

The Vedas have no inkling of this true and sub-
lime faith. Gyán (Vedant) and Yoga also fail.
They remain on this side. (14)

Without the help and guidance of a Sant, none gets across. Without mercy, no one can repair to his true abode. (15)

Radhasoami has graciously awakened my luck. I remain clinging to His holy feet. (16)

By granting me His Saran, He has accomplished my task. I shall utter RADHASOAMI Nam all the time. (17)

Shabd 86

उमँग मन गुरु चरनन में धाय ।
दरस कर लीना भाग जगाय ॥१॥

My mind enthusiastically rushes to Guru's holy feet. By having Guru's Darshan, I have awakened my luck. (1)

On listening to Guru's discourses in Satsang, I have discarded attachment for the world and have become drenched in the bliss of Shabd. (2)

Realising Maya's glamorous activities to be worthless, my love for Guru's holy feet is increasing day and night. (3)

Great is the glory of love for Guru. Whosoever has been blest with it, his true luck has awakened. (4)

His attention gets rivetted on Shabd within. Kal and Karam remain helpless and vanquished, (5)

One cannot have this gift without grace and, without mercy, one would not pay heed to Guru's instructions. (6)

The conviction has grown in my mind that Guru will fulfil my hopes and aspirations. (7)

By implanting a particle of Nam in my heart, He will attract me, too, to His holy feet. (8)

Kal jostled me a lot. Guru, on the other hand, granted me firm and ever-lasting Saran. (9)

Radhasoami Dayal has vouchsafed His help and protection to me. He, on His own, saved me every moment. (10)

He has implanted faith in my heart and has taught me the wonderful ways of Bhakti. (11)

I have engendered love for Shabd within. RADHASOAMI Nam is my sole prop and support. (12)

Guru has reformed my Surat and mind. He has driven away all my internal enemies. (13)

How can I sing the glory of Radhasoami ? He, on His own, has extricated me from the world. (14)

I lovingly sing His Arti. I contemplate His holy feet all the time. (15)

I have developed affection for brother-Satsangis. I shall sing the praises of Guru with them. (16)

Implanting the Holy Feet of Radhasoami in my

heart, I shall be awakening love for Guru all the time. (17)

Shabd 87

प्रेम गुरु मगन हुआ मन मोर ।
दिये सब धधे जग के छोड़ ॥१॥

My mind is lost in love for Guru. I have given up all worldly pursuits. (1)

I pulverise my mind fine and keep on leaving this dark home every moment. (2)

Adopting Guru's strength in my heart all the time, I go on hammering Kám (passion), Krodh (anger) and Ahankár (egotism). (3)

I ripen and strengthen faith in Guru within me and awaken newer and newer waves of love for Him every moment. (4)

I scrub the बासन Básan (utensils) within me clean, that is, purify my बासना Básná (desires). I have Darshan of Guru taking my आसन Ásan (seat) at the third Til. (5)

Taking the डोरी Dori (rope, cord) of Shabd in my hands, I fill the pitcher with अमी जल Amí Jal (nectar-like water) enthusiastically. (6)

I drink within me the bliss of Nám. My Surat and mind get drenched in it. (7)

- By kindling the fire of yearning within, I rush to
Trikuti and have Guru's Darshan. (8)
- The drum constantly beats and the red morning
sun dazzles there. (9)
- In Sunn, white moon-light shines in all its glory
and I hear the Rárang Shabd with love and
affection. (10)
- I cross Maha-Sunn in the company of Guru and,
on ascending to Bhanwarguphá, hear the sound
of the flute. (11)
- In Sat Lok, I get Darshan of Sat Purush and hear
the melodious sound of the Bín (harp) beside
myself with joy and delight. (12)
- I then come to know of the secrets of Alakh and
Agam. I go and touch the Holy Feet of Radha-
soami. (13)
- I perform Arti there with zeal and enthusiasm.
Colour of love is coming down in showers all
the time there. (14)
- Who can get this Guru Gyan (knowledge impart-
ed by Guru) which Radhasoami alone, in His
grace, has granted to me ? (15)
- With love for Guru's holy feet as my prop and
support, I sacrifice myself before Radha-
soami. (16)
- I now complete this Arti of mine. My Surat has
applied itself to the Holy feet of Radhasoami, (17)
-

Shabd 88

शब्द गुरु आई मन परतीत ।

घार लई मन में भक्ती रीत ॥१॥

- Faith in Shabd-Guru has dawned on my mind.
I have adopted the ways of Bhakti heart and soul. (1)
- I have searched a great deal for the Abode of the Beloved. But I could not get the whereabouts of the Highest Region. (2)
- By sheer good luck, I came to Guru's Darbár (court). Then only could I know the unfathomable secret of Radhasoami. (3)
- My Guru very affectionately initiated me in Surat Shabd Yoga, which is the true essence. (4)
- My mind enthusiastically applied itself to Shabd. I witnessed great refulgence in Sunn. (5)
- I realize the unbounded grace and mercy of my Guru. My Surat and mind ascend on hearing the ringing of Shabd. (6)
- My mind, beside itself with joy, performs the Sewa of Guru's holy feet. My pure and unalloyed mind rushes to Guru's shelter. (7)
- How can I adequately praise my great good luck ? Guru has granted me a location at His holy feet. (8)
- He has liberated me from the world in no time, and has rid me of all Karam and Bharam. (9)

- Worldly Parmārth is all false. All are tethered to
Kál and Karam. (10)
- None gets the secret of the True Region (purely
spiritual region). All wander in Chaurási for
innumerable ages. (11)
- They pay no heed to the words of Sat Guru.
Under Kal's sway, they blindly adhere to the
dictates of the mind. (12)
- I have pleaded with them a great deal, but unlucky
that they are, they do not catch hold of Shabd
within. (13)
- My good fortune has now fully awakened. My
attention has been rivetted on Guru's holy feet. (14)
- I hear the ringing of Shabd within. I shall constantly
sing the glory of Radhasoami. (15)
- Ascending to Gagan (Trikuti), I shall sing the Arti
of Guru. In the imperishable city, i.e., Sat
Lok, I shall contemplate the form of Sat
Purush. (16)
- Then, proceeding beyond Alakh Lok and Agam
Lok, I touch the Holy Feet of Radhasoami. (17)
- I experience immense bliss. My human life has
become fruitful. (18)

 Shabd 89

भारती राधास्वामी गाऊंगी ।
दरस पर बलि बलि जाऊंगी ॥१॥

- I shall sing the Arti of Radhasoami, and shall
sacrifice myself again and again over His
Darshan. (1)
- I shall arrange the platter of yearning and shall
kindle the flame of love. (2)
- With heart imbued with humility, I shall come
before Guru. I shall implant love for Him in
my heart. (3)
- I shall contemplate Guru's holy feet and shall
apply my Surat to Shabd. (4)
- I shall sing the glory of Guru and shall make an
offering of my body and mind to Him. (5)
- I shall get across by Guru's grace and mercy. I
shall have Darshan of Jyoti (flame). (6)
- On ascending to Gagan (Trikuti), I shall listen to
the Shabd of that region. I shall hear the Om
Shabd amidst peals of thunder. (7)
- Ascending to Sunn, I shall bathe in Tribeni and
shall sing Rágas (musical modes) in the com-
pany of Hansas. (8)
- I shall then cross Māhā-sunn and listen to the
Sohang Shabd and the sound of the flute. (9)
- In Sat Pur, I shall hear the sound of the Bín (harp)
and get Darshan of Sat Purush. (10)
- I shall further elevate my Surat and, after having
obtained Darshan of Alakh Purush, shall
contemplate the form of Agam Purush. (11)

Finally, I shall have Darshan of Radhasoami and,
grasping His holy feet, adopt His Saran. (12)

Shabd 90

चरन गुरु नित्त बढाऊँ लाग ।
चेत कर रहूँ नैन गुरु ताक ॥१॥

I shall constantly enhance my love for the Holy
Feet of Guru and shall look intently into His
eyes. (1)

Hearing His discourses, I have given up all
wanderings and entanglements. I shall now
have my attention fixed on the Holy Feet all
the time. (2)

I have got the most profound secrets of Sant Mat.
I find all other religions of the world to be
just rubbish. (3)

All remain on this side within the domain of
Maya (mind) and due to their Karams, drift
with the current of Chaurasi. (4)

My great good fortune has awakened. I have
attained calm and tranquillity in the Holy Feet
of Radhasoami. (5)

I have witnessed the wondrous beatitude of Guru.
I have obtained perfect peace within. (6)

Guru has drenched me in wonderful colour. I
have given up the company of worldly Jivas. (7)

I have engendered firm faith in Guru. I have
developed wonderful love for His holy feet. (8)

The path indicated by Guru, that is, the secret of
Surat and Shabd, which is the true essence, is
pleasing to me. (9)

I contemplate Guru's form at heart. I perform
Sumiran of RADHASOAMI Nam, which is
the store-house of nectar. (10)

My Surat and mind abide and stay at the gateway
to Nabh (Sahas-dal-kanwal) where showers of
nectar come down every moment. (11)

I listen to the loud sounds of bell and conch.
Ascending to Gagan (Trikuti), I behold Guru's
Darbar. (12)

I hear the sound of the violin in Das-wán-dwár.
On ascending to Bhanwargupha. I witness
white light. (13)

On going to Sat Pur, I hear the sound of the Bín
(harp). I then rush to Alakh Lok and Agam
Lok. (14)

Next, witnessing the refulgence of Radhasoami
Dhám, my Surat gets wonderfully drenched in
bliss. (15)

Holding the platter of yearning in my hands, I
sing the Arti of Radhasoami, imbued with love. (16)

Radhasoami has bestowed His mercy on me

today. My task has been accomplished in all respects. (17)

Shabd 91

बाल बुध अब तक रहा अज्ञान ।
करी नहिं सतगुरु की पहिचान ॥१॥

With childish understanding, I remained ignorant
all this time and could not recognize Sat Guru. (1)

He, very kindly, attracted me to Him and granted
me love and affection for His holy feet. (2)

My brother-Satsangis are dear to me. I shall be
ever present at Guru's door. (3)

I have Guru's Darshan with rapt attention. Be-
holding His charming countenance, I enshrine
it in my heart. (4)

I feel delighted on witnessing Guru's acts of grace.
I behold marvellous refulgence within me. I
cherish love for Guru at heart. I sacrifice my
body and mind over His grace and mercy. (5-6)

Faith in Guru is increasing in my heart. My
wonderfully great good fortune has awakened. (7)

I regularly perform the Sumiran of RADHA-
SOAMI Nam. I realize that worldly pleasures
are no good at all. (8)

I find that the colour of the world is unreal. I have
developed love for Guru's holy feet. (9)

Realizing that Guru's discourses are like nectar,
I listen to them with love and attention and
enshrine them in my heart. (10)

I regularly practise Surat Shabd Yoga. I have
now come to know of priceless inner secrets. (11)

No one is aware of the status of Sants. All are
getting inordinately attached to Maya. (12)

All Jivas wander endlessly in the company of
Maya. Due to their perverse sense and under-
standing, they do not get drenched in the
colour of Guru. (13)

They do not at all make use of their सुमत Sumat
(noble faculties). Due to their Karmas, they
drift in the current of Chaurási. (14)

They do not think of doing good to their souls.
Love and fear for the world hold complete
sway over them. (15)

They do not associate with Sants. Nor are they
at all afraid of calumniating Guru. (16)

Who is going to give them good advice ? Guru's
words do not appeal to them. (17)

Guru has been very kind to me today. He, in His
mercy, has granted me the embellishment of
Bhakti. (18)

I lovingly sing the Arti of Radhasoami. I shall
always remain under the shelter and protection
of Radhasoami. (19)

Shabd 92

मेरे मन छाया रहा गुरु प्रेम ।
छोड़ दिये करम धरम और नेम ॥१॥

Love for Guru pervades my mind. I have given up करम Karam (rituals), धरम Dharam (observances) and नेम Nem (routine religious practices). (1)

Great was my astonishment when I beheld the charming countenance of Guru. I became intoxicated by His Darshan. (2)

When Guru graciously cast His benign glance on me, I became completely oblivious of my self. (3)

Deep love for Guru's holy feet arose in me. I was having His Darshan by standing before Him face to face. (4)

I was relieved of the entire burden of my Karmas. Infatuation with the world and Maya remained vanquished and dejected. (5)

Guru very kindly imparted to me the inner secrets. I developed affection for Shabd resounding within. (6)

My Surat remains drinking the bliss of Shabd day and night. By the strength of Guru, I have vanquished Kal and Karam. (7)

Showers of Shabd come down. My Surat and mind, on getting drenched in them, have started awakening. (8)

- Guru has enabled me to witness wonderful spectacles. My Surat and mind experience the bliss of Shabd. (9)
- He has introduced a railway track of Surat Shabd Yoga. He has crushed Kal and Karam. (10)
- He has eliminated the Jiva's love for the world which is unreal and has cast aside ego from subtle mind. (11)
- How am I to sing the glory of Radhasoami ? All my troubles are now gone. (12)
- I come before Guru with zeal and enthusiasm. I shall perform His Arti with all due decorum. (13)
- I stand before Guru, keeping my gaze fixed on Him. Shabd is resounding loudly. (14)
- Radhasoami Dayal is pleased. He, in His mercy, enriches me. (15)

Shabd 93

प्रीत मेरी लागी गुरु चरना ।
धार लई मन में गुरु सरना ॥१॥

- I have developed love for Guru's holy feet. I have adopted Guru's Saran in my mind. (1)
- Finding the ways of the world to be dirty and filthy, my mind has turned extremely disgusted. (2)
- I find nothing good anywhere in this world. I,

therefore, rush to Sat Guru and grasp His holy feet. (3)

Except Sat Guru, there is no protector in the world. Hence, I take the shelter of His holy feet. (4)

He, in His mercy, has made me His own, and has awakened my dormant luck. (5)

He has granted me the gift of deep love in His holy feet and has relieved me of the burden of Karam and Bharam. (6)

He has delivered to me His special discourses and got my mind and Surat dyed in the colour of love. (7)

He has explained to me the secret of the path and has awakened my Surat by means of Shabd. (8)

I perform Abhyás regularly and carefully. I sing the praises of Radhasoami again and again. (9)

He easily freed me from Kal's clutches. He acquainted me with the secret of the True Abode. (10)

Who knows this unfathomable secret ? All are caught in Kal's net. (11)

Radhasoami has been pleased to bestow on me immense mercy. He has liberated me from the hands of Jama. (12)

I now constantly frolic with Shabd and enjoy bliss within all the time. (13)

I perform the Arti of Radhasoami with love and affection. I have Darshan of His most wondrous form. (14)

I constantly keep my attention fixed on His holy feet. I regularly sing His glory. (15)

Shabd 94

कहें सब महिमा संत पुकार ।
बिना उन नहि पावे सच यार ॥१॥

All acclaim the greatness of Sants, without whom,
no one can meet the Beloved. (1)

All Sants come from the Highest Abode and give
out the secrets of the Supreme Being. (2)

They describe the methods for proceeding within,
and explain the various centres and stages on
the way. (3)

He alone, in whom a great good fortune has
awakened, will be blessed with love for the
holy feet of Sants. (4)

Whoever engenders faith in what Sants say, gets
across the ocean of worldly existence and
reaches the Highest Abode. (5)

I have been fortunate to meet the merciful Sant
Sat Guru, who has cut asunder the snares of
Jam and Kal. (6)

He has wiped away my past beliefs and adherences, and implanted within me the greatness of Guru's Saran. (7)

He has graciously made me His own, and has awakened both my mind and Surat. (8)

He has aroused within me faith in Shabd and granted me wonderful love for His holy feet. (9)

I always remain with His holy feet as my prop and support, and sing the praises of Radhasoami again and again. (10)

I perform His Arti, and make an offering of my body and mind to my Guru. (11)

Relying upon the grace and mercy of Radhasoami, I sing His Arti with love and enthusiasm. (12)

I receive my Guru's mercy and Prasad. I contemplate the holy feet of Radhasoami all the time. (13)

Radhasoami has graciously completed my task. My human life has become fruitful today. (14)

Shabd 95

बाल सम रहा गोद गुरु खेल ।
सुरत मन रहे चरन रस झेल ॥१॥

I play like a child on Guru's lap. My Surat and mind keep on enjoying the bliss of His holy feet, (1)

By Guru's grace and mercy, I have boarded the railway train of Shabd. My Surat lovingly mingles with Shabd. (2)

I frolic all the time with the reverberations of Shabd. I have thrown away infatuation with the world like a lump of clay. (3)

I have put the necklace of RADHASOAMI Nam round my neck. I remain care-free in the company of Guru. (4)

I have easily dissociated myself from the world. I have now cast aside all sensual pleasures. (5)

I shall crush Kal every moment. I shall squeeze and press ममता Mamtá (attachment) and माया Máya (affection for the world). (6)

I shall annihilate all my evil tendencies with a spear in hand. I shall keep my mind under control by holding its rein in my hand. (7)

Kal has created many troubles. I dash him down by the strength of Guru. (8)

My Surat-creeper now ascends to Sunn and frolics there in the company of Hansas. (9)

It smells the sweet scent of sandal-wood. It reaches Sat Lok all alone. (10)

I push it higher up. Penetrating within, it touches the Holy Feet of Radhasoami. (11)

Shabd 96

आस गुरु चरनन धार रही ।
आरती अद्भुत साज लई ॥

- I aspire for Guru's holy feet. I have arranged for a wonderful Arti for Him. (1)
- A feeling of true renunciation has overtaken me. My affection for Guru's holy feet is ever increasing. (2)
- Cherishing the desire for Satsang in my mind, I attentively listen to discourses delivered by Guru. (3)
- All perversity is fading away from my heart. My faith in Guru's holy feet is being enhanced all the time. (4)
- The importance and sublimity of Shabd is getting a firm footing within me. I elevate my Surat fixing it on Shabd. (5)
- In Sahas-dal-kanwal, I behold the refulgence of Jyoti (flame) and hear the loud sounds of the bell and the conch. (6)
- In Gagan (Trikuti), the beating of the drum is audible. My heart is dyed in the colour of Guru's holy feet. (7)
- Ascending to Sunn, I hear the sound of the violin and make friends with Hansas there. (8)
- I hear the Sohng Shabd on ascending to Bhanwar-gupha and I then reach Sat Lok enthusiastically. (9)

Devcloping love at heart I go to Alakh Lok and
then ascend to the fort of Agam with zeal and
fervour. (10)

Finally, I get a unique Darshan of Radhasoami.
My task has been accomplished. I abide in
peace under His Saran. (11)

Shabd 97

करी राधास्वामी मेहर नई ।
उमँग घट अंतर जाग रही ॥१॥

Radhasoami has bestowed on me unique mercy.
Love and yearning are awakening within me. (1)

Ever-new desires for performing Guru's Sewa are
arising in my heart. Love for Guru's holy
feet is increasing day by day. (2)

Collecting all necessary paraphernalia, I shall
perform a wondrous Arti of Guru today. (3)

An assembly of Hansas has gathered there. The
task of every Jiva is now being accomplished. (4)

Recognizing the grace and mercy of Radhasoami
in my heart, I sing His glory absorbed in bliss. (5)

Witnessing this splendour, I am filled with joy
and delight and cry out "Glory, all glory to
Thee, O Radhasoami !" (6)

Without His grace and mercy, what Sewa can I

- perform ? Radhasoami has graciously awakened
my luck. (7)
- I engage in the remembrance of Guru again and
again and lovingly perform His Dhyān. (8)
- I tightly tie the cord of my love to Guru's holy
feet. (9)
- Finding me to be humble, submissive and forlorn,
Guru has placed His hand of mercy on my
head. (10)
- He has implanted unflinching faith in my heart
and has snatched away all my pride, arrogance
and infatuation. (11)
- How far can I sing the praises of Radhasoami ?
He has granted me abode at His holy feet. (12)
- I pray at His holy feet : Grant me bliss of Shabd
within. (13)
- I shall hear loud Anhad Shabd within me. I
shall drink the bliss of Shabd by concentrating
my Surat and mind on it. (14)
- I shall witness beautiful spectacles after removing
the barrier at the third Til. In Sahas-dal-
kanwal, I shall behold the refulgence of Jyoti
(flame). (15)
- Penetrating through Bank-Nál (crooked tunnel). I
shall ascend to Trikuti and shall be delighted
on having Guru's Darshan.
- Ascending to Sunn, I shall bathe in Tribeni and (16)

shall wash away all my stains and impurities. (17)

After crossing the region of Mahá-sunn by Guru's strength, I shall ascend to Bhanwarguphá and hear the Shabd resounding there. (18)

In Sat Lok, I shall listen to the melodious sound of the Bín (harp) and shall contemplate the Holy Feet of Sat Purush. (19)

After ascending to Alakh Lok, I shall rush to Agam Lok, and then proceed further and touch the Holy Feet of Radhasoami. (20)

Shabd 98

प्रीत गुरु अब मन में जागी ।
सुरत हुई धुन रस अनुरागी ॥१॥

Love for Guru has now awakened in my mind.
My Surat has become fond of the bliss of Shabd. (1)

For many days, I remained in a state of delusion in this world and could not realize what constituted the good or otherwise of my soul. (2)

When I heard about Guru's Satsang, the desire arose in my mind to have His Darshan. (3)

In the company of Sadhs, I came to Guru's Darbar where liberation of Jivas is effected all the time. (4)

On having Guru's Darshan, love for Him was
awakened in my mind and I reposed complete
trust in His holy feet. (5)

My mind developed faith in Shabd-Guru. I gave
up all desires for worldly pleasures. (6)

I shall now perform Guru's Sewa with delight
and joy. By Guru's grace, I shall find abode
in His holy feet. (7)

Brother-Satsangis are now dear to me. I shall
cherish love for them in my mind. (8)

I become elated on hearing Guru's discourses.
My mind is now dyed in the colour of His
holy feet. (9)

I have cast off all my delusions and illusions. I
have firmly grasped Guru's holy feet. (10)

Resigning all my affairs to the care of Mauj, I
keep my Surat linked to Shabd. (11)

I perceive the grace and mercy of Radhasoami. I
listen to the reverberations of Shabd within me. (12)

By Guru's grace, I shall ascend quickly to higher
regions and shall hear the sounds of the bell,
the conch and the drum. (13)

After hearing the Shabd resounding in Sunn, I
shall go higher to the regions where the sound
of the flute and the harp are audible. (14)

Then, after touching the Holy Feet of Sat Purush,

I shall get Darshan of Alakh Purush and Agam Purush. (15)

I shall then rush and cling to the Holy Feet of Radhasoami. I shall sing RADHASOAMI Nam all the time. (16)

Shabd 99

प्रीत गुरु धार रहा मन माहि ।
काल बल जार रहा तन माहि ॥१॥
पकड़ता गुरु के चरन सम्हार ।
रगड़ता काम क्रोध मन मार ॥२॥

I enshrine love for Guru in my mind. I reduce Kal's strength to ashes in my body. I grasp Guru's holy feet firmly and, after vanquishing the mind, give a sound rubbing and thrashing to Kam (passion) and Krodh (anger). (1-2)

I hear the reverberations of Shabd by my Surat and, holding Guru's arm, ascend to Gagan (higher regions). (3)

In Nabh (Sahas-dal-kanwal), the sound of the conch is audible. In Gagan (Trikuti), the drum is beating. (4)

I become absorbed in bliss on getting Guru's Darshan. Kal and Karam go to sleep. (5)

In Sunn, I wash away all my stains and blemishes and hear the sound of the violin. (6)

On ascending to the peak, I cross Mahá-sunn.
Mahá-kál is vanquished by Guru's strength. (7)

On ascending to Bhanwargupha, I witness wonderful spectacles. My Surat becomes the slave of Sat Guru's holy feet. (8)

I next rushed to Sat Guru's Darbar and developed love for the sound of the Bín (harp). (9)

The merciful Sat Purush became pleased with me. Imparting to me the secrets, He elevated me higher forthwith. (10)

In Alakh Lok, I have Darshan of Alakh Purush and, on ascending higher, I acquaint myself with the secret of Agam. (11)

Looking to Anámí Dhám (Abode of Anámí Purush), as my goal, I get Darshan of Radhasoami. (12)

How can I describe the glory of that marvellous region? I sing RADHASOAMI Nam again and again. (13)

The status of Sants is the highest of all. No Surat has reached there. (14)

Whoever takes the shelter of a Sant's holy feet, gets the load of his Karmas instantly dashed to the ground. (15)

By grace, he repairs to Radhasoami Dham and rests in the Holy Feet of Radhasoami. (16)

Sat Guru has graciously attracted me to His holy

feet and has awakened my luck, too. (17)

He enabled me to practise Surat Shabd Yoga and
showed me wondrous spectacles within. (18)

I constantly sing the unfathomably profound
RADHASOAMI Nam. I have obtained the
support of the nectar of the Holy Feet. (19)

Shabd 100

देख गुरु सतसंग अजब बहार ।
खिला मेरे हिये भक्ती गुलजार ॥१॥

Seeing the wonderful splendour of Guru's Satsang,
flowers of Bhakti burst into bloom within me. (1)

I water the flower-beds within me with the nectar
of Guru's Darshan. Flowers of reverberations
of Shabd are in full bloom. (2)

My attention is getting rivetted on Guru's holy
feet. I constantly nourish the sappling of love
for Guru. (3)

My Surat and mind ascend after piercing the sky.
I witness great refulgence in Sahas-dal-kanwal,
beyond which, the sun-flower is abloom and I
touch Guru's holy feet coming face to face
before Him. (4-5)

In Sunn, the flower of moon light blossoms forth.
My Surat mingles with Rarang Shabd there. (6)

In Mahá-sunn, I hear four hidden sounds.

Ascending to Bhanwargupha, I listen to Sohang
Shabd, which is the essence. (7)

On going to Sat Lok, I hear the sound of the
Bin (harp) and I have Darshan of Sat Purush. (8)

I meet Agam Purush after having Darshan of
Alakh Purush. I then become the recipient of
the grace and mercy of the Holy Feet of
Radhasoami. (9)

I perform His Arti in variegated ways. I am
blessed with the shelter and support of the Holy
Feet of Radhasoami. (10)

Shabd 101

जगत तज गुरु चरनन में भाज ।
दास अब लाया आरत साज ॥१॥

Leaving the world, I have run to Guru's holy feet.
This slave has now brought all the para-
phernalia of His Arti. (1)

I have arranged the platter of love and kindled the
flame of firm faith. (2)

The sounds of bell and conch are audible. Hansas
sing the Arti of Guru in a chorus. (3)

Param Guru Radhasoami becomes merciful to me.
In His grace, He grants me His protection. (4)

By giving me His shelter, He makes me His own,

and imparts to me the secret of the Original Abode. (5)

I constantly enshrine the True Name in my mind.
I am confident that Radhasoami will accomplish my task one day. (6)

When Guru, Radhasoami, is merciful, He will enable me to enjoy the bliss of Surat Shabd Yoga. (7)

My Surat remains pure and unalloyed, holding fast to the Holy Feet. It lovingly hears the reverberations of Shabd. (8)

Infatuation with the world no longer casts its spell on me. I constantly sing the praises of Radhasoami. (9)

Meek and humble, I am looking to Guru's Darbar praying for the gift of His grace and mercy. (10)

I have taken 'shelter under Him like a child' O Radhasoami ! Do accomplish my task. (11)

Shabd 102

चरन गुरु हिये में भक्ति जगाय ।
शब्द गुरु सन्मुख आई धाय ॥१॥

Awakening Bhakti in Guru's holy feet in my heart,
I come running to the presence of Shabd-Guru. (1)

Shabd is resounding loudly within me. The tyranny of Kal and Karam has now subsided. (2)

Kam (passion) and Lobh (avarice) now remain sad and morose. Ahang (egotism) and Krodh (anger) have been put to shame. (3)

By the grace and mercy of Guru, Kal's strength has dwindled. Maya and the three Gunas (attributes) are now exhausted. (4)

Humility is now ever increasing within me. Pride and arrogance no longer stay there. (5)

I have cast aside jealousy from my heart and have forgotten about attachment and infatuation. (6)

Love for Guru is being enhanced in my heart. Sacrificing my body and mind before Him, I go on strengthening His Saran. (7)

My Surat partakes of the bliss of nectar on coming in contact with Shabd. My munificent Guru grants me His grace and mercy every moment. (8)

I hear the sounds of the bell and the conch. In Gagan (Trikuti), loud peals of thunder are audible. (9)

In Sunn, the violin is giving out a loud note. On hearing the melodious sound of the flute in Bhanwargupupha, I swing in ecstasy. (10)

My Surat passes through the imperishable city, i.e., Sat Lok and then develops love for Alakh Purush and Agam Purush. (11)

Ascending further, I get Darshan of Radhasoami and awaken my luck of innumerable ages. (12)

I perform a wonderful Arti. Radhasoami has
graciously accomplished my task. (13)

I was a lowly and worthless Jiva of the world.
Radhasoami, in His grace, has redeemed me. (14)

I perform His Sewa with love and affection. Radha-
soami has granted me a wondrous gift. (15)

I regularly sing Guru's glory and contemplate the
Holy Feet of Radhasoami. (16)

Shabd 103

सुरत प्यारी गुरु गुन गाय रही ।
चरन में प्रीत बढ़ाय री ॥१॥

The darling Surat is singing Guru's praises. She
goes on enhancing her love for the Holy Feet. (1)

She performs Guru's Sewa with zeal and enthusiasm
and enshrines in her heart affection for Satsang. (2)

She listens to Guru's discourses attentively. She
has Guru's Darshan, keeping her gaze fixed on
His eyes. (3)

Witnessing acts of grace going on at Guru's holy
feet all the time, her heart's joy increases day
by day. (4)

She constantly arouses in her mind the desire to
perform Guru's Arti with zeal and fervour. (5)

Imbued with love, she makes preparations for

Guru's Arti and becomes meek and humble at His holy feet. (6)

She then sings His Arti standing before Him.
Radhasoami Dayal has granted her His help and protection. (7)

Shabd 104

गुरु के सन्मुख आन खड़ा ।
पिरेमी प्यारा उमंग भरा ॥१॥

The dear loving devotee, full of zeal and fervour,
comes to the presence of Guru, and stands
before Him face to face. (1)

Imbued with love and affection, he frolics before
Guru. He enshrines Guru's image in his heart. (2)

He sings RADHASOAMI Nam with care and
attention and rushes every now and then to
perform Guru's Sewa. (3)

He has adopted Guru's Saran with love and
affection. He firmly grasps the Holy Feet of
Radhasoami. (4)

He constantly seeks Guru's company from the
bottom of his heart. He lovingly enshrines
Guru Bhakti (devotion to Guru) in his heart. (5)

He has Darshan of Guru with his eyes rivetted on
Him. He hears the loud reverberations of
Shabd within. (6)

He sings Guru's Arti with love and affection and
contemplates the Holy Feet of Radhasoami
within.

(7)

Shabd 105

धरी हिये राधास्वामी मत परतीत ।
पालती छिन छिन गुरु की प्रीत ॥१॥

I have enshrined faith in Radhasoami Mat in my
heart. I constantly cultivate love and affection
for Guru.

(1)

I cherish Guru's discourses in my heart. I have
given up all Karam (rituals) and Dharam
(observances).

(2)

I have firmly adopted Radhasoami as my Isht
(Goal). I have shunned all gods and
goddesses.

(3)

My love for Satsang ever increases. My attention
remains rivetted on Guru's holy feet.

(4)

I perform Guru's Sewa with my body and mind.
My love for Satsangis is increasing all the time.

(5)

I have received initiation from Guru. I regularly
practise Bhajan with due care.

(6)

I shall join my mind and Surat with Shabd. I
have Darshan of Guru's form on ascending to
Nabh (Sahas-dal-kanwal).

(7)

On going to Sunn, I bathe in Tribeni, and sing

Rágas (musical modes) in the company of
Hansas. (8)

I contemplate the form of Sohang Purush along
with that of Guru and then cross the vast
expanse of Mahá-Sunn. (9)

My Surat next reaches Bhanwargupha where the
melodious sound of the flute is audible. (10)

Ascending to Adhar (region which rests on no
support), I get Darshan of Sat Purush. The
melodious sound of the harp is heard there. (11)

After witnessing Alakh Lok, I proceed further
and behold Agam Lok. I then remain merged
in the Holy Feet of Radhasoami. (12)

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Shabd 106

जगत में खोज किया बहु भांति ।
न पाई मैंने घट में शांति ॥१॥

I made an extensive search in the world but could
not get any peace. (1)

On carefully observing the condition of worldly
people, I realized that they are all entangled in
the net of Kal and Karam. (2)

Many religions are in vogue here. Their followers
adhere to worthless Ishts. (3)

No one knows the whereabouts of the true home.

Being under the sway of delusion, none
accepts the teachings of Guru. (4)

The Pandit and the Bhekh (anchorite) are getting
lost in pride. The Mulláh and the Sheikh are
engrossed in Karams (traditional rites and
rituals). (5)

My marvellously great good fortune has awakened.
I have been able to join Radhasoami Satsang. (6)

I heard about the greatness of wonderful dis-
courses. I made investigations on Radhasoami
Mat. (7)

My doubts and delusions were now all dispelled.
Love and yearning were awakened in my
heart. (8)

I came to know of the whereabouts of the True
Lord who revealed to me the secret of the
True Abode. (9)

I could now understand the ways of Bhakti. I
developed faith in Shabd. (10)

I had a wonderful perception of Surat. My love
for Guru was enhanced on hearing of His
greatness. (11)

How can I describe the eminence of Satsang, which
is the true essence ? I have now cast aside all
my doubts and delusions. (12)

My love for Guru is constantly being enhanced.
I have adopted Saran of Guru in my mind. (13)

I have developed the understanding that without the help of a Sant, none can get across. (14)

No one can cross the ocean of worldly existence without Guru's aid and guidance. There can be no redemption without Shabd. (15)

I praise my good luck every moment that I have received the embellishment of Surat Shabd Yoga. (16)

My heart is now illumined. Radhasoami has showered on me unbounded mercy. (17)

Catching hold of the current of Shabd, I ascend towards Nabh (Sahas-dal-kanwal). After witnessing Jyoti (flame), I hear loud Anhad Shabd. (18)

I listen to the Shabd resounding in Sunn, I ascend further to Bhanwargupha where the Sohang Shabd is audible. (19)

In Sat Pur (Sat Lok), I have Darshan of Sat Purush. Thereafter, I meet Alakh Purush and Agam Purush. (20)

From there, I have Darshan of Radhasoami Dham. I now reach the True Abode and abide in ever-lasting peace. (21)

Shabd 107

बाँध राधास्वामी नाम हथियार ।

जुझता मन में बारम्बार ॥१॥

Armed with the weapon of RADHASOAMI Nam,
I fight with the mind again and again. (1)

Holding the shield of Guru's Saran, I ward off the
obstacles put up by Kal. (2)

My love for the Holy Feet is increasing day by
day. My mind now applies itself to Guru's
Sewa. (3)

I hear Guru's discourses with zeal and enthusiasm.
Pondering over them, I imbibe their true
import at heart. (4)

I have adopted Nij Nám (the True Name) after a
careful search. I have enshrined the support
of Guru's Shabd in my heart. (5)

Guru graciously initiated me in Surat Shabd
Yoga. All my pain and agony inflicted by Kal
were removed. (6)

My mind and Surat have developed love for
Shabd. They remain pervading Nabh (Sahas-
dal-kanwal) within me. (7)

Catching hold of Shabd, they ascend to Gagan
(Trikuti) and develop intense love for Guru. (8)

In Sunn, I meet Akshar Purush and recognize my
true self. (9)

I then establish a link with Nih-Akshar. On
ascending to Bhanwargupha, I hear the loud
sound of Sohng. (10)

In Amar Pur (the imperishable city i. e., Sat Lok),

the sound of the Bín (harp) is audible. I have
a wondrous Darshan of Sat Purush there. (11)

I proceed beyond Alakh Lok and Agam Lok and
then touch the Holy Feet of Radhasoami. (12)

I perform a wonderful Arti. I grasp the Holy Feet
of Radhasoami. (13)

Shabd 108

जीव सब मोहे माया रंग ।
नहीं कोई जाने सतसंग ढंग ॥१॥

Dyed in the colour of Maya, all Jivas are in a
state of delusion. None knows the ways of
Satsang. (1)

All are engrossed in Karam and Dharam and
remain lost in intellectual knowledge and
learning. (2)

They have no inkling of true Parmarth and, under
the sway of delusion, rot in pilgrimage and
ritualistic fasts. (3)

Intense yearning has arisen in my mind. Worldly
pleasures are detestable to me. (4)

The mind, worried and discomforted as to how to
get Darshan of the holy feet of Sat Purush,
is making a search for Him in this wilderness,
viz., the world. (5)

Param Gurū Radhasoami, who is ever merciful to

- the humble and the lowly, has, in His mercy,
saved me. (6)
- He has graciously made me join Satsang and
awakened my dormant luck. (7)
- He has imparted to me the secret of the true
path. My Surat and mind have become absorb-
ed in His holy feet. (8)
- He has dissociated me from the world easily
and has implanted love in my heart. (9)
- He has taught me the ways of Bhakti. I now
cherish faith in Shabd. (10)
- I hear within me loud Anhad Shabd. I have cut
asunder all bondages due to Karam. (11)
- In Sahas-dal-kanwal, I behold the dazzling flame.
In Gagan (Trikuti), I make friends with the
Om Shabd. (12)
- In Sunn, I hear the true sound of the violin. In
Bhanwargupha, I listen to the sound of the
flute. (13)
- In Amar Pur (the imperishable city, i.e., Sat Lok),
I get Darshan of Sat Purush and I feel
extremely delighted on hearing the melodious
sound of the Bin (harp). (14)
- From there, I rush to Alakh Lok, and then, in
, Agam Lok, win the pleasure of Agam Purush. (15)
- I now perform a wonderful Arti. My Surat gets

drenched in the bliss of the Holy Feet of
Radhasoami. (16)

Radhasoami graciously attracts me to His holy
feet. How can I describe His glory ? It baffles
description, (17)

Shabd 109

प्रीत गुरु चरन लगी भारी ।
आस जग त्याग दई सारी ॥१॥

I am filled with intense love for the holy feet of
the Guru, I have given up all worldly hopes
and desires. (1)

For many a day have I wandered aimlessly in this
world and have remained lost in delusions. (2)

When I came in touch with Satsang I got the inner
secrets. All my afflictions due to Kal and
Karam then vanished. (3)

Catching hold of the current of Shabd, my mind
and Surat witness glorious spectacles within all
the time. (4)

How shall I describe the grace and mercy of
Radhasoami Dayal ? He granted me abode at
His holy feet. (5)

My love for the company of Guru is constantly
increasing and, with love and zeal, I make
His Saran firmer and firmer. (6)

All the time, I sing ever-new praises of Shabd.
My Surat and mind ascend to Nabh (sky)
very fast. (7)

Witnessing the flame within, I listen to the sound
of the bell, and on ascending to अघर Adhar,
I see the shining sun. (8)

I remove the mighty barrier of Daswán-dwár and,
after seeing the moon, witness a vast quard-
rangle. (9)

I proceed to Mán-sarovar, and as I bathe there,
all my impurities and blemishes vanish and
Gyan (knowledge) dawns on me. (10)

Ascending to the mountain-peak, I proceed be-
yond Mahá-Sunn, and in Bhanwar-Guphá, I
hear the melodious note of the flute. (11)

Beyond that, I notice the vast expanse of Sat Lok.
I engender intense love for Sat Purush. (12)

I next get Darshan of Alakh and Agam, I ascend
further and behold the Abode of Radhasoami. (13)

I perform His Arti with intense love. Radhasoami
is pleased to grant me His Saran with love and
affection. (14)

Shabd 110

प्रेम गुरु महिमा सुनत रही ।
नाम गुरु हिये में गुनत रही ॥१॥

- I listen to the glory of love for Guru. I utter
Guru's Name at heart. (1)
- My luck has awakened on getting Guru's company.
Love for Him is now being enhanced in my
heart day by day. (2)
- By grace, faith has dawned on my mind. I shall
now sing Sat Guru's glory day and night. (3)
- Adopting the Saran of Radhasoami at heart, I
have now laid down all my burden of Karmas. (4)
- The ways of the world are now distasteful to me.
My mind no longer runs after sensual
pleasures. (5)
- I have scattered Karam and Bharam to the wind,
and have discarded Tirath (pilgrimage) and
Barat (ritualistic fasts). (6)
- Puffed up with pride, the Pandit and the anchorite
discard from their heart the True Guru of the
entire creation. (7)
- Knowing that the so called religious discourses
given by Pandits are simply fables and stories,
I will never pay any heed to them. (8)
- I will not accept gods and goddesses. I am
convinced that Ram and Krishna are of a
lower status. (9)
- My inner being has been dyed in the colour of
Guru. I shall never leave His company. (10)
- I shall listen to Guru's instructions with care and

- attention. I shall ever sing the glory of the region of Radhasoami. (11)
- I shall constantly sing RADHASOAMI Nám and shall contemplate the Holy Feet of Radhasoami all the time. (12)
- Surat Shabd Yoga is indeed the true essence. I shall lovingly practise it day and night. (13)
- By Guru's grace, I hear the sound of the bell, and behold the refulgence of the flame on ascending to Nabh (Sahas-dal-kanwal). (14)
- Going to Adhar (Trikuti), I touch Guru's holy feet, and on proceeding to Sunn, I fix my Surat on them. (15)
- I cross Mahá-Sunn in the company of Guru. On ascending to Bhanwarguphá, I hear the sound of Sohang. (16)
- In the imperishable city, i. e., Sat Lok, I have Darshan of Sat Purush. The melodious sound of the Bín (harp) is audible there. (17)
- On going to Alakh Lok, I open its gate. On ascending still higher, I witness the vast expanse of Agam Lok. (18)
- Beyond that, I behold Radhasoami Dhám. Its marvellous look beggars description. (19)
- I perform Arti there imbued with love. My Surat becomes absorbed in the Holy Feet. (20)
- I have become the recipient of the mercy of

Radhasoami today. He has accomplished my task fully. (21)

Shabd 111

रहा मैं बहु दिन निपट अज्ञान ।
करी नहि सतगुरु की पहिचान ॥१॥

I remained utterly ignorant for many days. I did not care to recognize Sat Guru. (1)

He, on His own, attracted me to Him and, in His grace, took me to His holy feet. (2)

Radhasoami showered His unbounded mercy on me. He initiated me in Surat Shabd Yoga, which is the true essence. (3)

He called me to His holy feet every now and then, and, out of love, allowed me to stay in Satsang. (4)

He cast aside all my Karam and Bharam, and granted me love for the Holy Feet in the fullest measure. (5)

He has bestowed immense mercy on me internally. My Surat has become drenched in the bliss of Shabd. (6)

My faith in the Holy Feet is being enhanced and ever-new love is awakening within me. (7)

I pray to Radhasoami : Show me grand spectacles within me. (8)

May my Surat and mind catch hold of the cord of
Shabd and ascend within after piercing all
barriers. (9)

May they behold the dazzling flame in Sahas-dal-
kanwal and hear the sounds of the bell and the
conch there. (10)

After having obtained Guru's Darshan in Trikuti,
may I then elevate my Surat to Sunn. (11)

May my Surat be separated from body and
mind there and frolic with Hansas. (12)

Cherishing the aspiration for Sat Guru's holy feet
at heart, may I ascend to Bhanwargupha and
then find abode in the imperishable city, i.e.,
Sat Lok. (13)

Next, after witnessing the acts of grace of Alakh
Purush and Agam Pursh, may I find abode in
Radhasoami Dham. (14)

Performing the Arti of Radhasoami with a heart
full of humility, may I drink nectar and
sacrifice myself before Him. (15)

Shabd 112

दरस गुरु तड़प रहा मन मोर ।
करूं कस आरत सन्मुख जोड़ ॥१॥

My mind is restlessly pining for Darshan. How
am I to perform His Arti standing before Him
face to face ? (1)

As I listen to Guru's praises, love is engendered
within me, and on seeing His acts of grace, I
hanker all the more after them. (2)

Seeing the condition of loving devotees, the right
understanding has dawned on my heart easily. (3)

My mind has become enchanted on hearing Guru's
Bachans. My love for the holy feet of Radha-
soami has now been enhanced. (4)

Kal is putting up many obstacles, and Karmas
are leading me astray in this world. (5)

I cherish love for the world in my heart. Fear
and regard for the world is acting as a barrier
between me and the Lord. (6)

No effort on my part is of any avail. What can I
do without the Lord's grace and mercy ? (7)

I pray to His holy feet again and again, "Grant
me, too, O Lord, Thy care and protection." (8)

Be pleased to vouchsafe Thy grace and mercy
internally, and grant me the bliss of Thy holy
feet. (9)

May my mind and Surat become pure and proceed
within and may they cultivate love for Radha-
soami Dayal every moment. (10)

Convincing me of the greatness of Parmarth,
drawest me to Thy holy feet. (11)

I am lost in the enjoyment of sensual pleasures

and have been wandering hither and thither in
a state of delusion. (12)

Do turn the inclination of my mind somehow or
the other, so that it may develop love for Thy
holy feet with attention rivetted on them. (13)

Then alone will my task be fully accomplished,
and I shall be able to sing the glory of RADHA-
SOAMI Nám all the time. (14)

My life-boat is drifting in the current of the ocean
of worldly existence. O Param Guru ! Do
ferry it across. (15)

O merciful Guru ! Do listen to my prayer and
save Thy own Jivas. (16)

Delay is causing much harm. Do protect the
honour of one who has adopted Thy Saran. (17)

Grant me just a particle of love, and let my mind
and Surat be drawn to Thy holy feet. (18)

Singing Arti at the Holy Feet with zeal and
fervour, may I sacrifice myself before Radha-
soami. (19)

Shabd 113

लगी मेरी गुरु संगत प्रीति ।
त्याग दई मन से जग रीति ॥१॥

I have developed love for Guru's Satsang. I have
given up the ways of the world. (1)

- Hearing the invaluable discourses in Satsang, I
have instantly grasped Guru's holy feet with a
firm grip. (2)
- I have embraced the deep and profound Sant Mat.
Guru, in His mercy, has enabled me to attain
calm and tranquillity. (3)
- Gods and goddesses remain at the bottom, Brahm
and Maya are in intermediate regions. (4)
- Highest of all is the region of Sants. None can
reach there without grace and mercy. (5)
- Whosoever fixes his attention on the cord of Shabd,
repairs to the True Abode. (6)
- Guru has graciously awakened my good luck.
He has granted me love for His holy feet. (7)
- He has initiated me in Surat Shabd Yoga and has
exhorted me to repair to my true home after
giving up all connection with the world. (8)
- I have adopted Guru's instructions in my mind
and shall make efforts accordingly within my-
self all the time. (9)
- By grace, I have attained purification and the
fickleness of my mind has vanished. (10)
- When one's Surat and mind are dyed in the colour
of Guru, then only one ascends within, free
from all fears and misgivings. (11)
- Guru, on His own, showered His kindness on me
by implanting love for Shabd in my Surat. (12)

An insignificant Jiva that I am, how can I sing
His praises ? Imbued with love and affection,
I rush for His shelter. (13)

Enshrining the image of Radhasoami in my heart,
I shall sing His Arti with mounting zeal and
fervour. (14)

O Radhasoami ! Make me Your own. This is
what this slave prays for, bowing his head
before You. (15)

Shabd 114

नाम राधास्वामी चित्त धरता ।
प्रेम की बानी नित पढ़ता ॥१॥

I enshrine RADHASOAMI Nam in my heart. I
regularly read Prem Bani (love-charged Bani,
Shabds, hymns). (1)

I attend Satsang regularly and with care and
attention. I have Darshan of Guru with rapt
attention. (2)

I ponder over Guru's discourses carefully. I listen
to the reverberations of Shabd with zeal and
fervour. (3)

All Karam and Bharam have been reduced to
ashes. Maya, the cheat, is vanquished and
helpless. (4)

Stepping aside from my path, Kal remains stand-

ing at a distance. I have paid all dues for my Karmas. (5)

I have enshrined RADHASOAMI Nam in my heart. Kal's agents, viz., the five evil tendencies, have been plundered. (6)

I have been initiated in Surat Shabd Yoga, which is the true essence. I now constantly frolic with the reverberations of Shabd. (7)

I have adopted Guru's Saran in my heart. My Surat and mind apply to Shabd with great tenacity. (8)

I sing the praises of the Holy Feet of Guru every moment. I drink Amí-ras (nectar) all the time. (9)

How can I describe the greatness of Guru? Adopting His Saran, I constantly remain absorbed in bliss. (10)

My mind sings the Arti of Guru enthusiastically. I contemplate the Holy Feet of Radhasoami at heart. (11)

Shabd 115

बढ़ी मेरी गुरु चरनन परतीत ।
गाऊँ मैं निसदिन राधास्वामी गीत ॥१॥

My faith in Guru's holy feet has been enhanced.

I shall sing the glory of Radhasoami day and night. (1)

The current of love is flowing all the time. Guru's discourses are extremely dear to me. (2)

My love for brother-Satsangis goes on increasing. I perform Sewa with love and affection. (3)

I explain a lot to worldly Jivas and try to impress upon them the greatness of Guru Bhakti (devotion to Guru). (4)

I tell them that without Shabd, their task cannot be accomplished and they should implant in their mind RADHASOAMI Nam. (5)

Kal has created many difficulties for me and has put up many obstacles in the way of my cultivating Bhakti. (6)

Adopting the Saran of Radhasoami in my heart, I have removed all of Kal's obstacles. (7)

Implanting reliance of Radhasoami in my heart, I shall proclaim the greatness of Radhasoami. (8)

Radhasoami, on His own, granted me shelter and protection and, by vouchsafing His Saran, brought me up. (9)

My mind is fully convinced that there is none other than Guru who alone comes to one's rescue in times of adversity and grief and saves one from all strifes in no time. (10-11)

Faith in Guru has been firmly implanted in my

mind. My Surat has been drenched in the bliss of Guru's holy feet. (12)

He, on His own, enabled me to join Satsang. His wonderful discourses have been deeply embedded in my mind. (13)

By grace, my dormant luck has been awakened. My Surat and mind remain withdrawn. (14)

I regularly perform Guru's Arti with zeal and enthusiasm. I keep my attention rivetted on the Holy Feet of Radhasoami. (15)

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Shabd 116

संत मत महिमा सुनत अपार ।
लाय रहा चरनन में निज प्यार ॥१॥

Hearing of the infinitely great eminence of Sant Mat, I have engendered intense love for the Holy Feet. (1)

None knows of the unattainably high and exalted status of Sants. All have been spoilt and ruined under the sway of Karams. (2)

The whole world is in a state of delusion. None knows the secrets of the True Creator. (3)

I have got the whereabouts of Radhasoami Dhám (Abode of Radhasoami). I have adopted RADHASOAMI Nám with love and affection. (4)

On reading the Bání (writings) of Guru, love has been awakened within me. Yearning for His Darshan, constantly pricks my heart. (5)

By grace I came to His holy feet and got His Darshan quite easily. (6)

I was delighted on seeing Guru's Satsang. Guru's discourses were like showers of nectar to me. (7)

My Surat and mind get drenched in the colour of Guru. How can I describe the glory of it all ? Satsang is verily a unique association. (8)

The current of love is overflowing. I have firmly grasped the Holy Feet of Guru. (9)

On hearing Guru's discourses, I have become fully convinced that without the help and guidance of Sants, liberation of Jivas is not possible. (10)

Guru has very affectionately explained to me the invaluable methods of Surat Shabd Yoga. (11)

He gave out to me the whereabouts of Nij Ghar (the True Abode) and enabled me to recognize the region of Sants. (12)

He has told me that worldly pursuits are all worthless and sensual pleasures are like a disease. (13)

Understanding the true import of Guru's discourses, develop a feeling of renunciation from the world and enhance love and affection for the Holy Feet. (14)

Catch hold of the current of Shabd and proceed
to your true home and the imperishable city
(Sat Lok) which is beyond the three Loks. (15)

By grace, yearning for Shabd awakened in me,
My Surat and mind got drenched in the bliss
of Shabd. (16)

I shall perform Abhyas regularly and with care
and attention. I shall elevate my Surat along
the current coming from above. (17)

When my Guru, Radhasoami, is merciful to me,
I shall break the barrier of the third Til and
witness the dazzling flame. (18)

Penetrating through Bank Nál (crooked tunnel),
I shall ascend to Trikuti and get Darshan of
Shabd Guru there. (19)

Ascending to Sunn, I shall bathe in the Mán-
sarovar lake and thus wash away all my stains
and blemishes. (20)

Ascending to the region of Mahá-Sunn, I shall
leave it forthwith and shall then get absorbed
in the bliss of the melodious sound of flute. (21)

After having Darshan of Sat Purush in the imperi-
shable city (Sat Lok), I shall rush to Alakh
Lok and Agam Lok. (22)

I shall then have Darshan of the Holy Feet of
Radhasoami. I shall perform Arti there with
zeal and fervour. (23)

Who can repair to this supremely high region ?

Radhasoami showered on me His unbounded
mercy. (24)

All other religions of the world remain exhausted
on the way. But I could obtain the shelter of
the Holy Feet of Radhasoami. (25)

One may try as hard as one can, but one can never
reach the high region of Sants. (26)

Radhasoami has bestowed immense mercy on me
today. He has accomplished my task. (27)

Shabd 117

कहूँ क्या गुरु महिमा वर्णन ।
सुरत मेरी लाग रही चरनन ॥१॥

How am I to describe the greatness of Guru ? My
Surat remains clinging to His holy feet. (1)

I stay far off from Satsang. Yet, my Surat
remains drenched in the colour of Guru. (2)

I utter Guru's Name mentally. I long to get
Guru's Darshan within me. (3)

Without mercy, what, after all, can I do ? I remain
singing the praises of Radhasoami all the time. (4)

All Jivas are in a state of delusion in Pind. They
remain stuck up in Karam and Bharam. (5)

They do not know the importance of Parmarth

(spiritual welfare). They are deeply in love with
Mana (mind) and Maya. (6)

Kal has cast his shadow on them. They have
been entangled in Maya's net. (7)

O Guru ! Now deliver Your nectar-like discourses
and save those Jivas soon from the clutches of
Kal. (8)

Association with such people is harmful. Please
give them, too, some Gyan (knowledge). (9)

May they also be drawn to Your holy feet and
develop love for Parmarth. (10)

O merciful Guru ! Listen to my prayer. Do save
the Jivas of the world soon. (11)

Grant me the gift of love. May I remain merged
in the Holy Feet all the time. (12)

May I enshrine Your holy feet in my heart and
hear the melodious reverberations of Shabd all
the time. (13)

May I have firm faith in the Holy Feet and may
love go on increasing in my heart day and
night. (14)

May I remain absorbed in the bliss of Your
Darshan every now and then. May love and
yearning always pervade my heart. (15)

Performing the Arti of Radhasoami with love and
affection, may I sacrifice my body and mind at
the Holy Feet, (16)

Radhasoami bestowed immense mercy on me. He,
in His grace, made me His own. (17)

Shabd 118

खबर मैं गुरु संगत की पाय ।
मगन हुआ आनंद उर न समाय ॥१॥

- When I learnt about Guru's Satsang, I became
beside myself with joy and my heart overflowed
with bliss and happiness. (1)
- I instantly acquainted myself with the secret of
Guru Mat (Sant Mat) and my mind sub-
missively adopted the Saran of the Holy Feet. (2)
- I now perform Abhyás carefully day and night. I
have experienced the special grace and mercy
of Radhasoami. (3)
- Witnessing wonderful spectacles within me, unique
joy is ever increasing in my heart. (4)
- Yearning for Guru's Darshan is constantly arising
within me. My Surat dwells in Guru's holy
feet. (5)
- By Mauj I have got such a golden opportunity.
I came running to Guru's holy feet. (6)
- On witnessing Guru's Satsang, my love was
enhanced. On listening to His discourses, I
gave up pride and arrogance. (7)

Imbued with humility, I associate with Guru. I
have cast off all obstacles put up by Kal. (8)

My Surat and mind drink the nectar of bliss day
and night. Karam and Bharam remain exhaust-
ed against me, i.e., they have become
ineffective. (9)

All sensual pleasures have become useless and
meaningless for me. My mind has dedicated
itself to the Holy Feet. (10)

I have now come to understand and appreciate the
ways of Bhakti. Love for Guru has now been
enhanced in my mind. (11)

I have developed firm faith in the Holy Feet. I
shall now repair to my true home after having
crossed the ocean of worldly existence. (12)

I have realized the true greatness of Shabd.
Worldly pursuits are now insipid to me. (13)

I am now convinced at heart that there can be
no inner illumination without Shabd. (14)

Cherishing this understanding in my mind. I keep
on enjoying the bliss of Shabd within my
body. (15)

I elevate my Surat along the current coming from
above, and, on piercing through Nabh (Sahas-
dal-kanwal) witness the refulgence of Jyoti
(flame). (16)

By the grace and mercy of Guru, I rush to Gagan

(Trikuti) and, on beholding Guru's region,
remain absorbed in bliss. (17)

From there, I proceed to Das-wán-dwár and hear
the sounds of the violin and the fiddle. (18)

After ascending to Bhanwargupha, I reach Sat
Guru's Abode, where the sound of the Bín
(harp) is audible all the time. (19)

Then, after having Darshan of the majestic form
of Alakh Purush, I meet Agam Purush, the
sovereign of the entire creation. (20)

I then rush onward and touch the Holy Feet of
Radhasoami. I sing His Arti, with intense
love awakened within me. (21)

Radhasoami was pleased to grant me all this
embellishment. He, very graciously, accom-
plished my task. (22)

Shabd 119

सुना मैं जब से गुरु संदेश ।
तजा मन करम धरम का लेश ॥१॥

Ever since I heard Guru's message, my mind cut
off all connection with Karam (rites and rituals)
and Dharam (observances). (1)

Guru's discourses became very dear to me. After
pondering over them, I cherished them in my
mind. (2)

My doubts and misgivings were all gone. I realised
that worldly Pramarth is just rubbish. (3)

My mind enthusiastically adopted the methods
prescribed by Guru. Profound is the secret of
Surat shabd Yoga. (4)

I remained carried away by the currents of Kám
(passion) and Lobh (avarice). My mind has
now given up all evil tendencies. (5)

On hearing of the eminence of Radhasoami, I
have engendered deep love for His holy feet. (6)

With heart full of humility, I adopted Guru Mat
and made RADHASOAMI Nám my prop and
support. (7)

I now constantly practise the methods prescribed
by Guru. I enhance love for Guru's holy feet
day by day. (8)

I observe the grace and mercy of Radhasoami day
and night. The tyranny of Kal is now over. (9)

Love is awakening in my heart. My mind is
applying to the Holy Feet. (10)

I hear within me the reverberations of Shabd
and, peeping through the portal of Nabh
(Sahas-dal-kanwal) I get Darshan of Guru. (11)

The colour of the world now appears to me to be
insipid. Both Mana (mind) and Maya now
feel harassed and helpless. (12)

Worldly dealings are now painful to me. I long

- for Guru's Darshan again and again. (13)
- Guru's Sewa is extremely pleasing to me. I wish to give up worldly activities. (14)
- I long for Guru's company day and night. I wish to perform His Arti with zeal and fervour. (15)
- Enshrining the Saran of Radhasoami in my heart, I shall sing the most sublime and exalted RADHASOAMI Nam day and night. (16)
- O Guru ! Be so kind as to grant me Your Darshan all the time. (17)
- May my heart constantly overflow with love and may my attention remain rivetted on the Holy Feet. (18)
- It is You who awakened my luck. Grant me, deep and abiding love. (19)
- May I constantly sing the glory of Radhasoami and sacrifice myself before Radhasoami all the time. (20)

Shabd 120

सुनी मैं जब से गुरु महिमा ।
धार लई मन में गुरु सरना ॥१॥

- Ever since I heard of the eminence of Guru, I adopted His Saran in my mind. (1)
- I perform Sumiran (repetition) of Guru's Name

- day and night. I now cherish faith in the Holy Feet. (2)
- I contemplate Guru's form. I perform the Sewa of His holy feet mentally. (3)
- Longing for His Darshan is increasing in my mind. I place firm reliance on Guru's mercy. (4)
- By grace, I came running before Him. My heart was then overflowing with great joy and bliss. (5)
- My mind was enchanted on having Darshan of His charming countenance. Kal, too, has gone to sleep, sad and morose. (6)
- I keep my gaze fixed on His eyes. My Surat hears within me the loud resounding of Shabd. (7)
- I have turned completely oblivious of my body. I have engendered intense love for Guru's holy feet. (8)
- Guru, very graciously, imparted the secrets to me. My Surat now aspires for Nij Pad (the true region, the original abode). (9)
- By attending Satsang regularly, all my doubts and delusions are being eradicated. My mind has given up all Karam (rituals) and Dharam (observances). (10)
- On listening to Guru's discourses, I have developed faith. A new treasure-house of love has been thrown open to me. (11)

I regularly sing the praises of Guru. He has
showered His unbounded mercy on me. (12)

I was a lowly and worthless Jiva of the world.
Guru, in His grace, imparted to me Nij Nám
(the True Name RADHASOAMI). (13)

I perform Guru's Arti with love and affection.
Guru has been pleased to cast His benign glance
on me. (14)

RADHASOAMI Nám has become my prop and
support. I keep on enjoying Amí-ras (nectar)
all the time. (15)

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